

CSV Full-Time Volunteering

Working with Stratford and District Mencap; helping adults with learning disabilities to live independently



Stratford and District Mencap

Stratford and District Mencap was formed by parents and carers in 1977 and is one of approximately 550 societies throughout the country affiliated to the Royal Mencap Society.

The local society provides and manages residential care homes, as well as managing supported living services, outreach schemes and a respite service. The people who have made their home with Stratford and District Mencap are supported to live their lives to the full, using person centred planning, and are supported to develop as much independence as possible.



CSV volunteers have been a valuable asset within Mencap's domiciliary services since 2006, providing live-in support and security for service users.

Their responsibilities include providing conversation and companionship, and promoting participation in the community and in leisure activities. They support and encourage service users in a wide range of daily tasks, including getting ready for the day, accessing social activities, shopping, cooking, and generally living a healthy lifestyle. They also give service users and staff an insight into other cultures, religions, ways of life and foods from around the world.

The perfect relationship

"CSV volunteers are part of the team, they're integrated with staff. Volunteers are caring people, they're relaxed and just get on with it. They mix very well with our service users; they spend a lot of time together which allows for trust and companionship – it's a perfect relationship." John Morton, Supervisor

What staff say

"Our volunteer is lovely. Everything is so easy with her; she consistently gives 110%." Patsi Ann Spicer, Support Worker

To find out more about how CSV provides full-time volunteers please contact:

Tel: 01223 728460 E-mail: solutions@csv.org.uk Visit: www.csv.org.uk

CSV creates opportunities for people to take an active part in the life of their community.

CSV is a registered charity in England and Wales no. 291222 and in Scotland no. SC039171. CSV is a company limited by guarantee no. 1435877. June 2011.

CSV Full-Time Volunteering

Working with Stratford and District Mencap; helping adults with learning disabilities to live independently



What the volunteers say

“I like volunteering at Mencap; they are very welcoming. It’s nice for the service users to learn new things, and to have new ideas brought into their lives by volunteers from different cultures. It’s also nice for them to spend time with young people. My service users are getting on really well and are really proud of living independently.” Hannah Warthemann, Germany: Volunteer from Sept 2010 – July 2011

“My service user is happier with volunteers; she needs care and company so it’s really good to have someone to live with her to make her life more pleasant. Things don’t always go to plan so it can be tough but it’s really rewarding. My relationship with my service user is a friendship.” Ting-Chun (Amanda) Chen, Taiwan: Volunteer from July 2010 – July 2011



CSV

CSV has a great heritage in volunteering. Set up almost 50 years ago, we have been delivering volunteer support across the UK ever since. CSV is now one of the UK’s biggest and most established volunteering organisations.

CSV promotes social inclusion through a range of high quality volunteering opportunities, delivered through creative partnerships.

CSV Full-Time Volunteering offers a unique experience of total immersion into the lives of people who need help and support. Our full-time volunteers are recruited in the UK and internationally; carefully selected and matched to your needs. A UK network of local CSV offices and staff are there to provide support and guidance.

To find out more about how CSV provides full-time volunteers please contact:

Tel: 01223 728460 E-mail: solutions@csv.org.uk Visit: www.csv.org.uk

CSV creates opportunities for people to take an active part in the life of their community.

CSV is a registered charity in England and Wales no. 291222 and in Scotland no. SC039171. CSV is a company limited by guarantee no. 1435877. June 2011.