

# HOUSING WITH CARE MATTERS



Care Services Improvement Partnership **CSIP**

Health and Social Care  
**Change Agent Team**

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**Issue with live URLs and website links**

## NEWS UPDATE

### **New Housing Corporation allocations announced for housing for older people**

The Housing Corporation recently announced major capital funding for housing for older people via its 2006-2008 Approved Development Programme. A total of over £136million has been allocated with additional sources of capital and revenue coming from local authority and housing association partnerships, private finance and Supporting People arrangements.

The allocations include the development of new build Extra Care Housing schemes for rent and sale, and remodelling and enhancing existing sheltered housing. A breakdown by region shows that London received over a third of the programme allocation with the South West region the next highest sole beneficiary from the Housing Corporation's allocation arrangements. Regions with notable low allocations on this occasion include the North East and Eastern regions.

Despite these regional variations, the Corporation's allocation is a sizeable contribution and represent an increase of over £40million from the last round of the Approved Development Programme (2004-2006). It is a welcome addition to the growth in meeting the growing demand for sustainable housing with care and support solutions for older people. The table below provides the headline allocations.

<b>Region</b>	<b>Allocation</b>
London	£42.7million
South West	£23.0million
Yorkshire & Humber	£16.7million
South East	£13.3million
West Midlands	£12.5million
North West	£12.0million
East Midlands	£ 7.5million
North East	£ 5.5million
Eastern	£ 2.8million
<b>Total</b>	<b>£136.0million</b>

Further information on the Housing Corporation's allocation programme is available at [www.housingcorp.gov.uk](http://www.housingcorp.gov.uk).

We help to improve services and achieve better outcomes for children and families, adults and older people including those with mental health problems, physical or learning disabilities or people in the criminal justice system. We work with and are funded by



## HOUSING LIN RESOURCES

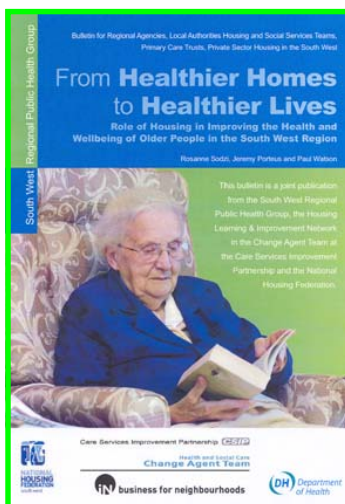
We are pleased to report another bumper crop of new on-line learning resources and information from the Housing LIN in this issue. These include a new series of policy briefings:

### New policy briefings from the LIN

To date, the LIN has produced 3 briefings for members interested in the White Paper, Telecare and Individual Budgets. Forthcoming briefings include ones on Long Term Conditions and Self Care, and The Wanless Report (see policy update on page 3).

If you would like to make suggestions on topics for other briefings you feel would benefit our 1800 readers or would like to write a briefing for the LIN, email us at [housinglin@cat.csip.org.uk](mailto:housinglin@cat.csip.org.uk).

### New LIN report on Housing for Older People in South West



The Housing LIN has teamed up with the South West Regional Public Health Group and the National Housing Federation on [a new report](#) that looks at the housing needs of older people in the South West. *From Healthier Homes to Healthier Lives* will be launched at SW Housing LIN symposium on 12 May

in Bristol. It provides useful facts and figures on the role of housing in improving the health and well-being of older people in the South West region. Copies of the report will be available from the LIN website under '[Housing & Health](#)' in the A-Z index.

### New LIN report on health promotion and in Extra Care Housing

The Housing LIN launched its latest report this month reviewing health promotion activities for older people in Extra Care Housing. *Health for Life: health promotion in Extra Care*, is based on work in Macclesfield in East Cheshire. This report can be found on our website under '[Housing & Health](#)' in the A-Z index.

