HAPPI Hour - Thinking beyond supported housing: supportive communities for inclusion

17 September 2024

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NHS Hampshire & IOW



# Building the right support-

Experience of local partnerships and journey of developing a co-produced housing plan for autistic people and people with a learning disability

Taking on housing design, production and policy to expand exposure to what is possible, desirable and to direct efforts to expanding choice for people requiring intense support at different times of life







#### Transforming Care for people with a learning disability and / or autism

#### **Building the Right Support**

A national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition

www.england.nhii.uk

## Population dimensions

Individuals with Autism diagnosis were the predominate diagnosis for persons admitted across all ages and gender

Increase in admissions year on year for all ages across the system, this could be due to the awareness work being carried out with our partners, providers etc and the relationships build up with health and social care colleagues

There was an increase although only small for readmissions for both CYP and ICB Adults

Foundation NHS Trust saw the most admissions across the system

Most of the admissions are diagnosed prior to being admitted into hospital

Lots of Admission Avoidance work is being done in addition to the awareness work preventing admissions where possible

Discharges are predominantly to either supported living accommodation or the individual's family home

Inpatient lengths of stay reducing for All Ages and are predominantly under two years for ICB Adults and 3 months for Children & Young People

The number of long stay patients are reducing

# Commissioning landscape in NHS Hampshire & IOW for bespoke care and support



Some good successes but high cost & fragmentation

Framework Contract for Supported Living to complement Personal Health budgets



Lack of bigger picture & strategic market engagement. Bespoke needs overlooked



No 'route to market' or relationships with housing providers



Built dialogue with partners, collectively reviewed NHSE properties, worked with regional lead to consider different approaches

# What we are doing now – Hampshire



Hampshire ICB **Demand Profile** current & up to date to capture bespoke data

Geography, location & settings where bespoke living needed

Establishing strategic dialogue internal and external, investment model through risk sharing voids & nominations agreement

Utilizing balance between private investment & public capital

Strategy, vision & forecast on a focused group of the population- Housing LIN expertise



## **Scheme Specifications**

		l Profile referra	
	(Capab	le Environment Summ	nary)
then b	e used to help source	mation to add your client to the Dem care/accommodation and assess the s Confidential and sensitive informat	compatibility of clients.
			_
SITUATION SU	MMARY:		
SERVICE USER	DETAILS:		
Client ID:		Client Initials:	
Gender:	Choose an item.	Age:	
Ethnicity:		Religion/Faith:	
Cohort:	Choose an item.	LD / MH / ASD:	Choose an item.
DSR Risk Status:	Choose an item.	Current location:	Choose an item.
Funding Source:	Choose an item.	Reason for move:	Choose an item.
Needs Type:	Choose an item.	Urgency:	Choose an item.
Requirements:	Choose an item.	Estimated Discharge Date (LDAP Only):	
Lead on discharge planning (LDAP Only)	Choose an item.	,	
Diagnosis:			
	ION DETAILS:		
COMMUNICAT			
Date of Referral:			

SUPPORT REQU	IDEMENTS:									
Initial Support Inte										
(Hours and Ratio)										
Potential Support										
Intensity: (Hours and Ratio)										
Waking Night:	Cho	ose a	n item.		Sleep in	Night:		Choose	an item.	
Specific staffing			1	_						
requirements:	Male	to .			Female:					
Training Required (e.g. Levels of restraint LRP / NAPPI etc)										
Additional Comme	ents:									
							_			
SUMMARY OF N	IEEDS:									
Mobility Needs:				Signit	icant:	0	Minor:		None:	
	Auditory:	Auditory:			icant:		Minor:		None:	П
	Visual:			Signit	icant:		Minor:	0	None:	0
	Pressure:			Signif	icant:	-	Minor:	_	None:	0
Sensory Needs:	Balance:			Significant:			Minor:	0	None:	П
	Space:			Significant:			Minor:		None:	
	Other:			Significant:			Minor:		None:	
Behavioural Need	s:			Signit	icant:		Minor:		None:	
				Verb	al:		Non-verbal:		Makaton:	
Communication Needs:			BSL:			Pictures:	0	Language support:	0	
				Assist			Other:	-		_
Background infor				Techi	nology:		1		<u> </u>	
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Geographical preference:	Choose		an	Bung		an item.	Semi-		Terraced:	
Geographical preference:	Choose :		an item. Choose			an item. Choose		Choose	Terraced:	Ch
Geographical preference:	Choose :		an item. Choose an		thed:	an item. Choose an	Semi-	Choose an	Terraced:	Ch it

