

HOUSING WITH CARE MATTERS



Gardening
From EAC library of
Positive Images of Older
People
www.eac.org.uk

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NEWS ON EXTRA CARE HOUSING

Update on Year 2 bids to the Extra Care Housing fund

By deadline day, the Department of Health's email system had received in excess of 140 on-line bids for this year's Extra Care Housing (ECH) round, with £40.3m available for 2005/2006. Of this sum, £2.32m has been set aside specifically to support adults with learning disabilities. Just over 50 Expressions of Interest were received for this part of the fund by the end of September.

DH sources have stated that whilst the overall number of bids for the main part of the fund are less than last year, an initial sift of the bids has revealed a significant improvement in the quality of the bids on last year's bidding round. There is also evidence of closer partnership working between Social Services Authorities and local partners.

The total capital value of the bids is estimated to exceed £400m, excluding land values and professional fees. In addition, a variety of innovative revenue models have been submitted and the Housing LIN will be speaking to DH policy colleagues and providers to share some of these examples with you in future briefings and learning events.

The Housing LIN will be running a series of regional ECH roadshows on the lessons from the 2005 - 2006 bidding round and to help with the preparation for 2006-2008. A further £60m has been announced over these two years. Details of the regional events will be confirmed in Spring 2005.

The announcement of the successful bids for 2005 - 2006 is keenly awaited. It is currently anticipated that Health Minister Dr Stephen Ladyman MP will announce the successful bidders in February 2005.

For further information, contact the **Housing Learning & Improvement Network** tel: 020 7820 1682; or email housinglin@e-a-c.demon.co.uk or write to Housing LIN c/o EAC, 3rd Floor, 89 Albert Embankment, London SE1 7TP

YOUR VIEWS WANTED

Consulting on Changes at the Change Agent Team

Discussions are taking place to make some important structural changes in the Department of Health with the creation of a Care Service Improvement Partnership under the auspices of the Social Care Institute for Excellence.

Under the proposals set out in the consultation paper *Helping services change lives* the Health and Social Care Change Agent Team along with a number of other services streams will come together as the Care Service Improvement Partnership (CSIP).

The Care Service Improvement Partnership service streams

- Health and Social Care Change Agent Team
- National Institute for Mental Health in England,
- Valuing People Support Team
- Integrated Community Equipment Service
- Integrated Care Network
- Child and Adolescent Mental Health Services
- Change for Children

Over the past 2 years, the Housing Learning and Improvement Network has played a lead role in aiding the delivery of the DH's Extra Care Housing programme and promoting and enhancing the knowledge base around the housing with care choices of older people. This has been achieved through the production of a variety of essential information and learning tools; for example, briefings and factsheets; supporting and running national and local learning events and fora, and developing a virtual network hosted by Elderly Accommodation Counsel.

While the Housing LIN is not specifically referenced in *Helping services change lives*, it is not envisaged that any of the above will change under the new arrangements. Indeed it is hoped that the Housing LIN will become a corporate resource across all client groups within the CSIP programme as well as supporting the other CSIP

agencies and accessing their expertise, skills and other networks where appropriate. This in turn will help strengthen the Housing LIN's position. Furthermore, the Housing LIN will be able to devote more time to the housing with care needs of all adults, including those people with mental health or learning disabilities.

However, your views on the proposed changes are welcomed. *Helping services change lives* is an opportunity for you to comment on both your experience of the services you currently receive/ access from the Housing LIN and how we can continue to support the development of service improvements, make best use of our resources and further extend this "knowledge community".

You can feedback your comments on-line at www.csipconsultation.org.uk or by printing off and sending the on-line feedback sheet to Richard Humphries, Interim Director, CSIP, Blenheim House, Duncombe Street, Leeds LS1 4PL. The forms must be received by **Tuesday, 29 January 2005**.

POLICY, RESOURCES & INFORMATION

Into the future: a new prevention technology grant

In July 2004, as part of the 2004 Spending Review, the Chancellor announced £80 million for a social services' Preventive Technologies Grant over two years from April 2006. This is to extend the benefits of new technology 'community alarms', with the aim of reducing the number of avoidable admissions to residential care and to hospital.

