

Housing Learning and Improvement Network

HOUSING WITH CARE MATTERS**Issue with live URLs and website links**

DH Care Services Minister Phil Hope visited St Crispin's Extra Care Charitable Trust retirement village at Northampton in October 2009.



Resident Barbara Burgess met the Minister in the gym during her morning work out.

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NEWS:**Housing Awards 2009 recognise extra care**

Congratulations to ExtraCare Charitable Trust for winning the Chartered Institute of Housing/Inside Housing award for contributing to housing and health for their Wellbeing project. This project, which received initial backing from a DH section 64 grant, supports older people to maintain or regain independence and manage their own health.

Wellbeing Advisers based in ExtraCare's 28 retirement schemes empower residents to make informed choices about their own lifestyles and health via a holistic Wellbeing Assessment, an individual action plan and a follow up assessment. For further information, visit -

www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/HousingNews/HousingNewsItem/?cid=6591

Well done to Housing 21 too. They were shortlisted in the same category for their Healthy Legs Clinic at Spring Bank Court, Blackburn. This is a DH funded scheme and the project is a partnership between Housing 21, Blackburn with Darwen Council and the PCT. See Housing LIN case study no38, Healthy Outcomes in Blackburn and Darwen ECH -

www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/browse/HousingExtraCare/ExtraCareProvision/SupportServices/?parent=990&child=4148

And lastly, the DH LIFT funded scheme at Mill Rise, Staffordshire, recently won the best scheme in the UK over 50's housing awards and scheme manager of the year. See Case Study no47, Integrating Extra Care: partnership working in Staffordshire -

www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/browse/HousingExtraCare/ExtraCareStrategy/HousingStrategyExamples/?parent=975&child=6240

POLICY NEWS

Queens Speech, November 2009

At the State Opening of Parliament last month, the Queen announced that the government will introduce a Bill to enable the wider provision of free personal care to those in highest care need. The purpose of the Bill is to offer free personal care at home for those with the highest needs such as those with dementia, regardless of means, as part of a new National Care Service.

The main benefits include:

- Guarantee free personal care for the 280,000 people with the highest needs
- Help around 130,000 people with 'reablement care' to live independently in their own home including the provision of home adaptations and/or technology
- Protect around 160,000 people who currently receive free care from future charges
- Invest £130 million in reablement and prevention to help people live at home for longer.

Further details on the Bill and the rest of the Queen's speech can be found at www.parliament.gov.uk

The Department of Health has subsequently launched a consultation for views on regulations and guidance made under the Bill. This will last until 23 February 2010. For details, go to Department of Health website: www.dh.gov.uk/en/Consultations/

A Shared Vision for Mental Health

The government has set out its strategy for mental health services in New Horizons. It has twin overarching aims to improve the mental and well-being of the population and improve the quality and accessibility of services for people with poor mental health.

The strategy makes specific reference to and lists actions for housing and the built environment (paragraphs 55-61). See <http://newhorizons.dh.gov.uk/Resources/reports/New-Horizons/index.aspx>

Right to Control: invitation to bid

The Office for Disability Issues (ODI) has issued a prospectus for local authorities wishing to 'trailblaze' the delivery of the Right to Control in England. £7m will be available over two years for eight successful Trailblazers to develop more streamlined and integrated services for disabled people and offer more flexibility, choice and control over how resources are used, including direct payments.

Right to Control aims to give disabled people more choice and control over resources allocated for their support across housing, work and personal care. It builds on recent personalisation initiatives, particularly the transformation being delivered through the Department of Health's Putting People First programme.

To view and download the prospectus, go to www.odi.gov.uk/working/information-la.php

If you have any queries, please email: right.control@dwp.gsi.gov.uk

Putting People First: 3 new clips

DH Care Networks have issued 3 short films on Putting People First. You can now view and/or download them. They outline some of the practical steps necessary for implementing change. They feature key policy makers, commissioners and providers across housing, health and social care, filmed on location.

- Clip one - Transforming adult social care looks at the four quadrants of PPF
- Clip two - A vision of choice and control
- Clip three - Leadership and partnership

www.dhcarenetworks.org.uk/News/NewsItem/?cid=6365

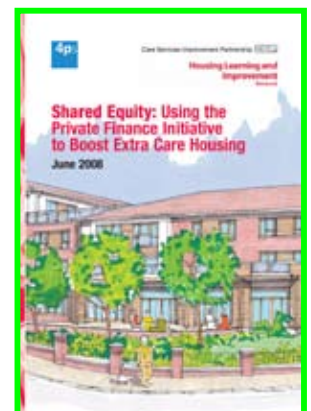
FUNDING ROUND-UP

Extra Care to benefit in new PFI announcement

Four councils have made successful bids under the latest PFI round to develop extra care and housing for older people. They are Cornwall, Leeds, Nottingham and Shropshire. All are now completing a detailed business case before procuring long-term partners.

