Housing Learning and Improvement Network

HOUSING WITH CARE MATTERS



Waverley Gardens, Bristol. Winner of the Housing LIN Award at the 2011 National Housing for Older People Awards

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Issue with live URLs and website links

HOUSING LIN FINDS NEW HOME

Further to the decision to close DH Care Networks by the end of March this year and issue remaining staff notices of redundancy, there have been rallying calls of support for the Housing LIN. We are grateful for EAC's offer of a new home and your willingness to seek to sustain our programmes. If you do <u>not</u> wish to learn of future plans, you can deregister as a network member. However, we hope to be able to advise you of the new arrangements and the endorsements we have received in due course. This will enable us to continue to offer high quality learning resources and valuable networking opportunities.

In the meantime, everyone associated with the Housing LIN is proud of the achievements made in putting Extra Care Housing on the map. This includes:

- project managing the Department's Extra Care Fund
- funding over 80 councils to develop over 3,000 new purpose-built units of award winning extra care housing or remodelled sheltered housing
- producing definitive guidance and tools to support policy implementation and wider market development
- building expertise in promoting, planning, designing, commissioning, building and managing accommodation with care for older people and those with a long term condition, and
- providing the platform for over 5,500 network members to participate in national and regional innovation exchanges.

Look out for announcements on our website on how we wish to take these forward in the coming months.

We Value Your Comments

Please complete our on-line survey and submit your response by Monday, 28 February 2011. Stay networked with the Housing LIN!

https://www.surveymonkey.com/s/2WGV93Z

OTHER HOUSING LIN NEWS

Congratulations go to Jeremy Porteus, National Programme Lead for Housing, for his election to the position of Chair of the Homes and Communities Agency Vulnerable and Older People's Advisory Group. Jeremy recently took up his role and, at a time of enormous change, relishes the opportunity to champion the housing needs of older and vulnerable people in both mainstream and specialist housing.

We also wish Martin Cooper well as he relinquishes the position of our Eastern Regional Housing LIN Lead to concentrate on other work commitments. In recent years, Martin has helped to firmly establish our East of England Housing LIN programme and Steering Group. He will be missed but I am delighted that Sue Garwood has agreed to step into his shoes. She has been a regular contributor to the Housing LIN, having written several publications as well as leading our work around Extra Care Housing and dementia.

FUNDING NEWS

This section highlights new revenue and capital funding streams

HCA announces £2.2billion capital programme

The HCA has published a Framework setting out the details of its new Affordable Homes Programme of investment, inviting Registered Providers (housing associations) to put forward proposals for £2.2bn of funding for affordable housing during the 2011-2015. There is a need to reflect local priorities, including reference to meeting the housing choices for vulnerable and older people through a range of affordable products that can be developed for shared ownership, affordable rented supported housing and specialist housing. To view the framework document and accompanying papers, visit:

www.homesandcommunities.co.uk/affordable-homes

Further funding for reablement

The Department of Health has announced £162m available to local health and care services to spend this financial year on front line services. The extra PCT money will be spent on helping people to leave hospital more quickly, get settled back at home with the support they need, and to prevent unnecessary admissions to hospital.

Specifically highlighted are an increased capacity for home care support, investment in equipment, adaptations and telecare. Further details on this and funding for social care over the next two years at: <u>www.dh.gov.uk/prod_</u> <u>consum_dh/groups/dh_digitalassets/documents/</u> <u>digitalasset/dh_123286.pdf</u> and <u>www.dh.gov.uk/en/Publicationsandstatistics/</u> <u>Lettersandcirculars/Dearcolleagueletters/</u>

<u>DH_123460</u>

Welfare benefits shake up

The government have announced a major reform of the welfare benefit system in a Welfare Reform Bill released this week. Laying down the regulations for Universal Credit, Housing Benefit and work related benefits, there are likely to be considerable implications for many older and vulnerable people as the existing benefit system is radically transformed. For a copy of the Bill and the accompanying explanatory notes which provide useful background information, go to: <u>http://services.parliament.uk/</u> <u>bills/2010-11/welfarereform/documents.html</u>

DH PFI credits

Following the transfer of revenue support for all PFI credit projects from the DCLG to the sponsoring departments, DH has been considering the future of the Social Care PFI programme. This has of course also to be done in very tight financial constraints, and it is inevitable that some projects will lose central funding. A review of the projects (in and pre-procurement) was carried out in November 2010, and a Ministerial decision is hoped for this month. Further details to follow.

