



## NEWSLETTER October 2011

Welcome to the October 2011 newsletter. Since the newsletter re-launch last month we have received 80 online survey replies. These responses will help us identify how best we can meet your information needs in the future.

November is looking to be a busy month for telecare and telehealth in the UK as the main results from the Whole System Demonstrator (WSD) Programme are expected. The WSD Programme is thought to be the world's largest randomised controlled trial of telecare and telehealth. Over 6000 people have been involved with five major evaluation themes covering the impact on users and staff through to possible reductions in hospital admissions and service cost-effectiveness.

There are a number of important conferences during the month and we have just heard that Government Minister, Paul Burstow, will be the keynote speaker at the Telecare Services Association's annual conference in London (14-16 November 2011).

New web sites are being launched and we have a social media programme running via Twitter through the month which you can read about in the first item of this newsletter.

The DALLAS (Delivering Assisted Living at Scale) programme is now well underway with the seventy selected participants meeting over two days in Croydon followed by two well attended workshops in Birmingham. There will be 3-5 DALLAS communities eventually covering up to 50,000 people running for three years from June 2012. In our second item, The Technology Strategy Board's Mike Biddle provides us with an update.

Finally, until we have reviewed the survey responses, we are keeping this newsletter running on a monthly basis with weekly lists of interesting articles and links. Thank you to everyone who took the time out to respond in such detail. This is much appreciated.

If you would like to catch up weekly, then go to the following link:

<http://www.telecarelin.org.uk/solutions/>

If you would like daily information, then a Twitter stream is now available at:

<http://www.telecarelin.org.uk/News/twitterStream/>

**Prepared by Mike Clark (Twitter: @clarkmike)**

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## **Section 1: November 2011 – an important month for telecare and telehealth**

There are a number of important conferences and events in November that will be featuring telecare and telehealth.

Scottish Centre for Telehealth and Telecare - Telehealth and Telecare. Supporting transition, integration and innovation 9 November 2011 Heriot Watt University, Edinburgh  
[http://www.socialcareideasfactory.com/Uploads/1316527442\\_TelehealthTelecare9Nov111.pdf](http://www.socialcareideasfactory.com/Uploads/1316527442_TelehealthTelecare9Nov111.pdf)

Technology Strategy Board – DALLAS, next session – 10 November 2011, Manchester (#TSBdallas)

The International Telecare & Telehealth Conference 2011, London, 14-16 November 2011  
<http://www.telecare-and-telehealth-conference.com/> (@teleconf\_2011, #teleconf\_2011)

Digital Innovation and Technology for Patient Benefit Institute of Digital Healthcare University of Warwick 17th November 2011  
<https://digital.warwick.ac.uk/IDH/conference.html>

eHealth and TeleMed 2011: Raising the Standard - Improving care, cutting costs London 28-29 November 2011  
<http://www.rsm.ac.uk/academ/06tec01.php>

By the end of the month we expect to have a clearer understanding of the Whole System Demonstrator Programme outcomes.

To keep you informed during the month we will be running some themed discussions on Twitter. Here are some of the possible themes:

- Telecare and dementia
- Telecare and telehealth case studies
- Telehealth and long term conditions
- Sustaining innovation through technology and software applications in health and social care
- Conference coverage and WSD outcomes

Twitter opens up new audiences for telecare and telehealth. A recent conference on health and social media run by the Mayo Clinic (USA) had 350 people in attendance. Yet the Twitter reach was over one million people. This is because Twitter users at the conference have followers who can then retweet messages to other followers. They also used a hashtag (#) to help people follow the conference worldwide.

Twitter is like a text message with 140 characters but instead of working on a 'one to one' basis, you can work on a 'one to many' or 'many to many' basis. There are some simple 'rules' (eg long web

links are shortened) and a few strange symbols to understand (use of @ and #), but messaging can reach many people very quickly indeed once you know how. It has been recently been described as having your own operating system or your own printing press.

I have around 500 followers on Twitter but last week my latest 50 tweets (or messages) had a reach of over 25,000 people. In order to work at scale, we need to find new audiences who can discuss the benefits of technology-based support in health, housing, social care as well as the value of social media. We can engage with users, patients and carers, every sector, news media, Government ministers in the UK and worldwide.

We have grown a network of 6000 in the Telecare LIN since 2005, we now need to work at the next level. Social media provides us with those opportunities. Important people and organisations are following on Twitter who are not in the Telecare LIN network – it's a new audience that wants to hear about what is happening. It is an opportunity to engage, discuss, debate and challenge. Indeed, we need to be ever watchful. If one important person puts out an erroneous or misleading message about the value of telecare or telehealth, it can reach many influential people very quickly – this could happen with the WSD results, for instance.

Of course, we still have many challenges, some will question the value of social media such as Twitter, Facebook, LinkedIn and many people in the sector are not able to access these sites at work or at all because of internet coverage. We can overcome some of these barriers by making Tweetstream information available through the TelecareLIN web site, for instance. Here is the link:

<http://www.telecarelin.org.uk/News/twitterStream/>

We can also curate and summarise the information to make it available through other formats.

As well as Twitter addresses (such as @clarkmike, @mike\_biddle, @trevor\_single @telecareaware), there are hashtags which enable easy searching and tracking. These are keywords or acronyms that start with a # symbol.

For instance, if you were following the discussions at the Royal College of GPs conference in Liverpool recently, the hashtag was #rcgpac. The recent social care conference was #ncasc. The upcoming TSA Conference is #teleconf\_2011. The hashtag for the DALLAS programme is #TSBdallas.

If you want to follow or be involved in the November Twitter discussions then use #tcsn (telecare social media) in your message.

**Prepared by Mike Clark (Twitter: @clarkmike)**

## **Section 2: Update from DALLAS (Delivering Assisted Living Services at Scale)**

The first DALLAS workshop was held as planned in September 2011. 70 delegates were present with additional people supporting the event (e.g. facilitators and expert resources). The workshop managed to achieve a great level of cross-working and collaboration – in fact, more than we had even first hoped for. Latest information about the programme is available via:

<https://ktn.innovateuk.org/web/dallas/overview>

Many of the delegates benefitted from the new people they met and are now starting to think about how they can promote independence and wellbeing in their widest senses using systems and services that are interoperable. It was also very encouraging that people did not just stick with a pre-formed project idea or geographical constraint – instead they are exploring how to work together to make a difference to peoples' lives.

The 70 delegates were selected from the 470 applications we received (from 965 registrations). The entire assessment process was followed fairly and independent experts from across the field helped us to assess the 470 applications to DALLAS. A panel meeting was held to ensure a consistent approach in the final selection and to also achieve a portfolio of delegates. We achieved a good mix from both small and large organisations across business, health bodies, local authorities and 3rd sector.

The 70 delegates are now working with people from the workshop event and also people outside of this group to start to form the “community seeds”. These will bring together the ideas and organisations that will be required in order to deliver lifestyles at scale. We have also established the “dallas partnership pool” because we recognise we need to engage more organisations than just those who were part of the first workshop.

Two open workshop meetings have recently taken place in Birmingham. Slides and video are now available.

Interoperability workshop Slides: <http://tiny.cc/zi0lm>

Interoperability workshop video: <http://bit.ly/qzbTgT>

Lifestyles workshop slides: <http://bit.ly/nxEs2Z>

Lifestyles workshop video: <http://bit.ly/oWA2Me>

The next event is Thursday 10th November 2011 in Manchester - an open workshop to connect “seeds” with external organisations.

Registration is not yet open but more information will be posted shortly at:

<https://ktn.innovateuk.org/web/dallas/articles;jsessionid=B988245C18F741F86FBE5C03F8B97230.ColsAnobron7>

Organisations outside of the 70 that attended the September workshop could still participate in future dallas activity. It is not essential that they register for the partnership pool using the on-line registration process, however it is recommended so that the 70 workshop participants will know

who is interested in working on dallas and how to contact them. More information about the partnership pool is available via:

- [https://connect.innovateuk.org/web/dallas/articles/-/blogs/dallas-partnership-pool?ns\\_33\\_redirect=%2Fweb%2Fdallas%2Farticles](https://connect.innovateuk.org/web/dallas/articles/-/blogs/dallas-partnership-pool?ns_33_redirect=%2Fweb%2Fdallas%2Farticles)
- [https://connect.innovateuk.org/web/dallas/articles/-/blogs/dallas-partnering-pool-now-live?ns\\_33\\_redirect=%2Fweb%2Fdallas%2Farticles](https://connect.innovateuk.org/web/dallas/articles/-/blogs/dallas-partnering-pool-now-live?ns_33_redirect=%2Fweb%2Fdallas%2Farticles)

The immediate next steps to develop the dallas communities are:

- Thursday 10th November 2011 - open workshop to connect “seeds” with external orgs
- Wednesday 23rd November 2011 (noon) – deadline for community seed proposals
- Friday 16th December 2011 – Technology Strategy Board sends invites to January workshop

The rules for community seed generation are as follows:

- A community seed can only have one leader
- Only the 70 delegates who attended the dallas workshop held at Selsdon Park Hotel in September 2011 are eligible to lead a community seed
- A community seed leader may only lead one community seed
- There is no obligation on the 70 delegates who attended the dallas workshop held at Selsdon Park Hotel in September 2011 to lead a community seed
- Any dallas participant, whether one of the 70 delegates that attended the dallas workshop held at Selsdon Park Hotel in September 2011, or one of the partnership pool, or another organisation can be involved in as many of the community seeds as they wish and have capacity to support
- The community seed leader must attend and present to the 10th November 2011 meeting
- Participants external to the dallas workshop can be involved in the development of community seeds if invited by the seed leader
- The partnership pool is a useful resource to bring in extra skills, capability or insight if required
- Organisations outside of the partnership pool can also be involved if invited by the seed leader

In summary, we would like to be clear that just because organisations did not get invited to the September workshop, it doesn't mean they are excluded from the process/funding. However, in order to do this they will need to connect with the seed communities that start to form. To support this we've made the info about the people attending the workshop available to all via the dallas\_connect site and will also be holding open workshop events over the next month so that potential collaborators/suppliers can hold follow up conversations with the dallas seeds that are forming.

**Prepared by Mike Biddle (Twitter: @mike\_biddle)**

## **Section 3: News headlines for week commencing 26 September 2011**

### **Telehealth Continues to Gain Favor**

InMedica's most recent report, "The World Market for Telehealth – A Quantitative Market Assessment – 2011 Edition," projects that the telehealth market will "exceed \$1 billion by 2016 and could jump to \$6 billion in 2020".

<http://blogs.perficient.com/healthcare/blog/2011/09/20/telehealth-continues-to-gain-favor/>

### **CE Mark Approval For The World's First Mobile Diabetes Management System Received**

Cellnovo has received a CE Mark approval for the world's first mobile diabetes management system (including insulin pump).

<http://www.medicalnewstoday.com/articles/234650.php>

### **Guardian: How youngsters are helping older people move online**

Schoolchildren are being recruited in care homes to make sure that older people are not left behind in the digital age.

[http://www.guardian.co.uk/society/2011/sep/20/adopt-a-care-home-internet-older-people?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.guardian.co.uk/society/2011/sep/20/adopt-a-care-home-internet-older-people?utm_source=twitterfeed&utm_medium=twitter)

### **Community Care: Safeguarding adult hub promises easier access to information for practitioners**

Launch of website that could improve professionals' access to information when handling adult protection cases.

<http://www.communitycare.co.uk/Articles/2011/09/19/117465/Safeguarding-adult-hub-promises-easier-access-to-information-for.htm>

### **Community Care: Reassessments of users subject to care cuts were 'tokenistic' (Poole)**

Report on Poole Council suggests that social care reassessments were a "rubberstamping exercise". Users said that reassessments took place after decisions had already been made.

<http://www.communitycare.co.uk/Articles/2011/09/19/117472/reassessments-of-users-subject-to-care-cuts-were-tokenistic.htm>

### **Features of Mobile Diabetes Applications: Review of the Literature and Analysis of Current Applications Compared Against Evidence-Based Guidelines**

The study shows there are gaps between the evidence-based recommendations and the functionality used in study interventions or found in online markets. Current results confirm personalized education as an underrepresented feature in diabetes mobile applications. Researchers concluded that studies evaluating social media concepts in diabetes self-management on mobile devices, and its potential remain largely unexplored.

<http://www.jmir.org/2011/3/e65/>

### **Empowering e-Patients: Why Treatment Plans are Important**

*Quote: "e- patients are now exercising personal responsibility, leveraging social media, and technology to access health information and to participate in the treatment planning process. This is the new participatory model of healthcare, one that combines personal responsibility with collective intelligence and a participatory network of patients, treatment coaches, and medical practitioners".*

<http://www.rehabcoach.com/blog/2011/09/empowering-e-patients-why-treatment-plans-are-important/>

### **Kompaï robot - a few steps forward**

Video from Robosoft shows fall detection and location functionality being added to the Kompaï care

robot.

<http://www.telecareaware.com/index.php/kompai-robot-a-few-steps-forward.html>

### **Healthper – the health helper**

<https://healthper.com/>

### **Telehealth Tapping into Social Influence**

Quote from Deloitte: “Social networks hold considerable potential value for health care organisations because they can be used to reach stakeholders, aggregate information and leverage collaboration.”

<http://healthin30.com/2011/09/telehealth-tapping-into-social-influence/>

### **\$50M investment to fund telemedicine start-ups (US)**

D.C.-based investor group Hickory Ridge just launched a \$50 million investment fund to jump-start development in the mobile health market. The group will fund startups anywhere from \$500,000 to \$2 million.

[http://www.fiercemobilehealthcare.com/story/50m-investment-fund-focuses-telemedicine-startups/2011-09-16?utm\\_medium=nl&utm\\_source=internal#ixzz1YVRxYkz4](http://www.fiercemobilehealthcare.com/story/50m-investment-fund-focuses-telemedicine-startups/2011-09-16?utm_medium=nl&utm_source=internal#ixzz1YVRxYkz4)

### **\*\*\*Study: For older women, year following hip fracture can be especially deadly**

[http://edition.cnn.com/2011/09/26/health/older-women-hip-fracture/index.html?eref=rss\\_health&utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed:+rss/cnn\\_health+%28RSS:+Health%29&utm\\_content=Google+Reader](http://edition.cnn.com/2011/09/26/health/older-women-hip-fracture/index.html?eref=rss_health&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed:+rss/cnn_health+%28RSS:+Health%29&utm_content=Google+Reader)

### **Wellness marketing works well with social media**

<http://www.christopherboyer.com/2011/09/wellness-marketing-works-well-with-social-media/>

### **Need help with health? There's an app for that**

<http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2011/09/19/BA2C1L576E.DTL#ixzz1YVaqkHvE>

### **Diabetes tied to increased risk for Alzheimer's**

The study of more than 1,000 people in Japan found that 27 percent of those with diabetes developed dementia, compared to 20 percent of people with normal blood sugar levels. Pre-diabetes also raised the risk of dementia.

<http://yourlife.usatoday.com/health/medical/alzheimers/story/2011-09-20/Diabetes-tied-to-increased-risk-for-Alzheimers/50478126/1?dlvrit=205764>

### **Google + now publicly available**

<https://plus.google.com/up/?continue=https://plus.google.com/&type=st>

### **Cancer patient-centered home care: a new model for health care in oncology**

<http://dovepress.com/cancer-patient-centered-home-care-a-new-model-for-health-care-in-oncol-peer-reviewed-article-TCRM>

### **NHS commissioning groups 'concerned' about size and budgets**

A survey of the groups due to take over commissioning NHS care is highlighting fears about their size and budgets.

<http://www.bbc.co.uk/news/health-14993000>

### **Aetna supports mHealth diabetes initiative in India**

This mobile health initiative aims to raise awareness about diabetes and its prevention through text messages in 12 languages over two years. An estimated 40 million Indians are already diabetic. That



number is expected to reach 73.5 million by 2025.

<http://www.news-medical.net/news/20110921/Aetna-supports-mHealth-diabetes-initiative-in-India.aspx>

#### **Self Care Forum - Case studies (UK)**

[http://www.selfcareforum.org/?page\\_id=49](http://www.selfcareforum.org/?page_id=49)

#### **Council cuts could leave 750 vulnerable people in Lincolnshire without care cash**

Lincolnshire County Council is planning to make people with "moderate needs" ineligible for care funding in a bid to save £4.6 million a year.

