

Telecare LIN eNewsletter January 2010

Welcome to the January 2010 newsletter. The Telecare Learning and Improvement Network (LIN) is responsible for providing general implementation support to organisations building their telecare and telehealth programmes in England.

Registered DH Care Networks telecare membership is now over 5600 (an increase of 2100 since July 2008). The newsletter also goes out to the Housing Network (5100 contacts). There were over 8000 click throughs of the December 2009 newsletter.

All telecare newsletters are archived at:
www.dhcarenetworks.org.uk/telecarenewsletters

If you are an organisation implementing telecare or telehealth in England and have an interesting local telecare or telehealth story for inclusion in a future newsletter then e-mail Mike Clark at telecare@dhcarenetworks.org.uk

If you would like up to date information about the Whole System Demonstrator Programme and the development of the evidence base for telecare and telehealth then go to www.wsdactionnetwork.org.uk

There is free registration on both web sites.

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Headlines for January 2010

Item 1 previews the upcoming event at Stansted on 11 February 2010. This is number six in a series of events to share learning from the Whole System Demonstrator Programme and other telecare and telehealth programmes around the country.

The www.wsdaactionnetwork.org.uk web site provides up to date information about the programme, holds the evidence database and includes presentations from the previous five events. You can register at the site for updates.

Item 2 is a request for information on telecare/telehealth and carers as part of the evidence gathering for the Whole System Demonstrator Programme. In particular, the researchers are looking for reports in which **quantitative** measures of carer outcomes such as burden, quality of life, time spent caring, physical and mental health have been described.

Item 3 is a Primary Care Trust Google map for telehealth. Public domain resources about local telehealth projects are linked from the PCT map. Although DH Care Networks does not audit or validate these local projects, the map and links can be useful in demonstrating progress and providing opportunities for sharing the learning on progress to date for the use of remote monitoring in the areas of heart failure, chronic obstructive pulmonary disease and diabetes.

Item 4 is an update of 152 adult social care profiles based on information covering 2006-2009 and the recent Care Quality Commission performance reports. Spreadsheet reports and other useful data are available for service benchmarking, local business cases etc.

Item 5 covers recent DH publications including the evaluation report of the Partnerships for Older People Programme (POPP).

Item 6 covers the new internet links for the Buying Solutions Telecare Framework.

Item 7 provides comprehensive coverage of recent news and links in the telecare, telehealth and telemedicine areas with over 400 links.

Item 8 provides the latest information about DH Care Networks events.

Note: DH Care Networks is not responsible for the content of external links and does not endorse any suppliers or their products. Any claims made by organisations should be carefully evaluated as part of normal commissioning and procurement arrangements.

1 Whole System Demonstrator Action Network – Stansted event (11 February 2010)

Prepared by Mike Clark

The next WSDAN event will be held on 11 February 2010 at Stansted, Essex. This event will be the sixth in the series to disseminate the learning from the Whole System Demonstrator (WSD) Programme and leading technology implementations around the country that support integrated care approaches.



WSD Recruitment Activity

- 239 GP practices signed up
- >27,000 letters sent out inviting participation
- >9,000 home visits

6191 participants on trial:

- 5721 telecare & telehealth users (half control, half installs)
- 470 carers




Over 90 people attended the Manchester event at the Park Inn to hear the latest on the Whole System Demonstrator Programme

The last WSDAN event was held in Manchester on 10 December 2009 and presentations are available at: http://www.wsdactionnetwork.org.uk/past_events/index.html

Over 6000 participants are now involved in the trial. Data about each person in the trial is collected for a 12 month period through 2010. This means tracking alerts, calls, hospitalisations, care home admissions, changes in diagnosis compared to the baseline for the intervention and control groups. Data cannot be fully analysed until the last person joining the trial in Autumn 2009 has had their 12 month checks. In the meantime, there are a number of areas that can be covered at the events, for instance, withdrawals from the programme (eg people who do not want the technology) or integrated working (eg sharing data across health and social care) that will be very relevant and valuable to those organisations providing telecare and telehealth at scale. All adult social care authorities are now actively engaged with telecare to some degree in addition to housing associations, district councils, third sector and commercial organisations. There is growing interest in Telehealth in PCTs with projects in over one third of trusts with a further third looking at some form of implementation.

We welcome some new contributors for the Stansted event:

- Jane Gilliard from the DH National Dementia Strategy Programme is joining this event following a recent conference in London ('Bridging the Gap') looking at the telecare evidence under Objective 10 of the strategy
- David Ellis and Jennifer Francis from the Social Care Institute for Excellence (SCIE) have been bringing together the planned materials for publication on telecare and ethics and are also taking a first look at telehealth

- Wendy Hardicker will be joining us from NHS Norfolk to provide a PCT/local authority update on their local work on telecare and telehealth

Also, we welcome ongoing contributions and updates including:

- Tim Ellis and Gurpreet Dulai are looking at some of the frequently asked questions about the WSD Programme. There will also be an interactive session using the electronic polling system to examine current issues about implementation. We hope to have the final versions of the Newham video case studies for presentation.
- Professor Stan Newman and Anna Davies are doing a follow up to the Manchester presentation in December 2009 on evaluation and evidence. This will be important for organisations carrying out local evaluations.
- Rob Chesters from the Technology Strategy Board's Assisted Living Innovation Platform (ALIP) Programme and Medilink (West Midlands) will be looking at some of the work commencing in the West Midlands on collaborative working around telehealthcare involving PCTs, local authorities and suppliers. There will be an update on the ALIP projects and Network/Special Interest Group activities.
- Michael Dillon will be joining us from the NHS Technology Office covering some of the work being carried out at Newham on capturing data from telehealth systems into GP records.

The WSDAN website provides updated reports on the WSD Programme.

[Register](#) now for regular WSDAN updates.

2 Appeal for reports - Whole System Demonstrator (WSD) Programme - request for information on telecare/telehealth and carers

(Note: please respond to Anna Davies direct if you have any reports. We would like to thank people who have already responded to this request).

The evaluation team for the Whole System Demonstrator trial (WSD) at University College London is seeking reports from any organisations that have examined informal carer (caregiver) outcomes when telecare (TC) or telehealth (TH) has been introduced for a cared-for person. They require reports in which **quantitative** measures of carer outcomes such as burden, quality of life, time spent caring, physical and mental health have been described.

Reports will be considered if they adhere to the following definitions of TC and TH: TC is defined as any home-based equipment and services used to monitor a person's well-being and environment, and which, if triggered, can result in a problem being averted e.g. door alarms, gas shut-off valves, bed occupancy sensors, flood detectors, fall and heat sensors. TH is defined as any equipment installed in the home to allow a patient to measure and record their vital signs and other information (e.g. blood pressure, weight, blood oxygen, spirometry), where the information is passed electronically to a call

centre or health professional to be monitored, and where action is only taken if abnormal data is identified.