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		Groun	f Floor:	Choose an item.	Gard	en:	Cho ar iter	n	Parking:	Cho aı ite	n	En Suite:	Choo an iten
Facilities:			Separate Sensory Room:		Spare bedroom for night support:		Cho ar iter	Close to		Cho an item		Other:	
CONSIDE	RATI		Noise / vibration from neighbours:				Chor ar iter	1	Verbal or physical abuse:				Choc
General	General Considerations:		Increased risk of damage to property:  Proximity of neighbourss  Privacy				Chor an item	ose	Risk of absconding:				Choo an item.
Considera							Choi an item						Choo an iten
		Privac					Cho an item		Other:				
			n:	Choose an item.	Females:		Cho an item	n. Robbery:		an	Choose an Fore item.		Choo an item
Risks:		Fire:		Choose an item.	Othe	n							
		Any restric	tions:										
PROPERT Wheelchair access:	Y AD	Ramp / level access:		Handrails:			Hoist:		Level acce			-	
High fences:		Lift:		Level access shower:			Wet room:			Secure exit doors:			
Door guards/ retainers:	_	Window restrictors:	_	Non slip floor kitchen & bathroom:	ring	_	Water bedro	Waterproof flooring bedrooms:			Lami	inate	_
Washable paint on walls:		Anti- ligature throughout:	ture Triple glazin		;		In built blinds:			In built radiators:			

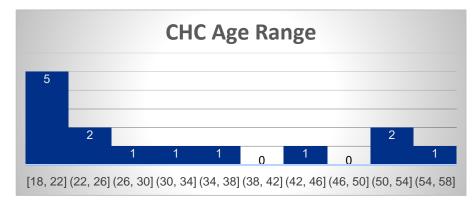


# Demand Profile Data Examples and Isle of Wight

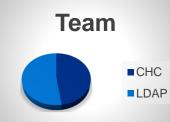














# Examples of detailed design considerations within each project

- Reinforced and sound attenuated interior walls.
- Wet room and sanitary ware installations, plumbing and anti-scald taps/shower for safe, functional bathroom with minimum maintenance requirements.
- Upgraded fire resistance, fire doors and new fire detection and alarm installation to protect and discourage tenants from damaging building fabric
- Kitchen designed for safety and ease of use: induction hob, lockable cupboards, extractor fan to remove food smells
- Support Staff facilities containing building controls allow for 24/7 care, support and comfortable accommodation for the support workers.
- Creation of a safe and secluded garden space to provide discreetly secure outside living and dining space.
- External adaptations to allow for wheelchair access such as carefully considered ramps and handrails to ease access to ground floor accessible flats.
- Central water shut off isolated for one flat within scheme of two to counter water addiction.
- Completely separated entrances for each tenancy

### Widening the choices for people with a learning disability and improving the quality in terms of the type of housing decisions available, especially by improving the supply of specialist supported

 Taking a population approach on housing for people with a learning disability and autistic people, and promote a coherent approach between local provision of health, care and housing as an integrated system

housing

- Enable a greater voice of tenants and advocates in shaping policy and plans
- Embed support for people with learning disabilities to rent their own place
- Consider and meet the sensory needs of autistic people in housing; actively drawing attention to sensory considerations that can be made to an environment to improve the sensory experiences and wellbeing of autistic people.

#### Schemes opened so far demonstrate improved quality of life in the following ways

- ➤ Reduced prevalence and incidence of behaviour that displays as challenging
- > Reductions of inappropriate placements
- Reduction in inappropriate use of psychoactive medication, restraint and seclusion
- ➤ Increased participation in community- widening horizons
- Motivated support staff



# Example of commissioning partnership

- former care home
- joint scheme between ICB & HCC 4 x2 bedroom houses service focus trauma informed care all nominations joint funded, aged between 20-35 & step down from hospital –opened June 24.



## **Brief Survey**

 https://forms.office.com/e/hAak YBdBmZ