The policy reference was further set out in the health and social care priorities document, the *NHS Improvement Plan* (www.dh.gov.uk, go to N in A to Z site index, click on NHS Improvement Plan). This refers to telecare and assistive technology as a key priority for maintaining and sustaining the independence of older people.

To take this forward and develop the strategic framework and allocation arrangements for 2006, the DH have established a Policy Collaborative with key stakeholders.

Several LIN members are also members of the DH's Policy Collaborative and are undertaking specific tasks within the implementation programme. The national Housing LIN is working closely with DH and the key stakeholders on an Engagement Strategy to support a variety of building capacity initiatives to ensure that local strategies are in place to enable the effective distribution of the new grants in advance of 2006.

Further information and details on the Policy Collaborative's terms of reference and work programme can be viewed at www.info.doh.gov.uk/etpc/etpc.nsf by entering OPADUSER in the User Name box, and FORUM in the Password box.

Latest reports/fact sheets from our webpages www.changeagentteam.org.uk/housing

Village People: A mixed-tenure retirement community

This **case study** report focuses on an urban retirement housing village and extra care scheme developed by St Monica Trust in Bristol. It provides a summary of the approach adopted by St Monica Trust and Bristol City Council in developing Westbury Fields and how it fits into Bristol's strategic vision of enhancing the housing with care choices for older people.

Moving towards a home-owning democracy

This **viewpoint** is adapted from an article that first appeared in Community Care magazine. It features the views of Kerry Stevens, Adult Service Manager at Buckinghamshire County Council. It focuses on an ageing population and the link with greater home ownership, questioning how to make best use of existing resources and the growth in personal equity to meet future housing with care needs of older people.

SPECIAL FEATURE ON HOMELESSNESS

Meeting the challenge of older homelessness

Both the Housing LINs and the Supporting People programme provide many opportunities to improve housing and support services for

vulnerable older homeless people:

- for creative commissioning of new services
- to influence and change existing services
- to encourage provider organisations to work collaboratively
- to work in partnership with other commissioners and funders.

At the October London and SE Housing LIN, Jenny Pannell presented new research* on older homeless people, who tend to fall down the gaps between both strategies and services:

- older people's strategies ignore the needs of homeless older people, but homelessness strategies do not consider older people vulnerable to homelessness
- mainstream services for older people take no account of the needs of people who are homeless
- older people tend to be marginalised, with little specialist provision or awareness of their needs in mainstream homelessness services which focus on younger people
- services and strategies for people with specific issues (eg mental health, domestic violence, learning disability) concentrate on people of working age and ignore the needs of people in later life.

key findings

Coming of age: opportunities for older homeless people under Supporting People
Summary findings from a report by Jenny Pannell

The Supporting People programme provides many opportunities to improve housing and support services for vulnerable older homeless people. This summary of a longer research report is aimed at Supporting People commissioners to raise awareness of the opportunities:

- for creative commissioning of new services
- to influence and change existing services
- to encourage provider organisations to work collaboratively
- to work in partnership with other commissioners and funders.

In developing the local five-year Supporting People (SP) strategies, SP teams and their partners can influence and manage the local market, encouraging both existing and new providers to provide for the needs of older people who are homeless or at risk of homelessness.

Existing models of good practice, funded by SP and their partners, show what can be done. Research shows that older homeless people can be successfully resettled and that such interventions can have cost-benefits, meet Best Value principles and save public money.

However, there are challenges to developing specialist provision:

UK Coalition on Older Homelessness
Working together for older homeless people

homeless LINK Supported by BACT

The research explores the complex reasons for homelessness in later life and the limitations of existing homelessness legislation and services.

It includes estimates of the number of people aged over 50 who are homeless, and case studies to show the costs of older homelessness and the savings to the public purse that can be made by providing high quality services. The full report includes many good practice examples including the use of sheltered housing (with appropriate additional support) and specialist supported housing.