Despair from Care & Repair!

Care & Repair England report that for the first time since 1949 there is no national funding allocated for private sector housing (PSH) from April 2011. Declining from £317 million in 2010-11 to zero funding next year, they state that following the CSR this is expected to result in cuts to equity release initiatives, adaptations, home improvement agencies, handyperson and emergency repair services, plus cessation of many regeneration projects. For information on the CLG impact assessment, go to: www.communities.gov.uk/documents/housing/ pdf/17958592.pdf

Supporting People

A survey by the NHF reveals that, following the Spending Review, 73% of providers have been warned by their council to expect funding cuts to services which provide support, housing and advice to some of the most vulnerable in their community. The NHF cite some councils warning of cuts of between 30-67% over the next four years and point

out that, now the Supporting People money is no longer ring-fenced, councils are able to spend it on whatever they want to.

In response, the Housing Minister Grant Shapps writing in the Guardian stated, "there is no excuse for councils to be targeting any disproportionate spending reductions on programmes that support the most vulnerable". For full response, see www.communities.gov.uk/issuesandresponses/ newsroom/1825375

Older People failing to Seek Advice on Care Funding

Under 5% of those selling their homes to pay for care sought professional long-term care funding advice. The fear is many of those not seeking professional advice could run out of money as their capital is paying high care home fees. Read more at:

www.firststopcareadvice.org.uk/news/item-olderpeople-failing-to-seek-advice-on-care-home-fees-65a8a.aspx

POLICY NEWS

This section covers recent major policy developments relating to social care, health and housing

Health and Social Care Bill

The publication of the government's Health and Social Care Bill follows the White Paper, *Liberating the NHS*, and represents the biggest shake-up of the NHS since its inception, says Chris Ham CEO at the Kings Fund. In addition, as reported in Inside Housing, the Bill aims to put control of healthcare spending back into the hands of residents and offer 'prevention not cure'.

While there is no specific mention of housing in any of the 367 pages of the Bill at <u>http://www.publications.parliament.uk/pa/cm201011/cmbills/132/11132.pdf</u>, the Department of Health's accompanying Explanatory Notes list a number of areas where housing and related support can make a significant impact to the health and wellbeing of citizens. In particular:

- · under new duties to improve public health
- enabling local communities to incorporate housing in Joint Strategic Needs Assessments (see useful LGID report under Other useful publications), and
- providing scope for housing issues to be addressed in joint health and wellbeing strategies undertaken by new Health and Wellbeing Boards (to be addressed in a forthcoming Housing LIN briefing).

These, and other key aspects of the Bill are fully outlined at: <u>http://www.publications.parliament.uk/</u>pa/cm201011/cmbills/132/en/11132en.pdf

Healthy Lives, Healthy People

The Department of Health have also issued a consultation paper outlining proposals for public health services and outcomes in England. The paper recognises the health detriments of poor housing but primarily sets out the proposals for the health and wellbeing boards, commissioning



arrangements locally and nationally, and suggested outcomes framework. Closing date for responses is on 31 March 2011. For a copy of the paper, go to: <u>http://www.dh.gov.uk/prod_consum_dh/groups/</u> <u>dh_digitalassets/@dh/@en/documents/digitalasset/</u> <u>dh_123114.pdf</u>

NHS operating framework

This framework sets out the outcomes and corresponding indicators that will be used to hold the NHS Commissioning Board to account for the outcomes it delivers through commissioning health services from 2012/13. These include preventing people from dying, enhancing the quality of life for people with long term conditions, helping people to recover after episodes of ill health or injury, and treating and caring for people in a safe environment. Whilst housing isn't specifically mentioned, there is an emphasis on preventing readmission into hospital and supporting people to remain independent. For details, go to: http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/@ps/documents/digitalasset/dh_123138.pdf

CLG under-occupation funding

The CLG have announced a £13m package of assistance for a number of councils to help tackle under-occupation in their areas, many of whom are occupied by older people. The money can be used to undertake such measures as:

- a dedicated officer to help find resident a suitable new home;
- a moving service to help tenants with every aspect of moving, from joining on viewings to organising packing and removal services, and
- handymen to decorate and make repairs to their new home, including putting up shelves and installing white goods. A dedicated officer to help find residents a suitable new home.