Local Partnerships, a joint venture between the Local Government Association and Partnership UK - incorporating 4ps - have also issued a Housing Procurement Pack which includes a model output specification for extra care. For details, visit

www.localpartnerships.org.uk/PageContent.aspx?id=9&tp=Y



For further examples of using PFI for extra care, download the 4ps/Housing LIN report, Shared Equity at:

www.dhcarenetworks.org.uk/pageFinder.cfm?cid=3432

Use of resources in adult social care: a guide for local authorities

The aim of this new DH guide for local authorities is to spark discussion and debate in local authorities on how to commission and shape services for the future by making best use of resources, investing in prevention and shifting away from residential care. The guide includes examples of how extra care can provide an alternative to long term care including the provision of dementia care, the use of telecare in rural and urban environments and out of hours care and support services.

www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_107596

Audit Commission review of Supporting People

This report provides a comprehensive review of Supporting People (SP) arrangements between 2005 and 2009. It sets out the background to the implementation of SP and the range of improvements and achievements that have benefitted older and vulnerable people to date. It looks at the Comprehensive Area Assessments process and gives an 'up front' account of future risks and opportunities to housing related support. Copies of the full report including sections – involving service users; understanding the market and service development are available at:

<http://www.audit-commission.gov.uk/housing/Pages/default.aspx>

Changes to direct payments

From 9 November, the direct payments scheme will be extended to people who lack the capacity to consent and to people with mental health problems who are subject to mental health and certain criminal justice legislation. The DH has updated its guidance for councils and users to reflect the changes, and has produced a short leaflet explaining them, go to:

www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_107271

HOUSING DESIGN FOR OLDER PEOPLE

Making us all HAPP!

The national housing strategy for an ageing population, Lifetime Homes, Lifetime Neighbourhoods, made a commitment to commission an 'Innovation Panel' to seek out good practice and ideas on the future design of housing for older people which meets their needs and aspirations.

The Housing our Ageing Population Panel for Innovation (HAPPI) chaired by Lord Best, looked at:

- improving the quality of life of our increasing ageing population
- challenging perceptions of older and specialised housing
- raising the aspirations of older people to demand higher quality, more sustainable homes
- raising awareness of the possibilities offered through innovative approaches to the design of our housing and neighbourhoods.



Their report published earlier this month sets out the panel's findings and offers detailed recommendations directed towards the government and key organisations. Four important issues are captured in the following headlines:

- the time has come for a national effort to build the homes that will meet our needs and aspirations as we all grow older.
- we should all plan ahead positively, creating demand for better choice through a greater range of housing opportunities.
- housing for older people should become an exemplar for mainstream housing, and meet higher design standards for space and quality.
- local Planning Authorities should play a key role to ensure delivery of desirable housing in great places, tuned to local need and demand.

A full copy of their report together with an Executive Summary, case studies and youtube clips are at: www.homesandcommunities.co.uk/Housing-Ageing-Population-Panel-Innovation

Housing LIN design web-resources

Hot off the heels of the HAPPI report and our recent case study report with CABE (www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=6202), we have updated our housing design webpages to provide better access to all the resources (guides, factsheets, case studies, podcasts etc) we have collated on design and related issues, eg planning and sustainability. This is now 'live' at:

www.dhcarenetworks.org.uk/design/

Design briefs from PRP Architects

Issued to coincide with their design conference last month, PRP Architects have published 2 interesting new briefings on Retirement and Community and Housing Standards towards Inclusive Design. Copies are available at: www.dhcarenetworks.org.uk/pageFinder.cfm?cid=6871

For copies of the design conference ppt slides: www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/HousingEvents/ArchivedEvents/ArchivedHousingEventDetail/?eventID=534

The design of housing for dementia

This article by Damian Utton is courtesy of the Journal of Care Services Management. It illustrates how the principles of designing for dementia have been successfully applied to extra care housing and registered care in Cheshire.

www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=6539

Extra care housing and sustainability

We have commissioned a new factsheet on sustainability and extra care housing due out in early 2010. If you have any useful examples, do email us at info.housing@dh.gsi.gov.uk

EAC HOUSING FOR OLDER PEOPLE AWARDS 2010 - THE FINALISTS

With 540 entries from all parts of the UK, 17 finalist housing-with-care schemes are among the finalists which are listed on the Elderly Accommodation Counsel website: www.housingcare.org

The winners of the bronze, silver and golden awards will be announced at the Awards Ceremony at Lords Cricket Grounds on 4th February 2010. We will feature the winners in our spring enews.