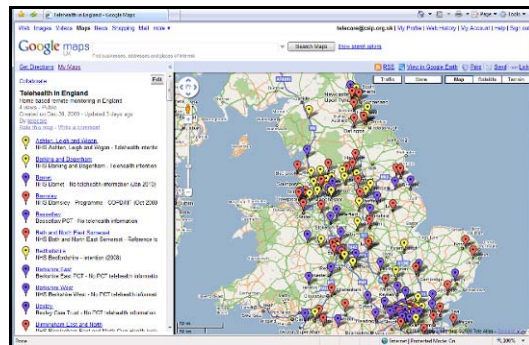
The aim of this work is to bring together the available **quantitative** evidence about the effects of TC and TH for carers. What we currently know about carers' experiences mainly comes from qualitative interviews, case studies and focus group discussions. While this evidence is very useful for giving an in-depth picture of TC and TH user experiences, it frequently represents a small number of individuals' subjective views. Quantitative studies like the WSD trial, in which valid and reliable measures of outcomes, and large sample sizes are used, offer the opportunity to gather better quality evidence to allow objective examination of the impact of TC and TH.

For any organisations wishing to conduct their own quantitative assessment of carer outcomes, measures are available for numerous different outcomes of interest. Those used in the WSD trial include quality of life (EQ-5D), depression and anxiety (Brief STAI, CES-D10), caregiver strain (CSI), impact of the cared-for person's illness (IIS) and measures of time spent caring and receipt of financial and caring assistance (Client Service Receipt Inventory). Please note that some of the measures are licensed and must be paid for.

For further information about this work, or to submit a report, please contact **Anna Davies** at University College London a.k.davies@ucl.ac.uk. Please send all submissions on or before **Friday 12th February 2010**.

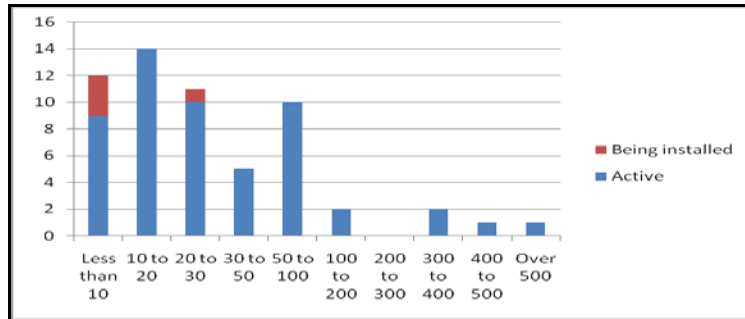
3 PCT Google Map for telehealth

Prepared by Mike Clark



Telehealth links are now available on the 152 PCTs in England. The links provide some useful information about who has commenced some form of remote monitoring programme. Over a third of PCTs are actively involved with a programme. This rises to over 100 when we include PCTs that are planning a programme or have expressed a firm intention as part of their commissioning plans. There are thought to be over 5000 telehealth remote units in active use covering heart failure, COPD and diabetes.

The links are references to information that is in the public domain only. It is important to note that DH Care Networks has not verified the information provided through independent data collection or audit and has not independently validated any claims made in the links.



The chart provides some idea of the current spread of projects based on public information. (Note: the Kent telehealth and WSD programme is split across two PCTs in the county area).

Telehealth information on 152 PCTs:

<http://maps.google.co.uk/maps/ms?hl=en&ie=UTF8&msa=0&msid=100406857045032193451.00047fad6341183c8523&z=6>

The Google Map for telecare services is at:

<http://maps.google.co.uk/maps/ms?hl=en&ie=UTF8&msa=0&msid=100406857045032193451.0004540c223f16f2d1c9d&z=6>

If you have any update information on telecare and telehealth services that is publicly available, let Mike Clark know at telecare@dhcarenetworks.org.uk

4 Local authority telecare profiles

Prepared by Mike Clark

Individual telecare profiles are now available for 152 social care authorities based on the Care Quality Commission data from 2009 and the local authority performance reports published in December 2009.

Social care authorities may find these profiles helpful when benchmarking their services and preparing local business cases. Extensive spreadsheet reports are also available for national, regional and local analysis covering the period 2006-2009.

Link:

www.dhcarenetworks.org.uk/telecareoutcomes

5 Recent DH Publications

Mike Clark rounds up recent important Department of Health publications relevant to organisations implementing telecare and telehealth

a) Personal Care at Home Bill – Stakeholder events

As part of the consultation, which is running until 23 February, the Department is inviting views from stakeholders on the proposals and their implementation.

Remaining Date	Location	Timing
Friday 5 th February	Manchester	10:15 – 13:15

http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH_111128
http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_109139

b) Personal Care at Home Bill – Progress in House of Commons

The Bill was read for the third time on 12 January taking account of various amendments in debate and now passes to the House of Lords (First reading – 13 Jan 2010, second reading and debate – 1 Feb 2010).

Hansard for 12 January 2010 starts at:

<http://www.publications.parliament.uk/pa/cm200910/cmhansrd/cm100112/debtext/100112-0005.htm#10011255000580>

Telecare references:

“...Details of what might be included in a package of reablement will be laid out in regulations or in guidance. We intend for the process to be a single process, but it could involve a range of interventions and support such as home adaptations, the installation of telecare and sessions with an occupational therapist or physiotherapist...”.

<http://www.publications.parliament.uk/pa/cm200910/cmhansrd/cm100112/debtext/100112-0016.htm>

“...Efforts are also being made to extend the availability of telecare and of extra care accommodation...”.

<http://www.publications.parliament.uk/pa/cm200910/cmhansrd/cm100112/debtext/100112-0019.htm>

Status of the Bill:

<http://services.parliament.uk/bills/2009-10/personalcareathome.html>

c) Engaging and responding to your community: a brief guide to Local Involvement Networks (DH, 22 January 2010)

Link:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_111457

d) (1) Partnerships for Older People Projects (POPPs) – Final Evaluation and Supporting Resources (18 January 2010) and (2) Improving care and saving money: learning the lessons on prevention and early intervention for older people (18 January 2010)

There are a number of references to telecare.



<http://www.dh.gov.uk/en/SocialCare/Deliveringadultsocialcare/Olderpeople/PartnershipsforOlderPeople/Projects/index.htm>

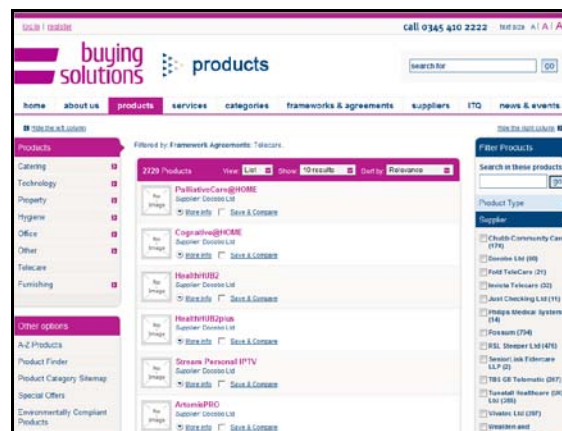
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_111223

- e) **Improving the health and well-being of people with long term conditions. World class services for people with long term conditions: information tool for commissioners (DH, 14 January 2010)**

Link:

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_111122

6 Buying Solutions – telecare framework – New links



Following the transfer of the telecare framework from NHS PASA to Buying Solutions, new links to the background information, registration arrangements and product listings are now starting to become available.