<http://www.thisislincolnshire.co.uk/Council-cuts-leave-750-vulnerable-people/story-13371574-detail/story.html>

#### **Independent: Quarter wait over a week to see GP**

More than a quarter of patients in Britain have waited more than a week to see a GP, according to a survey. Fewer than a third, 30% of patients, said they had been able to see a GP within two days with 27% unable to get an appointment within a week during the past year.

<http://www.independent.co.uk/life-style/health-and-families/health-news/quarter-wait-over-a-week-to-see-gp-2358355.html>

#### **Recent study describes a smartphone based alert system that could save lives in cardiac arrests**

<http://www.imedicalapps.com/2011/09/seconds-count-study-describes-mobile-phone-based-system-save-lives-cardiac-arrests/>

#### **VA's MOVE – home telehealth weight watching programme**

<http://www.move.va.gov/>

#### **NICE-recommended risk assessments 'help prevent falls in elderly'**

<http://www.nice.org.uk/newsroom/news/NICERecommendedRiskAssessmentsHelpPreventFallsInElderly.jsp>

#### **Global Mobile Health Applications Market to Grow 24% Annually Through 2014**

MarketResearch.com's new report, "Global Mobile Health Applications Market 2010-2014," reveals that the global mobile health (mHealth) applications market is expected to grow at a CAGR of 24 percent.

[http://www.mobilehealthcaredtoday.com/news/2011/09/global-mobile-health-applications-market-to-grow-24pct-annually-through-2014.aspx?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.mobilehealthcaredtoday.com/news/2011/09/global-mobile-health-applications-market-to-grow-24pct-annually-through-2014.aspx?utm_source=twitterfeed&utm_medium=twitter)

#### **NHS 24 picks Capgemini**

NHS 24, Scotland's provider of national telehealth and telecare services, has named Capgemini as the "preferred bidder" to run its clinical applications and patient contact.

<http://www.guardian.co.uk/healthcare-network/2011/sep/21/nhs24-scotland-capgemini-preferred-bidder>

#### **AT&T's mHealth Platform (video) - Putting You at the Centre of Your Health**

<http://www.att.com/gen/press-room?pid=21024>

#### **More than half of all UK households are now on digital TV**

[http://thenextweb.com/uk/2011/09/21/more-than-half-of-all-uk-households-are-now-on-digital-tv/?awesm=tnw.to\\_1Av22&utm\\_campaign=&utm\\_medium=tnw.to-other&utm\\_source=direct-tnw.to&utm\\_content=spreadus\\_master](http://thenextweb.com/uk/2011/09/21/more-than-half-of-all-uk-households-are-now-on-digital-tv/?awesm=tnw.to_1Av22&utm_campaign=&utm_medium=tnw.to-other&utm_source=direct-tnw.to&utm_content=spreadus_master)

### **Community Care: Scots councils face 6% cut amid boost to older people's care**

Councils in Scotland face a 6% real-terms cut in central funding over the next three years though additional money (£80m) is being made available to improve care for older people in 2012-13.

<http://www.communitycare.co.uk/Articles/21/09/2011/117485/Scots-councils-face-6-cut-amid-boost-to-older-people39s.htm>

### **Continuous glucose monitoring for diabetes recommended**

*“Although continuous monitoring has some limitations, such as the accuracy of subcutaneous readings, it does appear to help glycaemic control for type 1 diabetes as compared to self-monitoring, and that people with the condition reported much bigger reductions in haemoglobin A1c (HbA1c) through continuous monitoring instead of self-monitoring”.*

<http://www.diabetes.co.uk/news/2011/Sep/continuous-glucose-monitoring-for-diabetes-recommended-92065287.html>

### **How To Build The Next Great Mobile Health App**

Developers must start with a penetrating analysis of the patient niche or clinician population they aim to serve. They need to get into the heads of their end users.

[http://www.informationweek.com/news/healthcare/mobile-wireless/231601721?cid=RSSfeed\\_IWK\\_ALL](http://www.informationweek.com/news/healthcare/mobile-wireless/231601721?cid=RSSfeed_IWK_ALL)

### **Telehealth Market To Hit \$6.28 Billion By 2020**

The global telehealth market is headed for explosive growth over the next decade, according to a new report from InMedica, a division of IMS Research. The main reasons are increasing disease prevalence, an aging population, and governmental pressure to hold down healthcare costs.

<http://www.informationweek.com/news/healthcare/mobile-wireless/231601670>

### **Nokia-backed SMS diabetes campaign targets one million Indian users**

A scheme to raise awareness about diabetes, whose backers include Nokia, aims to reach one million users across India with an SMS campaign over the next two years. Text messages will be delivered twice a week in 12 different languages. Once the campaign is finished users will be able to opt in to receive further diabetes-related messaging for a nominal fee.

<http://www.mobilehealthlive.org/articles/nokia-backed-sms-diabetes-campaign-targets-one-million-indian-users/17371/>

### **Who Uses mHealth Apps & services the most?**

[http://mhealthwatch.com/who-uses-mhealth-apps-services-the-most-17569/?utm\\_source=feedburner&utm\\_medium=twitter&utm\\_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29](http://mhealthwatch.com/who-uses-mhealth-apps-services-the-most-17569/?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29)

### **GPS shoes now available for Alzheimer's patients**

[http://thenextweb.com/shareables/2011/09/21/gps-shoes-now-available-for-alzheimers-patients/?awesm=tnw.to\\_1AvPI&utm\\_campaign=&utm\\_medium=tnw.to-other&utm\\_source=direct-tnw.to&utm\\_content=spreadus\\_master](http://thenextweb.com/shareables/2011/09/21/gps-shoes-now-available-for-alzheimers-patients/?awesm=tnw.to_1AvPI&utm_campaign=&utm_medium=tnw.to-other&utm_source=direct-tnw.to&utm_content=spreadus_master)

### **Us Department of Health and Human Services invests in text messaging mHealth platform, Text4Health**

The Department of Health and Human Services (HHS) has a new task force dubbed Text4Health which has a goal of providing innovative recommendations to support health text messaging and mHealth programs.

<http://www.imedicalapps.com/2011/09/text4health-task-force-aims-improve-mhealth-america/>

## **Social Media Can Change HealthCare - Medicine 2.0 Conference Takeaway**

Two themes came through loud and clear:

- behavior change is possible through social media and mobile apps
- Social media can change how healthcare is delivered in a patient-centric, participatory medicine approach

[http://healthworkscollective.com/node/24899&utm\\_source=feedburner\\_twitter&utm\\_medium=twitter&utm\\_campaign=autotweets?utm\\_source=feedburner&utm\\_medium=twitter&utm\\_campaign=Feed%3A+HealthworksCollective-TwitterHandleFeed+%28Healthworks+Collective+-+Twitter+Handle+Feed%29](http://healthworkscollective.com/node/24899&utm_source=feedburner_twitter&utm_medium=twitter&utm_campaign=autotweets?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+HealthworksCollective-TwitterHandleFeed+%28Healthworks+Collective+-+Twitter+Handle+Feed%29)

### **The Need for a New Listening Movement: From monitoring to learning**

[http://www.briansolis.com/2011/09/the-new-listening-movement-hard-of-hearing-or-just-hard/?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+briansolis+%28Brian+Solis%29](http://www.briansolis.com/2011/09/the-new-listening-movement-hard-of-hearing-or-just-hard/?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+briansolis+%28Brian+Solis%29)

### **CCGs may be better off as sub-committees of NHS Commissioning Board**

<http://www.gponline.com/Medeconomics/article/1093823>

### **Slashing hospital time with self-serve kiosks**

Patients in the out-patient departments of three Queensland hospitals now follow kiosks that direct them between different services within the departments, cutting down on the amount of time they need to spend in clinics.

<http://www.zdnet.com.au/slashing-hospital-time-with-self-serve-kiosks-339322848.htm>

### **iPatientCare Releases New Remote Clinical and Financial Solution, iPatientCare Mobile**

<http://www.prweb.com/releases/2011/9/prweb8794481.htm>

### **Basis launches heart rate monitor and health tracker**

Basis Science has launched a \$199 heart and health monitor that you can strap around your wrist. The tracker has multiple sensors that measure your heart rate, calorie intake, sleep patterns, and other metrics.

<http://venturebeat.com/2011/09/23/basis-launches-heart-rate-monitor-and-health-tracker/>

### **Closed-loop system offers similar benefits as open-loop for diabetes, says study**

Managing your glucose through a closed-loop insulin pump system can provide the same benefits as that of an open-loop system, according to new research reported at the European Association for the Study of Diabetes (EASD).

<http://www.diabetes.co.uk/news/2011/Sep/closed-loop-system-offers-similar-benefits-as-open-loop-for-diabetes,-says-study-92145842.html>

### **The pivotal role of social media in patient support**

<http://www.kevinmd.com/blog/2011/09/pivotal-role-social-media-patient-support.html>

### **Nuffield Trust: Commissioning integrated care in a liberated NHS**

This is the second in a series of reports that Nuffield Trust is publishing as part of its research project: The quest for efficiency in the English NHS, a comprehensive programme of work that aims to help the NHS respond to the financial challenges ahead by examining how health services can improve productivity and deliver more for less.

<http://www.nuffieldtrust.org.uk/publications/commissioning-integrated-care-liberated-nhs>

### **The Kings Fund: Clinical and service integration - The route to improved outcomes**

There are telecare and telehealth references in this report.

[http://www.kingsfund.org.uk/publications/clinical\\_and\\_service.html](http://www.kingsfund.org.uk/publications/clinical_and_service.html)

### **Independent: Text reminders could save NHS millions**

The NHS could save tens of millions of pounds each year by sending text message to patients to remind them of hospital appointments. Patients who are reminded in this way, or by phone, are 34 per cent less likely to miss an appointment than those who are not, according to a systematic review published in the Journal of Telemedicine and Telecare.

<http://www.independent.co.uk/life-style/health-and-families/health-news/text-reminders-could-save-nhs-millions-2360098.html>

### **How Often Do Online U.S. Adults Look Up Information Online About Health Topics?**

The percentage of online U.S. adults who report that they often seek health-related information online increased to 39% in 2011, compared with 32% who reported doing so last year and 22% in 2009.

<http://www.ihealthbeat.org/data-points/2011/how-often-do-online-us-adults-look-up-information-online-about-health-topics.aspx#ixzz1YqzeCcv7>

### **Body Mass Index as a Guide for Diagnosing Prediabetes and Diabetes**

Screening for prediabetes and diabetes can reduce both physical and financial costs and improve health care outcomes by early detection. Electronic health records have the capacity to calculate body mass index, which could prompt HbA1c screening.

<http://www.npjournals.org/article/PIIS155541551100170X/abstract?rss=yes>

### **Diabetes Group Visits: An Alternative to Managing Chronic Disease Outcomes**

Group visits or shared medical appointments have been piloted as an alternative to standard office visits. Specific outcomes measured include the evaluation of diabetes care standards, associated costs, overall blood glucose and glycosylated haemoglobin levels, and patient satisfaction scores.

<http://www.npjournals.org/article/PIIS1555415510005556/abstract?rss=yes>

### **Diabetes "massive challenge" as cases hit 366 million**

The number of people living with diabetes has soared to 366 million, and the disease kills one person every seven seconds.

<http://www.reuters.com/article/2011/09/13/us-diabetes-idUSTRE78C1P420110913>

### **Fitness You Can Count On – Fleetly Launches The First App That Evaluates Your Fitness Level**

Fleetly has announced the launch of a new fitness app that analyzes your goals, body, and workout history, along with the combined results of all users, to benchmark your changing Fitness Level

<http://www.marketwatch.com/story/fitness-you-can-count-on-fleetly-launches-the-first-app-that-evaluates-your-fitness-level-2011-09-22>

### **Map Draw For iPad Released - Touch Technology Places The World At Your Fingertips - Literally**

This application can be used for fitness training such as tracking a run or biking route or for social or business purposes that can range from coordinating a hike, planning a road trip, finding directions to a business meeting and much, much more.

<http://www.theopenpress.com/index.php?a=press&id=117186>

### **Calling Dr. iPhone**

<http://www.tmcnet.com/topics/articles/220317-calling-dr-iphone.htm>

### **The Power Of Social Media Networking In Health Care**

“The social web can amplify signals, influence behavior and lead to action.”

“Social networking has changed the landscape in health care. Technology has paved the way for instant communication and feedback”.

<http://getbetterhealth.com/the-power-of-social-media-networking-in-health-care/2011.09.23>

### **What is Wahoo Fitness**

The Wahoo Fitness products wirelessly connect your iPhone to fitness sensors such as heart rate straps and stride sensors.

<http://www.wahoofitness.com/>

### **Blogs, apps, and meds--patients go online, doctors stay in office**

<http://www.newsworks.org/index.php/homepage-feature/item/27054-blogs-apps-and-meds-patients-go-online-doctors-stay-in-office&Itemid=1>

### **Cardiac Rehabilitation Programs Benefit Patients After Mini or Mild Stroke**

Cardiac rehabilitation, traditionally used after heart attack to prevent future heart problems, seems similarly effective for people who have a transient ischemic attack (TIA) or mild stroke, according to new research published in Stroke: Journal of the American Heart Association.

<http://www.marketwatch.com/story/cardiac-rehabilitation-programs-benefit-patients-after-mini-or-mild-stroke-2011-09-22>

### **App warns of weather, health dangers (Atlanta)**

The state's smart-phone app with weather and health alerts.

<http://www.times-herald.com/local/Smart-phone-app-warns-of-weather--health-dangers--1853616>

### **TraxItAll Enables Users to Set Goals, Track Their Performance Day-by-Day**

<http://prmac.com/release-id-31237.htm>

### **iPad EHR app certified for meaningful use**

Drchrono, which offers a free electronic health record platform on the iPad, became the first iPad app to receive official ONC-ACTB certification.

<http://www.healthcarestoreonline.com/ipad-ehr-app-certified-for-meaningful-use.html>

### **Saga has launched its first health-related app for iPhones**

The new Saga Health App contains comprehensive information on medical conditions and health topics, as well as a database of private and NHS hospitals and contact details for a wide range of health specialists.

<http://www.privatehealth.co.uk/news/september-2011/saga-iphone-app-35926/>

### **Mobile Diabetes App Makes The Grade**

A mobile phone-based coaching system can help diabetics achieve a substantial reduction in blood sugar levels, according to a newly published study. However, the assistance did not lead to significant improvements in other measurements or symptoms.

<http://www.informationweek.com/news/healthcare/mobile-wireless/231601896>

**Doctors can now draw, fax, and prescribe from iPad**

<http://vator.tv/news/2011-09-22-doctors-can-now-draw-fax-and-prescribe-from-ipad>

**How To Build The Next Great Mobile Health App**

<http://www.informationweek.com/news/healthcare/mobile-wireless/231601721>

**Poor posture? An app tells you to sit up straight**

<http://www.independent.co.uk/life-style/health-and-families/poor-posture-an-app-tells-you-to-sit-up-straight-2358350.html>

**Referral to a new psychological therapy service is associated with reduced utilisation of healthcare and sickness absence by people with common mental health problems: a before and after comparison**

<http://press.psprings.co.uk/jech/september/jech0914.pdf>

**Swedish daycare centres use GPS to track kids**

<http://moms.today.com/news/2011/09/21/7886016-swedish-daycare-centers-use-gps-to-track-kids#.TnsATsYBbYU.twitter>

**At a glance 45: Social care and clinical commissioning for people with long-term conditions**

<http://www.scie.org.uk/publications/ataglance/ataglance45.asp>

**Ready for health?**

Local authority readiness to take on some health responsibilities.

<http://www.mhpc.com/blog/ready-health>

**GP Online: GP commissioners will need 'significant support' to integrate services**

<http://www.gponline.com/News/article/1094149/gp-commissioners-will-need-significant-support-integrate-services/>

**Midland Care Connection Implements Recently-Patented CellTrack mHealth App Solution**

[http://mhealthwatch.com/midland-care-connection-implements-recently-patented-celltrack-mhealth-app-solution-17609/?utm\\_source=feedburner&utm\\_medium=twitter&utm\\_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29](http://mhealthwatch.com/midland-care-connection-implements-recently-patented-celltrack-mhealth-app-solution-17609/?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29)

**Tunstall Healthcare Group Limited to Acquire AMAC, American Medical Alert Corp.**

<http://www.brandon.com/2011/09/22/3517875/tunstall-healthcare-group-limited.html#ixzz1Yl6odkxH>

**Misinformation exacerbates #mHealth growing pains**

<http://mobihealthnews.com/13357/misinformation-exacerbates-mhealth-growing-pains/>

**5 technologies every hospital should be using**

<http://healthcareitnews.com/news/5-technologies-every-hospital-should-be-using>

**Health 2.0 *Launch!* Finalists Announced**

Launch! finalists for 2011:

- [Basis](#)

- [Clarimed](#)
- [CareCoach](#)
- [GLU](#)
- GoodRx
- [HealthPer](#)
- [Medify](#)
- [Numera Social](#)
- 1 + 1 Labs
- [WellnessFX](#)

<http://www.health2news.com/2011/09/22/health-2-0-launch-finalists-announced/>

### **Facebook - social web record attracting half a billion users in one day**

<http://www.telegraph.co.uk/technology/facebook/8782929/Facebook-smashes-social-web-record-attracting-half-a-billion-users-in-one-day.html>

### **Cost of Diabetes**

Diabetes costs the NHS £1m a day. The cost of diabetes to the NHS is £1m an hour or 10% of the NHS budget for England and Wales. This equates to £16,666 being spent on diabetes every minute. In total, £9 billion pounds is spent a year on treating diabetes and its complications.