For information on the councils involved and arrangements, go to: <u>http://www.communities.gov.</u> <u>uk/news/corporate/1821513</u>. Also, for a copy of the related Housing LIN viewpoints on downsizing, go to: <u>www.dhcarenetworks.org.uk/pageFinder.</u> <u>cfm?cid=8025</u> (Downsizing in general needs housing) and

www.dhcarenetworks.org.uk/pageFinder. <u>cfm?cid=8040</u> (Downsizing into Specialist Accommodation)

Right to Control trailblazer launched

The Right to Control allows disabled people in Barnet, Essex, Leicester, Newham and Surrey to buy their own support services or equipment, combining money from different support services to be spent on whatever they think most appropriate for their needs. This seeks to allow for a more personalised service, joining up housing, employment and community care funding. The above areas will be joined by Barnsley, Sheffield, and councils in the Greater Manchester areas by April 2011. More details can be found on the ODI website at: <u>http://www.odi.gov.uk/odi-projects/</u> <u>right-to-control-trailblazers.php</u>

Mental Health Strategy



The Department of Health has issued No Health without Mental Health, A cross-government mental health outcomes strategy for people of all ages. The strategy sets out six shared objectives to improve the mental health and well-being of the nation, and to improve outcomes for people with mental

health problems through high quality services. It supports the Government's aim of achieving parity of esteem between physical and mental health. The interconnections between mental health, housing, employment, and the criminal justice system are stressed, especially around supporting people in the recovery process, promoting independent living and preventing homlessness.

www.dh.gov.uk/prod_consum_dh/groups/dh_ digitalassets/documents/digitalasset/dh_124006. pdf

Autism Strategy

The Government's new autism statutory guidance for health and social care, Implementing Fulfilling and Rewarding Lives is available at: <u>http://www.</u> <u>dh.gov.uk/en/Publicationsandstatistics/Publications/</u> <u>PublicationsPolicyAndGuidance/DH_122847</u>

NATIONAL HOUSING FOR OLDER PEOPLE AWARDS 2011

First past the post

Waverley Gardens in Bristol was an overwhelming winner of the Housing LIN award at this year's National Housing for Older People Awards, held at Ascot Racecourse. 24 residents at the scheme formed 4 groups to play the card game developed by the Elderly Accommodation that help residents highlight the success of the scheme and its environment, the services they receive, the guality of their

own individual apartments, and onthelifestyles and opportunities they have achieved. Congratulations to all involved. For information on all scheme entrants and results, go to:



www.housingcare.org

NEW HOUSING LIN PUBLICATIONS

Two new resources from the Housing LIN

Delivering reablement in Extra Care

This new case study highlights the preventative services that maximise the independence of older people, including the development of a health and wellbeing suite and ethos within the DH funded scheme, Marina Court, Tewkesbury. Gloucestershire County Council and Gloucestershire NHS appointed a Therapy and Wellbeing Coordinator to coordinate and/or deliver a holistic programme of activities at this Extra Care Housing scheme. These activities range from boxercise, active balance, Nintendo Wii exercise circuits, art classes, hopi ear candle waxing and hand and foot massage making full use of the onsite facilities.

The remit of this post is focused on testing and tailoring activities that stimulate people's minds and bodies with a strong focus on preventing a decline in health or emotional wellbeing of Hanover's residents and the wider community of Tewkesbury. To view, go to www.dhcarenetworks.org.uk/pageFinder. cfm?cid=8039

Downsizing into specialist housing

Hot off the heels of the CLG announcement (see policy section above), this Viewpoint by Janet Sutherland for the Housing LIN makes the case for encouraging more providers to create attractive specialist schemes, and for encouraging more people to move into them, to "stay younger longer". It considers the considerable challenges and the opportunities we face currently in delivering a programme of specialist accommodation, of funding improvements to existing schemes and providing a wider range of new schemes to meet current and future needs. To read more, go to:

www.dhcarenetworks.org.uk/pageFinder.cfm?cid=8040

OTHER USEFUL PUBLICATIONS/ RESOURCES

Breaking the Mould – funding care and support

Capital budgets for housing development and revenue budgets for social care and housing-related support are under ever-increasing pressure. Care and support needs are increasing as the population ages, and expectations are rising as people rightly demand more from their housing and care. Local authorities and housing providers could easily assume from the current climate that it will be ever more difficult to ensure that their older tenants are well housed and properly supported.