Links:

http://www.buyingsolutions.gov.uk/products/all?contracts=Telecare&slis_checked=1

http://www.buyingsolutions.gov.uk/frameworks/contract_details.html?contract_id=808&slis_checked=1

7 News and links

News from around the world covering telecare, telehealth and related areas of interest to commissioners, service providers, suppliers and other organisations – prepared by Mike Clark

Digital Britain and Health – NHS Choices story

“The Health Service Journal [has a story](#) about the implications for healthcare of the Government’s [consultation on next generation broadband](#). That document argues for a £1bn investment in super-fast broadband. The aims of the investment include rolling out next generation internet accessing to 90% of households in the UK by 2017, achieving both value for money and affordability, and ensuring that “virtually every community has access to a broadband connection of at least 2Mbps.”

Naturally, increased coverage of this sort would make delivery of telecare and telehealth services, particularly to remote areas and older people, much easier - “enabling,” as the HSJ puts it, “more efficient treatment and monitoring of long term conditions.” The consultation documents adds:

“Some healthcare services can already be delivered over current generation broadband but increased bandwidth provides the potential for better quality imaging, smoother motion and sound which suggest tele-healthcare services can be significantly improved for those who need it.”

Even better, the document suggests that “NGA has the potential to deliver higher quality versions of existing health care technologies and services as well as new ones which cannot be supported using current generation broadband networks.” Increased bandwidths simply open out the possibilities for existing services to work better, and new and innovative services to be devised for and delivered using the new technologies”.

<http://www.ournhs.nhs.uk/?p=2025>

Data.gov launch - the Government has launched a new web site with access to various datasets

“Almost 150 new data sets”

<http://www.data.gov.uk/blog/almost-150-new-data-sets>

Main site: (www.data.gov.uk)

All datasets: <http://www.data.gov.uk/data/all>

Example data sets:

A&E - http://www.data.gov.uk/dataset/accident_and_emergency

Accidental falls - http://www.data.gov.uk/dataset/accidental_falls_-_mortality_rate_2005-07_2007

Diabetes prevalence - http://www.data.gov.uk/dataset/diabetes_prevalence_2008

Hospital admissions by age and gender

http://www.data.gov.uk/dataset/hospital_admissions_-_by_age_and_gender_2004-05_to_2007-08

Telecare

New Telecare Centre announces major funding opportunities for telecare businesses (ICE-T)
<http://www.sehta.co.uk/node/2160>

Progress of the delivery of the telecare pledge in Essex
http://comad.essexcc.gov.uk/ComadDocuments/Meeting/2035/CWOP0110_Telecare.pdf

Medical Care Technologies Inc. Completes New Version of Tracking Device for Alzheimer's and Dementia
<http://money.cnn.com/news/newsfeeds/articles/marketwire/0576864.htm>
<http://www.medicaretech.com/>

Automation for Assistive Living, Lifetime Homes and Sustainable Homes
<http://hiddenwires.co.uk/resourcesarticles2010/articles20100104-11.html>

Council starts modernising its care services (Highland Council – telecare reference)
<http://morayfirthlive.com/news/council-starts-modernising-its-care-services/>

Community Housing Group 'pulling together' message (Worcestershire)

Staff at Worcestershire Telecare, also part of the CHG, dealt with almost 19,000 calls to their control centre in Malvern. The team coped with power failures and overcame their own travelling problems to assist the hundreds of callers each day.

http://www.kidderminstershuttle.co.uk/news/4849479.Community_Housing_Group_pulling_together_message/

Absence and presence in organising (tele)care bonds: an ethnographic exploration of telecare
<http://www.lums.lancs.ac.uk/events/18306/>

HomeCall staff brave the snow to reach thousands of vulnerable residents across the Tees Valley



<http://www.24dash.com/news/Housing/2010-01-11-HomeCall-staff-brave-the-snow-to-reach-thousands-of-vulnerable-residents-across-Tees-Valley>

CAALYX project takes medical innovation to new heights
http://ec.europa.eu/research/headlines/news/article_10_01_12_en.html

Paul Gee resigns from TSA
www.telecareaware.com

Careline saves the day for elderly man

http://www.thisisthewestcountry.co.uk/news/4793970.Careline_saves_the_day_for_elderly_man/

TabSafe Medicine Dispenser Announced

<http://www.geardiary.com/2009/12/23/tabsafe-medicine-dispenser-announced/>

'Snow' joke for Invicta Telecare staff

<http://www.24dash.com/news/Housing/2009-12-24-Snow-joke-for-Invicta-Telecare-staff>

Talking Telecare – South East (SETHA) – ICE-T (December 2009)

<http://www.e-nough.biz/TalkingTelecareIssueDec09.htm>

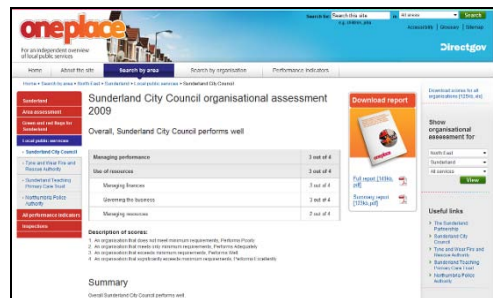
Technological safety net for fall-prone elderly

<http://cordis.europa.eu/ictresults/index.cfm?section=news&tpl=article&BrowsingType=Features&ID=91073>

At-home technology monitors seniors for safety, preserves privacy

<http://www.miamiherald.com/news/5min/story/1406217.html>

One Place – independent overview of public services – Sunderland



“...People have good access to services such as intermediate care, telecare, extra care housing and supported living facilities which enable people to live independently within their own homes for longer...”

<http://oneplace.direct.gov.uk/infobyarea/region/area/localorganisations/organisation/pages/default.aspx?region=52&area=447&orgId=1703>

Sunderland and County Durham - a winter blunderland

Sunderland Royal Hospital has managed to run all clinics as normal, while Sunderland Telecare staff have worked longer hours to maintain support services for more than 23,000 vulnerable and elderly people across the city.