### New LIN Viewpoint (No. 7) Connecting Housing and Health

Intermediate care is a set of services which cross

existing boundaries, providing care for people who no longer require accommodation and support in hospital, yet still in need of temporary care in getting back to normal living. In [this article](#), first published in Pavilion's *Working with Older People*, Claire Wilmot explains about Hanover's *Up&About* intermediate care service, its facilities and secret behind its success.

### New LIN Viewpoint (No 8). Health and Social Care and the Supporting People Programme

[This article](#) by Robin Johnson, an independent consultant specialising in services for people with mental health problems, takes a critical look at Supporting People for vulnerable adults. It considers the implications of the future of the Supporting People programme in the light of the recent ODPM review. It is based on two feature articles that first appeared in *Community Care*.

Viewpoints can be found at [www.changeagentteam.org.uk/housing](http://www.changeagentteam.org.uk/housing) under '[Viewpoints](#)' in the A-Z index

### Forthcoming resources from the Housing LIN on Learning Disabilities

The LIN is developing a range of materials to support commissioners, providers and users of housing with care for people with a learning disability. This includes an information leaflet on housing options for people with a learning disability, a fact sheet highlighting examples of housing with care service models and, following the success of our *Embracing Diversity* DVD, we will producing another DVD on housing, care and support for people with a learning disability. To showcase your service email Yvonne Maxwell at [housinglin@cat.csip.org.uk](mailto:housinglin@cat.csip.org.uk).

## POLICY UPDATES

### Prevention Technology Grant goes live!

Following the publication of the local government circular by the Department of Health, the Prevention Technology went live on 1 April. Local authorities and their partners agencies should now be well under way with their implementation plans for using the grant to meet the needs of older people. To receive regular information on the Telecare and Assistive Technology, register your interest at [telecare@icesdoh.org](mailto:telecare@icesdoh.org) or visit our website at [www.icesdoh.org/telecare](http://www.icesdoh.org/telecare)

### Department of Health funding for Extra Housing

We have still not yet received any further information on the arrangements for the DH's £40m extra care housing fund programme for 2007/2008. As soon as details are available we will notify readers.

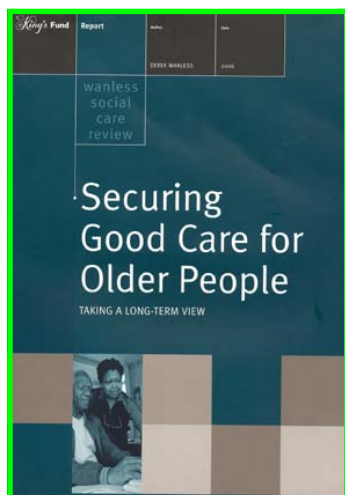
### Department of Health funding for Residential Drug Rehabilitation Services

The Housing LIN is working with Department of Health colleagues to support the development of a capital investment programme for Tier 4 inpatient treatment and residential rehabilitation for substance misuse in 2006/2007. Details to follow shortly.

In the meantime, if you or your organisation are involved in the planning, commissioning or managing housing with care and support services for people who misuse substances, we are interested in receiving your views on the development of move-on accommodation, supported housing, floating support and new community based treatment and support service models. Please e-mail [housinglin@cat.csip.org.uk](mailto:housinglin@cat.csip.org.uk).

## **USEFUL REPORTS & RESOURCES**

### Securing Good Care for Older People



This report, also known as the Wanless Social Care Review, was commissioned by the King's Fund, an independent health policy think tank, to examine the future of social care. Led by Sir Derek Wanless, the review looked at the demographic, economic, social, health and other relevant trends over the

next 20 years that are likely to affect the demand for and nature of social care for older people.

*Securing Good Care for Older People* also considered the financial and other resources required to ensure that older people who need social care are able to secure comprehensive, high-quality care that reflects their preferences and how this might be funded. It includes references to Extra Care Housing and Telecare. These will be subject to a separate Housing LIN briefing shortly.

Furthermore, the full report and accompanying annexes are available from the King's Fund website at [www.kingsfund.org.uk](http://www.kingsfund.org.uk).

