



Joining up housing, health, and care in the North East and North Cumbria

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Part of:

**North East North Cumbria
Health & Care Partnership**



Our Housing, Health and Care Programme

- A clear recognition of the significant impact of housing on health outcomes
- Four 'system convenors' working together to ensure a joined-up approach across the region
- We want our citizens to be able to say: *I am healthy, I can live the life I want to live and do the things that are important to me as independently as possible.*



Setting the foundations

- Extensive engagement
 - Taking time to understand challenges, opportunities
 - Regularly playing back and shaping the early stages of the programme to agree our priorities
- Detailed baseline
 - Understanding where we are as a region for the first time
 - Supported by the Housing LIN with wide engagement and detailed analysis
 - Consistent, powerful, and recognisable messages from all our places
- Serious Game
 - Strategic leaders from all the sectors working together to identify opportunities for collaboration and how to address challenges
 - Supported by Socialudo

A collective commitment

- A programme board and team from across all sectors
- A Memorandum of Understanding that:
 - Sets out a shared commitment to joint working, with co-production at the heart of what we do
 - Emphasises the role of good housing in ensuring good health and wellbeing for citizens
 - Includes priority actions and shared success criteria
 - Ensures oversight and delivery of the wider programme
- Working with our Combined Authorities to support their ambitions
- Community of practice with diverse membership

Complex Care

- **Approximately 3,200 people who may need complex care and support**
- **Gaps in provision to support people with intersecting needs and experiences**
- **A changing profile of people who are in hospital**
- **350 homes needed every year for people who need complex care and support**

- ⇒ **A better understanding of long-term need and demand**
- ⇒ **A regional/sub-regional approach to market shaping, planning, commissioning, and delivery**
- ⇒ **Better access to a wider range of high standard homes across types and tenures**

Older people

- **28% increase in over 65 population by 2039**
- **Dementia prevalence above national average, and increasing dementia-related care admissions**
- **Almost 1 in 5 older people experience income deprivation**
- **525 homes needed to divert 10% of older people from care**

- ⇒ **Care-ready and age-designated homes across types and tenures, including retirement living, sheltered housing, and Extra Care**
- ⇒ **Better access to adaptations and support to 'age in place'**
- ⇒ **Integrated urgent community response services for older people across our places**



Better homes and healthier lives

Our five year plan 2024 – 2029



More warm and dry homes

Our challenge: To reduce the (approximately) 33,500+ homes which are damp and cold



Supporting older people to live independently

Our challenge: Ensure suitable homes for a growing and aging population living with multiple long term conditions



Better homes with support for people with complex needs

Our challenge: To provide more accessible, adaptable and affordable homes

We will:

- ✓ Share good practice
- ✓ Create new referral routes
- ✓ Make better use of data to target our work
- ✓ Attract investment to fund heating and insulation improvement

- ✓ Maximise access to home adaptations
- ✓ Agree design standards for 'care ready' homes
- ✓ Promote dementia friendly housing approaches
- ✓ Build more Extra Care homes for older people

- ✓ Develop an integrated strategy for complex care
- ✓ Agree design standards for new homes
- ✓ Promote different housing options, including ownership
- ✓ Build more suitable homes for people with complex needs

In 5 years:


Fewer homes that are cold and damp


Fewer homes with other hazards


Better use of resources


More older people living at home


Better quality homes that support people to age well



10% fewer older people in residential care or hospital


2,625 units of extra care


More of the right type of housing


Fewer people in hospital


Better access to the right homes


1,750 extra suitable homes

Collaboration
Working together across health, local authorities, housing and VCSE sector

Technology
Making the best use of technology to support independence

Data
Using insights to target our work and develop data sharing

Framework and standards
Jointly developed across the region to achieve fewer category 1 homes

Resources
Joining up resources, working at scale across sectors and supporting our workforce

Be the best at getting better
Sharing and scaling-up best practice



From commitment to action

- Agreement in principle from regional planners on accessibility standards for age-friendly homes
- Developing consistent approaches to the way we support older people to age-well at home
- First stage approval of up to £8.4m from NHS England capital to create sub-regional housing with support schemes
- Building a regional 5-year development pipeline for older people and complex care
- Combining housing and health data to identify hotspots and target interventions, with the ICB and Karbon Homes