<http://www.diabetes.co.uk/cost-of-diabetes.html>

### **WLSA's Wireless Health 2011 Academic Industry Conference**

October 11-13 in San Diego, CA, USA

Organizer: Wireless-Life Sciences Alliance (WLSA)

<https://www.wirelesshealthstrategies.com/events.html>

### **\*\*\*Understanding mHealth in a Fragmented Market**

<http://www.wirelesslifesciences.org/2011/09/understanding-mhealth-in-a-fragmented-market/>

### **New Personalized Quick-Response Codes for Hospital Marketers**

[http://www.mobilehealthcaredtoday.com/news/2011/09/new-personalized-quick-response-codes-for-hospital-marketers.aspx?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.mobilehealthcaredtoday.com/news/2011/09/new-personalized-quick-response-codes-for-hospital-marketers.aspx?utm_source=twitterfeed&utm_medium=twitter)

### **The Quantified-Self Business**

Self-tracking with pedometers, BP, scales using web site/social media – the ‘quantified self’

<http://bit.ly/qVYV1b>

### **Healthrageous**

Healthrageous offers tools to track progress toward health goals.

<http://www.technologyreview.com/business/38485/>

<http://www.healthrageous.com/>

### **Facebook focuses on media sharing and adds timeline**

"Facebook is positioning itself as not just your social graph online, but your life online."

[http://www.bbc.co.uk/news/technology-15028920?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/technology-15028920?utm_source=twitterfeed&utm_medium=twitter)

### **‘Andrew Dilnot: don't let economy wreck elderly care reforms’**

<http://www.telegraph.co.uk/health/healthnews/8782908/Andrew-Dilnot-dont-let-economy-wreck-elderly-care-reforms.html>

### **Dutch engineers make 'robot legs' for stroke patients**

The prototype device is called the Lower-extremity Powered ExoSkeleton, or LOPES, and works by training the body and mind of a patient to recover a more natural step.

[http://www.bbc.co.uk/news/health-14823404?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/health-14823404?utm_source=twitterfeed&utm_medium=twitter)

### **ITAband Holds Emergency Medical Info, Visa RFID Credit Card For Joggers**

If you're ever injured or knocked unconscious when you're out jogging, bike riding or hiking, you're going to want rescuers to be able to access your emergency medical info easily. The VITAband holds that, plus contact numbers as well for quick reference.

<http://lifelife.com/5842648/vitaband-holds-emergency-medical-info-visa-rfid-credit-card-for-joggers>

### **iOS Health & Fitness Apps Will Grow to 13K by 2012**

The iTunes app store will contain just over 13,000 healthcare-related apps by 2012, a sign that the caring and treatment for the sick - or even those fearing they are sick - is moving to the mobile device.

[http://www.readwriteweb.com/archives/health\\_fitness\\_apps\\_will\\_explode\\_to\\_13000\\_by\\_2012.php](http://www.readwriteweb.com/archives/health_fitness_apps_will_explode_to_13000_by_2012.php)

### **Basis Reveals An Awesome New Affordable Heart And Health Tracker You Can Wear On Your Wrist**

<http://techcrunch.com/2011/09/22/basis-reveals-an-awesome-new-affordable-heart-and-health-tracker-you-can-wear-on-your-wrist/>

### **Privacy issues regarding social media, mobile devices in healthcare largely unaddressed**

<http://t.co/U2Zg27Bx>

### **Healthcare industry not protecting patient privacy well**

Healthcare organizations and other industry players are falling short in protecting the privacy and security of patient information, according to a new report from consulting firm PwC.

[http://www.fiercehealthit.com/story/healthcare-industry-not-protecting-patient-privacy-well/2011-09-22?utm\\_campaign=TwitterEditor-FierceHealthIT#ixzz1YkIFDZ9v](http://www.fiercehealthit.com/story/healthcare-industry-not-protecting-patient-privacy-well/2011-09-22?utm_campaign=TwitterEditor-FierceHealthIT#ixzz1YkIFDZ9v)

### **Semifinalists in "Data Design Diabetes Challenge" tackle a major health issue in ingenious ways**

References to Ginger.io, Wellfra.me, Chewable, MySidekick, HopeUnWounded

<http://www.imedicalapps.com/2011/08/sanofiaventis-data-design-diabetes-challenge-announces-semifinalists/>

### **The Future of Wellness**

<http://www.thinkimagine.com/2011/09/the-future-of-wellness/>

### **Texas prison system reports \$1 billion in technology-related health savings**

A study of the Texas Dept. of Criminal Justice has found that the state saved nearly \$1 billion over the past 10 years because of health-related technology.

<http://www.ama-assn.org/amednews/2011/09/19/bisd0920.htm>

### **Growth in global telehealth forecast at more than \$1B**

<http://healthcareitnews.com/news/growth-global-telehealth-forecast-more-1b>

### **Kaiser Permanente Ranked Among Top Innovators on InformationWeek 500 List**

<http://www.marketwatch.com/story/kaiser-permanente-ranked-among-top-innovators-on-informationweek-500-list-2011-09-22>



### **10 Proven Ways to Reduce Hospital Readmissions (US)**

<http://www.beckershospitalreview.com/quality/10-proven-ways-to-reduce-hospital-readmissions.html>

### **New consumer devices unveiled at San Francisco's Health 2.0**

New devices – Basis, Withings, Ideal Life

<http://news.yahoo.com/consumer-devices-unveiled-san-franciscos-health-2-0-162000422.html>

### **Facebook's Changes—It's All About the Platform**

<http://www.forbes.com/sites/teconomy/2011/09/22/facebooks-changesits-all-about-the-platform/>

### **When Your Therapist Is Only a Click Away**

<http://www.nytimes.com/2011/09/25/fashion/therapists-are-seeing-patients-online.html>

### **TeleHealth: The Doctor Will See You Now, Remotely**

<http://www.mhealthtalk.com/2011/09/telehealth-the-doctor-will-see-you-now-remotely/>

### **Virtual Stroke Care: Money Well Spent?**

<http://www.cbs42.com/content/health/story/Virtual-Stroke-Care-Money-Well-Spent/NmEMhWw7ZE2JXYzO1iyiBw.csp>

### **Translating Innovation and Technology in Healthcare for Patient Benefit Institute of Digital Healthcare, International Digital Laboratory, University of Warwick, UK 17th November 2011**

<http://www.idh.warwick.ac.uk/IDH/conference.html>

### **The latest list of healthcare hastags from the healthcare hashtag project**

<http://bit.ly/94C3Sp>

### **Telepsychiatry via Skype - When Your Therapist Is Only a Click Away**

<http://nyti.ms/rl4s8y>

### **Nearly all U.S. doctors are now on social media**

*“Although most are active on sites personally -- and many professionally -- they have been reluctant to engage with patients”.*

[http://www.ama-assn.org/amednews/2011/09/26/bil20926.htm?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.ama-assn.org/amednews/2011/09/26/bil20926.htm?utm_source=twitterfeed&utm_medium=twitter)

### **Centre for Telehealth and Telecare Event (Scotland)**

Telehealth and Telecare - Supporting transition, integration and innovation Wednesday 9th November 2011 9.30am – 4.30pm Heriot Watt University, Edinburgh

<http://www.socialcareideasfactory.com/items/SCIF-News/telehealth-and-telecare->

### **NICE plans to syndicate feeds**

The National Institute for Health and Clinical Excellence is to trial giving third parties direct access to its resources under a new ‘digital syndication’ strategy.

<http://www.ehi.co.uk/news/EHI/7190/nice-plans-to-syndicate-feeds>

### **‘Fewer than expected appraisals for mobile tech devices submitted to NICE, but expected to increase thru QIPP’ via @EHealthInsider**

<http://t.co/nUxoguWG>

### **mHealth and Data: 88 Percent of Doctors Want Patients to Track Their Health at Home**

<http://www.hl7standards.com/blog/2011/09/22/mhealth-and-data-88-percent-of-doctors-want-patients-to-track-their-health-at-home/>

### **Hospitals Could Track Vitals Via Shirts**

The shirt is designed to track the wearer's heart rate, temperature and even their orientation (via an in-built accelerometer), and relay that information to medical professionals for analysis or action.

<http://www.gizmodo.com.au/2011/09/hospitals-could-track-vitals-via-shirts-of-questionable-fashion/>

### **Spanish Hospital trials shirt containing sensors for vital signs monitoring with system configured alarms**

<http://bit.ly/qRrkzj>

### **Warning about cost of rogue apps**

[http://www.bbc.co.uk/news/business-15038686?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/business-15038686?utm_source=twitterfeed&utm_medium=twitter)

### **Revolutionizing Personal Health – wellnessfx**

The online concierge service bringing you the insight to understand and improve your personal health.

<http://www.wellnessfx.com/>

### **Health Text Messaging Recommendations to the Secretary**

<http://www.hhs.gov/open/initiatives/mhealth/recommendations.html>

### **Tough times, Good Decisions – ADASS conference (19-21 Oct)**

The conference will be held in London, at the newly opened International Conference Centre (ICC) London ExCeL (in Docklands).

[http://www.adass.org.uk/index.php?option=com\\_content&view=article&id=659&Itemid=434](http://www.adass.org.uk/index.php?option=com_content&view=article&id=659&Itemid=434)

### **Welcome on MyHealthStory (beta)**

The basic idea is to share short video-stories about your healthcare experiences as a patient, family, informal care of healthcare professional. This is done by uploading these into your own YouTube account and add a little tag that makes our system find your video's incredible amount of YouTube video's.

<http://myhealthstory.me/>

### **Reuters: "Telemonitoring" may not help with severe asthma**

A device that allows doctors to remotely monitor children with poorly controlled asthma may not help reduce serious asthma attacks, a small study finds.

<http://www.reuters.com/article/2011/09/23/us-telemonitoring-help-with-severe-asthma-idUSTRE78M4Z420110923>

### **At Home Healthcare expands telehealth program With Cardiocom® Telehealth Technology**

<http://healthcareitnews.com/press-release/home-healthcare-expands-telehealth-program-cardiocom%C2%AE-telehealth-technology>

### **The online health information divide**

<http://www.kevinmd.com/blog/2011/09/online-health-information-divide.html>

### **Smartphone EEG Seeks to Bring Brain Scanning to the Home**

[http://medgadget.com/2011/09/smartphone-eeeg-seeks-to-bring-brain-scanning-to-the-home.html?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+Medgadget+%28Medgadget%29](http://medgadget.com/2011/09/smartphone-eeeg-seeks-to-bring-brain-scanning-to-the-home.html?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+Medgadget+%28Medgadget%29)

### **Body Mass Index as a Guide for Diagnosing Prediabetes and Diabetes**

<http://www.njournal.org/article/PIIS155541551100170X/abstract?rss=yes>

### **Easy way for hospitals to administer medical apps to physicians? Apple introduces new feature**

<http://www.imedicalapps.com/2011/07/easy-hospitals-administer-medical-apps-physicians-apple-introduces-feature/>

### **Community Care: Limited uptake of personal budgets in Scottish pilot areas: Just 150 new personal budget arrangements**

<http://www.communitycare.co.uk/Articles/23/09/2011/117504/limited-uptake-of-personal-budgets-in-scottish-pilot-areas.htm>

### **Differential Diagnosis i-Pocket app provides to the point differentials, but with drawbacks**

<http://www.imedicalapps.com/2011/05/differential-diagnosis-ipocket-tothepoint-differential-diagnosis-albeit-drawbacks/>

### **Johns Hopkins HIV Guide app synthesizes HIV information into mobile form for iPad & iPhone**

<http://www.imedicalapps.com/2011/05/hopkins-hiv-guide-synthesizes-hiv-information-complete-app/>

### **Lumoback**

A biofeedback system for your posture, using a tiny sensor and an iPhone app.

<http://www.lumoback.com/>

### **Taking Touch beyond the Touch Screen**

A prototype tablet can sense gestures, and objects placed next to it.

<http://www.technologyreview.com/computing/38662/>

### **Independent: Medical appointment-booking app expands, add waitlists**

<http://www.independent.co.uk/life-style/health-and-families/medical-appointmentbooking-app-expands-add-waitlists-2361131.html>

### **BioStats Calculator app, for the “On the Go” evidence based medical researcher**

<http://www.imedicalapps.com/2011/05/biostats-calculator-evidence-based-medical-research/>

### **Top 10 iPhone medical apps for Internal Medicine Physicians and Residents**

<http://www.imedicalapps.com/2011/05/top-iphone-medical-apps-internal-medicine-physicians-residents/>

### **MyVoice Communication Aid is a simple and robust iPhone app for patients with speech difficulties**

<http://www.imedicalapps.com/2011/05/myvoice-communication-aid-iphone-app-patients-speech-difficulties/>

### **The nuts and bolts of contraception: Contraception i-pocketcards for the iPhone**

<http://www.imedicalapps.com/2011/05/contraception-i-pocketcards-iphone-medical-app-review/>

### **Social Media's Impending Flood of Customer Unlikes**

What happens when people 'unlike' your social media presence? Maintaining value & interest for users

[http://blogs.hbr.org/cs/2011/09/social\\_medias\\_impending\\_flood.html#.Tnn5cpRKfFA.twitter](http://blogs.hbr.org/cs/2011/09/social_medias_impending_flood.html#.Tnn5cpRKfFA.twitter)

### **Study on Smartphone-Based Alert System for Cardiac Arrest Sees Dramatic Results**

[http://mhealthwatch.com/study-on-smartphone-based-alert-system-for-cardiac-arrest-sees-dramatic-results-](http://mhealthwatch.com/study-on-smartphone-based-alert-system-for-cardiac-arrest-sees-dramatic-results-17588/?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29)

[17588/?utm\\_source=feedburner&utm\\_medium=twitter&utm\\_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29](http://mhealthwatch.com/study-on-smartphone-based-alert-system-for-cardiac-arrest-sees-dramatic-results-17588/?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29)

### **ElderGadget — News, Reviews, and Videos about Products with Senior Friendly Features**

<http://www.eldergadget.com/>

### **New Gizmos to Improve Seniors' Lives**

<http://www.smartmoney.com/retirement/planning/gizmos-for-geezers/>

### **Facebook introduces Timeline: The story of your life**

[http://thenextweb.com/facebook/2011/09/22/facebook-introduces-timeline-the-story-of-your-life/?awesm=tnw.to\\_1AwFY&utm\\_campaign=&utm\\_medium=tnw.to-other&utm\\_source=t.co&utm\\_content=spreadus\\_master](http://thenextweb.com/facebook/2011/09/22/facebook-introduces-timeline-the-story-of-your-life/?awesm=tnw.to_1AwFY&utm_campaign=&utm_medium=tnw.to-other&utm_source=t.co&utm_content=spreadus_master)

### **Global telemedicine market 'to grow 19% annually'**

[http://www.hospitaliteurope.com/article/26914/Global\\_telemedicine\\_market\\_%27to\\_grow\\_19%25\\_annually%27](http://www.hospitaliteurope.com/article/26914/Global_telemedicine_market_%27to_grow_19%25_annually%27)

### **Zuckerberg: 500,000,000 people used the Facebook site in one day**

[http://thenextweb.com/facebook/2011/09/22/zuckerberg-500000000-people-used-the-site-in-one-day/?awesm=tnw.to\\_1AwEo&utm\\_campaign=&utm\\_medium=tnw.to-other&utm\\_source=t.co&utm\\_content=spreadus\\_master](http://thenextweb.com/facebook/2011/09/22/zuckerberg-500000000-people-used-the-site-in-one-day/?awesm=tnw.to_1AwEo&utm_campaign=&utm_medium=tnw.to-other&utm_source=t.co&utm_content=spreadus_master)

### **Partners HealthCare is connecting pregnant women to care with text messaging**

<http://www.baystatebanner.com/health20-2011-09-22>

### **Doing More with Mobile Devices in Healthcare: Eliminating the Security Compromise - Forbes**

<http://www.forbes.com/sites/dell/2011/09/22/mobile-devices-in-healthcare/>

### **iMedicalApps**

#### **“Emerging Devices” and the Role of the Cellular Providers in the Future of Mobile Health**

<http://www.imedicalapps.com/2011/09/emerging-devices-role-cellular-providers-future-mobile-health/>

### **TELUSHealth**

#### **Patients would have a 'medical home' under system envisioned by family doctors**

<http://www.winnipegfreepress.com/arts-and-life/life/health/patients-would-have-a-medical-home-under-system-envisioned-by-family-doctors-130256178.html>

### **Diabetes risk increases with duration of obesity**

Diabetes diagnoses reached 19.7 million in the U.S. in 2009 , more than triple the 5.6 million in 1980

<http://www.ama-assn.org/amednews/2011/09/19/hlsc0921.htm>

### **The Kings Fund Social care and clinical commissioning for people with long-term conditions**

[http://www.kingsfund.org.uk/publications/articles/scie\\_commissioning.html](http://www.kingsfund.org.uk/publications/articles/scie_commissioning.html)

### **UN embraces mobility to tackle global health issues**

<http://mobihealthnews.com/13359/un-embraces-mobility-to-tackle-global-health-issues/>

### **The pivotal role of social media in patient support**

<http://www.kevinmd.com/blog/2011/09/pivotal-role-social-media-patient-support.html>

### **Paul Corrigan: What do you need to do to carry out health service reform?**

<http://www.paulcorrigan.com/Blog/health-policy/what-do-you-need-to-do-to-carry-out-health-service-reform/>

### **We need IT for joined-up healthcare!**

<http://manningblog.dailymail.co.uk/2011/09/we-need-it-for-joined-up-healthcare.html>

### **The Internet's impact on #healthcare - survey by Deloitte Health**

<http://nicolaziady.com/2011/08/internets-impact-on-healthcare/>

### **Age UK: Become a digital champion**

Over 5.7m older people have never been online. Can you encourage Digital Champions in your constituency?

