

Housing Learning and Improvement Network

HOUSING WITH CARE MATTERS

New DH Green Paper
Shaping the Future of Care Together

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POLICY NEWS:

In the last few days the government has published three important documents about older people:

DH Green Paper - *Shaping the Future of Care Together* published on 14th July

DWP - *Building a society for all ages: Choice for older people* published on 13th July

Cabinet Office report on older people in rural communities

Shaping the Future of Care Together sets out proposals to reform the system of care and support for adults in England and is based on a six month engagement process during 2008.

The document recognises the problems with the current system, namely that the state provides to those in need on low income, but for those who can pay there is very little support from the state including advice and information. There are also problems with the uncertainty of the present arrangements making it difficult for individuals and families to plan for the future, plus variations in standards and quality between authorities and few clear rights and entitlements.

The key themes are fundamental reform to make better use of resources through prevention, rehabilitation and keeping people active and healthy set against future pressures arising from increased life expectancy, higher expectations and increasing costs

The vision for the future is based on:

- A national care service for England
- A system of rights and entitlements

Within the above there are six elements:

1. Prevention – the right to stay independent and well for as long as possible to prevent care and support needs increasing
2. National assessment – wherever people live they will have the right to have their care and support needs assessed in the same way plus the right to the same proportion of their costs being met irrespective of where they live
3. Joined up services – all the services someone requires will work together and one assessment will enable access to them all

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4. Information and advice – easy access to information about who can help and what care can be expected
5. Personalised care and support – services will be designed around individuals needs
6. Fair funding – everyone qualifying for state funded care and support will get some help towards meeting the costs

There are three proposed changes to the current system:

1. more joined up working between health, housing and social care and between social care and the disability benefits system
2. a wider range of care and support services
3. Better quality and innovation

The paper includes consideration of funding options including some which were considered and ruled out. The options do not include accommodation costs and the expectation is that people will pay for their own food and lodgings whether or not they are in a care home. Options considered are

- Partnership – everyone qualifying for state help gets a set proportion paid for e.g. a quarter or a third
- Insurance – similar to partnership with insurance being used to cover the additional costs
- Comprehensive – everyone over retirement age with resources would be required to pay into a state insurance scheme with contributions varying according to savings and assets

The Paper includes a number of consultation questions and a national public consultation event on 13th November 2009

The Green Paper is on the DH website:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_102338

The Housing LIN will be publishing a briefing paper within the next few weeks.

Building a society for all ages: Choice for older people develops the 2005 strategy Opportunity Age published by DWP in 2005. The themes are improving quality of life, making a major cultural shift towards creating a society for all ages, not defining people by age and making use of older people's skills and experience.

It includes the following key points:

- A review of the Default Retirement Age (DRA) will be brought forward to take place next

year with the aim of helping the economy and responding to demographic changes. Currently employers can require all staff to retire at 65 regardless of their circumstances. The majority of people retire before 65, however 1.3m people choose to work beyond state pension age, and many more say they would work past 65 if their employer permitted it. The Government had previously promised to review the DRA in 2011 to see if it was still needed

- Recognition that families are changing as a result of our ageing society such as grandparents playing a stronger role and more people caring for elderly relatives. A summit will take place in the autumn to explore the changing role of grandparents more widely and what more can be done to support them in maintaining strong relationships with their grandchildren after parental separation and divorce.
- *Digital inclusion projects* to give different generations the opportunity and ability to keep in touch
- *Active at 60 Package* to encourage public services to respond to the needs of older people as part of the mainstream of services and local authorities will be encouraged to increase participation in later life by using smartcard technology to provide all-in-one cards giving access to a range of local opportunities. Smart card technology is already used in bus passes and there is the potential to extend this to leisure centres, libraries, sports clubs and other services.
- *One Stop Shop* to help people plan ahead including mid-life health checks will be available on the NHS for everyone over 40 to help people prepare for a healthier old age alongside of financial planning and other issues
- *A Good Place to Grow Old* programme to promote ageing issues and an innovative service delivery fund to test new approaches to delivering services for older people

Copies of the strategy are available at:

www.dwp.gov.uk/policy/ageing-society/strategy-and-publications/building-a-society-for-all/

Comments on the strategy are invited via:

www.hmg.gov.uk/buildingasocietyforallages.aspx

The Housing LIN will publish a briefing paper within the next few weeks.