### A New Ambition for Old Age

This report from Professor Ian Philp, the National Director for Older People at the Department of Health, sets out the next steps in implementing the National Service Framework for Older People. In particular, it focuses on how to treat people with dignity and respect to older people in all care settings. Copies of the report are available at [www.dh.gov.uk/publications](http://www.dh.gov.uk/publications).

### Sustaining Health Through Housing

[This report](#), funded by the Housing Corporation, demonstrates the role housing, and housing associations in particular, can play in promoting healthy and sustainable neighbourhoods. Through case studies, an analysis of the evidence base and a summary of legislation, regulation and good practice the report outlines the changing contribution of housing providers to health and sustainability and how housing providers can improve people's health and their ability to make healthy choices.

This report available on our website under '[Housing & Health](#)' in the A-Z index

### Paying for long-term care: Moving forward

The Joseph Rowntree Foundation has been leading a debate on how to start moving towards better funding arrangements. While the need for big change over the long term has not gone away, important steps could be taken now to reduce the difficulties in the present system. This [Foundations](#) reviews the evidence and arguments brought forward and concludes this JRF programme of work by presenting some costed options for reform. It can be downloaded at [www.jrf.org.uk](http://www.jrf.org.uk)

### The Public Sector and Equality for Disabled People

This new research report on behalf of the Department of Work and Pensions highlights the progress public bodies have made in implementing the Disability Discrimination Act 1995 (DDA). Two thirds of organisations had undertaken a Disability Equality Audit. Of the remaining third, over four-fifths had plans to introduce such a scheme.

The report makes interesting reading in the light of the forthcoming requirements under revisions of the DDA and the duty under the Act to undertake a Disability Equality Audit (from April 2006). Copies of



the report are at [www.dwp.gov.uk](http://www.dwp.gov.uk).

In addition, we are working with the Disability Rights Commission and a consortia of housing providers to produce a guide on Disability Equality and the implications for social housing. We will feature this in a future edition of this enews.

### **Making the case for retirement villages**

This report by the Joseph Rowntree Foundation explores the potential of retirement villages; the particular benefits of larger developments; how retirement villages can be made accessible and affordable; their impact on local health and social care economies; and the impact on local communities. The report draws on material produced by the Housing LIN and is a welcome addition to the growing body of literature on Extra Care Housing and retirement communities. Copies of the report are at [www.jrf.org.uk](http://www.jrf.org.uk).

### **Planning for continuing care retirement communities: issues and good practice**

Another report from the JRF stable, this time from Tetlow King Planning Ltd, offers a useful insight into the issues and practice involved in the planning issues for developing continuing care villages. It also provides useful starting point for the work the Housing LIN is funding with the Royal Town Planning Institute and planning consultants GeraldEve, to develop Supplementary Planning Notes on Extra Care to lend weight to local commissioning intentions..

Primarily based on the JRF's village in Hartrigg Oaks in York, the report builds on the earlier good practice guide written by the Planning Officers' Association and the Association of Retirement Housing Managers and brings readers up to speed of the implications for an ageing population on planning decisions. It also features sections on development control and other technical issues such as the design and layout of the proposed scheme. Copies of the report are available at [www.jrf.org.uk](http://www.jrf.org.uk).

### **Best practice in tackling homelessness: a DVD & CD-ROM package from the ODPM.**

This package provides an insight into the practical methods Beacon councils have undertaken to prevent and tackle homelessness. It also contains a CD-Rom resource disk which includes legislation, ODPM guidance, including all their policy briefings and research reports published to date. This can be browsed by topic and an accompanying booklet is provided, helping the user to find topics he or she is interested in.

The DVD package is available free of charge from [odpm@twoten.press.net](mailto:odpm@twoten.press.net), quoting the product code "06HomelessDVD" when ordering.

## **RESEARCH UPDATE**

### **New research opens doors to independence for people with dementia**



New research published in April shows that extra care housing is a resoundingly popular accommodation choice for older people who develop memory problems or dementia and need to move out of their homes.