<http://www.ageuk.org.uk/work-and-learning/technology-and-internet/volunteer/become-a-digital-champion/>

### **Cell Phones Prove Useful In Tracking Disease Outbreaks**

<http://globalhealth.kff.org/Daily-Reports/2011/August/31/GH-083111-Cell-Phones-In-Natural-Disasters.aspx#.TnwB7SOJkSw.twitter>

## **Section 4: News headlines for week commencing 3 October 2011**

### **Twelve-month outcomes of an Internet-based diabetes self-management support program**

The study (n=463) covered a 12 month internet self-management programme for diabetes to look at changes in health behaviours, Hba1c, body mass, BP etc. Internet conditions improved health behaviours significantly vs. usual care. For a broad public health impact, however, the magnitude of effects was small.

<http://www.pec-journal.com/article/PIIS0738399111003910/abstract?rss=yes>

### **Glycemic control in non-diabetic critically ill patients**

<http://www.bprcem.com/article/PIIS1521690X11000546/abstract?rss=yes>

### **Lifetime risk of developing chronic obstructive pulmonary disease: a longitudinal population study**

A Canadian study covering an overall population of 13m over 14 years found a total of 579,466 individuals were diagnosed with COPD by a physician over the study period. The overall lifetime risk of physician-diagnosed COPD at age 80 years was 27.6%. Lifetime risk was higher in men than in women (29.7% vs 25.6%), individuals of lower socioeconomic status than in those of higher

socioeconomic status (32.1% vs 23.0%), and individuals who lived in a rural setting than in those who lived in an urban setting (32.4% vs 26.7%).

<http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2811%2960990-2/abstract?rss=yes>

### **A Randomized Controlled Trial of a Literacy-Sensitive Self-Management Intervention for Chronic Obstructive Pulmonary Disease Patients**

In a study (n=99), patients were randomly assigned to a one-on-one self-management educational intervention or usual care. The intervention focused on inhaler technique, smoking cessation, and using a COPD action plan. A literacy-sensitive self-management intervention can lead to improvements in inhaler technique, with benefits for patients with both low and higher health literacy.

<http://www.springerlink.com/content/a189181p38583h51/>

### **New horizons in early stage COPD – Improving knowledge, detection and treatment**

<http://www.resmedjournal.com/article/PIIS0954611110005603/abstract?rss=yes>

### **Workout-tracking app Endomondo hits 5 million downloads, gets \$2.3M**

<http://venturebeat.com/2011/09/26/endomondo-track-share-workout/>

### **GE-Philips Health Equipment Market Opens as Smartphones Win FDA Nod: Tech**

<http://www.bloomberg.com/news/2011-09-29/ge-philips-health-equipment-market-opens-as-smartphones-win-fda-nod-tech.html>

### **Improving Health Behavior? “There’s an App for That!”**

<http://healthinnovationblog.com/2011/09/29/improving-health-behavior-%E2%80%9Cthere%E2%80%99s-an-app-for-that%E2%80%9D/>

### **Mobile represents realistic side of Health 2.0 conference**

<http://mobihealthnews.com/13504/mobile-represents-realistic-side-of-health-2-0-conference/>

### **How AirStrip overcame its “nice to have” label**

<http://mobihealthnews.com/13500/how-airstrip-overcame-its-nice-to-have-label/>

### **Health 2.0: Do e-Health Tools Need Peer Review?**

<http://www.healthleadersmedia.com/content/TEC-271374/Health-20-Do-eHealth-Tools-Need-Peer-Review##>

### **Doctors, Patients Not Using Same Social Spaces**

Physicians are using social media at a higher rate than the rest of the population, according to a new survey cited in American Medical News. But in their professional use of social media, they're still shying away from contact with their own patients or even with online patient communities.

<http://www.informationweek.com/news/healthcare/patient/231602459>

### **How robots will replace doctors**

It may be the specialists involved in diagnosis that are likely to be more affected.

[http://www.washingtonpost.com/blogs/ezra-klein/post/how-robots-will-replace-doctors/2011/08/25/gIQASA17AL\\_blog.html](http://www.washingtonpost.com/blogs/ezra-klein/post/how-robots-will-replace-doctors/2011/08/25/gIQASA17AL_blog.html)

### **Asthma tied to poorer diabetes control in kids**

Researchers found that among 2,000 3-21-year-olds with diabetes, 11 percent had asthma -- higher than the roughly 9 percent rate among children and young adults in the U.S. The difference was bigger when the researchers looked at the 311 young people with type 2 diabetes. In that group, 16

percent had asthma, compared with 10 percent of those with type 1 diabetes.

<http://www.reuters.com/article/2011/09/26/us-asthma-diabetes-kids-idUSTRE78P4HC20110926>

### **HHS wants to give patients test results straight from lab (US)**

Proposed changes to federal regulations would override existing laws in 20 states and give patients access to laboratory test results without having first to talk with the physicians who ordered the tests.

<http://www.ama-assn.org/amednews/2011/10/03/prl11003.htm>

### **Drive Results for a Healthier Population: Freescale (video)**

[http://www.youtube.com/watch?v=QzIjNf\\_1NL4](http://www.youtube.com/watch?v=QzIjNf_1NL4)

### **Mobile Healthcare: Beyond Devices**

Three innovations that could make a significant impact on mobile healthcare:

- e-Prescribing
- Patient Portals
- Virtual Visits

<http://www.healthcaretechnologyonline.com/article.mvc/Mobile-Healthcare-Beyond-Devices-0001>

### **Philips' Latest Launch Reinforces Its Commitment to Providing Monitoring Solutions That Support Patient Care at Home**

<http://uk.prweb.com/releases/2011/9/prweb8832721.htm>

### **AIM: Are social media sites good for diabetes management?**

Researchers from Brigham and Women's Hospital explored the characteristics of social media sites for diabetics and the potential of them to promote patient health.

[http://www.cmio.net/index.php?option=com\\_articles&view=article&id=29781](http://www.cmio.net/index.php?option=com_articles&view=article&id=29781)

### **Scotland joins up web resources on chronic conditions**

The Scottish Government's Aliss project is aimed at providing websites with a reliable index of online material on health self-management.

<http://www.guardian.co.uk/healthcare-network/2011/sep/27/scotland-web-resources-chronic-conditions-aliss?newsfeed=true>

### **New telehealth software brings cochlear implant maintenance at fingertips**

The Ear Science Institute of Australia (ESIA) has introduced a new telehealth software that allows remote maintenance of cochlear implants for patients who can't visit the center for regular analysis and mapping of their hearing aids.

<http://www.allvoices.com/contributed-news/10496140-new-telehealth-software-brings-cochlear-implant-maintenance-at-fingertips>

### **The Virtual Doctor is Here to See You Now (Rite-Aid, US)**

<http://bigthink.com/ideas/40455>

### **Wireless Vital Signs Monitor enters clinical trial phase to benefit trauma victims**

<http://www.news-medical.net/news/20111001/Wireless-Vital-Signs-Monitor-enters-clinical-trial-phase-to-benefit-trauma-victims.aspx>

### **Telehealth boom could break down distance barriers**

<http://fcw.com/microsites/2011/insights-health-it/03-telehealth-on-the-rise.aspx>

### **Telepresence - New Release of Philips' Telehealth Software Announced**

<http://telepresence.tmcnet.com/topics/telepresence/articles/224208-new-release-philips-telehealth-software-announced.htm>

### **Telemedicine mobile units launched in flood-affected areas (Pakistan)**

<http://www.thenews.com.pk/TodaysPrintDetail.aspx?ID=70333&Cat=4>

### **Proving the value of telemedicine (US)**

*"Teleneurology is the second most popular telemedicine program in use in the nation's healthcare system, behind only telemental health services. Part of that program is telestroke care – and it's a significant part, as it offers the most dramatic examples of how telemedicine can save lives".*

<http://www.healthcareitnews.com/news/proving-value-telemedicine>

### **A study of the effectiveness of telepsychiatry-based culturally sensitive collaborative treatment of depressed Chinese Americans**

<http://www.biomedcentral.com/1471-244X/11/154>

### **NZ hospitals to use mobile video conferencing (New Zealand)**

<http://www.futuregov.asia/articles/2011/sep/30/nz-hospitals-use-mobile-video-conferencing/>

### **Telemonitoring Solutions: A new approach to better patient health**

<http://www.element14.com/community/docs/DOC-38118>

### **Telemedicine and technology in healthcare (video)**

David Astley, the Head of Health & Emergency Services at Virgin Media Business, discusses how technology will change patient-doctor interactions.

<http://www.healthcareglobal.com/video/telemedicine-and-technology-in-healthcare>

### **Ulster Tech Spin-out Wins US Approval**

*"Intelesens is a leading innovator in non-invasive vital signs monitoring equipment, much of it highly miniaturised, lightweight, unobtrusive and easily worn under clothing, used in remote patient monitoring and personal telehealth".*

<http://news.ulster.ac.uk/releases/2011/6027.html>

### **Mobihealthnews: Mobile represents realistic side of Health 2.0 conference**

Report from the recent Health 2.0 Conference in San Francisco.

<http://mobihealthnews.com/13504/mobile-represents-realistic-side-of-health-2-0-conference/>

### **"Where is there mHealth, really?"**

Interesting discussion on mHealth, mobile health and Health 2.0

<http://mhealthinsight.com/2011/05/09/where-is-there-mhealth-really/>

### **Stephen Clay and Simon Swift: Introducing Doctor First (Slidecast)**

Simon Swift and Stephen Clay from NHS East Midlands, share the promising results of Doctor First, a new project using evidence-based GP practice to reduce emergency admissions

[http://www.kingsfund.org.uk/multimedia/doctor\\_first.html](http://www.kingsfund.org.uk/multimedia/doctor_first.html)

### **Telemedicine to augment the patient encounter**

*"No one thinks telemedicine will replace the face-to-face encounter; instead, it will augment it. For certain items, a doctor can get readings from a machine — blood pressures, weights, or glucose levels. Digital photos and video chat work well for skin issues. In mental health, where resources are often in short supply, telemedicine has taken on an increasing role in doctor-patient virtual visits".*

<http://www.kevinmd.com/blog/2011/09/telemedicine-augment-patient-encounter.html>



### **Campaigners halt NHS service transfer to social enterprise (Stroud, Gloucs)**

[http://www.civilsociety.co.uk/finance/news/content/10575/campaigners\\_halt\\_nhs\\_service\\_transfer\\_to\\_social\\_enterprise](http://www.civilsociety.co.uk/finance/news/content/10575/campaigners_halt_nhs_service_transfer_to_social_enterprise)

### **Digital doctors: GPs urged to consult patients online (Cumbria telemedicine mentioned)**

Technavio are predicting the market will grow by 19 percent annually over the next three years.

[http://www.healthcareglobal.com/healthcare\\_technology/digital-doctors-gps-urged-to-consult-patients-online](http://www.healthcareglobal.com/healthcare_technology/digital-doctors-gps-urged-to-consult-patients-online)

### **Seven Technological Breakthroughs That Empower People With Disabilities:**

<http://on.mash.to/mU6r8y>

### **Remote patient monitoring technology market sees big growth**

*"New technologies in remote patient monitoring will push the market to \$22.2 billion by 2015 as these solutions are used increasingly to combat soaring healthcare costs and personnel shortages and reduce hospitalization times, according to a recent report".*

<http://www.healthcarefinancenews.com/news/market-remote-patient-monitoring-technology-sees-big-growth>

### **Even slightly high blood pressure may raise stroke risk**

A new study has found that middle-aged people with blood pressure that's only slightly above normal are 68% more likely to have a stroke than those with normal blood pressure.

<http://edition.cnn.com/2011/09/28/health/high-blood-pressure-stroke-risk/>

### **Engagement 3.0 – Gamification of Health**

<http://blog.iconecto.com/?p=37>

### **Gamification: Using Game Mechanics To Enhance ELearning**

<http://blog.empowerlms.com/index.php/gamification-game-mechanics-enhance-elearning/>

### **London trust uses SMS to cut missed appointments by a quarter**

Chelsea and Westminster hospital foundation trust has reduced its did not attend (DNA) rate by 26% since the introduction of a SMS text message reminder system, with falls in almost all of its outpatient clinics.

<http://www.guardian.co.uk/healthcare-network/2011/sep/29/chelsea-westminster-sms-missed-appointments-london>

### **BUPA Health Hub**

[http://www.bupa.co.uk/individuals/health-information/heart-circulation?cmpid=soc-twitter\\_bupauk](http://www.bupa.co.uk/individuals/health-information/heart-circulation?cmpid=soc-twitter_bupauk)

### **Lord Green Visits Tunstall During International Trading Campaign**

[http://tunstall-telehealthcare.blogspot.com/2011/09/lord-green-visits-tunstall-during.html?utm\\_source=twitterfeed&utm\\_medium=twitter](http://tunstall-telehealthcare.blogspot.com/2011/09/lord-green-visits-tunstall-during.html?utm_source=twitterfeed&utm_medium=twitter)

### **Hospitals to trial their own appstore; follows Apple's in-store health section (US)**

<http://www.mobilehealthlive.org/articles/hospitals-to-trial-their-own-appstore-follows-apples-in-store-health-section/17495/>

### **Mobility aids scams threaten elderly, says OFT**

Elderly and disabled people face risks from unscrupulous traders offering stairlifts and other mobility aids on the doorstep, the OFT is warning.

<http://www.bbc.co.uk/news/business-15097985>

### **Widnes woman Carole Evans says Telehealth system may have saved her from cancer**

A WIDNES asthma sufferer has revealed how taking part in a medical trial may have saved her from cancer. Carole Evans was one of the first patients in Halton to use the Telehealth self-monitoring system, which has been piloted in the borough since 2009.

