



Extra Care Housing Annual Conference Programme

Investing in Solutions: Making it Happen

Wednesday 12th December

Knowledge & Innovation Exchange Sessions – Synopsis

N.B: Places are limited to 30 participants per session. Registrations will be taken on a first-come, first-served basis from 8.45am on the day.

S1 - Success through delivering value in Extra Care housing

This workshop will examine how extra care housing can provide maximum value to customers/residents, commissioners, and communities. Recognising the impact of tough economic times, two case studies will be introduced and discussed: one on the broader value for money criteria for extra care; and one providing an introduction to the ASSET project which is exploring the benefits of different models of adult social care in housing with care settings, including their cost effectiveness. The workshop will be interactive and will help participants to think afresh about the opportunities that solution based approaches can create.

S2 - Can self-funders afford housing with care? The role of providers and commissioners

This interactive session addresses the interplay of commissioning decisions, funding, costs and welfare benefits/state help, and their impact on affordability of housing with care from the perspective of prospective and current residents.

It draws on the new Housing LIN Guide, and recent research on affordability. Commissioners and providers need to understand the impact of commissioning decisions and costs on self-funding residents, because of:

- future cuts to welfare benefits/State funding;
- "run-outs" for care charges;
- more owner-occupiers seeking social rented HWC (where leasehold HWC is unaffordable);
- most new HWC being private or mixed-tenure;
- more HWC residents self-funding housing, support and care.

S3 - Developing Supportive Communities in Extra Care: Rights, Roles, Responsibilities

This workshop will present the key learning from two new studies, *“Living Together, Getting Along”* and *“Whose Responsibility? Boundaries of Roles and Responsibilities in Housing with Care”*, commissioned by the Joseph Rowntree Foundation. Building on the themes that emerged from both projects, the workshop will reflect on the different roles and responsibilities of organisations, scheme staff, residents and the wider community in promoting communities that enable a good quality of life for older people with high support needs, in a context of change, complexity, contested organisational boundaries, and diversity of experience and expectations.

S4 - Getting best results from your Extra Care housing

In a challenging operating environment with a backdrop of spending cuts and changes in commissioning arrangements, this session will provide opportunities to exchange ideas on how to optimise the value of extra care, thinking about innovative solutions which tap into local communities and integrate services across health, housing and social care. Participants will have the opportunity to hear some of the latest

learning from Housing 21's market intelligence and research, and to discuss challenges and potential solutions.

S5 - Tale of 2 cities

The session will explore the very different experiences of providing mixed tenure Extra Care development in a relatively wealthy area and an area of significant poverty. The session will explore what factors made for successful development including resident involvement in the session. In particular consideration will be given to success of selling a mixed tenure development and the impact of personalisation.

S6 - Managing Design Risk in Extra Care Housing

This session aims to highlight areas where failure of project teams and clients to address design issues can lead to an under performing, less than economic development. The presentation, based upon live experiences, provides an informative approach to today's ever increasing design demands from site selection through sustainability concluding with occupation and evaluation issues.

S7 - Understanding your market: planning ahead

Housing should be central to a local authority's health and care strategy. This session will look at the role that market position statements, Health & Well-Being Boards and Clinical Commissioning Groups can play to help achieve this. The session will also look at future policy requirements that stem from the Health & Social Care White Paper and will include a provider's perspective of the health and well-being benefits of well-planned accommodation for older people.

S8 - An integrated approach to deliver successful Reablement and Telecare services

Hillingdon Council have delivered Reablement and Telecare services across Housing, Health and Social Care with very positive effects in terms of improved outcomes for citizens and improved resource utilisation for the Council. In this session, Linda Sanders, Hillingdon's Corporate Director Adult Social Care, Health and Housing, will describe their project, review the outcomes and look at future developments. In support of this, an overview of the relevant technology and the key strategies for successful deployment will also be provided. Finally, there will be the opportunity to discuss how Hillingdon's successful approach might be applied in other situations with other types of organisations taking the lead role, Housing organisations for example.

S9 - Design HAPPI housing to deliver health outcomes

Anne-Marie Nicholson will present schemes from PRP's portfolio that show how we and our clients are aspiring to meet the recommendations within the 2009 HAPPI Report which has just been the subject of a detailed review. Also Schemes from Europe which PRP have recently visited with our clients and which have proved to be valuable inspiration.

Alex Walker will present on work in Central Lancashire around the development of different support environments for older adults that enhance daily life and contribute directly to the health and well-being of the people who use them. There is a particular emphasis on utilising design in the support of people with dementia and ensuring that people can maintain a connection with the outdoors. This reflects a developing dialogue between the health and social care system and the housing sector in the locality.

S10 - Making the link with dementia and sight loss

The session will focus on how extra care housing providers, support agencies and informal carers can help to improve the quality of life for the growing number of older people with dementia and significant sight loss. The presentation and discussion will draw on recent research and the experience of group participants to cover a range of key topics, including the relationship between dementia and sight loss, design of housing and outdoor environments, practicalities of daily living, awareness of support and care needs, social inclusion and enabling technology.