

HOUSING WITH CARE MATTERS



Visit our website
www.changeagentteam.org.uk/housing

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MANAGING CHANGE

HOUSING LIN DEVELOPMENTS

In April this year, the Housing Learning & Improvement (LIN) in the Change Agent Team was subsumed within a new Department of Health agency called the Care Service Improvement Partnership (CSIP). This move has both consolidated the Housing LIN's work programme under CSIP and enabled us to begin to broaden our "knowledge community" beyond Extra Care Housing (ECH).

While the Housing LIN will continue to deliver the learning support and practice exchange for the Department of Health's ECH programme for older people, the new CSIP arrangements will enable us to provide more tailored support across other client groups. This includes working closely with other programmes in CSIP such as the Valuing People Support Team, the National Institute for Mental Health in England and the Integrated Community Equipment Service (ICES) around the housing with care choices of people with a learning disability, mental health problems or accessing assistive technology and/or telecare services to support independent living at home.

STAFFING NEWS

To support the above changes and enhance our current national and regional programmes, the Housing LIN is delighted to welcome Mike Clark and Denise Gillie to the team on a part-time basis. Mike joins us from the ICES Team and Denise joins from Durham and Tees Valley Strategic Health Authority (SHA). Denise will be familiar to some of you as up until recently she was seconded from the SHA to the Department to work on the ECH programme. Both Mike and Denise will begin our new Telecare programme and will contribute to developing the learning and service improvement strategies needed in advance of the DH's Prevention Technology Grant in April 2006 (see page 4 for more details).

At the time of writing, the Housing LIN is also recruiting for a Learning & Service Improvement Manager to take forward our work on housing with care for disabled people and specific support to extend the choices for people with a learning disability. We will focus on this programme in our next issue.

For further information, contact the **Housing Learning & Improvement Network** tel: 020 7820 1682;
or email housinglin@eac.org.uk
or write to Housing LIN c/o EAC, 3rd Floor, 89 Albert Embankment, London SE1 7TP

NEW PUBLICATIONS FROM THE LIN

THINKING ABOUT A MOVE? THINKING ABOUT EXTRA CARE HOUSING



Following requests from members, we have produced an easy to adapt leaflet for people wishing to make a choice about their Extra Care Housing options in old age.

In consultation with existing and prospective residents of Extra Care Housing for rent and sale, this leaflet contains a series of frequently asked questions by older people and the answers, quotes from people interviewed about moving into Extra Care Housing, and where to go for further advice.

The leaflet can be found on our website. It also contains examples of positive images of older people. These can be seen on the Elderly Accommodation Counsel website www.eac.org.uk. These images can be used for a modest fee, along with the text for your own local promotional and marketing needs.

And, if you haven't already watched our cd/video, Strategic Moves, order a copy from housinglin@eac.org.uk.

NEW FACTSHEETS

Following the factsheet and CD/videos on Extra Care Housing and Dementia, the latest edition in the series is No.15 on *Extra Care Housing and older people with functional mental health problems*.

NEW CASE STUDIES

We have also published several new case study reports on a wide range of housing and related care and support services. These include:

- No.8 Kent Health & Affordable Warmth Strategy
- No.9 Supporting People with Dementia in Sheltered Housing – Housing 21
- No.10 Direct Payments for Personal Assistance in Hampshire
- No.11 Housing for Older People from the Chinese Community in Middlesborough
- No.12 Shared Ownership for People with Disabilities – Notting Hill Housing Trust
- No.13 Home Care Service for People with Dementia in Poole
- No.14 Intermediate Care Service within Extra Care Housing in Maidenhead
- No.15 Sheltered Housing Contributes to Regeneration in Gainsborough
- No.16 Healthy Living Centre, Partington (due)

These make interesting reading and along with the factsheets can be downloaded from the Housing LIN website.

DISCUSSION PAPER ON THE SINGLE ASSESSMENT PROCESS

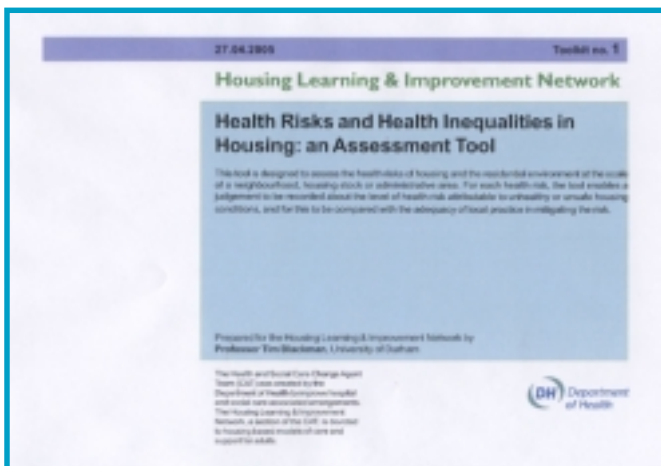
At recent regional Housing LIN meetings, there has been discussion about how Extra Care Housing fits into the Single Assessment Process (SAP) and/or Supporting People plans. We have produced a discussion paper to get your views and experiences with SAP and/or examples on the impact on Extra Care Housing. It can be found on our website under 'Reports'.