In a lively discussion following Jenny's presentation, it was agreed that older homelessness is a neglected issue and that there is a need to raise awareness and ensure that local strategies and services address this issue.

'Coming of Age' was researched by Jenny Pannell and Guy Palmer and commissioned by the UK Coalition on Older Homelessness and Homeless Link. The summary and the full report can be found on both websites: www.olderhomelessness.org.uk and www.homeless.org.uk.

Homeless People and Homeless Services

This is an innovative three-nation study by Maureen Crane and Tony Warnes at Sheffield University on the causes of homelessness among newly-homeless people in four English cities, Boston, USA and Sydney, Australia.

The study, *Homeless People and Homeless Services*, collected information from 125 people over 50 years of age from each country who had recently become homeless. Among the principal findings were:

- two-thirds of the people interviewed had never been homeless before, indicating that adverse events in their lives had led to them abandoning or being evicted from their homes
- that in addition to personal circumstances and behavioural difficulties, there were service delivery failings and limitations on welfare support entitlements
- the majority of those interviewed involved multiple causes of homelessness and an accumulation of problems

There were some similarities across all three

countries although health and finance-related reasons were less common in England, while alcohol and bereavement issues were more common.

Among the English respondents, some pathways into homelessness were associated with situations that could have been avoided with appropriate access to information, counselling, advice and support. A series of good practice recommendations to influence local homelessness strategies, prevent homelessness and develop appropriate local service profiles, for example "wet centres" for street drinkers, have attracted considerable interest.

A copy of the guide, *Building Homelessness Prevention Practice: combining research evidence and professional knowledge*, can be downloaded at www.sheffield.ac.uk/ResearchField5.shtml

REGIONAL ROUND-UP

Over the past 4 months, the regional networks have focussed on a number of different themes. For example:

- the NW LIN recently visited the Healthy Living Centre in Partington, Trafford to learn about the regeneration of the area and tackling health inequalities
- the London and SE LIN focussed on homelessness and old age and the recent report featured in the "special feature" in this e-news
- the North Yorks LIN held a conference on developing a strategic approach to commissioning services for older people and on people with dementia
- the NE LIN visited Dalkeith House, Darlington, to find out more on remodelling sheltered housing and to hear a presentation by Judith Torrington, School of Architecture, University of Sheffield
- the Yorks and Humber LIN (along with North Yorks LIN) are carrying out a major regional profiling exercise which will demonstrate the value of Extra Care Housing and seek to influence regional strategies (full details in our next e-news)

Two new LINs have also been established since the summer (West of England LIN and West Midlands LIN) and we are in discussions on establishing others around the Government Office regions for East Anglia, East Midlands and the South West.

Future meetings of the LINs are taking place on:
 14 December 04 – North Yorks LIN (tbc)
 11 January 05 – London & SE LIN (venue Brighton)
 19 January – Y&H LIN (venue Sheffield)
 20 January 05 – NE LIN (venue Sedgfield)
 31 January 05 – NW LIN (venue St Helens)
 2 February 05 – West Midlands LIN (venue B'ham)

Others to be confirmed. If you work in one of these areas and you want to join a regional group, email housinglin@e-a-c.demon.co.uk for details.

FORTHCOMING CONFERENCES & EVENTS

Commissioning conference, London, 3rd December

In conjunction with our sister LIN, the *Better Commissioning* LIN, we are holding a joint event on commissioning on Friday, 3 December 2004 at the Royal College of Obstetricians in central London. To book your place email to info@eventdotorg.co.uk.

This is a free event and we will be launching our new workbook and guide (and at a later date cd-rom) on strategic commissioning called *Strategic Moves: thinking, planning and working differently*. This has been produced for us by Peter Fletcher and Moyra Riseborough and is based on the learning and experiences of strategic commissioning gained from the series of "masterclasses" held with LIN members at the University of Birmingham over the last 18 months.

In addition, both LINs will be launching a video on commissioning Extra Care Housing for older and vulnerable people *That's My Home* which includes the development of services for people with dementia, learning disabilities and other mental health problems. Many thanks to those of

you who attended and permitted us to film you!