Working Together for Older People in Rural Areas was published on 13th July. This is the final report of a joint project between the Social Exclusion Unit and DEFRA

A number of the practical actions it recommends have been incorporated into the Government Ageing Strategy *Building a Society for all Ages*

The main findings from the report are:

- The older population in rural areas is ageing faster
- There are huge challenges to deliver services
- Socially excluded older people can be hidden
- Timely and responsive transport is key to accessing services
- Public service reform is essential to ensure ageing is a positive experience
- Public services and local communities are already adapting and innovating

Actions include:

- Improving design for an ageing society including remote rural areas and linked to *Lifetime Homes, Lifetime Neighbourhoods*
- A life planner to support people to plan ahead
- Support for older drivers and a guide to transport solutions
- Improving access to opportunities through digital inclusion
- A Keeping Well in Later Life programme

See Housing LIN Factsheet 12: An introduction to extra care in rural communities:

<http://www.dhcarenetworks.org.uk/pageFinder.cfm?cid=1623>

The report is available at:

www.cabinetoffice.gov.uk/social_exclusion_task_force/short_studies?working_together.aspx

For more on two featured case studies in the report, see also the South West Housing LIN report *Putting Older People First in the South West*:

<http://www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=4775>

OTHER NEWS

National Dementia Strategy (NDS) - Joint Commissioning Framework for Dementia

The NDS has three themes – improved public and professional awareness, early diagnosis and support, and living well with dementia. There are 17 objectives that describe the range of services that people with dementia and their carers should be able to access locally, and ways in which such services can be delivered.

Objective 14 of *Living Well with Dementia* outlines the recommendation for a joint commissioning strategy:

- local commissioning and planning mechanisms to be established to determine the services needed for people with dementia and their carers, and how best to meet these needs. Those commissioning plans should be informed by World Class Commissioning guidance for dementia developed to support this strategy.

For a copy of the framework visit:

www.dhcarenetworks.org.uk/dementia.

Further information relating to housing and dementia is available on the Housing LIN pages.

Extra Care Charitable Trust wins two awards

Their Well-Being Service was awarded the Judges' Special Prize at the Integrated Health Awards in May by The Prince's Foundation for Integrated Health.

Their Enriched Opportunities Programme, supporting people with dementia (and featured in our last enews) won the Healthcare and Medical Research category at the Charity Awards.

Enhanced Handyperson services

Monies have been awarded to local authorities for enhanced handyperson services. The successful 19 are:

Dudley	North Somerset
Warwickshire	Plymouth
Tower Hamlets	Newcastle
Middlesbrough	Milton Keynes
Wirral	Warrington
Knowsley	Northumberland
Blackpool	Northamptonshire
Manchester	Leeds
Cornwall	Norfolk
Rochdale	

FEATURE ON PERSONALISATION

In recent weeks there have been several new and interesting papers issued on personalisation and impact on older people's and vulnerable people's housing, including extra care and supported housing. These include:

Personalisation, Prevention and Partnership

Sitra has published a useful post conference report 'Personalisation, Prevention and Partnerships: Transforming Housing and Supported living'. Between November 2008 and February 2009, over 400 people came together in a series of events organised by a partnership of Sitra and Housing Learning and Improvement Network (LIN) to highlight best practice and explore the implications of transformation. Copies are available at:



<http://www.dhcarenetworks.org.uk/pageFinder.cfm?cid=5759>

Briefing on Personalisation for Commissioners

The Social Care Institute for Excellence (SCIE), in partnership with ADASS and the Putting People First team, has published a briefing on the implications of personalisation for commissioners. It includes examples of how councils have revised their commissioning strategies to support personalisation. This is the first in a series of briefings on personalisation for different groups of professionals including housing providers, domiciliary care providers and personal assistants. For details visit <http://www.scie.org.uk/adults/personalisation.asp>

Briefing on housing and personalisation

SCIE have also launched a new At a Glance briefing on personalisation for housing providers, in collaboration with the National Housing Federation. While housing providers have a strong track record in finding solutions to fit individuals, personalisation means a further shift in the balance of control – with individuals making more decisions over budgets, assessments and support or care packages. The briefing provides a brief introduction to the issues and implications and is available free of charge. For details visit:

<http://www.scie.org.uk/adults/personalisation.asp>

Building Choices: Getting Personal

Housing 21 has published 'Building Choices part 2: Getting Personal' which looks at the impact



of personalisation on older people's housing. The report recognizes that block contracts for care and support for personalisation are not mutually exclusive but are complicated. Good quality advice and information are critical to enabling older people to make informed choices about

their housing care and support needs and housing providers will need to offer a range of options and policies and procedures must be robust. The report was supported by the Tenant Services Authority and full copies are available at www.housing21.org.uk

Supporting People and IBs

The CLG have published a guide on the implications of Individual Budgets for Supporting People, Learning and experiences from the Individual Budget Pilot Sites. Based on work in 13 Local Authorities it provides practical information for SP teams on personalisation and choice in their local communities. Copies of the study are available at www.spkweb.org.uk and there is also a useful article by the author in Pavilion's Housing, Care and Support journal (Vol 12, Issue 1).

Right to Control

Last month, the Office of Disability Issues (ODI) has announced details of a consultation as part of the Welfare Reform Bill. Making choice and control a reality for disabled people, could enable disabled people to choose who delivers their support services. For details on consultation events, practical toolkits and/or how to respond by 30 September, visit:

<http://www.odi.gov.uk/working/right-to-control.php>

NEW HOUSING LIN PUBLICATIONS

Case study report – Hospital discharge and homelessness

These three case studies form [Housing LIN Case Study 46](#). A partnership of Homeless Link, the Homelessness Group of the London Network for Nurses, the Department of Local Government and Communities and Department of Health produced joint guidelines to support hospitals draw up their own protocols for the admission and discharge of people who are homeless.

<http://www.dhcarenetworks.org.uk/pageFinder.cfm?cid=5782>

The purpose of the guidelines was to help housing authorities, hospital trusts and PCT's to develop effective admission and discharge protocols for homeless and insecurely housed people, with the overarching aim of no-one being discharged from a hospital to the streets or to temporary accommodation.

These case studies explore ways in which housing authorities and hospital trusts are addressing the issue of discharge of homeless people and how they have been using the protocol guidelines.

Three different areas were chosen, with different levels of homelessness and different resources to meet the needs of homeless people - Newcastle, West Sussex, and Guys and St Thomas's in London.

Each area has taken a different approach to the issue demonstrating that the approach and the level of investment of time and resources needs to be oriented to the local circumstances.

It is hoped that the document will raise awareness among housing authorities, hospital trusts and PCT's of the strong link between preventing homelessness and a planned hospital discharge and encourage areas that do not have effective policies and practice in place to address this issue.

Connecting with Health and Care - a joint publication by the Housing LIN and Foundations

In Autumn 2007 Foundations, the National Body for home improvement agencies, was commissioned by Communities and Local Government to carry out research and produce a report examining the options for the future delivery of home improvement agency (HIA) services. The report draws on examples from within and outside the HIA sector to highlight possible areas for development.



<http://www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=5648>

Briefing – Marketing Extra Care Housing

Further to the comprehensive report on Marketing Extra Care Housing featured in our last enews, we have produced a concise summary which provides a useful overview of the key issues. Marketing Extra

Care Housing: a Summary is now available, along with the full report, on our website under:

<http://www.dhcarenetworks.org.uk/MarketingECH>

Factsheet - End of Life Care in Housing with Care Settings: Update on Policy and Recent Research

[Housing LIN Factsheet 18](#) updates housing with care practitioners and providers on new end of life care policy developments, and outlines the findings of recent research on end of life care in housing with care settings. Further information is also contained in a new Resource Pack for housing providers, published by the NHS End of Life Care team and supported by the Housing Learning and Improvement Network (LIN).

<http://www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=1617>

OTHER USEFUL PUBLICATIONS

Understanding malnutrition

A new Report from GNASH (Group on Nutrition and Sheltered Housing) led by BAPEN has established that 14% (c. 1 in 8) of tenants in sheltered housing in England are at risk of malnutrition, with 9% at high risk. The GNASH Report *Screening for Malnutrition in Sheltered Housing* was launched today (Tuesday 12th May 2009) at the House of Commons at a Reception hosted by Paul Burstow MP.

The GNASH study included 355 tenants in 17 sheltered housing schemes in the North and South of England. Based on a population of 700,000 of tenants in sheltered housing in England, it is estimated therefore that, at any one time, there are more individuals at risk of malnutrition in sheltered housing than there are in hospital.