However, this new report from the National Housing Federation, supported by the Housing LIN, sets out an alternative view. It describes a number of the business opportunities that an ageing population brings. It argues that housing associations should build larger, more accessible flats and houses which are attractive to older owner-occupiers who want to move to an easier-to-manage home, but are not attracted to traditional models of older people's housing. It offers examples of how care, support and other practical services such as handyperson or 'help at home' services can be developed and offered to all older people in all types of tenure, including people who would pay for such a service from a trusted provider.

For a copy of the report, to be launched this week, please visit <u>www.housing.org.uk/olderpeople</u>

Housing and Health briefing

The Decent Homes Programme aimed to refurbish all social sector homes to a minimum standard between 2000 and 2010. The government will invest a further £1.6 billion to improve housing in the public sector. However, housing quality is poorest in the private rented sector; homes in this sector housing people on benefits are not supported under the new initiative. This briefing looks at the impact of poor housing on health and examines the implications for housing policy.

www.parliament.uk/documents/post/postpn_371housing_health_h.pdf

Supporting People: Sharing lessons for service reconfiguration and decommissioning

This paper has been produced by CIH and LGA and highlights areas of positive practice which will support authorities when making difficult decisions about future service provision. To view, go to: www.cih.org/policy/fpp-supportinpeeps-Dec10.pdf

JSNAs: Vulnerable Adults. Housing and Support

This collection of six case studies from across the country, supported by the Housing LIN, highlights key recurring themes in ensuring that the housing and support needs of vulnerable adults are incorporated into



Joint Strategic Needs Assessments. To view, go to: <u>http://www.idea.gov.uk/idk/aio/24594616</u>

How can local authorities with less money support better outcomes for older people?

New research by the Centre for Policy on Ageing shows that older people want and value low-level support - 'that bit of help'. However, the benefits of investing in this are realised over many years, making it harder to prove impact and protect funding in the face of severe pressure on spending.

The report provides useful examples of imaginative, affordable and effective ways of supporting older people's health, well-being, social engagement and independence. Go to <u>www.dhcarenetworks.org.uk/</u>pageFinder.cfm?cid=8037

Vision of Britain 2020

This report on Ageing and Retirement by the Young Foundation and Friends Provident considers how age boundaries are blurring, what old age means for us all and the challenging question of how retirement will be paid for.



www.visionsofbritain2020.co.uk/our-vision/research/ ageing-retirement/the-end-of-retirement

United for All Ages

This new social enterprise calls upon the Dilnot Commission to propose radical changes to create a universal care system that ends the postcode lottery in care:

- Funded by a care duty on estates as 'our legacy to the future'
- Based on a single national health and care service
- Built on a national framework of universal entitlements, locally delivered
- Empowering people of all ages and supporting their families and carers

Copies of their submission to the Commission can be obtained from <u>www.unitedforallages.com</u>

EROSH's Reaching Out campaign

This campaign aims to demonstrate how valuable sheltered housing is a valuable resource to benefit the wider community. It seeks to promote sheltered housing as a community asset or resource, highlights where such accommodation reduces isolation and can enable greater inter-generational activities. For details, visit <u>www.shelteredhousing.org</u>

Handypersons Evaluation: Interim key findings

This briefing reports interim findings from the first year of an independent evaluation of the Department for Communities and Local Government handyperson programme. Undertaken by the University of York, the evaluation will measure the success and value for money of the programme and whether the needs of clients were met. It will also assemble evidence on setting up and operating successful services. Final findings will be available later in 2011. A copy of the interim findings is available at: www.communities. gov.uk/documents/housing/pdf/1837939.pdf