'Opening doors to independence', a three year study into older people with dementia

who live in extra care housing, also warns that the Government's agenda for increased choice and independence of older people is at risk without better resources and increased co-operation between housing, health and social care providers.

The research was carried out by older people's housing association Housing 21 in collaboration with the Housing Corporation, the University of the West of England, Bristol (UWE), and Dementia Voice. It found:

- Extra care housing has a key role in maintaining independence and health of people with dementia.
- With the right support, people with dementia and memory problems are able to live independently in extra care housing for nearly as long (around 2 years) as people without significant cognitive impairment.
- Older people with dementia – and their families – choose extra care housing because it meets their needs and aspirations better than other accommodation options.
- Friends and relatives are more likely to remain part of an informal support network of residents living in extra care housing, compared to people living in hospital, or nursing or residential homes.

Housing 21 research manager Sarah Vallelly, lead author of the research report, said:

“This is the first long-term research published which looks specifically into the role of extra care housing for people with dementia. It gives a springboard for radically rethinking what is currently offered to older people with dementia who are unable to remain in their own homes.”

A summary of the report can be downloaded from [www.housing21.co.uk](http://www.housing21.co.uk) or to buy a full copy (cost: £25 including postage and packing) contact Lydia McDaid on 020 7874 7500, email:

[lydia.mcdaid@housing21.co.uk](mailto:lydia.mcdaid@housing21.co.uk)

### **Remodelling sheltered housing and residential care homes to very sheltered housing: a call for comments**

An interdisciplinary team of architects, social scientists, economists and rehabilitation engineers from King’s College London and University College London, have come together to collaborate on a two-year research project funded by the Engineering and Physical Sciences Research Council (EPSRC.) Supported by the Housing LIN, the objective of the study is to examine how local authority and housing association sheltered housing and residential care homes have been remodelled to become extra care housing. The outcome of the study will be advice for local authorities and housing associations about remodelling in the future.

As part of this research, the team is examining the relative significance of various social, architectural, and support features of extra care housing, as recommended by good practice guidelines. From a search of the current literature on extra care housing, the team has identified twenty-five generic features of extra care housing and support services that are recommended in most current guidelines. As members of the Housing LIN, you are knowledgeable about extra care housing and services, and so the research team would like to solicit your feedback on the relative importance of each of these various features.

The researchers would therefore appreciate it if you could take a few minutes to indicate the level of importance you place on each of the features of extra care housing included on a [pro-forma they have prepared](#) by placing an X in the appropriate box. Please feel free to add any additional features you deem necessary to extra care housing that are missing from this list in the box marked ‘Other’, and then score them in the same way. Please indicate at in the space provided at the head of the form, your current job title, organisational role or professional affiliation, so that we can sort and classify the responses according to the respondents’ roles and responsibilities in respect of extra care housing.

Please return [the pro-forma](#) by email to Hedieh (Hede) Wojgani at [h.wojgani@ucl.ac.uk](mailto:h.wojgani@ucl.ac.uk) by June 5<sup>th</sup> 2006. The results will be shared with the LIN, in the form of a short Report prepared by UCL that will be available by the end of July 2006.

The questionnaire is also available on our website [www.changeagentteam.org.uk/housing](http://www.changeagentteam.org.uk/housing) under ‘Design’ in the A-Z index, the last of the ‘documents’

## **NEWS**

### **East Sussex PFI bid for Extra Care Housing**

East Sussex County Council is leading a bid to the government for a project to provide improved care for older people and vulnerable adults in East Sussex.

The *Living Well* ? East Sussex proposal seeks Private Funding Initiative (PFI) money for the development of extra care housing which would support older people and vulnerable adults in their own homes as an alternative to residential care.

Extra care housing includes 24 hour care and support, including a dedicated on-site team. Technology, such as alarms and equipment to detect if residents fall, also helps people to remain living independently in their own home. The extra care and supported housing would comprise 310 new units across the county. 240 would be extra care units for older people, 50 supported living units for people with learning disabilities, and 20 for adults with mental health needs in Hastings.