DH SCHEME OPENINGS

Five new DH funded schemes have been opened. In addition to St Crispins retirement village in Northampton, Patching Lodge in Brighton & Hove, Waverly Gardens in Bristol, Handyside Court in Derby and Richard Neve House in Greenwich have all recently opened.

These, along with other schemes funded by the DH, will feature next year in a new Housing LIN on-line directory of DH funded ECH schemes.



Richard Neve House

NEW HOUSING LIN PUBLICATIONS

Housing, Health and Care

This new policy and practice briefing from the Chartered Institute of Housing, and supported by the Housing LIN, is essential reading for policy makers, commissioners and providers alike. It gives a comprehensive tour of latest government policies and examples of leadership and how some local economies have risen to the challenge of transforming their services, forging effective relationships across housing, health and care, and responding to the diverse needs and aspirations of their populations. www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/browse/Housing/HousingStrategy/?parent=3656&child=6907

Norfolk Personalisation

This case study describes how, working with users of housing related support services and providers, Norfolk County Council has personalised services funded by Supporting People arrangements: www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=6905

Developing a Design Guide for Accommodation with Support / Care at Sunderland City Council

This case study explores design solutions for models of accommodation including extra care and similar provision of housing with care and support for adults of all ages, with examples provided from other schemes and contributions from other commissioners and providers. www.dhcarenetworks.org.uk/pageFinder.cfm?cid=6906

Intermediate Care Factsheet

This is a refresh of the current factsheet and looks at the provision of intermediate care services in a range of housing and care settings. www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=6909

Visualising Extra Care

The Institute of Public Care has recently developed for the SW Housing LIN a series of short (3-4 minute) films entitled "Visualising Extra Care". These illustrate a range of different approaches taken to delivering extra care housing around the country. They are designed to be used with a range of audiences where there is a need to demonstrate the diversity of ECH provision. The films can be downloaded at: www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/podcasts/

OTHER USEFUL PUBLICATIONS

Developing social well-being in extra care

This report published in November 2009 by the Joseph Rowntree Foundation based on research by PSSRU looks at how social well-being developed in 15 new-build extra care housing schemes funded by the Department of Health's Extra Care Housing Fund. The research identified the following:

- The majority of residents felt well connected, enjoyed a good social life, and had made new friends.
- Communal facilities and social activities were valued by residents, and should be available when schemes open as they help friendships to develop.
- Residents involved in running social activities found that it gave them ownership of their social lives, supported their independence and encouraged others to join in.
- Adequate staff time and resources to support social well-being are crucial at the start of a scheme but also over time as some residents become frailer.

The full report, along with a 4-page summary, can be downloaded from www.jrf.org.uk/publications/well-being-extra-care-schemes and is also on our website:

www.dhcarenetworks.org.uk/IndependentLivingChoices/Housing/Topics/type/resource/?cid=6863

Flexicare housing in Hertfordshire.

The County Council and its partners have published a useful strategy on Accommodation Services for Older People 2009. Its use of Flexicare represents a model of extra care housing that comprises a balanced community of older people ranging from those with little or no care needs to those with needs equivalent to residential care, including dementia. <http://www.hertsdirect.org/yrccouncil/hcc/acswwww/stratplanconsult/cop/>

Personalisation and Individual Budgets: Challenge or Opportunity?

This briefing from the Housing Quality Network seeks to explore some of the implications for housing providers and commissioners of supported housing. It aims to provide some challenge to the sector to begin weaving choice, control and personalisation throughout our policies, procedures and services to position the sector as the leaders in finding flexible solutions for our customers who require assistance, care and support. Available at:

www.dhcarenetworks.org.uk/pageFinder.cfm?cid=6807

Energy efficiency resource guide for home improvement agencies and commissioners

Foundations has published a guide to provide Home Improvement Agencies (HIAs) and commissioners with an update on energy efficiency and fuel poverty policy and practice. Available at: www.dhcarenetworks.org.uk/pageFinder.cfm?cid=6884

Future health: sustainable places for health and well-being

This paper from CABI explains how good design makes healthy places. Drawing on examples and research from the health sector, it shows how good planning can have a positive impact on public health, how health trusts can cut carbon and costs by co-locating services, and how designers can influence people's well-being.