<http://www.sunderlandecho.com/news/Sunderland-and-County-Durham-.5963149.jp>

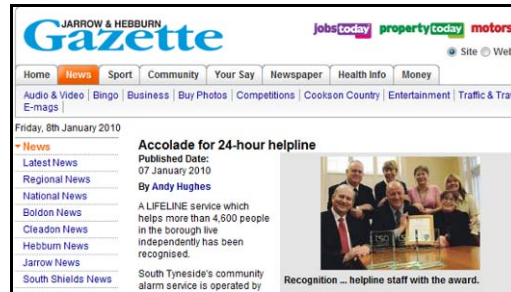
Written response from Phil Hope to question on care homes (telecare reference) – 6 January 2010

“The pre-Budget report announcement that local authorities need to make £250 million efficiency savings by 2012-13 from reducing variations in residential care spend will be achieved by supporting more people to live in their own homes. Through our Care Services Efficiency and Delivery programme, we will continue to support local authorities in helping more people to live in their own homes. Our programme will continue to focus on the way in which local authorities commission services that help people remain in their own homes. These include a strong focus on the use of new technologies, including telecare, a greater focus on prevention and joint working between health and social care and

the creation of better housing solutions through more supported living services. This will help to reduce the high current variations in residential care spend”.

<http://www.theyworkforyou.com/wrans/?id=2010-01-06a.308144.h&s=personal+care#g308144.r0>

Accolade for 24-hour helpline (South Tyneside)



<http://www.jarrowandhebburgazette.com/latest-news/Accolade-for-24hour-helpline-.5964618.jp>

Technological safety net for fall-prone elderly

<http://www.alphagalileo.org/ViewItem.aspx?ItemId=65525&CultureCode=en>

Smart Home Technology for Disabled People (Guy Dewsbury)

<http://hiddenwires.co.uk/resources/articles2010/articles20100104-10.html>

Gas leak gadget keeps elderly residents safe

<http://www.jipwestmidlands.blogspot.com/2010/01/gas-leak-gadget-keeps-elderly-residents.html>

High-tech products keep seniors safe (USA)

<http://www.indystar.com/article/20100109/LIVING02/1090310/1084/LIVING02/High-tech-products-keep-seniors-safe>

Checking vitals, monitoring movement: Devices help seniors remain home longer

<http://www.google.com/hostednews/canadianpress/article/ALeqM5qL8MAP833qFVSCYnVhFGJaE6mfGw>

Aerotel and EcoTec Launch New Personal Telecare Service in Finland

<http://www.1888pressrelease.com/aerotel-and-ecotec-launch-new-personal-telecare-service-in-f-pr-179454.html>

Telecare Soapbox: Thousands of telecare users potentially at risk

<http://www.telecareaware.com/index.php/telecare-soapbox-telecare-users-at-risk.html#yvComment>

Sidekick Studios - Who puts the assistive in technology?

<http://sidekickstudios.net/uncategorized/who-puts-the-assistive-in-technology/>

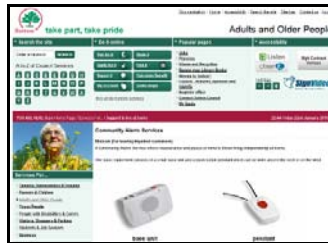
Shake-up in care service is 'not driven by money' (Highland Council – telecare reference)

http://www.ross-shirejournal.co.uk/news/fullstory.php/aid/7279/Shake-up_in_care_service_is_not_driven_by_money_.html

Campaigners step up fight to save popular Worle care home (Bristol - Telecare reference)

<http://www.thisisbristol.co.uk/homepage/Campaigners-step-fight-save-popular-Worle-care-home/article-1719581-detail/article.html>

Sutton Telecare



<http://www.sutton.gov.uk/index.aspx?articleid=1066&contactid=4119>

Recognition for Devon response centre

<http://www.torhomes.com/about/accreditation>

'EcoTec to distribute Aerotel's GeoKeeper telecare device'

<http://www.zibb.com/article/5802659/EcoTec+to+distribute+Aerotel+s+GeoKeeper+telecare+device>

Homecall completes its biggest ever telecare upgrade with £1million investment

<http://www.24dash.com/news/Housing/2010-01-20-Homecall-completes-its-biggest-ever-telecare-upgrade-with-1million-investment>

Four pharma companies are testing GlowCaps



<http://mobihealthnews.com/6192/four-pharma-companies-are-testing-glowcaps/>

STAY Telecare – Sandwell



<http://www.webwell.org.uk/Help-and-Information/Stay-Telecare.htm>

<http://www.laws.sandwell.gov.uk/ccm/navigation/health-and-social-care/social-services/telecare-service/>

Using technology to keep your independence (Bromley)

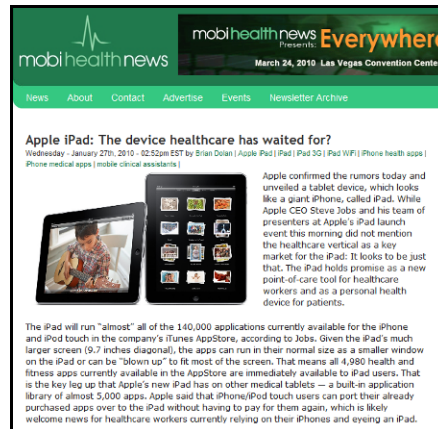
<http://www.bromley.gov.uk/News/Using+technology+to+keep+your+independence.htm>

Mobile health

Smartphones becoming clinical tools

<http://www.ama-assn.org/amednews/2009/12/21/bica1221.htm>

Apple iPad: The device healthcare has waited for?



<http://mobihealthnews.com/6229/apple-ipad-the-device-healthcare-has-waited-for/>

Tracking vitals with Ringful, The Carrot, more

<http://mobihealthnews.com/5853/tracking-vitals-with-ringful-thecarrot-alone-more/>

Mobiles offer new view of reality

<http://news.bbc.co.uk/1/hi/technology/8421684.stm>

The 15 wireless health VC deals of 2009

<http://mobihealthnews.com/5865/the-15-wireless-health-vc-deals-of-2009/>

Apple Patents Show Interest in Mobile Vital Sign Monitoring Systems

<http://www.imedicalapps.com/2009/12/apple-patents-show-interest-in-mobile-vital-sign-monitoring-systems/>

Your iPhone Just Called: Your Blood-Sugar Is High (WSJ subscription required)

http://online.wsj.com/article/SB10001424052748704304504574610042273883918.html?mod=googlenews_wsj

Sleep aid iPhone app diagnoses snorers

<http://www.thegadgetguycolumn.com/index.php/iphone-apps/sleep-aid-iphone-app-diagnoses-snorers/>

The prognosis for mHealth development

http://www.telecomengine.com/newsglobe/article.asp?HH_ID=AR_5956

Apple reports 3 bln apps downloaded

<http://www.telecompaper.com/news/article.aspx?cid=711434>

Wireless Health: State of the Industry Year End Report

<http://rs6.net/tn.jsp?et=1102902609761&s=260&e=0016FUu59vUr61sf->

EMBRMkef2J74EiyVKkJfEDKU1ywajGytOYQtj2EL299ZR9DsiMMwQRg0WII6qA_D5da-cMt9j0dvoN-hKn10ydm68uppm5VsonhRcz4nyOKISGq3_bU_Y--1Lr1V9sc_rRWMZzADBi0ANPWUtGbEugAobHJCde20w1X8rIA==

