

‘What matters?’

**HAPPI Hour Housing LIN
Tuesday 12 November 2024**

Age Cymru

- Our vision is a society which offers all people in Wales the best experience of later life. Older people are valued, included and able to shape decisions affecting their lives.
- Advice, advocacy and campaigning.



Challenges

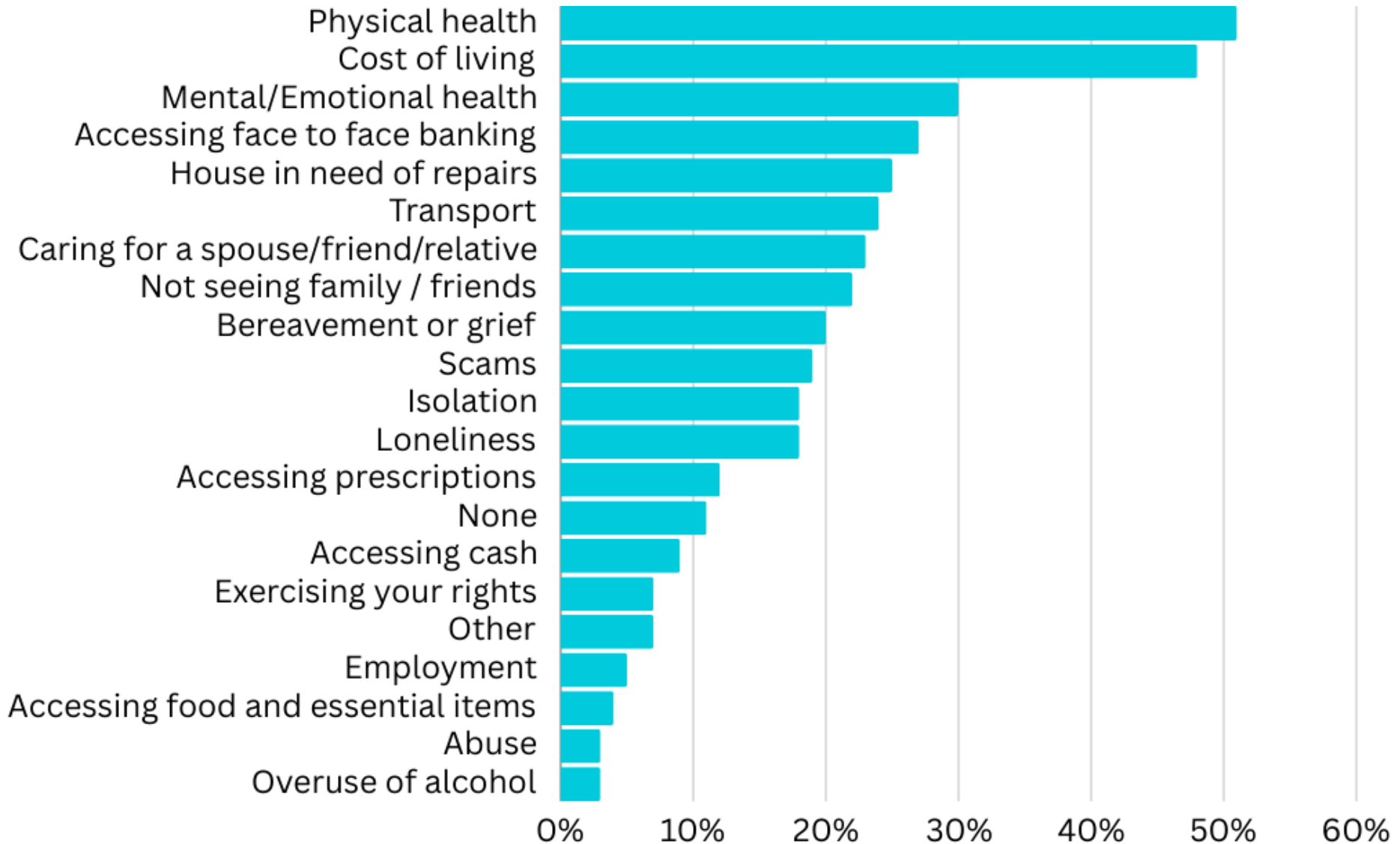
Older People in Wales

An ageing population:



- 21.3% aged 65+ in Wales
- 18.4% aged 65+ in England
- 1% aged 90+
- 13% of people in Wales aged 65+ report bad or very bad health
- 31% limited a lot by longstanding illness

Challenges



Health and social care

“As I am 64 I feel let down. My GP puts osteoarthritis down to age, smears are soon to stop and mammogram are soon stopping. If you are older you don't count.”

- Access to GPs
- Access to treatment and ongoing checks
- Access to dentistry
- Ageism
- Getting to appointments



Finance

'The cost of living - council tax is still rising. As I'm self-employed I'm worried I won't be able to cope'

48% of older people found the cost of living a challenge

Many living on the edge

Financial worries



Housing

Housing

Housing quality

Fear of falling

Wider built environment
and accessible
communities.

Repairs

Waiting lists



Isolation and loneliness

Isolation and loneliness

“My level goes up and down – one day good, another day lack of confidence and motivation. Sometimes I admit this holds me back - I never used to be like this.”



- 18% of respondents found isolation and loneliness a challenge
- 66% of those with poor physical health found isolation and loneliness a challenge

Ageism

Ageism

‘I applied for several positions for which I was qualified and received no replies - I dropped my age by 10 years on my CV and got several replies and a job’

11% discriminated against
in the workplace

70% don't think that older
people are well
represented in society





Thank you

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