www.cabi.org.uk/publications/future-health

Care Registration

The Care Quality Commission have published information about the new registration system for health and adult social care providers, which comes into effect for NHS organizations on 1st April 2010 and social care organizations on 1st October 2010. For further details, go to:

www.cqc.org.uk/guidanceforprofessionals/registration/newregistrationsystem.cfm

They have also published guidance for health and adult social care providers on meeting standards of quality and safety, which will be relevant to home care providers, including where this is delivered with an extra care scheme. For more information visit:

www.cqc.org.uk/newsandevents/

Valuing Partnerships

Good Learning Disability Partnership Boards: Making it happen for everyone, from the DH, was produced to help learning disability partnership boards deliver on the goals set out in the Valuing People Now strategy. The guide provides best practice examples from around the country and proposed ways of working, based on evidence that the most effective partnership boards are those:

- with strong links to other local Boards and work programmes
- where there is delegated or shared financial and commissioning responsibility
- where there is meaningful representation of people with learning disabilities and family carers from all local communities.

www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_107385

New Accommodation Toolkit for socially excluded adults

CLG published an Accommodation Self Assessment Toolkit for socially excluded adults last month. It looks specifically at housing and PSA16 targets. Go to:

www.communities.gov.uk/documents/housing/doc/1357594.doc

Fair Ageing: the challenge of our lifetime

This paper, published by Housing 21, reports back on the series of events organized by the Fabian Society in partnership with Counsel and Care earlier this year. It asks all the political parties to outline their approach to a National Care Service. The aim is to get a commitment to treating older people fairly.



www.housing21.co.uk/corporate-information/media-centre/news/fair-ageing-the-challenge-of-our-lifetime/

RESEARCH UPDATE

PSSRU research feedback

Powerpoint presentations from the PSSRU's recent 'feedback day' which examined extra care schemes funded by the DH and information on the associated research on dementia (Enriched Opportunities Programme), lighting design (Pocklington Trust) and marketing extra care (based on the Housing LIN report) can now be found at:

www.pssru.ac.uk/events/ech2009.htm and www.pssru.ac.uk/projects/echi.htm

Research into practice – dementia/ECH

Last month research into practice for adults (ripfa) held an event focusing on Provision for Dementia in Extra Care Housing. Visit their website to view the presentations at: www.ripfa.org.uk/

'A Better Life' programme

JRF is commissioning a range of work as part of a £1.5 million five-year programme (2009 – 2013). This will result in clear, costed policy and practice recommendations on how 'a better life' for older people with high support needs can be achieved now and in the future. Go to: www.jrf.org.uk/better-life

CONSULTATIONS

Comment on housing's proposed regulatory framework

The Tenant Services Authority (TSA) has published its proposals for a new regulatory framework for social housing in England. The consultation period runs to 5th February 2010. The new system of regulation will commence from 1 April 2010 bringing four million homes and over eight million people within the scope of the new regulator.

- Improve standards of service delivery for tenants.
- Support decent homes and Neighbourhoods.
- Promote effective tenant involvement and empowerment
- Ensure providers are well run and deliver value for money
- Promote and protect public and private investment.
- Encourage and support a supply of well-managed social housing

<http://www.tenantservicesauthority.org/server/show/ConWebDoc.19730>

REGIONAL LIN MEETINGS

East Midlands Region LIN

13th January 2010, Location tbc

West Midlands Region LIN

14th January 2010, Newcastle-under-Lyme

North West Region LIN

25th January 2010, Newton-le-Willows

To register for these events, visit our events page at www.dhcarenetworks.org.uk/housing under [Events](#).



FORTHCOMING NATIONAL EVENTS

Housing, Care and Support conference

26/27 January 2010, Manchester

The event will consider the implications and opportunities of Putting People First on housing, care and support services. For information: www.dhcarenetworks.org.uk/Events/EventDetail/?eventID=555

In advance of the conference, pier publishing will be issuing a new edition of the Housing, Care and Support Journal on personalisation (vol 12, issue 4). This is free to existing HCS Journal subscribers or pay-per-view basis at: <http://pierprofessional.metapress.com/content/121402/>

Managing New Realities 2010

02/03 March 2010, London

Integrated places - health, housing and social care for the community

For six years MNR has been bringing together professionals from the health, social care and housing sectors to debate the best way of working together to improve outcomes. This year the event wants to move on from personalisation, to broaden that agenda to look at the benefits for communities and how we can use local resources more effectively. www.guardian.co.uk/managingnewrealities

And finally, Season's Greetings from everyone at the Housing LIN. Happy Networking!

PROMOTE YOUR WORK

If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to info.housing@dh.gsi.gov.uk

We welcome your contributions

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