Please email us your comments/examples at housinglin@eac.org.uk by **Friday, 27 May 2005** so that we can produce a summary paper and follow-up factsheet. Alternatively and for more information, you can visit the Centre for Policy on Ageing special webpages on SAP at http://www.cpa.org.uk/sap/sap_home.html and use their discussion forum to share your views.

HEALTH RISKS AND INEQUALITIES IN HOUSING: AN ASSESSMENT TOOL

The Housing LIN launched this self-assessment diagnostic toolkit at the recent CIH/NHS Confederation conference, *Investing in Healthy Neighbourhoods*. It builds on work previously commissioned for the Neighbourhood Renewal Unit (NRU) in the ODPM on regeneration and health issues.

Developed by Professor Blackman at the University of Durham, the toolkit takes a person-centred approach to examine the specific health risks and conditions that impact on ones' housing circumstances. It is a useful companion for people undertaking health and safety checks under the new rating systems as well as those undertaking home visits, such environment health officers, health visitors, district nurses, OTs, home improvement agency case workers and other housing and/or support staff, to ascertain the health and well-being of their clients. For example, people who are homeless, lone parents or an older person.



This self-assessment toolkit is therefore designed to enable you to quickly:

- identify the issue
- assess what the extent of the problem is
- find where good practice is located
- audit how this is reflected in national and local policies and priorities, and
- determine what actions you need to take.

To download a copy, visit the Housing LIN website. For information on the NRU, visit www.renewal.net

REQUEST FOR INFORMATION

We would like to hear from you about any schemes/guidance you have developed/are commissioning for any particular BME groups as well as schemes/policy to address BME issues within Extra Care Housing generally. We have commissioned the Policy and Research Institute on Ageing and Ethnicity to produce a factsheet on Extra Care Housing and issues affecting black and minority ethnic (BME) elders to be launched at a conference in London on 14 July 2005.

Please email us at housinglin@eac.org.uk or send material to Housing LIN, c/o EAC, 3rd Floor, 89 Albert Embankment, London SE1 7TP by **Monday, 16 May 2005**.

POLICY UPDATE

There has been considerable policy development since our last e-news. The following is a summary of the major papers issued

- **Independence, Well-being and Choice:** Green Paper on Adult Social Care, DH
This sets out the government's vision for adult social care. It highlights a number of key housing related issues for further consideration and consultation. This includes references to Extra Care Housing, the further development of telecare services to support home based services and extending the use of direct payment. To have your say, please send any comments to adultsocialcare@dh.gsi.gov.uk by **28 July 2005**. Copies of the Green Paper can be downloaded from www.dh.gov.uk : easiest access if by entering "Our vision for the future" in the 'Search this site' box. In addition, there will a number of regional consultation events, details of which will be announced shortly.
- **The National Service Framework for Long-term conditions:** DH
This NSF focuses on neurological conditions and the arrangements needed to provide the care and support to people living with long-term neurological conditions. It sets out a range of clinical and social measures to support people in hospital and in the community including quality requirements on providing equipment and accommodation (QR7) and on providing personal care and support (QR8). Order copies from the DH Publications on 08701 5554555 or download from www.dh.gov.uk.
- **Improving the Life Chances of Disabled People:** Prime Minister's Strategy Unit
This report addresses the needs of all disabled people and the barriers they face and the adverse economic and social outcomes in the UK. It emphasises choice and control for independent living in a range of housing and related support settings as well as incentives for disabled people to get and retain employment. Copies of the report are available from www.strategy.gov.uk.
- **Excluded Older People:** Cabinet Office/ODPM
This interim report makes useful reading for those people interested in finding out how older people feel excluded from mainstream services. It provides up-to-date facts and figures on an ageing population and concise information on

key issues ranging from housing, equality and diversity to income and employment opportunities. It draws out the ways older people can be excluded and the resultant discrimination and disadvantage they may experience. Copies of the report are available from either www.odpm.gov.uk or www.socialexclusion.gov.uk

“The experience of older age should be a positive one. But whilst many older people enjoy the chance for more leisure, learning things, or spending time with friends and family, others experience isolation and exclusion.”

- **Opportunity Age:** Department of Work & Pensions

Meeting the challenges of ageing in the 21st century is the subtitle of this new important report which addresses the need for a coherent strategy across the UK to manage the demographic change, while also helping individuals to achieve their aspirations for better later lives for themselves and their families, now and in the future. This two-volume document can be downloaded at www.dwp.gov.uk/opportunity_age.