FUTUREcare@home conference, Watford – 24 February 2005

The Housing LIN is supporting a conference on the future caring home at the Building Research Establishment (BRE). The chair will be Janet Street Porter, Independent Newspaper (invited) and the keynote speakers include: Alan Kell at I&I solutions in association with the BRE; Dr Ian Donald, Consultant Gerontologist at the Gloucester Royal Infirmary; John Truscott at the Esk Moor Pensioner Group, and Nigel Appleton and Moyra Riseborough.

The LIN will be launching a collection of papers on the future health, housing and social care needs of an ageing society based on the thoughts of each of the keynote speakers and there will also be an opportunity for you to participate in a question-time style discussion panel. To register your interest email alison.nicholl@iandi.ltd.uk.

USEFUL PUBLICATIONS

Health and Housing Good Practice Briefing



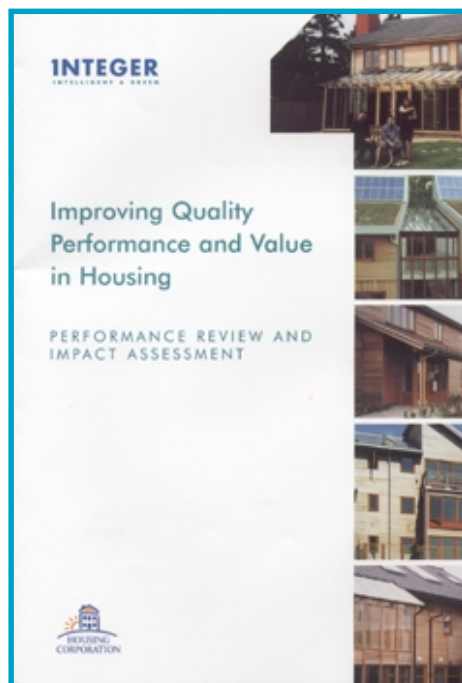
Launched at the Association of Directors of Social Service conference in October 2004, this briefing is a collaboration between the Housing LIN and the Chartered Institute of Housing (CIH).

The briefing is the latest in the series of CIH good practice briefings and outlines the basis for greater joint working across health, housing and social care, demonstrating the commonality in aims, and how housing can contribute the health and social care agendas. It pulls together the frameworks shaping the sectors and the drivers for change. It then focuses on specific aspects of housing that can play a part in health and well-being and where good practice is showing how to overcome funding or organisational barriers to deliver quality services for people.

The briefing is set out into key sections including housing conditions that are seen to contribute to health inequalities, the impact of health on regeneration, the importance of affordable warmth, homelessness, and access to suitable housing to maintain independence or access appropriate care and support.

Copies of the briefing can be ordered by email from pubs@cih.org.

Improving quality Performance and Value in Housing



Inspired by the success of the INTEGER Millennium House at the Building Research Establishment, this report describes five of the INTEGER projects in relation to a set of core requirements; design and construction innovation, the use of environmental technologies and

intelligent technologies. This includes off-site fabrication, the use of solar energy, energy conservation and recycling.

The report provides a useful summary of the learning points and reviews the performance of each set against design quality, resident satisfaction, reduced utility bills, lower maintenance and reduced environmental impact of new housing. With a strap line of *Intelligent and Green*, it examines how mainstream housing sustainability can be achieved through better environmental awareness and control of resources.

The Housing LIN knows that some Extra Care Housing commissioners and providers are developing schemes along similar principles. We would like to capture this for a forthcoming factsheet. If you have examples you can share, please email details to housinglin@e-a-c.demon.co.uk

Copies of the report are available from the publications section at www.integerproject.co.uk

Research Findings: What makes older people choose residential care and are there alternatives?

This article by the Institute of Public Care summarises some of the results of an interview of older people recently admitted into residential care, which aimed to estimate how many might have been able to take advantage of Extra Care Housing provision as an alternative.

