Specialist housing is a ‘catch all’ term for a range of types of housing for older people and people with accessibility needs, other than care homes, which provide varying levels of support while enabling a person to live independently in their own living space. A range of terms are used to describe the different types of specialist housing.

|  |  |  |
| --- | --- | --- |
| **Retirement village** | **Sheltered/retirement housing** | **Extra care housing** |
| * Self-contained apartments or houses with communal facilities and activities. * On-site facilities vary depending on the size of the development and provider. * Staff on-site 24 hours a day. * Tends to be larger in scale. * Has more of a ‘village’ feel than retirement housing. * Can be with a private or social landlord, to buy or to rent. | * Typically self-contained apartments. * Usually supported by a part-time/visiting scheme manager. * Can be with a private or social landlord, to buy or to rent. * More recently termed ‘independent living’. * 24 hour emergency help via an alarm. * Often has communal areas/activities. | * Self-contained homes, usually flats or bungalows. * 24 hour on-site domestic and personal care staff. * Designed to support people from low to high levels of care and support. * Typically, has more communal facilities, for example a restaurant or activities. * More likely to be with a social landlord, to buy or rent. |

|  |  |  |
| --- | --- | --- |
| **Mainstream housing that has an age designation** | **Care Home** | **Community-led housing** |
| * Individual homes to buy or rent. * Has an ‘age designation’, which means you have to be over a certain age (usually 55+) to live there. * No communal facilities. * Tends to be with a social housing provider. | * A residential setting where a number of older residents live, usually in single rooms. * Full time care and support is typically available. * Shared facilities, activities and catering. | * Often small-scale with no standard approach. * Set up and run by local people in their own communities, often with external support from housing associations, local authorities or regional/national support organisations. * Not-for profit, involving voluntary effort. * For people who want to buy or rent. * Build new or refurbish existing buildings. |

|  |  |  |  |
| --- | --- | --- | --- |
| **Who** | **What** | **Contact details** | **Website** |
| First Contact | If you think you need an adaptation to your home to help you to live independently then the first thing to do is to get in touch with the First Contact Team for an assessment.  They will complete a referral form on your behalf and forward your request to the occupational therapy team who will then contact you to assess your needs and recommend the most cost effective solution. | 01642 527764  [**FirstContactAdults@stockton.gov.uk**](mailto:FirstContactAdults@stockton.gov.uk) | https://www.stockton.gov.uk/our-people/help-at-home/equipment-and-adaptations/ |
| Stockton Independent Living Centre | For advice and information about disability equipment, adaptations, and community services. | 01642 526128  SMsilc@stockton.gov.uk | https://www.stockton.gov.uk/our-people/help-at-home/equipment-and-adaptations/ |
| Stockton Service Navigation Project (SSNP) | Aims to help you find an activity such as a walking group, creative arts group, exercise class or social group to support health and wellbeing. They can also signpost and support you to access other sources of support such as; the Citizens Advice Bureau, education providers, counselling, volunteering opportunities and job clubs. | 01642 647770  stocktonnavigation@pcp.uk.net | http://www.stocktonadvice.org.uk/stockton-service-navigation-project/ |
| EAC Housing Care | Provides information about every retirement scheme, development or village in the UK. | Only available as web-resource | https://housingcare.org/ |
| Age UK Teeside | Age UK Teesside is a charity which supports older people across the four boroughs of Hartlepool, Stockton, Middlesbrough and Redcar & Cleveland. | 01642 805 500 | https://www.ageuk.org.uk/teesside/ |