Smartphones collect data on malaria cases in remote Uganda

<http://www.sfgate.com/cgi-bin/article.cgi?f=/g/a/2010/01/08/urnidgns852573C400693880002576A5006CD7B9.DTL#ixzz0cCehXnRw>

Wireless and Mobile Health Service Targeted at 30 Million Family Carers

<http://mobihealthnews.com/5811/wireless-and-mobile-health-service-targeted-at-30-million-family-carers/>

Mobile Phone Technology May Address Needs of Parents of Children with Diabetes, Sending Blood Sugar Readings Via Text

<http://mobihealthnews.com/5779/mobile-phone-technology-may-address-needs-of-parents-of-children-with-diabetes-sending-blood-sugar-readings-via-text/>

Adidas adds coaching to wireless fitness device

<http://mobihealthnews.com/>

Jitterbug adds Wellness Calls, Health Tips

<http://mobihealthnews.com/5957/jitterbug-adds-wellness-calls-health-tips/#more-5957>
<http://www.jitterbug.com>

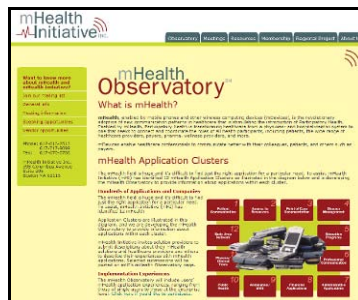
Mayo Clinic forms mobile app start-up, mRemedy

<http://mobihealthnews.com/5939/mayo-clinic-forms-mobile-app-start-up-mremedy/#more-5939>
<http://www.medicitynews.com/index.php/2010/01/mayo-clinic-launches-mobile-app-company-meditation-app/>

Kaiser Permanente's SMS reminders go live

<http://mobihealthnews.com/5933/kaiser-permanentes-sms-reminders-go-live/#more-5933>
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Privacy no longer a social norm, says Facebook founder

The rise of social networking online means that people no longer have an expectation of privacy, according to Facebook founder Mark Zuckerberg

<http://www.guardian.co.uk/technology/2010/jan/11/facebook-privacy>

New Eating Device Retrains Dietary Habits and Helps Children Lose Weight

<http://www.sciencedaily.com/releases/2010/01/100105195244.htm>

'Smart pill' test let Dave eat again after 20 years <http://news.bbc.co.uk/1/hi/health/8285314.stm>

Comprehensive assessment for the older frail patient in hospital – British Geriatric Association (Jan 2010)

http://www.bgs.org.uk/Publications/Publication%20Downloads/Compend_3-5%20Comp%20Assessment%20hospital.doc

Sites link up for mental health ratings - patient feedback site Patient Opinion has linked up with NHS Choices to enable patients to comment online on mental health services

http://www.e-health-insider.com/news/5523/sites_link_up_for_mental_health_ratings

JAMA article discussion

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Kaiser Permanente cuts patient communication costs with SMS

<http://www.mobilemarketer.com/cms/news/messaging/5004.html>

Is this the future for Britain's health service? Our hospitals are set up to fight the diseases of 50 years ago. The Third World offers valuable lessons on how to change

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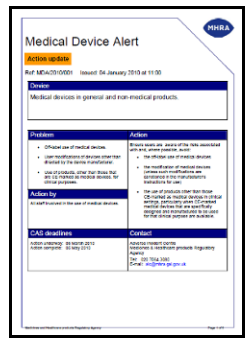
Using the Nintendo Wii as telehealth device

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VA, Kaiser Permanente launch e-health records exchange

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Medical Device Alert - Action update
 Ref: MDA/2010/001 Issued: 04 January 2010 at 11:00



Alert covers:

- Off-label use of medical devices
- User modifications of devices other than directed by the device manufacturer
- Use of products, other than those that are CE-marked as medical devices, for clinical purposes.

<http://www.mhra.gov.uk/Publications/Safetywarnings/MedicalDeviceAlerts/CON065771>

MHRA web pages - Care home staff - a one-stop resource for care home staff

<http://www.mhra.gov.uk/Safetyinformation/Healthcareproviders/Carehomestaff/index.htm>

NHS Wales trials online GP service

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<http://www.wales.nhs.uk/IHC/page.cfm?pid=33598&orgid=770>

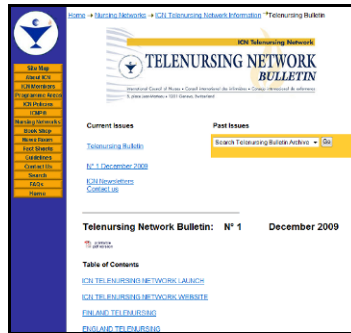
Technology new gateway into treatment for problem alcohol users: Study
 In the first evaluation of its kind, the study published in *Addiction* found that problem drinkers provided access to the online screener www.CheckYourDrinking.net, reduced their alcohol consumption by 30% - or six to seven drinks weekly - rates that are comparable to face-to-face interventions. This result was sustained in both the three and six month follow-up.

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New ICN telenursing network bulletin



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A telehealth service supporting patients with COPD and Community Healthcare teams in South East Essex – TSA Conference 2009

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Obesity can be fought with the Mandometer, a new talking scale

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Telemedicine expanded to offshore drillers in Arabian Gulf

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Omaha/Bluffs company markets personal medical monitor

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Technological Safety Net for Fall-Prone Elderly

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Patients' wariness slows digital health - Unless consumers sign on, providers can't move ahead

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TORONTO (Reuters Health) - Less than a quarter of Americans eats the five daily servings of fruits and vegetables that the National Cancer Institute recommends, but online programs may help boost those numbers, a new study hints.