DEMENTIA RESOURCES

Living Well with Dementia

The Department of Health has released a good practice compendium that brings together examples from across the regions to support local delivery of the national dementia strategy and improve outcomes for people with dementia and their carers. It includes an example of extra care housing in Manchester and cites this as a good example of meeting objective 10 on housing support and telecare, as set out in the government's National Dementia Strategy. A copy of the Compendium is available at: www.dh.gov. uk/prod_consum_dh/groups/dh_digitalassets/documents/digitalasset/dh_123475.pdf

Dementia and domiciliary care

PSSRU at the University of Manchester have undertaken an investigation into the comparative outcomes and costs of specialist and generic domiciliary care. An expert briefing on the findings and lessons will be of interest to commissioners and providers of domiciliary care and others with an interest in services for people with dementia, including housing with care providers. Available at: www.dhcarenetworks.org.uk/pageFinder. cfm?cid=8047

Living Beyond Dementia



This guide from the Housing and Dementia Research Consortium provides an excellent easy-to-read outline of what is known about living with dementia in housing

with care settings. It is based on extensive research and poses questions on critical success factors in the design and delivery of housing for people with dementia. For a copy, go to: www.dhcarenetworks. org.uk/pageFinder.cfm?cid=8041

To buy a hard copy, email: enquiries@mha.org.uk

TELECARE INFO

The State of Telecare and Telehealth in the UK

There is considerable interest and policy momentum behind the adoption and diffusion of telehealth and telecare in England. Telehealth and telecare innovations have the potential to improve quality of life, reduce unnecessary hospital and care home admissions, and support care integration by providing care and disease management from multidisciplinary care teams linked remotely to users. This article by Nick Goodwin at the Kings Fund in the Journal of Integrated Care looks at which individuals might best benefit from an integrated response to their care needs. To view go to:

www.pierprofessional.com/jicflyer/sample.html

Evaluating telecare and teleheath interventions

This new briefing paper from the WSD Action Network offers helpful guidance to researchers, commissioners and project managers about how to carry out god-quality evaluations of telecare and telehealth interventions. Written by the University of London, it identifies different types of evaluations, briefly reviews the evidence from the systematic reviews of telecare and telehealth to illustrate key

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issues to be addressed in future evaluations, and lists useful references and resources. Available at <u>www.wsdactionnetwork.org.uk/network</u> <u>publications/index.html</u>

REGIONAL ROUND-UP

Spearheading info in the South West

Guinness Care and Support (GCS) is currently piloting an 'Infoline' Project in its South West region, targeting people looking for care and support, as well as existing customers and tenants.

The Infoline provides timely care and support information. It helps people to find out about GCS' diverse range of services which include home care, sheltered housing, extra care, supported living, care homes and community-based support. For further details email: <u>gcs.infoline@guinness.org.uk</u>

Board Game improves consultation in Extra Care

Staffordshire County Council have developed an impressive consultation game, Me, Myself and

I, which providers/ support workers/ carers have been using with a range of supported housing residents including older people in extra care to help identify the essential



ingredients for them to live independently. It is in the format of a Board Game and can be played in a comfortable environment, letting up to 4 players express their experiences and aspirations as well as providing an opportunity to consult about the development, delivery and improvement to services. For more information, email:

eve.wilson@staffordshire.gov.uk

Think Local, Act Personal and Housing - Making the Connection: Providing disabled facilities in the home

This new report by the South East Joint Improvement Partnership in January examines how Councils with Social Services Responsibilities and Local Housing Authorities in South East England can and do work together to deliver personalised and cost effective home adaptation services for disabled people. Four areas are identified where current practice, barriers and emerging solutions can inform the development of local services. These include:

- The relationship between demand and financial resources
- Fair and consistent access to Disabled Facilities Grants (DFGs)
- Awareness of the concept of personalisation and the extent to which people are able to exercise choice and control in the DFG service/ process, and
- How DFG funding is managed.