<http://www.dhcarenetworks.org.uk/pageFinder.cfm?cid=5672>

Housing for VIPs

Thomas Pocklington Trust 'Housing for People with Sight Loss: A practical guide to improving existing homes' on our website under:



<http://www.dhcarenetworks.org.uk/pageFinder.cfm?cid=5762>

The guide looks at how to involve people with a visual impairment (VIP) in making decisions about

their own homes and goes on to consider specific areas, including:

- Entrance halls and stairways – how to provide clear, safe and uncluttered entrances and circulation routes with features that assist navigation, way finding and safe movement
- Kitchens, utility and laundry areas – how to make the most of people's sight and provide safe and uncluttered working areas
- Living and dining areas - to ensure that space and layout allow the usual range of furniture, that clear and logical layouts allow safe and easy movement and access to windows, switches and controls; that features make the most of sight and lighting supports people's chosen activities.
- Bedrooms - To ensure that space and layout allow the usual range of furniture, and clear and logical layouts allow safe and easy movement and access to windows, switches and controls; that features make the most of sight, and lighting supports dressing and personal grooming.
- Bathrooms and WC's - to enable independence and safety by providing easy access to, and within, the bathroom and/or WC and by making facilities as easy to use as possible.
- Outdoors, public, shared or communal areas and private outdoor areas - To minimise hazards and make outdoor areas as safe, accessible and easy to use as possible.

The guide explains what good practice looks like under each of the headings

CLG - Supporting People

To coincide with the Select Committee inquiry into Supporting People, CLG have published the Cap Gemini research into the financial benefits of the Supporting People Programme, 2009 and the local SP financial model.

The research report and model are available at this link:

<http://www.communities.gov.uk/publications/housing/financialbenefitsresearch>

Ministerial working group on sheltered housing on the CLG website. It gives a brief overview of the group, organisational membership and a summary of the projects.

When it's up you should be able to access it via:

<http://www.communities.gov.uk/housing/supportandadaptations/housingolder/shelteredhousinggroup/>

Death and dying support pack for housing support staff

Care staff working in supported housing have a new resource to draw on to help in one of the most challenging and sensitive areas of work – caring for those at the end of their life.

RSL Housing 21 has joined forces with the National End of Life Care Programme to produce a learning resource pack that was a key recommendation from staff who took part in a service improvement project in an extra care setting in Gateshead last year.

It is a practical tool with useful information and guidance on:

- key contacts
- medication and pain management issues
- information about common symptoms that may occur at the end of life
- mobility
- religious, cultural and spiritual needs
- care after death and
- case studies.

It is intended to help carers deal with the challenges of supporting someone at the end of their life and will be updated annually. It offers advice on the simple things housing support staff can do as well as how and when to seek specialist help.

Copies can be downloaded from the Housing 21 website at www.housing21.co.uk/about_us/story_detail_eolc2.php

RESEARCH UPDATE

Hact is working with partnerships made up of service users, including user led groups, housing and support organisations, and the wider third sector, particularly the independent advocacy sector to develop and test approaches that encourage individual budget holders to jointly purchase care and support, facilitated by housing organisations. The project is funded by the Departments of Health and Communities and Local Government, and local support providers.

Six partnerships of housing and support providers will use their resources and expertise to build local purchasing groups. They will develop wider partnerships with other organisations, such as user led and independent advocacy organisations, to ensure that service users have access to the support and resources they need to be in control.

The project will focus on increasing the purchasing power of people with Individual Budgets and Direct

Payments, enabling them to act collectively to pool their resources and purchase the care and support they require.

This will help drive up service quality, stimulate growth of new services, and ensure that as individuals they have a stronger voice in the new social care and support market. They will also demonstrate to service providers how they can respond and in some respects continue to provide economies of scale.

If you are already carrying out work in this area or would like to share in the learning, please get in touch with pic@gilliejohnson.co.uk or red.square@fiscali.co.uk

Ideas for Adult Social Care Research - can you help?

The newly established National Institute for Health Research (NIHR) School for Social Care Research (NIHRSSCR) is looking to undertake and commission research to improve adult social care practice in England, and so improve individual lives.

NIHR has a budget of £15 million over the next five years and aims to provide high-quality evidence-based practice recommendations about how users of care services can be given more control and greater choice; how family carers can find a better balance between their care responsibilities and their working lives; whether there are better ways of commissioning services; and how social care can mesh effectively with health care and other services. These are just some of the areas that could be covered by the research programme.

Make a Difference to Adult Social Care Research

If you work within or undertake research about social care, the NIHR would like to hear, what:

- Topics in adult social care that need further research
- Specific research questions
- The methods needed to answer them
- The ways that research findings can be translated into a form that can aid the development of practice

Calls for research proposals will then follow later this month.