<http://www.runcornandwidnesweeklynews.co.uk/runcorn-widnes-news/runcorn-widnes-local-news/2011/09/29/widnes-woman-carole-evans-says-telehealth-system-may-have-saved-her-from-cancer-55368-29502176/>

### **Using Social Media to Help Prevent Suicide**

<http://www.healthypace.com/radioshowblog/using-social-media-to-help-prevent-suicide/>

### **Beyond Moneyball: How Biosensors Are Already Changing Sports Today**

<http://www.nytimes.com/external/venturebeat/2011/09/23/23venturebeat-beyond-moneyball-how-biosensors-are-already-45859.html?ref=technology>

### **The Doctor Will See You Always**

*“Joseph M. Smith from West Wireless Institute admits that a technological revolution in health care has been predicted before, but says that we are at an inflection point now, where wireless connectivity, personal cellular devices, pervasive sensing technologies, social networks, and data analytics are mature enough to make wireless medicine a reality”.*

[http://www.newswise.com/articles/view/581028/?sc=rsla&utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed:+NewswiseLatestNews+%28Newswise:+Latest+News%29](http://www.newswise.com/articles/view/581028/?sc=rsla&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed:+NewswiseLatestNews+%28Newswise:+Latest+News%29)

### **How One Hospital Reduced Its Readmission Rate (US)**

[http://blogs.wsj.com/health/2011/09/28/how-one-hospital-reduced-its-readmission-rate/?mod=WSJBlog&utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed:+wsj/health/feed+%28WSJ.com:+Health+Blog%29&utm\\_content=Google+Reader](http://blogs.wsj.com/health/2011/09/28/how-one-hospital-reduced-its-readmission-rate/?mod=WSJBlog&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed:+wsj/health/feed+%28WSJ.com:+Health+Blog%29&utm_content=Google+Reader)

### **Tight blood sugar control no help against diabetes-related dementia**

[http://www.cbsnews.com/8301-504763\\_162-20112875-10391704.html](http://www.cbsnews.com/8301-504763_162-20112875-10391704.html)

### **Touchscreen tech helping people with disabilities (Australia)**

<http://www.abc.net.au/news/2011-09-22/smart-phones-and-disabilities/2910066>

### **Improving coding, costing and commissioning**

The Commission has published 'Improving coding, costing and commissioning: Annual report on the Payment by Results (PbR) data assurance programme 2010/11'.

[http://www.audit-commission.gov.uk/health/audit/paymentbyresults/reportsandstudies/pbr2011/Pages/pbr2011\\_copy.aspx](http://www.audit-commission.gov.uk/health/audit/paymentbyresults/reportsandstudies/pbr2011/Pages/pbr2011_copy.aspx)

### **Diabetes Training via Smartphones**

The U.S. Department of Health and Human Services' (HHS) Office of Minority Health, the American Association of Diabetes Educators (AADE), and AT&T recently announced a first-of-its-kind initiative to evaluate the use of mobile devices to deliver Diabetes Self-Management Training (DSMT) within an underserved minority community in Dallas, Texas.

<http://www.healthcare-informatics.com/ME2/dirmod.asp?sid=&nm=&type=Publishing&mod=Publications::Article&mid=8F3A7027421841978F18BE895F87F791&tier=4&id=F5961131851E4C4EB45572F40B5DD959>

### **Websites To Mine Health Data to Rate Products**

<http://www.bloomberg.com/news/2011-09-28/websites-mine-clumsy-u-s-health-data-to-rate-medical-products.html>

### **Wearable sensors collect data on athletes while they play**

<http://www.smartplanet.com/blog/rethinking-healthcare/wearable-sensors-collect-data-on-athletes-while-they-play/6851>

### **Noninvasive Remote Telemonitoring for Ambulatory Patients With Heart Failure and Emergency Department Services (comment)**

<http://www.revespcardiol.org/es/node/2505426>

### **Telephone-Based Behavioral Health Assessment for Older Adults Starting a New Psychiatric Medication**

[http://journals.lww.com/ajgponline/Abstract/2011/10000/Telephone\\_Based\\_Behavioral\\_Health\\_Assessment\\_for.3.aspx](http://journals.lww.com/ajgponline/Abstract/2011/10000/Telephone_Based_Behavioral_Health_Assessment_for.3.aspx)

### **Coalition launched to provide telehealth services to underserved areas**

*“Formally launched at the Health 2.0 conference in San Francisco, the Health eVillages coalition is the brainchild of Donato Tramuto, founding partner, CEO and vice chairman of Physicians Interactive Holdings, a Marlborough, Mass.-based developer and supplier of healthcare information and mobile decision support tools. The group has already conducted pilot projects in several areas, including Haiti, Uganda, Kenya and portions of the Gulf Coast affected by Hurricane Katrina”.*

<http://www.healthcareitnews.com/news/coalition-launched-provide-telehealth-services-underserved-areas>

### **Telemedicine and Digital Media Are Improving Healthcare**

<http://blog.avispl.com/avi-spl-blog-posts/telemedicine-digital-medi-healthcare/>

### **System enables home care nurses to monitor patients from office (US)**

[http://www.carrollcountytimes.com/news/local/system-enables-home-care-nurses-to-monitor-patients-from-office/article\\_ea923f04-e879-11e0-889d-001cc4c002e0.html](http://www.carrollcountytimes.com/news/local/system-enables-home-care-nurses-to-monitor-patients-from-office/article_ea923f04-e879-11e0-889d-001cc4c002e0.html)

### **Phoning or texting patients cuts missed appointments by a third**

Review of 29 academic studies finds that texting or calling patients before healthcare appointments significantly reduces non-attendance

<http://www.guardian.co.uk/healthcare-network/2011/sep/27/phoning-text-patients-cuts-missed-appointments?newsfeed=true>

### **Mobile technology will be omnipresent in health care**

<http://www.kevinmd.com/blog/2011/09/mobile-technology-omnipresent-health-care.html>

### **Pulse Today: Postcode lottery in quality of talking therapies for depression**

*“The IAPT programme, which is being backed by £400m of Government money over the next four years, delivered a national average ‘recovery rate’ of 42% in the first quarter of 2011. But five PCTs reported recovery rates of less than 20%, with NHS Blackpool achieving just 5.6%, while top performing areas included Sandwell (66.7%), Gloucestershire (62.8%) and Sefton (62.3%)”.*

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12773133/postcode-lottery-in-quality-of-talking-therapies-for-depression](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12773133/postcode-lottery-in-quality-of-talking-therapies-for-depression)

### **Time trends in mortality in patients with type 1 diabetes: nationwide population based cohort study**

*“Survival of people with early onset type 1 diabetes has improved over time, whereas survival of*

people with late onset type 1 diabetes has deteriorated since the 1980s. Alcohol has become an important cause of death in patients with type 1 diabetes, and the proportion of deaths caused by acute complications of diabetes has increased in patients with late onset type 1 diabetes”.

<http://www.bmj.com/content/343/bmj.d5364.full>

### **Ageing population brings grave problems**

“By 2050, ever-lengthening lifespans and slumping birthrates mean that Europe’s population of working age will drop by 38 million. At the same time, numbers aged 65 and over will rise by 40 million. That will swell the EU’s pensioner population to more than 100 million. The number of workers for every individual of 65-plus will fall from more than three to fewer than two”.

<http://business.timesonline.co.uk/tol/business/columnists/article1980413.ece>

### **NHS Improvement - Case studies for managing COPD**

<http://www.improvement.nhs.uk/lung/NationalProjects/ManagingCOPD/CasestudiesinCOPD/tabid/190/Default.aspx>

### **Interactive video platform HealthClips Rx targets readmission rates, improves patient outcomes**

“Improving patient outcomes and reducing hospital readmission rates through the combination of mobile computing and prescribable educational videos is at the heart of a new approach to improving patient education in clinical settings. The videos address key chronic health and preventive care topics that coach patients through concepts such as lifestyle changes, hospital safety, prescription medicine adherence and when to call the doctor”.

<http://preventice.com/NewsItem.aspx?id=1309867345198626318>

### **Following NICE guidelines for diabetes treatment 'could save NHS £625m'**

The NHS could have saved a total of £625 million if it had prescribed NICE-recommended drugs for the treatment of type 2 diabetes as opposed to other treatment options, according to a new study.

<http://www.nice.org.uk/newsroom/news/FollowingNICEGuidelinesForDiabetesTreatmentSaveNHS625m.jsp>

### **An App to Track Your Heart Pressure**

A smartphone app under development for heart-failure patients allows them to keep track of the pressure inside their heart as measured by an implanted sensor. That data could help patients adjust their medication to maintain a healthy pressure, much as diabetics do with insulin and blood sugar readings.

<http://www.readability.com/read?url=http://www.technologyreview.com/biomedicine/38673/?nldly&nld=2011-09-26>

### **Cluster-Randomized Trial of a Mobile Phone Personalized Behavioral Intervention for Blood Glucose Control**

“The combination of behavioral mobile coaching with blood glucose data, lifestyle behaviors, and patient self-management data individually analyzed and presented with evidence-based guidelines to providers substantially reduced glycated hemoglobin levels over 1 year”.

<http://www.readability.com/read?url=http://www.technologyreview.com/biomedicine/38673/?nldly&nld=2011-09-26>

### **Telepsychiatry Growing in Popularity; Barriers, Drawbacks Remain**

Video conferencing programs like Skype and encrypted digital software through third-party websites have made telepsychiatry accessible to a broader array of patients, the New York Times reports.

<http://www.ihealthbeat.org/articles/2011/9/26/telepsychiatry-growing-in-popularity-barriers-drawbacks-remain.aspx#ixzz1Z5YAIC98>

**Report: Remote Patient Monitoring Market To Reach \$22.2B by 2015**

<http://www.ihealthbeat.org/articles/2011/9/26/report-remote-patient-monitoring-market-to-reach-22-2b-by-2015.aspx#ixzz1Z5blcavn>

**Healthtap - Answers from 5,000 U.S. licensed physicians**

<https://www.healthtap.com/>

**Patients 2.0 – health citizens back into the center of the ecosystem**

Manifesto of Patients 2.0 that was crowdsourced at the Patients 2.0 session in San Diego that preceded the spring conference of Health 2.0. The mission statement consists of 7 elements:

- Engage emotionally AND analytically
- Let patients control their own data (and add to it)
- Include the patient's voice in decision-making (care, policy)
- Engage people and provide services where they 'are' (think access: linguistically, culturally, geographically)
- Recognize all stakeholders: patients, caregivers, providers – as equal partners with different roles
- Network everyone, including those who aren't online
- The real ROI: Recognize Our Impact.

<http://healthpopuli.com/2011/09/26/patients-2-0-health-citizens-back-into-the-center-of-the-ecosystem/>

**Flexible Implantable LED for Prostate Cancer Detection, Other Biosensing Applications**

[http://medgadget.com/2011/09/flexible-implantable-led-for-prostate-cancer-detection-other-biosensing-applications.html?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+Medgadget+%28Medgadget%29](http://medgadget.com/2011/09/flexible-implantable-led-for-prostate-cancer-detection-other-biosensing-applications.html?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+Medgadget+%28Medgadget%29)

**Former Apple CEO John Sculley On The Future Of Medical Technology And Health Care's Killer App**

<http://www.fastcompany.com/1782571/former-apple-ceo-john-sculley-on-the-future-of-medical-technology>

**Wireless Pacemaker Programming Device Unveiled at USC Body Computing Conference**

[http://medgadget.com/2011/09/wireless-pacemaker-programming-device-unveiled-at-usc-body-computing-conference.html?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+Medgadget+%28Medgadget%29](http://medgadget.com/2011/09/wireless-pacemaker-programming-device-unveiled-at-usc-body-computing-conference.html?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+Medgadget+%28Medgadget%29)

**Mobile technology will be omnipresent in health care**

<http://www.kevinmd.com/blog/2011/09/mobile-technology-omnipresent-health-care.html>

**Zeo Sleep Manager**

Tracking quality of sleep on a smartphone.

<http://www.myzeo.com/sleep/shop/zeo-sleep-manager-mobile.html>

**Numera Social Leverages Facebook for its Mobile Wellness Platform**

*"The Numera Social platform aims to leverage social networking and behavioral change principles to motivate the user to adhere to a prescribed exercise or treatment regimen. According to the company, the system will allow healthcare providers, insurers, employers and wellness organizations to provide customized apps and Facebook plugins to help their clients set goals, motivate and*

*monitor their compliance to a prescribed program”.*

[http://medgadget.com/2011/09/numera-social-leverages-facebook-for-its-mobile-wellness-platform.html?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+Medgadget+%28Medgadget%29](http://medgadget.com/2011/09/numera-social-leverages-facebook-for-its-mobile-wellness-platform.html?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+Medgadget+%28Medgadget%29)

**US example of how care coordination (primary/secondary), IT, medical home, text reminders reduce ED visits**

<http://htl.li/6F1do>

**Harnessing the Power of Data: Todd Park’s Vision for Rebooting U.S. Healthcare**

[http://medgadget.com/2011/09/harnessing-the-power-of-data-todd-park%E2%80%99s-vision-for-rebooting-u-s-healthcare.html?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+Medgadget+%28Medgadget%29](http://medgadget.com/2011/09/harnessing-the-power-of-data-todd-park%E2%80%99s-vision-for-rebooting-u-s-healthcare.html?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+Medgadget+%28Medgadget%29)

**How Emergency Medicine Could Serve As An Inspiration To The Health Care Industry**

<http://www.fastcompany.com/1782942/how-emergency-medicine-could-serve-as-an-inspiration-to-the-healthcare-industry>

**NHS cash crisis 'will mean cuts to services or closure of departments'**

NHS Confederation boss Mike Farrar warns of hits to jobs, A&E and maternity wards to stave off going bust

[http://www.guardian.co.uk/society/2011/sep/26/nhs-cash-crisis-cuts-closure?CMP=twf\\_fd](http://www.guardian.co.uk/society/2011/sep/26/nhs-cash-crisis-cuts-closure?CMP=twf_fd)

**Study finds potential in social media tools for smoking cessation**

*“Researchers surveyed 266 users of LIVESTRONG.COM’s MyQuit Coach, a mobile application that enables people to work toward their goal to quit smoking with the help of a smart cigarette tracking system and a supportive online community. The MyQuit Coach survey found that the ability to immediately and continually track cigarette consumption along with encouragement and social support can lead to smoking cessation”.*

<http://www.healthcareitnews.com/news/study-find-potential-social-media-health-tools-smoking-cessation>

**Reuters: For diabetics online, lots of networking options**

A new study of 15 social networking sites found that many have different approaches to both funding issues and involvement of site administrators and doctors.

[http://www.reuters.com/article/2011/09/26/us-diabetics-online-idUSTRE78P5OQ20110926?feedType=RSS&feedName=healthNews&utm\\_source=twitterfeed&utm\\_medium=twitter&utm\\_campaign=Feed:+reuters/healthNews+%28News+US+Health+News%29](http://www.reuters.com/article/2011/09/26/us-diabetics-online-idUSTRE78P5OQ20110926?feedType=RSS&feedName=healthNews&utm_source=twitterfeed&utm_medium=twitter&utm_campaign=Feed:+reuters/healthNews+%28News+US+Health+News%29)

**FaceTime is HIPAA compliant and encrypted, could change the way physicians and patients communicate**

*“According to Apple, calls made via FaceTime can be HIPAA-compliant with the appropriate security configuration. The news that this ubiquitous, free communications platform meets these rigorous standards has potentially wide implications for how patients, physicians, and others in healthcare communicate”.*

<http://www.imedicalapps.com/2011/09/facetime-hipaacompliant-encrypted-avenue-telemedicine/>

**Electronic Medical Records: A Silicon Valley Gold Rush**

*“As doctors shift to digital data, companies see an opportunity akin to the social media boom”.*

<http://www.businessweek.com/magazine/electronic-medical-records-a-silicon-valley-gold-rush-09222011.html>

#### **For diabetics online, lots of networking options**

[http://www.reuters.com/article/2011/09/26/us-diabetics-online-idUSTRE78P5OQ20110926?feedType=RSS&feedName=healthNews&utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed:+reuters/healthNews+%28News+/%29+Health+News%29&utm\\_content=Google+Reader](http://www.reuters.com/article/2011/09/26/us-diabetics-online-idUSTRE78P5OQ20110926?feedType=RSS&feedName=healthNews&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed:+reuters/healthNews+%28News+/%29+Health+News%29&utm_content=Google+Reader)

#### **Review of Epocrates new Electronic Health Record**

<http://www.imedicalapps.com/2011/09/epocrates-electronic-health-record-outpatient-practices/>

#### **Guardian: Phoning or texting patients cuts missed appointments by a third**

Review of 29 academic studies finds that texting or calling patients before healthcare appointments significantly reduces non-attendance

[http://www.guardian.co.uk/healthcare-network/2011/sep/27/phoning-text-patients-cuts-missed-appointments?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.guardian.co.uk/healthcare-network/2011/sep/27/phoning-text-patients-cuts-missed-appointments?utm_source=twitterfeed&utm_medium=twitter)

#### **GPs sceptical of community matron value**

Many GPs are sceptical about the impact of community matrons and see them as a danger to traditional services, according to a study published in the British Journal of General Practice.