<http://www.reuters.com/article/idUSTRE60648320100107>

Text Messages Can Improve Meds Use, Chronic Disease Treatment

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Tele Health Ltd is pleased to announce a new partnership with Helix Health

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GE and Intel step-up Health Guide push

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Agency for Health Care Administration Expands Health Information Available On Website

<http://www.wctv.tv/home/headlines/80911972.html>

Study Shows How Much Doctors and Nurses Do Not Want Telemedicine Used

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Vignet Unveils Connected Health Services Platform for Mobile Wellness and Disease Management

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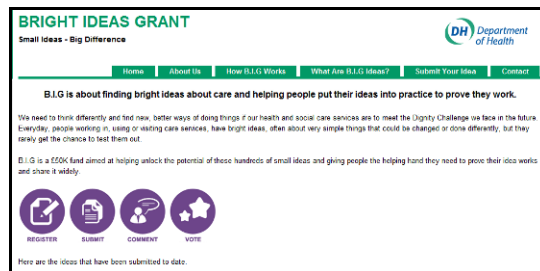
How to use NICE guidance to commission high quality services

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Oneplace launched for community interaction

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Security fears threaten smart meter plan

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Broadband could be set for sheltered housing schemes

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Text reminder to take epilepsy tablets

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Patients' wariness slows digital health - Unless consumers sign on, providers can't move ahead

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Cerner Receives FDA Clearance for Medical Device Connectivity Solution - Cerner CareAware iBus(TM) Solution Enables Bi-Directional Flow of Information Between Medical Devices and Electronic Health Records

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Medical Care Technologies Inc. Enters Discussions to Launch Its First Telehealth Clinic in North China

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<http://www.sacbee.com/296/story/2455123.html>

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Grant will help UM use telemedicine to provide specialty care to underserved students (Miami)

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Broadband fund 'will boost telehealth'

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<http://www.hsj.co.uk/news/technology/internet-fund-to-boost-telehealth/5010294.article>

Next generation fund launched: UK to benefit from £1 billion investment in super-fast broadband

The objectives of the Next Generation Fund are:

- To support Digital Britain's aim to roll out next generation networks to at least 90% of the UK by 2017;
- To support economic growth by incentivising market investment in communications infrastructure to meet the needs of businesses and households;
- To maximise links with the Government's Universal Service Commitment – a parallel broadband investment programme to ensure every community has access to 2Mbps broadband connection by 2012.

Government is now consulting on the most effective way to deploy the investment and will soon appoint a procurement team to oversee the delivery and management of Next Generation Access.

The consultation paper outlines the high-level benefits next generation broadband offers, including:

- **Telemedicine:** provides real-time interaction between doctor and patient so consultation and even examinations can be undertaken online. This brings huge benefits particularly for the elderly and those who live in rural communities
- **Teleworking:** uses two-way video conferencing to facilitate working from home. Brings social and economic benefits to those who are less mobile such as people with disabilities and single-parents. Teleworking also has potential environmental benefits by reducing carbon emissions through decreased traffic congestion.
- **Cloud computing:** enables businesses to use the internet to store and access software and data and share resources. Results in a lower carbon footprint, less investment in computing equipment, access to cost effective technology solutions that can be used quickly, cheaply and less disruptively.

<http://nds.coi.gov.uk/content/detail.aspx?NewsAreaId=2&ReleaseID=410168&SubjectId=15&DepartmentMode=true>

Portable medical electronics see big market in China
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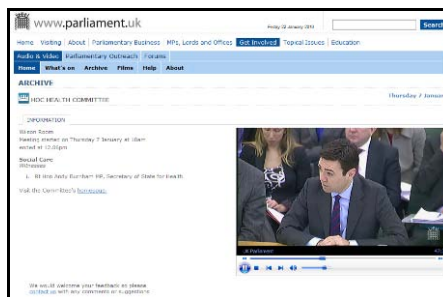
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Healthcare 2010: What's in Store?
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Can technology address medication adherence?
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<http://www.parliamentlive.tv/Main/Player.aspx?meetingId=5448>

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Intamac Launches Two Connected Home Products At CES
<http://www.ukhomeideas.co.uk/ideas/home-security/wireless-alarm-systems/intamac-launches-two-connected-home-products-at-ces>

Diabetes Diary More Flexible Than Carbohydrate Counting
<http://www.modernmedicine.com/modernmedicine/Modern+Medicine+Now/Diabetes-Diary-More-Flexible-Than-Carbohydrate-Cou/ArticleNewsFeed/Article/detail/652531?contextCategoryId=40131>

Medical first as patient treated remotely – (Ireland - remote device for stroke treatment)
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Riverside offers Philips Medication Dispensers to help seniors stay independent (USA)
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NewCardio awarded core patent concerning its CardioBip ECG telemonitoring solution
<http://www.medicalnewsbase.com/devices-technology-news/newcardio-awarded-core-patent-concerning-its-cardiobip-ecg-telemonitoring-solution/>

MDdatacor to help KC Blues with medical home pilot

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WIN Human Recorder offers wireless, real-time health tracker

<http://dvice.com/archives/2010/01/win-human-recor.php>

Dementia Guide



<http://www.dementiaguide.com/>

GetWellNetwork Adds Nursing Functions

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<http://www.getwellnetwork.com/solutions.asp>

From Silos to systems: an overview of eHealth's transformative power



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Scottish Government Announces The Launch Of 'Health-e-Space' Website

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Standards Revised for Diabetes Self-Management Education - Joint task force produces first update of standards since 2000 (USA)

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My Methodist - Manage your health online



<http://www.mymethodist.net/MYEHEALTH/>

HSJ - Rise in acute admissions will be 'unsustainable' for PCTs

“Just 10 per cent of primary care trusts have successfully reduced emergency admissions to their local acute trusts. Only 15 PCTs cut emergency admissions between 2007-08 and 2008-09, according to analysis of hospital episode statistics data by independent health intelligence provider CHKS, shared exclusively with HSJ. The rest of PCTs recorded an average increase in emergency admissions of 5 per cent”.

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World Renowned Physician and Thought Leader Dr. Eric J. Topol to Highlight Digital Medicine Revolution at International CES 2010 - Remote monitoring of fitness, sleep, vital signs and pregnancy puts health care in the hands of consumers.

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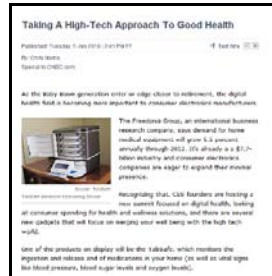


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Taking A High-Tech Approach To Good Health – Tabsafe medication monitoring



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<http://www2.intamac.com/>

Continua demos in Las Vegas

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CES: Verizon taps 4Home for connected home over LTE

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ZyXEL to Showcase Two CES Innovation Honorees and Industry's First 4G / LTE Gateway at CES 2010 in Las Vegas

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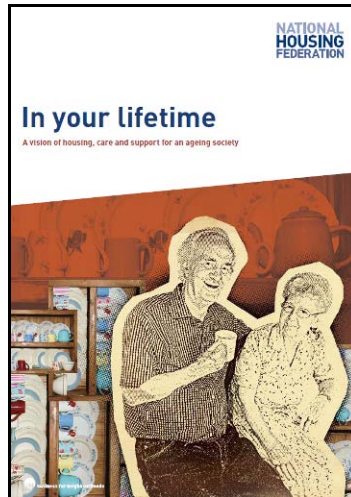
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Hospital visits and care home admissions for the elderly could be cut dramatically, new report finds – 'In your lifetime' report



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It's not just about heart failure – voices of older people in transition to dependence and death