To contribute, use their electronic consultation form at: <http://www.lse.ac.uk/collections/NIHRSSCR/researchsuggestionform.htm> or email sscr@lse.ac.uk.

CALLS FOR INFORMATION

Individual budgets in Extra Care Housing

Do you have any examples or experience of enabling people to use individual budgets in extra care housing settings? If so, we would really like to hear from you.

Any good practice examples or lessons from experience would be welcome. Please send any information, suggestions or contact details to enable us to explore further, to Clare Skidmore at the Housing LIN: info.housing@dh.gsi.gov.uk

SITRA - personalisation survey

Do you have good practice examples of the following:

- personalised client support plans
- minimum standards for personal assistants
- a user friendly Citizens Charter

Answers can be sent by e.mail to Victoria@sitra.org or you can take part in their survey www.sitra.org.uk

MEDIA SPOTLIGHT

Extra Care has its 180 minutes of fame

Residents and staff of an extra care housing scheme part-funded by the Department of Health are set to star in a BBC/Open University production due to begin a six week run this month.

Lovat Fields in Milton Keynes was one of the first projects to win funding through the DH's Extra Care Housing Fund and the new series, Silverville, will showcase the opportunities such schemes offer for full, independent lives.

Each half-hour programme will be broadcast as follows:

Wednesday 29th July	10.45pm BBC1
Wednesday 5th August	10.45pm BBC1
Wednesday 12th August	10.45pm BBC1
Wednesday 19th August	10.45pm BBC1
Wednesday 26th August	10.45pm BBC1
Wednesday 2nd September	10.45pm BBC1

Alongside the series the Open University is running an online survey to gauge public attitudes to care, health, accommodation and many other issues associated with ageing. The survey is aimed at investigating how much the public understands the services available and they are accessed.

REGIONAL LIN MEETINGS

South West Midlands Region LIN

8th September 2009, Bristol

West Midlands Region LIN

22nd October 2009, location tbc

To register for these events, visit our events page at www.dhcarenetworks.org.uk/housing under [Events](#).

FORTHCOMING NATIONAL EVENTS

Housing Aids and Adaptations Conference 4 September 2009, Austin Court, Birmingham

Adaptation demand continues to disproportionately affect social housing providers: just under half of all tenants have a disability or long-term illness, compared with a 17% national rate. This demand creates uncertainty among housing providers about how to fund adaptations and how best to work with local authorities to meet the needs of their tenants. This conference is an opportunity to learn about new guidance on the disabled facilities grant specifically for housing providers produced by CLG, Habinteg and the TSA. Delegates will hear from a variety of expert speakers on this topic and be able to pose questions to our expert panel, including CLG and the Audit Commission. For more information and to download the conference brochure visit:

<http://www.housing.org.uk/Default.aspx?tabid=1126>

CIH Older People's Housing and Support Conference Exhibition 2009 Future living for an ageing population

6th and 7th August 2009, Hinckley Island, Hinckley

Foundations HIA Annual Conference

30th September and 1st October, Stratford upon Avon

To go alongside the 'Connecting with Health and Care' report published by Foundations, they are running a series of seminars in Manchester, Bristol and London entitled 'Reconnecting housing, health and care through housing interventions'. The London event will be held on 6th August 2009. The report and seminars are aimed at health commissioners and providers of housing services and set out the drivers behind the current Department of Health approach to housing and preventative services.

More information about the Future HIA project (of which the 'Connecting with Health and Care' report is a part) is available at:

<http://wwwFOUNDATIONS.uk.com/default.aspx?id=574>

For more information on the seminar:

<http://wwwFOUNDATIONS.uk.com/default.aspx?id=720>

National Housing Federation Smaller Housing Associations Conference and Exhibition

3rd November 2009, Inmarsat, London

CSIP NETWORKS

Please note that since April 2009, CSIP NETWORKS no longer exists and our extensive network webpages have been transferred to a new site, DH Care Networks:

www.dhcarenetworks.org.uk/housing

As part of these changes we have removed the Housing LIN CSIP mailbox. You can now contact us on info.housing@dh.gsi.gov.uk

Jeremy Porteus – National Programme Lead, Networks, Putting People First Team, Department of Health



PROMOTE YOUR WORK

If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to info.housing@dh.gsi.gov.uk

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