

CSV Choices is about providing personalised care through volunteers. Our experience tells us that meeting peoples' support needs through volunteers means everyone can gain.

Individuals being supported

Does having your support needs met by volunteers sound risky? It isn't. Here is what Barbara says:

“ Following my accident I was left paralysed. Having lost the use of most of my body and my husband, I was facing losing my children, my independence and entering residential care. CSV Volunteers have supported me for over 25 years and I have brought up my boys, got a degree and started my own counselling business. CSV volunteers gave me my independence to live the life I chose. ”



For over 30 years CSV volunteers have enabled people with different care needs to live their lives and be able to...

- Continue living at home
- Get the most out of university and college
- Go to work
- Bring up their family
- Take on new interests
- Go on holiday
- Become less isolated

In other words, **MAKE CHOICES!**

Organisations

CSV works in partnership with hundreds of organisations, providing volunteers to enable them to support individuals.

Here's what Marcus Richards, Service Manager, Leonard Cheshire says:

“ CSV volunteers allow our residents to meet people of a similar age which enhances their social and emotional development. Hopefully the volunteers get a lot back from the experience learning about the boundaries faced by people who have a disability, So it is a win win situation. ”

Volunteers

CSV volunteers are there because they want to be; they bring diversity and a wealth of experience and strength. People choose them because they can see that their quality of life will increase through this flexible, committed and dynamic resource.

Dawn, recruited from the USA through our international partners, lived with a woman with Down's syndrome in her own home. Dawn provided motivation and support to enable her to live independently. She supported her to attend a day centre, accompanied her swimming, to the cinema and gym, and assisted her with washing and cooking at home.

“ For myself, volunteering has been a personal journey in understanding my own strengths and weaknesses. With the good times and the bad, I wholeheartedly would not change a thing. ”

CSV Choices is supported by national voluntary sector care organisations including **KeyRing** www.keyring.org; **MS Society** www.mssociety.org.uk and **NAAPS** (National Association of Adult Placement Services) www.naaps.co.uk

CSV has over 40 years experience of working with volunteers. Our UK network of local offices and staff are there to support volunteers and the people they support.

If you have an idea for involving volunteers or just want to know more about CSV Choices, our business development team would like to hear from you.

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