<http://www.nursingtimes.net/nursing-practice/clinical-specialisms/district-and-community-nursing/gps-sceptical-of-community-matron-value/5035500.article>

#### **GravityEight**

<http://www.gravityeight.com/>

#### **High blood pressure raises cancer risk**

*"Suffering high blood pressure could raise the chance of dying from cancer by almost half".*

<http://www.telegraph.co.uk/health/healthnews/8789671/High-blood-pressure-raises-cancer-risk.html>

#### **Guardian: Despite Dilnot, care home providers get squeezed on fees**

*"Care homes for the elderly will struggle to provide good services at current levels of funding".*

[http://www.guardian.co.uk/social-care-network/2011/sep/27/dilnot-care-home-providers-squeezed-fees?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.guardian.co.uk/social-care-network/2011/sep/27/dilnot-care-home-providers-squeezed-fees?utm_source=twitterfeed&utm_medium=twitter)

#### **COPD tool 'improves GP diagnosis'**

*"A Dutch study involved 65 GPs, who examined 357 patients complaining of a persistent cough for 14 days or longer and estimated the probability of COPD after taking a short history and physical examination. When the diagnosis was checked, it was found that using a decision aid after the initial assessment had improved the GPs' risk classification, resulting in 35 fewer patients needing spirometry testing and eight fewer COPD cases being missed".*

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12775673/copd-tool-improves-gp-diagnosis](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12775673/copd-tool-improves-gp-diagnosis)

#### **Scotland joins up web resources on chronic conditions**

<http://www.guardian.co.uk/healthcare-network/2011/sep/27/scotland-web-resources-chronic-conditions-aliss>

#### **Screen for COPD during annual reviews, say GP specialists**

Patients with chronic diseases such as diabetes should be screened for COPD during their annual reviews, according to GP researchers.



<http://www.gponline.com/News/article/1095350/screen-copd-during-annual-reviews-say-gp-specialists/>

### **Health 2.0: Do eHealth tools need peer review?**

*"The industry needs reliable, reputable sources in the public and private sectors to vet them or even professional associations that could certify them - Marco Smit, president of Health 2.0 Advisors".*

<http://www.healthleadersmedia.com/content/TEC-271374/Health-20-Do-eHealth-Tools-Need-Peer-Review##>

### **Twelve-month outcomes of an Internet-based diabetes self-management support program**

<http://www.pec-journal.com/article/PIIS0738399111003910/abstract?rss=yes>

### **The Development of Lifestyle and Home Care Services in France**

A briefing on the impacts of The Lifestyle and Home Care Services Development Plan, a law passed in 2005 in France. This policy aimed to double the growth of the care sector and transform social care services in France.

<http://www.carersuk.org/professionals/resources/practice-guides/item/419-the-development-of-lifestyle-and-home-care-services-in-france>

### **The Mobile Future Is About Much More Than Apps [VIDEO]**

<http://www.fastcompany.com/1782940/its-not-all-about-apps>

### **10 Ways The iPad Is Changing Healthcare**

<http://www.anbrcoma.com/contents/healthwatch/ipad&healthcare092711ac00505hw.html#.ToHksdXorPI.facebook>

### **New US healthcare rating agency with independent information on med devices etc**

<http://bit.ly/qTwjcX>

<http://www.clarimed.com/>

### **List of 20 Excellent Social Media Networking Resources for HealthCare**

<http://healthworkscollective.com/barbara-ficarra/25103/list-20-excellent-social-media-networking-resources>

### **Intelligent T-Shirt Can Monitor Vital Signs Remotely**

<http://au.ibtimes.com/articles/219384/20110925/intelligent-t-shirt-can-monitor-vital-signs-remotely.htm>

### **How Phones Are Changing Healthcare In Africa**

<http://mashable.com/2011/09/27/phones-doctors-africa/>

### **Smartphones That Measure Radiation, Bad Breath To Be Unveiled**

<http://www.medicalnewstoday.com/articles/235095.php>

### **US Govt health IT pledge**

The U.S. Department of Health & Human Services' Office of the National Coordinator for Health Information Technology (ONC) is leading a national campaign to educate and engage the public on the value and benefits of health information technology (health IT) in improving health and health care.

<http://www.healthit.gov/pledge/>



### **Health Searches Scare You? Medify's Personalized Answer**

<http://www.informationweek.com/news/healthcare/patient/231602175>

### **The Latest Sports Stat: Players' Vital Signs**

Wearable sensors collect data from athletes as they're playing—data that could soon be broadcast during the game.

<http://www.technologyreview.com/biomedicine/38663/>

### **The Two-Way Street of Patient Engagement in Health IT**

<http://www.ihealthbeat.org/perspectives/2011/the-two-way-street-of-patient-engagement-in-health-it.aspx#ixzz1ZBNzH0O8>

### **Just Text Me: Using SMS Technology for Collaborative Patient Mood Charting**

<http://www.iopm.org/columns/innovations/2011/09/26/just-text-me-using-sms-technology-for-collaborative-patient-mood-charting/>

### **The Intersection of Medicine, Social Media, and Mobile at Medicine 2.0 Conference**

<http://www.imedicalapps.com/2011/09/intersection-medicine-social-media-mobile-stanford/>

### **New iPhone app could delay need for reading glasses**

A smart phone app could delay the need for reading glasses in older people by teaching the brain to process blurred images.

<http://www.telegraph.co.uk/science/science-news/8794225/New-iPhone-app-could-delay-need-for-reading-glasses.html>

### **The Intersection of Medicine, Social Media, and Mobile at Medicine 2.0 Conference**

Abstracts and, in some cases, full slide decks are available for these presentations and others from the mHealth track.

<http://www.imedicalapps.com/2011/09/intersection-medicine-social-media-mobile-stanford/>

### **Eleven hospitals pilot app store for doctors**

<http://mobihealthnews.com/13490/eleven-hospitals-pilot-app-store-for-doctors/>

### **Talking Sense Online**

<http://www.talkingsense.org/>

### **Seedhack creates fertile ground for health and finance apps**

<http://www.wired.co.uk/news/archive/2011-09/28/seedhack>

### **Anne Talbot: Clinicians driving Clinical Dashboards**

[http://www.kingsfund.org.uk/multimedia/anne\\_talbot.html](http://www.kingsfund.org.uk/multimedia/anne_talbot.html)

### **\$103M in government funding targets chronic disease (US)**

*“States and communities nationwide will receive more than \$103M from the federal government to help combat chronic illness, pegged as the leading cause of death in Americans. The money is aimed at developing new programs and providing technical assistance. Most chronic disease programs employ information technology as a means of tracking patient conditions and reporting to statewide and national registries”.*

<http://www.healthcareitnews.com/news/103m-government-funding-targets-chronic-disease>

### **Is the cloud the ultimate disruptive innovation?**

<http://tech.fortune.cnn.com/2011/09/27/is-the-cloud-the-ultimate-disruptive-innovation/>

### **Health eVillages**

<http://www.healthevillages.org/>

### **Are mobile health apps only for the rich?**

<http://healthunbound.org/content/are-mobile-health-apps-only-rich>

### **6 emerging health IT companies you should know (but probably don't)**

<http://www.medicitynews.com/2011/09/6-emerging-health-it-companies-you-should-know-but-probably-don%E2%80%99t/>

### **The Two-Way Street of Patient Engagement in Health IT**

<http://www.ihealthbeat.org/perspectives/2011/the-two-way-street-of-patient-engagement-in-health-it.aspx#ixzz1ZHeVBKGb>

### **Patient-centered healthcare homes 'here to stay'**

[http://www.fiercehealthcare.com/story/patient-centered-healthcare-homes-here-stay/2011-09-27?utm\\_medium=rss&utm\\_source=rss](http://www.fiercehealthcare.com/story/patient-centered-healthcare-homes-here-stay/2011-09-27?utm_medium=rss&utm_source=rss)

### **Control Of Diabetes Linked To Frequency Of Doctor Visits**

<http://diabetesinfodesk.com/control-of-diabetes-linked-to-frequency-of-doctor-visits/>

### **Dementia patients suffer dubious hospitalizations**

<http://www.msnbc.msn.com/id/44707138/ns/health-aging/?ocid=twitter#.ToOUSInO5qw>

### **Grande Ronde Hospital Wins ECRI Institute's 2011 Health Devices Achievement Award**

Grande Ronde Hospital, a 25-bed critical access hospital, won this year's award for its establishment of a telemedicine network that allows its patients in rural northeast Oregon and Washington to access specialty physicians from across four states.

<http://www.prnewswire.com/news-releases/grande-ronde-hospital-wins-ecri-institutes-2011-health-devices-achievement-award-130731768.html>

### **Health 2.0: Mobile Healthcare for Humanity – Health eVillages**

[http://www.mobilehealthcaredotcom/articles/2011/09/health-2-0-mobile-healthcare-for-humanity.aspx?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.mobilehealthcaredotcom/articles/2011/09/health-2-0-mobile-healthcare-for-humanity.aspx?utm_source=twitterfeed&utm_medium=twitter)

### **WeHab Helps Stroke Patients See Hopes Of Recovery**

*“A research team from the University of Notre Dame has come up with a prototype system that uses the Wii Balance Board as a means of rehab therapy for victims of stroke. According to the team, the WeHab platform is intended to make exercise and therapy easier for stroke patients with limited mobility”.*

<http://www.psfk.com/2011/09/wehab-helps-stroke-patients-see-hopes-of-recovery.html#ixzz1ZK2xk5ao>

### **NHS interoperability drive must be opened, suppliers urge**

*“Plans to enable health and social care systems to share information are doomed unless the NHS radically changes its approach to interoperability, an IT trade association (Intellect) has warned. According to an Intellect paper entitled We Should Talk, “Without interoperability no carer can know as much about the patient as they should. Tests are repeated, inappropriate care may be given and*

hospital stays extended. In short, without interoperability healthcare processes are less effective and the NHS is less efficient".

[http://www.intellectuk.org/index.php?option=com\\_content&view=article&id=4866&Itemid=495](http://www.intellectuk.org/index.php?option=com_content&view=article&id=4866&Itemid=495)

#### **DH considers a country-wide push on reconfiguration (requires subscription)**

[http://www.hsj.co.uk/news/policy/dh-considers-a-country-wide-push-on-reconfiguration/5035736.article?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.hsj.co.uk/news/policy/dh-considers-a-country-wide-push-on-reconfiguration/5035736.article?utm_source=twitterfeed&utm_medium=twitter)

#### **Mobile represents realistic side of Health 2.0 conference**

<http://mobihealthnews.com/13504/mobile-represents-realistic-side-of-health-2-0-conference/>

#### **Telegraph: Obesity and chronic disease cost UK PLC £20bn a year**

Obesity and chronic health conditions such as high blood pressure and diabetes cost Britain £20 billion a year in terms of lost productivity, analysis by the polling firm Gallup has found.

<http://www.telegraph.co.uk/health/healthnews/8797091/Obesity-and-chronic-disease-cost-UK-PLC-20bn-a-year.html>

#### **Feds are bullish on government apps, but few have downloaded one (US)**

Almost half of federal managers use a mobile software application more than once a day, but only 15 percent of federal smartphone users have ever downloaded a government-built app, according to a recent survey.

[http://www.nextgov.com/nextgov/ng\\_20110927\\_3866.php](http://www.nextgov.com/nextgov/ng_20110927_3866.php)

#### **What's Holding Back Health IT Innovation?**

*"The U.S. healthcare system is so complicated and the status quo so entrenched that many good IT ideas fail to take hold. But the future of healthcare--and of the U.S. economy itself--depends on such innovators finding ways to get healthcare costs under control, according to Mark Smith, president and CEO of the California HealthCare Foundation".*

<http://www.informationweek.com/news/healthcare/leadership/231602180>

#### **Laurie Orlov: When markets don't intersect - xHealth and tech for aging**

<http://www.ageinplacetech.com/blog/when-markets-dont-intersect-xhealth-and-tech-aging>

#### **"Million Hearts" initiative aims to reduce cardiovascular disease burden (US)**

The government plan targets hypertension and high cholesterol management, smoking cessation, and decreased consumption of sodium and trans fat.

<http://www.ama-assn.org/amednews/2011/09/26/hlsa0926.htm>

#### **Care Innovations CEO Burns pushes 'coopetition' in remote monitoring**

<http://mobihealthnews.com/13507/care-innovations-ceo-burns-pushes-coopetition-in-remote-monitoring/>

#### **Our New "Social" Communication Age in Health**

<http://www.tandfonline.com/doi/abs/10.1080/10810730.2011.610220>

#### **Cellnovo's Mobile Diabetes Management System gets approval from European regulators**

<http://www.imedicalapps.com/2011/09/mobile-diabetes-management-system-ce-mark-approval/>

#### **Text Messaging Program for Pregnant Women Expands to Jamaica Plain**

<http://www.connectwithpartners.org/2011/09/28/text-messaging-program-for-pregnant-women-expands-to-jamaica-plain/>

### **Control of diabetes shown to improve with more doctor visits**

A new study in the United States, has found that frequent meetings between type 2 diabetes patients and doctors are linked to treatment targets for blood glucose, cholesterol and blood pressure being reached more quickly.

<http://www.diabetes.co.uk/news/2011/Sep/control-of-diabetes-shown-to-improve-with-more-doctor-visits-92666872.html>

### **Mental health trust turns talking cures into web chats**

A Yorkshire and Humber trust is finding that half of its prescriptions of therapy can be delivered online

<http://www.guardian.co.uk/healthcare-network/2011/sep/28/mental-health-talking-cures-web-chats>

### **Using Web 2.0 Technologies to Enhance Evidence-Based Medical Information**

This article invokes research on information seeking and evaluation to address how providers of evidence-based medical information can use Web 2.0 technologies to increase access to, enliven users' experiences with, and enrich the quality of the information available.

<http://www.tandfonline.com/doi/abs/10.1080/10810730.2011.589881>

### **Twitter as a giant global mood ring**

[http://blogs.discovermagazine.com/notrocketscience/2011/09/29/twitter-as-a-giant-global-mood-ring/?utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+NotRocketScience+%28Not+Exactly+Rocket+Science%29](http://blogs.discovermagazine.com/notrocketscience/2011/09/29/twitter-as-a-giant-global-mood-ring/?utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+NotRocketScience+%28Not+Exactly+Rocket+Science%29)

### **MobileMinder app launches to help parents keep an eye on their kids from afar**

[http://thenextweb.com/apps/2011/09/30/mobileminder-app-launches-to-help-parents-keep-an-eye-on-their-kids-from-afar/?awesm=tnw.to\\_1B5Ep&utm\\_campaign=&utm\\_medium=tnw.to-other&utm\\_source=yoono.com&utm\\_content=spreadus\\_master](http://thenextweb.com/apps/2011/09/30/mobileminder-app-launches-to-help-parents-keep-an-eye-on-their-kids-from-afar/?awesm=tnw.to_1B5Ep&utm_campaign=&utm_medium=tnw.to-other&utm_source=yoono.com&utm_content=spreadus_master)

### **Estonia, Latvia Launch Telemedicine Project**

The Estonian-Latvian telemedicine project DELMA, which aims to enhance cross-border cooperation in the healthcare field through the usage of video conferencing equipment, will be launched in the beginning of October.

<http://news.err.ee/a93dbe10-0b2b-4ba8-a8c8-45e9c6609e40>

### **Health 2.0 Conference in San Francisco reveals new mHealth products**

[http://www.imedicalapps.com/2011/09/health-20-conference-san-francisco-reveal-mhealth-devices/?utm\\_campaign=Health%202.0%20Conference%20in%20San%20Francisco%20reveals%20new%20mHealth%20products&utm\\_medium=twitter&utm\\_source=twitter](http://www.imedicalapps.com/2011/09/health-20-conference-san-francisco-reveal-mhealth-devices/?utm_campaign=Health%202.0%20Conference%20in%20San%20Francisco%20reveals%20new%20mHealth%20products&utm_medium=twitter&utm_source=twitter)

### **Data Mining Could Help Predict Mortality Risk Among Cardiac Patients**

*"A team of researchers has developed data-mining and machine-learning techniques that detect subtle changes in cardiac electrical activity to better predict the risk of death among heart attack patients, [Wired UK](#) reports".*

<http://www.ihealthbeat.org/articles/2011/9/30/data-mining-could-help-predict-mortality-risk-among-cardiac-patients.aspx#ixzz1ZSwXsSCh>

## **Section 5: News headlines for week commencing 10 October 2011**

### **A systematic review of the effects of e-health on chronically ill patients**

e-Health interventions for chronically ill patients, offered instead of usual care or in addition to usual care, lead to small to moderate positive effects on primary health outcomes. However, the evidence was not fully convincing, because of the limited number of studies available and the methodological limitations. Further research is needed to confirm the cost-effectiveness of e-health interventions for patients with chronic diseases.