FUNDING SOURCES

ECH GRANTS 2006-2008

We are awaiting details of the arrangements for the next round of the Department's Extra Care Housing funding. As soon as we know the arrangements we will issue further information. In the meantime, during May-July we are holding a series of free roadshows on Years 1 and 2 of the programme. There are still a handful of places remaining at each event. For further details visit www.pavpub.com

PREVENTION TECHNOLOGY GRANT

In July 2004, as part of the Spending Review, the Chancellor announced £80 million funding for a social services' Preventive Technologies Grant over two years from April 2006. This is to extend the benefits of new technology 'community alarms', with the aim of reducing the number of avoidable admissions to residential care and hospital.

Guidance, with factsheets and toolkit, will be in launched in July 2005 at a national conference in London.

PARTNERSHIPS FOR OLDER PEOPLE GRANTS

The Department of Health's Older People and Disability Division is leading a project 'Partnerships for Older People Projects' (POPP). The overall aim of the project is to test and evaluate through pilots 'new' arrangements for partnership working between health, social care and local government to deliver better, coordinated care for vulnerable older people in settings appropriate to their needs and wishes.

The pilots will be established during 2006/07 and 2007/08. They will have an outcomes focus and the strength of partnerships will be tested against agreed performance indicators. In particular:

- a reduction in avoidable, unplanned admissions to hospital for older people. This will include developing alternatives to hospital admissions and increasing the availability of preventative social services.
- an increase in the level of care in the community for older people to facilitate timely discharge from hospital and to support more older people.
- Identify incentives which ensure that funding can be released from across the system for reinvestment in community services.

More detailed information about the project and associated funding can be found on the Department of Health's website.

EXTRA CARE ROUND-UP

EXTRA CARE HOUSING FOR PEOPLE WITH LEARNING DISABILITIES

In March, the Department of Health announced the 10 successful bidders for Extra Care Housing for people with a learning disability. The successful bids were received by: South Tyneside, Redcar & Cleveland, Hartlepool, Dudley, Wakefield, Salford, Norfolk, Birmingham, Newham and Lambeth. Further details are available on the Housing LIN website.

EAC EXTRA CARE DIRECTORY and STATISTICS FOR ENGLAND

Elderly Accommodation Counsel has published a new **Guide to Extra Care in England**: a 200 page volume that can be ordered (£40 pp incl) at enquiries@eac.org.uk.

EAC's up-to date **Statistics on Extra Care Housing in England**, a companion volume to the Guide, is now available on the Housing LIN website under Facts & Figures in the A-Z index. The analysis is presented by region and county, by county and district, by tenure, by provider, etc. This document will be updated regularly. EAC's Housing Options Finder enables you to find extra care schemes anywhere in the UK on www.HousingCare.org.

RESEARCH into MODELLING SHELTERED HOUSING and RESIDENTIAL CARE HOMES TO EXTRA CARE HOUSING

This 2 year Kings College Research project, supported by the Housing LIN and funded by the Engineering and Physical Sciences Research Council, seeks to examine how local authority and housing association sheltered housing and residential care homes have been remodelled to become extra care housing. This will involve architects, rehabilitation engineers and social scientists examining building to see how the remodelled schemes have been adapted, how successful this has been and what the problems are.

There will be ten case studies (5 local authorities and 5 housing associations) to examine a sample of sheltered housing schemes, which have been converted to extra care housing and residential care homes, with a focus on recent conversions. The research will involve studying before and after drawings and considering the implications for planning permission, building regulations etc. Interviews will be carried out with staff to see why the remodelling was done, any problems experienced and how they were overcome, how and why tenants were chosen (a sample will be interviewed) and what assistive technology was needed to cater for the increased frailty of the tenants. The architects for the ten schemes will be interviewed in order to analyse design-making process for each conversion. Members of the team will assess what other structural, engineering and innovative technology might be needed in the future. The costs of the conversion will be calculated with the help of an economist. The end result will be advice for local authorities and housing associations.

To participate in this project and/or supply any examples of care schemes which have been remodelled from sheltered housing or residential care homes, please send information to Professor Anthea Tinker at The Institute of Gerontology, King's College London, Franklin-Wilkins Building (WBW), Waterloo Road, London SE1 9NN Tel 020 7848 3033 or email anthea.tinker@kcl.ac.uk.

CENTRE FOR SHELTERED HOUSING STUDIES

The CSHS latest newsletter, Hearts, offers a number of concise articles relating to Extra Care Housing. To obtain a copy email cshs@cornwall.ac.uk

HOUSING 20-20 PROJECT

This collaborative venture between a number of agencies seeks to define a vision of older people's housing and care services in 2020 and to start work towards it. The vision encapsulates maintaining independence and enabling informed choice about options for older people; incorporating a range of services including telecare and sheltered housing in the private and public sectors, as well as other forms of retirement housing.