Funded by the Housing LIN, the researchers collected information from interviews and a semi-structured questionnaire relating to 36 older people, their circumstances prior to admission, and factors which were decisive in directing them towards residential care.

In over three quarters of cases, the decision to enter residential care followed a critical event such as a fall and/or hospital admission. In the absence of community-based 24hour care, residential care was seen by relatives and professional teams as the option of least risk, and clients acquiesced in the decision in order not to

become a burden. It was also estimated that two thirds of the older people included in the survey could actively have benefited from Extra Care provision, either currently or at the time of an earlier move.

The full article can be downloaded from our webpages www.changeagentteam.org.uk/housing under Reports in the A-Z index.

Care team for sheltered/retirement housing: a workshop report.

This report, of a workshop held by the sheltered housing group at the University of Sussex Gerontology Network, identifies the range of care and support arrangements available in sheltered housing. It offers a number of practical examples of ways in which housing and care services can be configured to improve the quality of on-site care and support.

The full report can be downloaded from our webpages www.changeagentteam.org.uk/housing under Reports in the A-Z index.



Coupled with this, **EROSH** have produced a good practice guide on domiciliary care and further checklist on Supporting People for sheltered housing staff. These are available at www.shelteredhousing.org

Implementing Telecare: Strategic analysis and guidelines for policy makers, commissioners and providers



As referred to in the policy section above, the development of a strategic framework for implementing assistive technology or telecare is a key government target for 2006-2008. This report is essential reading. It provides a step-by-step guide on how to design and establish telecare services and makes a number of recommendations to government and other stakeholders for turning policy into practice, including the role of the Housing LIN! Copies of the report can be downloaded from www.audit-commission.gov.uk

New Lifestyles in old age

This report published by the Policy Press explores what it is like to live and work at Berryhill Retirement Village, Stoke-on-Trent (developed by Extra Care Charitable Trust and Touchstone Housing Association).

Based on the experiences of residents, staff, families and other stakeholders, the report:

- identifies the factors that facilitate the development of a positive environment in which people age
- asks why people moved into the Village and whether they think that their lives have improved
- considers the full range of support both in the Village and outside

- details some of the ways in which the environment can help people overcome illness and poor health to enjoy a good quality of life, and
- draws out wider policy and practice lessons for those who might be considering developing similar schemes



Copies of *New Lifestyles in old age: health, identity and well-being in Berryhill Retirement Village* can be ordered from www.policypress.org.uk

Supporting People and PCT's

The DH has issued a letter encouraging PCT's to involve themselves in Supporting People, an Office of the Deputy Prime Minister (ODPM) initiative to help vulnerable people live independently at home. Client groups include elderly people, those recovering from addiction problems, people with physical disabilities and people with learning disabilities. The programme has a budget of £1.7 billion a year for the next three years. See http://www.dh.gov.uk/PublicationsAndStatistics/LettersAndCirculars/DearColleagueLetters/DearColleagueLettersArticle/fs/en?CONTENT_ID=4090979&chk=v2ET0m

EAC Knowledge Base

Elderly Accommodation Counsel's website www.housingcare.org features its new and growing information and research resource for professionals in services and housing for older people. Go to 'Right Choices' and search the 'Knowledge Base'.

ICN National Meeting – Bringing Health and Housing Together to help build Local Communities

This event focused on integrated working between housing and local health and social care organisations. It looked at ways of building closer partnerships and forging links between the agencies. The speakers looked at the current issues and trends within the housing sector and focused on the long term approach to housing as a facilitator of healthy communities. The workshops highlighted the very practical aspects of integrated housing into the health and social care agenda. The focus was on sharing lessons learnt and positive outcomes with the audience. The speakers and workshop presenters came from a wide range of agencies and included service users.

Presentations and write ups from workshops can be found at

http://www.integratedcarenetwork.gov.uk/events/d_details.php?id=872

PROMOTE YOUR WORK

The Housing LIN is keen to promote examples of good practice, reports and other events that relate to housing with care for older people. If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to housinglin@e-a-c.demon.co.uk.

We welcome your contributions