<http://onlinelibrary.wiley.com/doi/10.1111/j.1365-2702.2011.03743.x/abstract>

### **An evaluation of Birmingham Own Health telephone care management service among patients with poorly controlled diabetes. A retrospective comparison with the General Practice Research Database**

Despite the limitations of the study design, the results are consistent with the Birmingham Own Health telephone care management intervention being effective in reducing HbA1c levels, blood pressure and BMI in people with diabetes, to a degree comparable with randomised controlled trials of similar interventions and clinically important. The effects appear to be greater in patients with poorer baseline levels and the intervention is effective in the most deprived populations.

<http://www.biomedcentral.com/1471-2458/11/707>

### **DH: Launch of digital technology implementation scheme for long term conditions work**

*“A new scheme to support local long term conditions teams to identify opportunities and to exploit the use of digital technology in support of improved LTC management has been launched. Sir John Oldham, National Clinical Lead for Quality and Productivity, has written to NHS Cluster chief executives inviting expressions of interest from their QIPP LTC Ignition and Operational Phase Teams in participating in the scheme. Expressions of interest should be submitted from QIPP LTC Ignition and Operational Phase Teams to the relevant QIPP LTC national coach by Friday 28 October”.*

[http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH\\_130394](http://www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH_130394)

### **Providers will not be propped up in effort to prevent another Southern Cross**

The government will not prop up care providers whose businesses have failed, in the wake of the Southern Cross case.

<http://www.communitycare.co.uk/Articles/10/10/2011/117584/government-will-not-prop-up-failing-care-providers.htm>

### **UK must prepare better for extreme weather and the elderly population**

Researchers have mapped areas of England most likely to face more extreme weather events and increasingly elderly populations, and have called on service providers to adjust their planning to meet these challenges. Last year's big freeze resulted in 25,400 excess winter deaths. Co-author, Professor Dr Dimitry Val, Heriot-Watt University, said: “Scotland has just experienced two very harsh winters and the problems faced by the elderly have been particularly acute, especially in rural areas. The combination of extreme weather coupled with increasing numbers of older people living in the UK is likely to increase the risks for infrastructure including hospitals and health centres.”

<http://www.clickgreen.org.uk/research/trends/122603-uk-must-prepare-better-for-extreme-weather-and-elderly-population.html>

### **New Telehealth programme for Gloucestershire**

<http://www.nhs.uk/2011/10/new-telehealth-programme-for-gloucestershire/>

**Technology offers safety net for more vulnerable people (Nottinghamshire)**

[http://www.chad.co.uk/news/health/technology\\_offers\\_safety\\_net\\_for\\_more\\_vulnerable\\_people\\_1\\_3837893](http://www.chad.co.uk/news/health/technology_offers_safety_net_for_more_vulnerable_people_1_3837893)

**Is telehealth what we've all been waiting for?**

<http://www.leics-his.nhs.uk/blog/>

**NHS text message service marks 1,000th patient (NHS Stoke)**

<http://www.bbc.co.uk/news/uk-england-stoke-staffordshire-15197479>

**Telestroke the next best thing to being there, study finds**

The use of long-distance video and data hookups to link remote community hospitals with stroke neurologists in large centres provides the same level of care as having everyone in the same room, according to a new study presented today at the Canadian Stroke Congress. Besides providing better care to remote communities, early projections show that Telestroke resulted in more than \$1 million in health-care savings over four years, Dr. Jeerakathil says.

<http://networkedblogs.com/nYaHO>

**Guardian: Andrew Lansley trumpets his market-led patient voucher scheme**

The health secretary aims to have 50,000 patients with long-term conditions being able to buy their own treatments by 2014.

[http://www.guardian.co.uk/politics/2011/oct/04/lansley-trumpets-patient-voucher-scheme?CMP=twf\\_d](http://www.guardian.co.uk/politics/2011/oct/04/lansley-trumpets-patient-voucher-scheme?CMP=twf_d)

**Facebook, Twitter linked to teen drug use, study says**

About 70 percent of teens spend time networking online every day. Compared to teens who don't log on, researchers at Columbia's National Center on Addiction and Substance Abuse found teens who use social media are five times more likely to use tobacco, three times more likely to drink alcohol and twice as likely to use marijuana.

<http://www.deseretnews.com/article/700185289/Facebook-Twitter-linked-to-teen-drug-use-study-says.html>

**Raising 'good' cholesterol levels reduces heart attack and stroke risk in diabetes patients**

[http://www.eurekalert.org/pub\\_releases/2011-10/kp-rc100311.php](http://www.eurekalert.org/pub_releases/2011-10/kp-rc100311.php)

**Mobile phone app helps patients with dermatitis choose safe products news**

[http://www.domain-b.com/technology/20111010\\_safe\\_products.html](http://www.domain-b.com/technology/20111010_safe_products.html)

**Monitoring of Congestive Heart Failure (CHF) leads the way as Global Telehealth market set to exceed \$1 billion.**

<http://t.co/WDQU4EW>

**Visiting Nurse Services of Connecticut Selects Cardiocom As Its New Telehealth Vendor**

[http://www.bizjournals.com/prnewswire/press\\_releases/2011/09/27/CG75277](http://www.bizjournals.com/prnewswire/press_releases/2011/09/27/CG75277)

**The Myriad Uses Of The iPad In The Operating Room**

Interesting article about the potential uses of the iPad and apps by surgeons.

<http://getbetterhealth.com/the-myriad-uses-of-the-ipad-in-the-operating-room/2011.10.05>

### **Texting for Health Makes Progress**

<http://www.mobiledia.com/news/111374.html>

### **Patient Care in High Definition**

<http://www.kapsch.net/en/kbc/portfolio/industryfocus/healthcare/Pages/Telecare.aspx>

### **Weight loss plan 'lacks evidence'**

'Nudging' people to lose weight by thinking about their lifestyle shows little evidence of success, a Cochrane Review covering studies involving nearly 4000 people in 5 countries. "Changing one's mindset is not enough. People need to eat less and exercise more to lose weight".

<http://www.bbc.co.uk/news/health-15173639>

### **Participatory Design of a Social TV Application for Senior Citizens – The iNeighbour TV Project**

The project includes automatic user recognition system, medication reminder, monitoring system (of deviations from daily patterns), caregiver support, events planning, audio calls and a set of tools to promote community service.

<http://www.springerlink.com/content/x422468417568062/>

### **Birmingham City Council Invests in City-wide Telecare Service**

<http://ehealthnews.eu/tunstall/2771-birmingham-city-council-invests-in-city-wide-telecare-service>

### **GP Online: Dementia risk predictable through self-rated health**

*"Dementia risk could be predicted by asking people to rate their own health, a French research study suggests. Researchers studied 8,169 people aged over 65 years who were living in the community. At the start of the study, participants were asked to rate their own health. They were then assessed an average of 6.7 years later and 618 were found to have developed dementia. Compared with those who rated their health as good, those rating their health as poor had a 70 per cent higher risk of developing dementia. Those rating their health as fair had a 34 per cent higher risk of developing dementia".*

<http://www.gponline.com/News/article/1096589/dementia-risk-predictable-self-rated-health/>

### **Patient Opinion in use**

<http://salmapatel.com/healthcare/patient-opinion-in-use>

### **NHS Choices: Men 'develop diabetes more easily'**

<http://www.nhs.uk/news/2011/10October/Pages/males-more-likely-to-get-diabetes.aspx>

### **Effectiveness of proactive telephone counselling for smoking cessation in parents: Study protocol of a randomized controlled trial**

<http://www.biomedcentral.com/1471-2458/11/732>

### **NHSlocal NHS performance and opinion service**

<http://nhslocal.nhs.uk/story/service-star-rates-hospitals-be-trialled-west-midlands>

### **20 health social media networking resources (W/Cleveland Clinic social media policy)**

<http://www.healthcarecommunication.com/Main/Articles/7638.aspx>

### **Modified iPhone Can Detect Blood Disorders**

A cheap lens that enables a cell phone's camera to discern the shapes of cells in a blood sample could make it easier to diagnose conditions such as sickle-cell anemia in places without medical infrastructure. The system is designed to allow field workers to photograph blood samples from



patients, and then send the micrographs to doctors via the cellular network for interpretation.

<http://www.technologyreview.com/communications/38793/>

#### **New IBS 'smart pill' monitors digestive conditions**

The new capsule - which could help thousands of sufferers - analyses the activities of the digestive system as it moves through the gut. A monitor worn around the waist of the patient for a number of days then details the speed at which food passes along the colon, as well as the pressure, temperature and acidity in the gut.

<http://www.nursingtimes.net/5036101.article?referrer=e10#.To32LRLPmj0.twitter>

#### **Future healthcare needs more GPs, says RCGP report**

<http://www.gponline.com/channel/news/article/1097591/future-healthcare-needs-gps-says-rcgp-report>

#### **Walgreens Launches SMS Prescription Refill Reminders, Lets You Order With Reply**

<http://mhealthwatch.com/walgreens-launches-sms-prescription-refill-reminders-lets-you-order-with-reply-17773/>

#### **IAPT reduces A&E visits and sick notes**

Referring patients with depression for talking therapies reduces A&E attendances, gets people back to work and improves adherence to antidepressant medication, say the authors of a major UK analysis.

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12849937/iapt-reduces-a-e-visits-and-sick-notes](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12849937/iapt-reduces-a-e-visits-and-sick-notes)

#### **Just Text Me: Using SMS Technology for Collaborative Patient Mood Charting**

<http://www.jopm.org/columns/innovations/2011/09/26/just-text-me-using-sms-technology-for-collaborative-patient-mood-charting/>

#### **Lords debates the global 'epidemic' of diseases of affluence**

<http://www.parliament.uk/business/news/2011/october1/non-communicable-diseases-debate/>

#### **85% of deaths in Europe & 60% globally are due to non-communicable disease – HoL debate on 6 October 2011**

<http://www.publications.parliament.uk/pa/ld201011/ldhansrd/text/111006-0001.htm#11100648000451>

#### **GUIDING PATIENTS THROUGH COMPLEXITY: MODERN MEDICAL GENERALISM - REPORT OF AN INDEPENDENT COMMISSION FOR THE ROYAL COLLEGE OF GENERAL PRACTITIONERS AND THE HEALTH FOUNDATION**

4.27 - More important for improved patient care, however, will be the use of telephone, e-mail, texting, and web-based decision-support systems. There are obvious inefficiencies in current systems of face-to-face recall and repeat prescribing, which waste the time of both doctors and patients. Patient choice, self-management, and health education are all being supported by electronic means and generalists must embrace these technologies. They are no longer new, but the common currency of every sector except health care<sup>6</sup>.



Recommendation 4 - Generalists need to make more and better use of new information and communication technologies to improve communication between them and their patients, and with other clinical professionals. Effective use of information and communication technologies will improve the quality and coordination of patient care, enable efficiencies, and enhance clinical audit and research.

<http://www.health.org.uk/publications/generalism-report/>

#### **Assessment of HbA1c as a diagnostic tool in diabetes and prediabetes**

<http://www.springerlink.com/content/h12561x6v245844g/>

#### **The CR\_UK, Diabetes UK and BHF Active Fat Cell Campaign on Twitter (#ActiveFat)**

<http://www.activefat.org.uk/>

#### **How physicians can overcome social media anxiety on Twitter**

<http://www.kevinmd.com/blog/2011/08/physicians-overcome-social-media-anxiety-twitter.html>

#### **SellAnApp: A new platform that lets you produce, fund and promote your own apps**

<http://thenextweb.com/apps/2011/10/06/sellanapp-a-new-platform-that-lets-you-produce-fund-and-promote-your-own-apps/0/>

#### **Motivation Key to Internet-based Therapy**

<http://brainblogger.com/2011/10/04/motivation-key-to-internet-based-therapy/>

#### **How digital technology can revive public services**

<http://www.guardian.co.uk/society/joepublic/2011/oct/06/digital-technology-revive-public-services>

#### **M&A activity in healthcare equipment market recovers**

[http://www.healthinvestor.co.uk/%28A%28oBedWJe6zAEkAAAAYzZmMTZIZDctZTNjMy00OWMyLWl0YWUtNzVmOTYwNGEzNTg2CultHQxodchXCFIFE1e-q53oz\\_g1%29S%28q1ogum2atpbqi4rlu5qkbi55%29%29/ShowArticle.aspx?ID=1886&AspxAutoDetectCookieSupport=1](http://www.healthinvestor.co.uk/%28A%28oBedWJe6zAEkAAAAYzZmMTZIZDctZTNjMy00OWMyLWl0YWUtNzVmOTYwNGEzNTg2CultHQxodchXCFIFE1e-q53oz_g1%29S%28q1ogum2atpbqi4rlu5qkbi55%29%29/ShowArticle.aspx?ID=1886&AspxAutoDetectCookieSupport=1)

#### **The Promise of User-Generated Health**

Themes from the article's author:

1. The biggest problem in healthcare today is not medical; it is behavioural. Most of us have become incredibly detached from our bodies and health and being detached leads to poor health.
2. Increasing engagement should be the key goal of any modern day health company.
3. Patients have a tremendous amount of value and information to add to the healthcare equation that has been missing up to this point.
4. All of us will start tracking more and more data about our bodies and health, whether we know it or not (think iPhone background monitoring).
5. These data we collect will transform the relationship we have with our bodies. Data will also change how we interact with the healthcare system and fundamentally change the relationship we have with our physicians.
6. Data lead to personalization and relevance. Sites based on a foundation of personal health data will be able to provide superior services and experiences to users.

<http://citizenmed.wordpress.com/2011/08/16/the-promise-of-user-generated-health/>

## **Beyond the PC**

According to estimates from Gartner, a research firm, combined shipments of web-connected smartphones and tablet computers are likely to exceed those of desktop and laptop computers for the first time this year. According to Morgan Stanley, an investment bank, there could be 10 billion mobile devices in circulation by 2020. Many of these use apps, 18 billion of which are likely to be downloaded this year.