<http://www3.interscience.wiley.com/journal/123220771/abstract>

Telehealth Behavior Therapy for the Management of Type 1 Diabetes

<http://www.google.com/url?sa=X&q=http://www.journalofdst.org/January2010/Abstracts/VOL-4-1-DIT1-LEHMKUHL-ABSTRACT.pdf&ct=ga&cd=zVQ32Bz0Flk&usq=AFQjCNHPZJC3pfzu0ojUU4QetBU0Yngy9Q>

Study: Telemedicine benefits cardiac patients with depression

<http://www.modernmedicine.com/modernmedicine/Modern+Medicine+News/Study-Telemedicine-benefits-cardiac-patients-with-/ArticleStandard/Article/detail/647033>

Active Care Management Supported by Home Telemonitoring in Veterans with Type 2 Diabetes: (The DiaTel Randomized Controlled Trial)

<http://care.diabetesjournals.org/content/early/2009/12/14/dc09-1012.abstract>

Development of an objective balance assessment method for purposes of telemonitoring and telerehabilitation in elderly population

<http://www.ncbi.nlm.nih.gov/pubmed/19479513>

Home telemonitoring for congestive heart failure: a systematic review and meta-analysis

<http://jtt.rsmjournals.com/cgi/content/abstract/jtt.2009.090406v1>

Telemonitoring in heart failure

<http://heart.bmj.com/content/95/23/1964.extract>

A review of heart failure management in the elderly population

[http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B7CWH-4XT3BCC-1&_user=10&_coverDate=10%2F31%2F2009&_rdoc=1&_fmt=high&_orig=browse&_srch=doc-info\(%23toc%2318107%232009%23999929994%231571271%23FLP%23display%23Volume\)&_cdi=18107&_sort=d&_docanchor=&_ct=6&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&md5=f375ce95f34b2dfd37e555f12445741b](http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B7CWH-4XT3BCC-1&_user=10&_coverDate=10%2F31%2F2009&_rdoc=1&_fmt=high&_orig=browse&_srch=doc-info(%23toc%2318107%232009%23999929994%231571271%23FLP%23display%23Volume)&_cdi=18107&_sort=d&_docanchor=&_ct=6&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&md5=f375ce95f34b2dfd37e555f12445741b)

Disparity in use of implantable devices to prevent sudden death in heart failure patients

http://www.eurekalert.org/pub_releases/2009-12/uomm-diu121809.php

The physician at a distance: the use of videoconferencing in the treatment of patients with hypertension

<http://jtt.rsmjournals.com/cgi/content/abstract/15/8/397>

The realisation of patient-centred care during a 3-year proactive telephone counselling self-care intervention for diabetes

<http://www.pec-journal.com/article/PIIS0738399109005849/abstract?rss=yes>

Systematic Review of Telemedicine Services for Patients Affected by Chronic Obstructive Pulmonary Disease (COPD)

<http://www.liebertonline.com/doi/abs/10.1089/tmj.2009.0044>

Managing Heart Failure Patients After Formal Homecare

<http://www.liebertonline.com/doi/abs/10.1089/tmj.2009.0064>

Remote Diagnosis of Congenital Heart Disease: The Impact of Telemedicine

<http://adc.bmj.com/content/early/2009/11/29/adc.2008.146456.abstract>

Economic Evaluation of Telemedicine: Review of the Literature and Research Guidelines for Benefit–Cost Analysis

<http://www.liebertonline.com/doi/abs/10.1089/tmj.2009.0067>

Swedish District Nurses' experiences on the use of information and communication technology for supporting people with serious chronic illness living at home – a case study

<http://www3.interscience.wiley.com/journal/123220751/abstract?CRETRY=1&SRETRY=0>

Use of telemedicine for ICU patients not linked with improvement in survival

http://www.eurekalert.org/pub_releases/2009-12/jaaj-uot122309.php

Telehealth and the deaf: a comparison study

http://eric.ed.gov/ERICWebPortal/custom/portlets/recordDetails/detailmini.jsp?_nfpb=true&_ERICExtSearch_SearchValue_0=EJ844096&ERICExtSearch_SearchType_0=no&accno=EJ844096

LUCRAR: Using Computer Technology to Battle Heart Disease Among Latinos

<http://ajph.aphapublications.org/cgi/content/abstract/AJPH.2009.162115v1>

The physician at a distance: the use of videoconferencing in the treatment of patients with hypertension

<http://jtt.rsmjournals.com/cgi/content/abstract/15/8/397>

Teleconsultation service to improve healthcare in rural areas: acceptance, organizational impact and appropriateness

<http://www.biomedcentral.com/1472-6963/9/238>

Skyping Medicine

<http://medicallessons.wordpress.com/2010/01/08/skyping-medicine/>

Hypertension management in older people

http://www.bjcn.co.uk/cgi-bin/go.pl/library/article.html?uid=45779;article=BJCN_15_1_17

Depression and anxiety in chronic heart failure and chronic obstructive pulmonary disease: prevalence, relevance, clinical implications and management principles

<http://www3.interscience.wiley.com/journal/123224404/abstract>

Remote Diagnosis of Congenital Heart Disease: The Impact of Telemedicine

<http://adc.bmj.com/content/early/2009/11/29/adc.2008.146456.abstract>

Usefulness of Remote Monitoring in Cardiac Implantable Device Follow-Up

<http://www.liebertonline.com/doi/abs/10.1089/tmj.2009.0068>

A review of heart failure management in the elderly population

[http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B7CWH-4XT3BCC-1&_user=10&_coverDate=10%2F31%2F2009&_rdoc=1&_fmt=high&_orig=browse&_srch=doc-info\(%23toc%2318107%232009%23999929994%231571271%23FLP%23display%23Volume\)&_cdi=18107&_sort=d&_docanchor=&_ct=6&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&_md5=f375ce95f34b2dfd37e555f12445741b](http://www.sciencedirect.com/science?_ob=ArticleURL&_udi=B7CWH-4XT3BCC-1&_user=10&_coverDate=10%2F31%2F2009&_rdoc=1&_fmt=high&_orig=browse&_srch=doc-info(%23toc%2318107%232009%23999929994%231571271%23FLP%23display%23Volume)&_cdi=18107&_sort=d&_docanchor=&_ct=6&_acct=C000050221&_version=1&_urlVersion=0&_userid=10&_md5=f375ce95f34b2dfd37e555f12445741b)

Blood glucose test strips: options to reduce usage

<http://www.cmaj.ca/cgi/content/abstract/182/1/35>

Cost-effectiveness of self-monitoring of blood glucose in patients with type 2 diabetes mellitus managed without insulin

<http://www.cmaj.ca/cgi/content/abstract/182/1/28>

Home Injuries: Potential for Prevention

<http://ajl.sagepub.com/cgi/content/abstract/4/1/75>

Diabetes Burden and Access to Preventive Care in the Rural United States

<http://www3.interscience.wiley.com/journal/123232444/abstract?CRETRY=1&SRETRY=0>