Case studies and resources are included as a guide to action that can be taken in these areas. To view copy, go to: www.dhcarenetworks.org.uk/pageFinder.cfm?cid=8042

Retirement village recognised as 'best in UK'

Sandford Station, the new retirement village recently opened to provide care and accommodation for more than 200 older people in Sandford,



North Somerset by the St Monica Trust has been recognised as the best new facility of its kind in the UK. It scooped the accolade of 'most outstanding new continuing care retirement community" in the UK Over 50s Housing Awards, demonstrating the importance of facilities with a wide range of care options in responding to the changing needs of an increasingly ageing society in Britain today.

And finally...

To find out the name/contact details of your Housing LIN regional lead, visit: <u>www.dhcarenetworks.</u> <u>org.uk/IndependentLivingChoices/Housing/</u> <u>HousingRegions/</u>

CALLS FOR INFORMATION

Briefings on GP commissioning or out of hospital practice examples

The Health and Social Care Bill proposes a radical change to the way in which services are commissioned and provided. Coupled to these changes is the continuing need for housing to be at the centre of delivering a person centred approach to care and support. Steve Appleton of Contact Consulting has been commissioned by the Housing LIN to produce a briefing paper to inform and assist individuals and organisations working in the field of housing and care for older people to both understand and respond to the new commissioning environment.

Those working in health, housing and social care who are engaged in innovative practice and who may be in the vanguard of managing the transition are invited to contact Steve so that he can draw upon the best examples of local working from across the country. Please email: <u>sjappleton@btinternet.com</u>

<u>Viewpoint: Links between small-scale and local</u> <u>initiatives and purpose-built older people's</u> <u>housing</u>

There is increasing interest in small-scale solutions, mutual support, community links and co-production in growing the market and commissioning services. Jenny Pannell has been commissioned to explore advantages and barriers. She welcomes your views and examples by e-mail or by a short telephone interview. Please contact her at:

Jennypannell@virginmedia.com

REGIONAL LIN MEETINGS

For latest information on forthcoming regional meetings, go to our website. Those in the coming months, include:

North West LIN, 24th February 2011, Manchester

West Midlands LIN, 21st March 2011, Kidderminster

South East LIN, 24th March 2011, Andover (tbc)

South West LIN, w/c 2nd May tbc, Gloucester

East of England LIN, 5th May, venue tbc

North West LIN, 22nd June 2011, venue tbc

Registrations to our regional meetings are open to members of the Housing LIN at:

www.dhcarenetworks.org.uk/ IndependentLivingChoices/Housing/HousingEvents

Previous meetings

Themes of previous regional meetings included: older people's housing options, dementia services, transforming sheltered housing and Valuing People Now.

Presentations given to all our regional meetings can be downloaded under the 'Archived Events' section of our website at: <u>www.dhcarenetworks.org.uk/</u> <u>IndependentLivingChoices/Housing/HousingEvents/</u> <u>ArchivedEvents</u>

OTHER EVENTS

South West Region LIN Annual Conference 9th March 2011, Taunton

East of England Conference on Implementing the National Dementia Strategy

9th March 2011, Cambridge (for more information and booking, please contact <u>karon.peters@alzheimers.org.uk</u>)

Northern Housing Consortium, Health and Housing Conference

15th March 2011, York Racecourse www.northern-consortium.org.uk/Page/Events/ healthycommunities2011.aspx

Delivering Extra Care - funding, development, realisation (supported by the Housing LIN) 6th & 7th April 2011, Nottingham www.cih.org/events/conferences/ ExtraCare11/#About

PROMOTE YOUR WORK

Subject to confirmation of future arrangements, our next issue is due in April/May 2011. If you have promotional material, articles or features you would like us to include in the next issue of Housing with Care Matters, please send information to:

info@housinglin.org.uk

We welcome your contributions.

STAY IN TOUCH WITH LATEST IN POLICY AND PRACTICE

In the coming months, the Housing LIN will be issuing and reporting on a range of exciting new publications. These include a new Extra Care Housing Toolkit and Resource Pack, the evaluation of the DH Extra Care Housing programme, new briefings on GP commissioning and Foundation Trust hospital, a SE regional market assessment report, a factsheet on vacancy chains, several new case studies and much more. Check out our website for the latest on new reports and learning resources.

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email: <u>info@housinglin.org.uk</u> tel: 020 7820 8077 website: <u>www.dhcarenetworks.org.uk/housing</u> (*Note, from early April <u>www.housinglin.org.uk</u>)*