“It’s vital that we get this funding to provide the sort of housing that our older and vulnerable residents will need in the future,” said Councillor Bill Bentley, Lead Member for Adult Social Care. He added: “Enabling people to stay in their own homes in this way is one of our priorities, and working in this integrated way across our services and with our partners is an excellent way to achieve this.”

The bid is supported by Rother District Council, Eastbourne Borough Council, Wealden District Council and Hastings Borough Council and Lewes District Council.

Primary Care Trusts and voluntary sector partners have also been involved in developing the ideas behind the bid, which supports wider policy priorities in housing and health for the county. [www.eastsussex.gov.uk](http://www.eastsussex.gov.uk)

see next page for EVENTS

## EVENTS

### Extra Care and Dementia Conference

We are pleased to announce a forthcoming conference on [Extra Care Housing and Dementia: Commissioning for Quality](#) taking place on the afternoon of Wednesday 13th September and all day on Thursday 14th September at The Nottingham Gateway Hotel, Nottingham.

The conference is aimed at Commissioners and Providers developing Extra Care Housing which caters for people with dementia, and is organised by Sue Garwood, a specialist in Extra Care, and supported by the Housing LIN.

This conference, extended to a day-and-a-half, will cover some of the same ground as the successful conference on the same topic last November, as well as some additional areas. It is intended for anyone seeking to develop quality services for older people with dementia. It is targeted at those planning, designing, commissioning and managing the services. A contribution to costs by the Department of Health has enabled the delegate charge to be kept low.

For [more information](#) on the event, speakers, and how to register for the conference, please look on our website under '[Events](#)' in the A-Z index.

### Forthcoming LIN regional fora

12 May	South West LIN (St Monica Trust, Bristol)
5 June	Eastern LIN (Chelmsford)
9 June	London & SE LIN (Maidenhead)
19 Sept	North West LIN (Northwich)
21 Sept	West Midlands LIN (venue tbc)
5or12 Oct	Yorkshire & Humber LIN (Bridlington, date tbc)
5or12 Oct	NE LIN (venue & date tbc)

### Other LIN associated events

11 May	Telecare 2006 conference (Coventry)
17 May	Building Smart Homes & Communities (TAHI, London)
18 May	Designing Homes for Health Care conference (CABE, London)
8 June	Housing for Ageing Population: the agenda for the future (HOPDEV, London)
14/15 Jun	Session at NHS Confederation conference (Birmingham)

20 June	The Changing Role of the Handyperson: A Practical One-Day Workshop (Aston Villa, Birmingham)
20/23 Jun	'Embracing Diversity session at CIH annual housing conference (Harrogate)
7-9 Sept	The British Society of Gerontology Conference 2006, University of Wales (Bangor)
13/14 Sept	Extra Care Housing and Dementia – Commissioning for Quality conference

### **For details and booking arrangements**

for all the above events, look on our website under '[What's new](#)' and/or '[Events](#)' in the A-Z index.

### **A few CD-Roms and DVDs still available free from [HousingLIN@cat.csip.org.uk](mailto:HousingLIN@cat.csip.org.uk)**

- That's My Home – Housing Needs for Older People with Dementia
- Strategic Moves – Thinking, planning and delivering differently – Strategic Commissioning of Services for Older People
- Telecare – Living with Independence
- DVD Embracing Diversity - A look at housing with care

## **PROMOTE YOUR WORK**

The Housing LIN is keen to promote examples of good practice, reports and other events that relate to housing with care for older people. If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to [housinglin@eac.org.uk](mailto:housinglin@eac.org.uk).

### **We welcome your contributions**

For further information, contact the **Housing Learning & Improvement Network** tel: 020 7820 1682; or email [housinglin@cat.csip.org.uk](mailto:housinglin@cat.csip.org.uk) or write to Housing LIN c/o EAC, 3<sup>rd</sup> Floor, 89 Albert Embankment, London SE1 7TP