BMI and Waist Circumference as Predictors of Well-being in Older Adults: Findings From the English Longitudinal Study of Ageing

<http://www.nature.com/oby/journal/vaop/ncurrent/abs/oby2009497a.html>

Sense and nonsense in sensors – subcutaneous glucose monitoring

<http://www.springerlink.com/content/7m6t7131772pj144/>

Caring in telehealth

<http://www.liebertonline.com/doi/abs/10.1089/tmj.2009.0070>

Online, Video-Based Patient Education Improves Melanoma Awareness: A Randomized Controlled Trial

<http://www.liebertonline.com/doi/abs/10.1089/tmj.2009.0055>

Caring for patients good for the carer too (Northern Ireland Study)

http://www.hrb.ie/research-strategy-funding/achievements-and-impacts/research-outputsoutcomes/a-picture-of-health/picture-of-health-story/?tx_ttnews%5Btt_news%5D=93&tx_ttnews%5BbackPid%5D=1135&cHash=7c9e35ffed

Patient use and compliance with medical advice delivered by a web-based triage system in primary care

<http://jtt.rsmjournals.com/cgi/content/abstract/16/1/8>

Spotting early signs of depression in patients with chronic heart failure

http://www.cardiac-nursing.co.uk/cgi-bin/go.pl/library/article.html?uid=46026;article=cn_5_1_13

COPD, even when mild, limits heart function

http://www.eurekalert.org/pub_releases/2010-01/nhla-cew012010.php

Insulin pumps may be better than shots: report

http://www.reuters.com/article/idUSTRE60J5LX20100120?feedType=RSS&feedName=healthNews&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+reuters%2FhealthNews+%28News+%2F+US+%2F+Health+News%29

Evaluation of a web-based lifestyle coach designed to maintain a healthy bodyweight

<http://jtt.rsmjournals.com/cgi/content/abstract/16/1/3>

User acceptance of an Internet training aid for migraine self-management

<http://jtt.rsmjournals.com/cgi/content/abstract/16/1/20>

Patient-initiated online support groups: motives for initiation, extent of success and success factors

<http://jtt.rsmjournals.com/cgi/content/abstract/16/1/30>

Design and implementation of a secure and user-friendly broker platform supporting the end-to-end provisioning of e-homecare services

<http://jtt.rsmjournals.com/cgi/content/abstract/16/1/42>

Telemonitoring in heart failure

<http://heart.bmj.com/content/95/23/1964.extract>

WSDAN News Service – recent journal articles

<http://www.wsdactionnetwork.org.uk/news/index.html>

[Register](#) now for regular WSDAN updates.

8 Events

Events listing: <http://www.dhcarenetworks.org.uk/events/s/>

Forthcoming Event List - availability as at 28 January 2010

Date	Event Title	Network	Places Remaining	Book
10/02/10 to 11/02/10	Transformation Leads Residential event	Personalisation	9 of 40	Book now
11/02/10	Whole System Demonstrator Programme (WSDAN) - Integrated care using telecare and telehealth – Eastern Region	Telecare LIN	Reserve places available	Add me to the reserve list
23/02/10	Best Value, Better Care – Commissioning Epilepsy Services	Commissioning	75 of 200	Book now
24/02/10	Laing & Buisson 2010 Annual Extra Care Housing Conference	Housing	-	N/A
02/03/10 to 03/03/10	Managing New Realities 2010	Housing	-	N/A
11/03/10	JSNA and Homlessness event	Housing	89 of 100	Book now
18/03/10	London & South East Regional Housing LIN Meeting	Housing	35 of 35	Book now

Events and conferences

- FDA Workshop on Medical Device Interoperability : Jan 25 - 27, 2010 Washington, DC
- mHealth Networking and Web Conference: Feb 03 - 04, 2010 Washington, DC
<http://www.mobih.org/meetings/>
- WLSA and Continua Health Alliance Mobile Healthcare Symposium 2010 : Feb 09, 2010 San Diego, CA <http://guest.cvent.com/EVENTS/Info/Summary.aspx?e=cf393b08-41b4-4ce9-93c3-3061c5b46fe5>
- Continua Winter Summit 2010 Public Sessions : Feb 10, 2010 San Diego, CA
- Mobile and Wireless Healthcare 2010 (Information and Knowledge at the Point of Care): Feb 24, 2010 Birmingham, UK <http://www.smarthealthcare.com/mobile-wireless>
- HIMSS10 : Mar 01 - 04, 2010 Atlanta, GA <http://www.himssconference.org/>
- Telemedicine and Legal Aspects – Belgium (2 March 2010)
<http://www.epractice.eu/workshops/telemedicine>

- National Digital Inclusion Conference: 10-11 March 2010, London, UK
<https://www.eventsforce.net/civic/frontend/reg/thome.csp?pageID=6475&eventID=27>
- CeBIT TeleHealth March 2 - 6, 2010 - Hannover, Germany www.cebit.de/telehealth_e.
- WOHIT Conference and Expo : Mar 15 - 18, 2010 Barcelona, Spain <http://www.worldofhealthit.org/>
- Med-e-tel (14-16 April 2010) – Luxembourg <http://www.medetel.lu/index.php>
- ATA 2010: 15th Annual International Meeting & Exposition May 16 - 18, 2010 - San Antonio
<http://www.americantelemed.org/i4a/pages/index.cfm?pageID=3696>
- Smart Healthcare Live London Excel Centre (15-16 June 2010)
<http://www.smarthealthcare.com/live>

Call for papers

Call for Papers (Deadline Extended): The International eHealth, Telemedicine and Health ICT Forum
<http://ehealthnews.eu/medetel/1862-call-for-papers-deadline-extended-the-international-ehealth-telemedicine-and-health-ict-forum>

WSDAN Events

WSDAN event in Stansted – 11 February 2010

<http://www.dhcarenetworks.org.uk/Events/EventDetail/?eventID=560>

The Foundation for Assistive Technology (FAST) provides a full listing of forthcoming telecare events – see <http://www.fastuk.org/services/events.php?pg=2>. Suppliers also run telecare and telehealth events – check their web sites regularly for dates.

All previous telecare eNewsletters are available at: www.dhcarenetworks.org.uk/telecarenewsletters

Glossary:

ALIP – Assisted Living Innovation Platform

AT – Assistive Technology

CSCI – Commission for Social Care Inspection

CQC – Care Quality Commission

DCLG – Department for Communities and Local Government

FACS – Fair Access to Care Services

IB- Individualised budgets

i4i – Invention for Innovation

LIN – Learning and Improvement Network

NHS CfH – NHS Connecting for Health

POPP – Partnership for Older Peoples Projects

PT Grant or PTG – Preventative Technology Grant

SCIE – Social Care Institute for Excellence

TSA – Telecare Services Association

TSB – Technology Strategy Board

WSDAN – Whole System Demonstrator Action Network