For a copy of the consultation paper and further details, download the document at <http://www.shelteredhousing.org/about/campaign.php> and email your responses to helen.needham@dial.pipex.com. Deadline for responses is **31 July 2005**.

FOCUS ON HOUSING AND HEALTH

CARE & REPAIR ENGLAND

This new self training guide **Providing housing advice for older people – a self training kit for advisors**, has been developed to help generalist advisers or anyone who works with older people to develop their knowledge and understanding of housing options for older people.

It covers:

- **Informing and Advising:** Understanding older people's housing needs and aspirations and enabling people to make informed decisions.
- **Is there a choice?** What are the main housing, care and support options for older people
- **How do I find out what housing and services are available?** An introduction to national sources of data and taking a strategic approach to building a local database
- **Knowing your limits:** Finding specialist help and advice

The pack has been created in a relatively simple word format in order to make it quick and easy to download even for organisations with basic computer/ internet facilities. It is currently available at **PROVIDING HOUSING ADVICE FOR OLDER PEOPLE – A SELF-TRAINING KIT FOR ADVISERS** www.careandrepair-england.org.uk – click on Housing Advice.

ACCESS AND SYSTEMS CAPACITY GRANTS and HIAs

Foundations, the national co-ordinating body for Home Improvement Agencies, undertook a survey last year on the DH's Access and Systems Capacity Grant (ASCG) and HIAs. Key findings from this survey were:

- two-thirds of respondents (101 agencies) had received ASCG in 2003/04
- about 79% of the ASCG to Social Services Authorities was allocated to HIAs
- the ASCG was used to fund hospital discharge schemes, falls prevention schemes, and projects that prevented or reduced hospital admissions.

A copy of the findings is available on the Foundations website at wwwFOUNDATIONS.uk.com.

FORTHCOMING NATIONAL EVENTS

- | | |
|-----------|---|
| 12 May | Investing in Healthy Neighbourhoods, CIH, Chester |
| 19/20 May | Community Care Live! , London |
| 15 June | Connected Home Care Conference, London |
| 22 June | Smarter Choices for Older People, CIH, Harrogate |
| 19 July | Getting Wired Conference, London |

FORTHCOMING REGIONAL LIN MEETINGS

- | | |
|---------|--|
| 19 May | West Midlands, Telford |
| 25 May | North East, Redcar & Cleveland |
| 26 May | Yorkshire & Humber, New Earswick, York |
| 8 June | Nort West , Salford |
| 16 June | London & SE Region, Southampton |
| 22 Sept | West Midlands, tba |

Please look under event in our website www.changeagentteam.org.uk/housing

PROMOTE YOUR WORK

The Housing LIN is keen to promote examples of good practice, reports and other events that relate to housing with care for older people. If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to housinglin@eac.org.uk.

We welcome your contributions

Housing LIN Resources and Learning Material

Guidance Notes/Reports

1. Department of Health ECH Bidding documentation
2. ECH for Older People: an introduction for commissioners
3. Developing and Implementing Local ECH Strategies: a toolkit
4. Strategic Moves: thinking, planning and working differently CD-ROM and workbook)
5. Health and Housing Briefing (joint with the Chartered Institute of Housing)
6. Assessing Health Risks & Health Inequalities in Housing - a toolkit
7. Realities of Independent Living - a study on supported housing (Habinteg HA)
8. Getting Started with Telecare (jointly with ICES)
9. ECH in Yorkshire & Humberside, Stage 1: Supply & demand analysis

Fact sheets (numbered)

1. Extra Care Housing: What is it?
2. Commissioning and Funding ECH
3. New Provisions for Older People with Learning Disabilities
4. Models of ECH and Retirement Communities
5. Assistive Technology in ECH
6. Design Principles for Extra Care
7. Private Sector Provision of ECH
8. User Involvement in ECH
9. Workforce Issues in ECH
10. Refurbishing or Remodelling Sheltered Housing: a checklist for developing ECH
11. An Introduction to ECH and Intermediate Care
12. An introduction to Extra Care in Rural Areas
13. Eco Housing: taking extra care with environmentally friendly design
14. Supporting People with Dementia in ECH
15. ECH and Functional Mental Health
16. ECH and BME Communities (due)
17. Including ECH within Regeneration (due)

Viewpoints:

1. The Challenges of Providing ECH to People with Dementia
2. Tenancy Issues - Surviving Partners in ECH
3. Moving towards a Home-owning Democracy

Other Resources:

1. DVD: Strategic Moves: strategic commissioning services for older people
2. DVD: That's My Home: housing needs for older people with dementia
3. DVD: Telecare (forthcoming)
4. Guide to ECH in England (EAC directory)
5. Statistics on ECH in England (EAC)

See also our Case Studies