<http://www.economist.com/blogs/dailychart/2011/10/personal-technology?fsrc=scn/tw/te/dc/beyondthepc>

## **Heartland Uses Telemedicine Technology (US)**

[http://stjoechannel.com/fulltext-news?nxd\\_id=229547](http://stjoechannel.com/fulltext-news?nxd_id=229547)

## **CJPS Medical Systems Launches Portable Vital Signs Monitor**

<http://detroit.cbslocal.com/2011/10/06/cjps-medical-systems-launches-portable-vital-signs-monitor/>

## **Cell Phone Medicine Saves Tanzanian Lives**

<http://amazingnews.org/cell-phone-medicine-saves-tanzanian-lives/562968/>

## **Issues facing commissioners of end-of-life care**

<http://www.rightcare.nhs.uk/index.php/2011/10/issues-facing-commissioners-of-end-of-life-care/>

## **Are councils prepared to take responsibility for public health?**

<http://www.guardian.co.uk/local-government-network/poll/2011/oct/06/poll-councils-public-health>

## **Developing payment models to motivate doctors to embrace mobile health technologies**

<http://scopeblog.stanford.edu/2011/10/developing-payment-models-to-motivate-doctors-to-embrace-mobile-health-technologies/>

## **Tactics to improve drug compliance**

<http://www.ama-assn.org/amednews/2011/10/03/prsa1003.htm>

## **How the Health-Care System Slows Mobile Medical Technology**

<http://www.technologyreview.com/biomedicine/38727/#.TosoJ6XleHM.twitter>

## **Arizona Telemedicine success stories**

<http://t.co/4j1idgi8>

## **Instant Heart Rate app passes 10M users**

<http://mobihealthnews.com/13600/instant-heart-rate-app-passes-10m-users/>

## **Spain: T-shirt Which Monitors A Patient's Physiology And Location Successfully Tested**

<http://www.egovmonitor.com/node/43992>

## **FDA sanctioned mobile health apps making an appearance**

<http://www.imedicalapps.com/2011/10/fda-sanctioned-mobile-health-apps-making-appearance/>

## **Digital doctors: GPs urged to consult patients online**

[http://www.healthcareglobal.com/healthcare\\_technology/digital-doctors-gps-urged-to-consult-patients-online](http://www.healthcareglobal.com/healthcare_technology/digital-doctors-gps-urged-to-consult-patients-online)

### **Making the case for telehealth, care management; a one-two punch**

<http://searchhealthit.techtarget.com/healthitexchange/healthitpulse/making-the-case-for-telehealth-care-management-a-one-two-punch/>

### **FDA Regulations Stifle Medical Device innovation**

[http://www.industryweek.com/articles/fda\\_regulations\\_stifle\\_medical\\_device\\_innovation\\_25713.aspx](http://www.industryweek.com/articles/fda_regulations_stifle_medical_device_innovation_25713.aspx)

### **iPhone, iPad mHealth technologies in line for huge investment coup**

[http://www.fiercemobilehealthcare.com/story/iphone-ipad-mhealth-technologies-line-huge-investment-coup/2011-09-28?utm\\_campaign=twitter-Share-NL#ixzz1aUED6TGV](http://www.fiercemobilehealthcare.com/story/iphone-ipad-mhealth-technologies-line-huge-investment-coup/2011-09-28?utm_campaign=twitter-Share-NL#ixzz1aUED6TGV)

### **Market mania in the NHS**

<http://opinion.publicfinance.co.uk/2011/09/market-mania-in-the-nhs/>

### **The Five Biggest Ideas On The Future Of Health Care Design**

1. Medicine is changing rapidly, and technology must keep up
2. You can't expect technology to fix all of our problems
3. It might be more dangerous NOT to Google your condition
4. What exactly does "patient" even mean anymore?
5. The Mayo clinic has a killer innovation consultancy within their walls, and so should you

<http://www.fastcodesign.com/1665162/the-five-biggest-ideas-on-the-future-of-health-care-design>

### **Text Messaging-Based Health Care Campaigns Encounter Challenges**

<http://www.ihealthbeat.org/articles/2011/10/7/text-messagingbased-health-care-campaigns-encounter-challenges.aspx#ixzz1a8D4NpXA>

### **Smartphones, medical apps used by 80 percent of docs (US)**

<http://healthcareitnews.com/news/smartphones-medical-apps-used-80-percent-docs>

### **Text-Messaging for Health Still Has Its Challenges**

On a planet of nearly 7 billion people, 5 billion use mobile phones -- and of those mobile phone subscribers about 70 percent are in emerging economies, according to U.N. estimates. It's no wonder health organizations are looking to the massive medium as a means to inform the public on health news, and in particular help populations that don't have easy access to medical treatment.

[http://www.pbs.org/newshour/updates/world/july-dec11/text\\_10-05.html](http://www.pbs.org/newshour/updates/world/july-dec11/text_10-05.html)

### **The Rise of Social Media and Healthcare**

<http://socialmediacub.org/blogs/from-the-clubhouse/rise-social-media-and-healthcare>

### **NHSImprovement: Want examples of successful real-life NHS Clinical Pathway redesign?**

<http://bit.ly/r5qHS5>

### **Report: Future of health is mobile, but outcomes count**

*"Telemedicine and mobile health hold the promise of providing more affordable ways to manage treatment of chronic conditions, facilitate business models for the medical home and offer substantial cost savings from improving drug adherence and monitoring vital signs. This can reduce rehospitalizations—a major source of expenditures in the health system,"*

<http://mobihealthnews.com/13676/report-future-of-health-is-mobile-but-outcomes-count/>

### **How the iPhone Is Enabling a Revolution in Connected Medical Devices**

<http://medsmagazine.com/2011/10/how-the-iphone-is-enabling-a-revolution-in-connected-medical-devices/>

### **The Summary Care Record (SCR) will store key information including current meds for every patient in England**

<http://www.connectingforhealth.nhs.uk/systemsandservices/scr>

### **epSOS – Smart Open Services for European Patients**

epSOS is the main European electronic Health (eHealth) interoperability project co-funded by the European Commission and the partners. It focuses on improving medical treatment of citizens while abroad by providing health professionals with the necessary patient data.

[www.epsos.eu/](http://www.epsos.eu/)

### **Can text messages be used to improve health outcomes?**

<http://www.forbes.com/sites/sarikabansal/2011/10/07/mhealth-text-message-txt2stop/>

### **Social Innovation: Mobile Phones Helping to Fight Stillbirths in Africa**

<http://www.justmeans.com/Social-Innovation-Mobile-Phones-Helping-Fight-Stillbirths-in-Africa/50147.html>

### **New online tools can help transform patients' lives**

The new online tools are accessible on the NHS Direct website and cover eight different preference-sensitive healthcare decisions: Osteoarthritis of the Knee, Enlarged Prostate, Localised Prostate Cancer, Chorionic Villus Sampling (CVS) /Amniocentesis testing, Prostate Cancer screening, Breast Cancer surgery choices, Osteoarthritis of the Hip, and Cataracts.

<http://www.nhsdirect.nhs.uk/News/LatestNews/OnlineToolsTransformLives>

### **ONC Announces Contest for Mobile Applications Targeting Heart Health (US)**

Part of Million Hearts initiative.

<http://www.ihealthbeat.org/articles/2011/9/30/onc-announces-contest-for-mobile-applications-targeting-heart-health.aspx#ixzz1aOOZYatn>

### **The Extravagant Promise of Mobile Health Apps**

<http://www.itbusinessedge.com/cm/blogs/weinschenk/the-extravagant-promise-of-mobile-health-apps/?cs=48739>

### **Doctors, Patients Not Using Same Social Spaces**

Doctors are heavy users of social media--but shy away from patients and even online patient communities. An August survey by the online physician learning collaborative QuantiaMD showed that 87% of physicians use social media. This finding is in line with the results of a Frost & Sullivan poll conducted between April and May, which indicated that 84% of doctors were using social media for personal purposes. A study published in August by the Pew Internet and American Life Project found that 65% of the general adult population used social media.

<http://www.informationweek.com/news/healthcare/patient/231602459>

### **The beauty of bite-sized software**

In many ways, apps are representative of the changes taking place in personal technology. Small,

downloadable chunks of software, they give people access to information in a neatly packaged format and most have one or more of the following attributes: simplicity, cheapness and instant gratification.

<http://www.economist.com/node/21530920?fsrc=scn/tw/te/ar/appsonatp>

#### **DH: Developing clinical commissioning groups: towards authorisation**

These documents set out the current thinking to help emerging clinical commissioning groups (CCGs) consider the steps towards authorisation. It describes the processes that may need to be in place to ensure that CCGs are highly effective, with the leadership and confidence to discharge their healthcare and financial responsibilities.

<http://www.dh.gov.uk/health/2011/09/developing-clinical-commissioning-group-authorisation>

#### **Bevan on Health Cost and Quality (full version)**

[http://www.institute.nhs.uk/quality\\_and\\_value/introduction/article\\_19a.html](http://www.institute.nhs.uk/quality_and_value/introduction/article_19a.html)

#### **Smart homes: take remote control**

Your mobile phone will soon allow you to switch your domestic electrical gadgets on and off from anywhere in the world.

<http://www.guardian.co.uk/money/2011/sep/30/smart-home-remote-control>

#### **\*\*\*Listening to users: How VA developed its PTSD Coach mobile app**

[http://www.nextgov.com/nextgov/ng\\_20110930\\_6382.php?oref=topstory](http://www.nextgov.com/nextgov/ng_20110930_6382.php?oref=topstory)

#### **Public health-related apps growing in number, popularity: Smartphones, tablets used for health**

<http://thenationshealth.aphapublications.org/content/41/8/1.3.full>

#### **Twelve-month outcomes of an Internet-based diabetes self-management support program**

The study (n=463) covered a 12 month internet self-management programme for diabetes to look at changes in health behaviours, Hba1c, body mass, BP etc. Internet conditions improved health behaviors significantly vs. usual care. For a broad public health impact, however, the magnitude of effects was small.

<http://www.pec-journal.com/article/PIIS0738399111003910/abstract?rss=yes>

#### **Healthy Apps (UK)**

<http://www.healthyapps.co.uk/index.php>

#### **Top ten voted health apps and ideas submitted to DH maps and apps web site**

<http://mapsandapps.dh.gov.uk/category/blog/>

#### **Mobile Healthcare: Beyond Devices**

<http://www.healthcaretechnologyonline.com/article.mvc/Mobile-Healthcare-Beyond-Devices-0001>

#### **Lifetime risk of developing chronic obstructive pulmonary disease: a longitudinal population study**

Canadian study population of 13m over 14 years The overall lifetime risk of physician-diagnosed COPD at age 80 years was 27.6%.

<http://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2811%2960990-2/abstract?rss=yes>

#### **Maker of cognitive training game seeks FDA approval**

<http://www.newscientist.com/article/dn20962-maker-of-cognitive-training-game-seeks-fda-approval.html>

### **Interactive Health Games (US)**

<http://www.nlm.nih.gov/medlineplus/games.html#.TohDimXRfsc.twitter>

### **Guardian: Eight out of 10 British workers overweight or have long-term illness**

<http://www.guardian.co.uk/society/2011/sep/29/british-workers-overweight-suffer-illness>

### **Examples of QR Codes in healthcare marketing - online appts, patient testimonials and education**

[http://www.ama-assn.org/amednews/2011/10/03/bica1003.htm?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.ama-assn.org/amednews/2011/10/03/bica1003.htm?utm_source=twitterfeed&utm_medium=twitter)

### **First Telemedicine Centre opens in Albania**

<http://www.emg.rs/en/news/region/165280.html>

### **Harnessing the Power of mHealth in a Marketing Campaign**

[http://mhealthwatch.com/harnessing-the-power-of-mhealth-in-a-marketing-campaign-17709/?utm\\_source=feedburner&utm\\_medium=twitter&utm\\_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29](http://mhealthwatch.com/harnessing-the-power-of-mhealth-in-a-marketing-campaign-17709/?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29)

### **Medical devices: Remedy Is Elusive as Metallic Hips Fail at a Fast Rate**

[http://www.nytimes.com/2011/10/01/health/01hip.html?\\_r=1&partner=rss&emc=rss](http://www.nytimes.com/2011/10/01/health/01hip.html?_r=1&partner=rss&emc=rss)

### **Laurie Orlov: Prognostications about Great Gadgets**

Most older adults are not early adopters. Older adults say that technical support is one of the biggest issues for them.

<http://www.ageinplacetech.com/blog/prognostications-about-great-gadgets>

### **The empowered patient is a relief for physician practice (US)**

Patients may soon be universally able to view their lab results thanks to a new rule proposed by the Department of Health and Human Services. This means patients may access without permission or release by their providers. This is a victory toward patient empowerment and a step in the right direction.

<http://www.kevinmd.com/blog/2011/09/empowered-patient-relief-physician-practice.html>

### **Shared Mind: Communication, Decision Making, and Autonomy in Serious Illness**

<http://www.annfamned.org/cgi/content/full/9/5/454>

### **Driving Quality Up and Costs Down: New Technologies for an Era of Accountability**

<http://www.connected-health.org/events/symposium-2011/view-agenda.aspx>

### **Mobile represents realistic side of Health 2.0 conference**

<http://mobihealthnews.com/13504/mobile-represents-realistic-side-of-health-2-0-conference/>

### **Prevention in social care (video)**

“Prevention is better than cure. So why are cheap preventative services, such as befriending or falls prevention so often axed, to sustain expensive crisis services such as care homes? Some areas invest in prevention and others do not”.

<http://comment.rsablogs.org.uk/2011/10/03/prevention-social-care/>

### **Continuous heart rate monitor integrated into headphones to be unveiled at CTIA conference**

[http://www.imedicalapps.com/2011/10/mobile-continuous-heart-rate-monitoring-headset-ready-unveiled/?utm\\_campaign=Continuous%20heart%20rate%20monitor%20integrated%20into%20headphones%20to%20be%20unveiled%20at%20CTIA%20conference&utm\\_medium=twitter&utm\\_source=twitter](http://www.imedicalapps.com/2011/10/mobile-continuous-heart-rate-monitoring-headset-ready-unveiled/?utm_campaign=Continuous%20heart%20rate%20monitor%20integrated%20into%20headphones%20to%20be%20unveiled%20at%20CTIA%20conference&utm_medium=twitter&utm_source=twitter)

### **New telehealth software brings cochlear implant maintenance at fingertips.**

[www.allvoices.com/contributed-news/10496140-new-telehealth-software-brings-cochlear-implant-maintenance-at-fingertips](http://www.allvoices.com/contributed-news/10496140-new-telehealth-software-brings-cochlear-implant-maintenance-at-fingertips)

### **VIDEO: Gadgets 'cause of rising energy use'**

[http://www.bbc.co.uk/news/uk-15154779?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/uk-15154779?utm_source=twitterfeed&utm_medium=twitter)

### **Men at increased risk of developing diabetes**

<http://www.diabetes.co.uk/news/2011/Oct/men-at-increased-risk-of-developing-diabetes-93099072.html>

### **Bring Your Own Device (BYOD)**

<http://geekdoctor.blogspot.com/2011/10/bring-your-own-device.html?m=1>

### **World telehealth market to reach \$990 million by 2015**

<http://aerotel.blogspot.com/2011/10/world-telehealth-market.html>

### **Philips latest telehealth tool**

Philips Healthcare introduced its latest telehealth software, Philips Telehealth Solutions, at the National Association for Home Care & Hospice Annual Meeting and Exposition this week in Las Vegas.

The new release includes:

- Disease management capabilities, including diabetes, hypertension and co-morbidities;
- Clinical decision support with patient workflow tracking and analysis;
- Clinical data collection to support effective interventions; and
- New clinical outcome and patient population reports.

[http://www.cmio.net/index.php?option=com\\_articles&view=article&id=29792](http://www.cmio.net/index.php?option=com_articles&view=article&id=29792)

### **How are you? Beta**

<https://www.howareyou.com/>

### **Telemedicine centre offers patients virtual consultations (Dubai)**

<http://www.thenational.ae/news/uae-news/health/telemedicine-centre-offers-dubai-patients-virtual-consultations>

## **Learntelehealth.org**

<http://learntelehealth.org/>

### **Weight loss—there is an app for that! But does it adhere to evidence-informed practices?**

The aim of this study was to review and summarize the content of available weight control apps. Apps ( $n = 204$ ) were coded for adherence to 13 evidence-informed practices for weight control. Only a small percentage of apps had five or more of the 13 practices (15%). Many apps have insufficient evidence-informed content. Research is needed that seeks to develop, improve, and evaluate these apps.

<http://www.springerlink.com/content/7417534271725407/>

### **Use of mHealth technologies to treat and prevent disease urged by UN**

[http://www.imedicalapps.com/2011/10/mhealth-technologies-treat-prevent-disease-urged/?utm\\_campaign=Use%20of%20mHealth%20technologies%20to%20treat%20and%20prevent%20disease%20urged%20by%20UN&utm\\_medium=twitter&utm\\_source=twitter](http://www.imedicalapps.com/2011/10/mhealth-technologies-treat-prevent-disease-urged/?utm_campaign=Use%20of%20mHealth%20technologies%20to%20treat%20and%20prevent%20disease%20urged%20by%20UN&utm_medium=twitter&utm_source=twitter)

### **Payment by Results**

Dept of Health published pbr research findings - part of NHS modernisation rewarding quality and efficiency

<http://www.audit-commission.gov.uk/health/audit/paymentbyresults/reportsandstudies/pages/default.aspx>

### **Touchscreen tech helping people with disabilities**

The benefits of smart phones & tablets as communication tools for those of all ages with a Disability.

<http://www.abc.net.au/news/2011-09-22/smart-phones-and-disabilities/2910066>

### **Mount St Mary's dials up telehealth program**

<http://www.bizjournals.com/buffalo/news/2011/09/13/mount-st-marys-dials-up-telehealth.html>

### **5 strategies for putting mHealth to work at your hospital**

- Create apps that deliver your best content.
- Get that mobile website going.
- Tackle the social media connection.
- Stop dallying on text messaging.
- Consider QR codes.

<http://www.fiercemobilehealthcare.com/story/5-strategies-putting-mhealth-work-your-hospital/2011-09-26#ixzz1ZNNuQmXf>

### **Behavioural therapies work for weight loss: review**

In the new review, of 58 clinical trials, researchers found that behavioral programs helped obese people lose an average of 7 pounds more over 12 to 18 months, versus people who received no special therapy -- most of whom lost little to no weight.

[http://www.reuters.com/article/2011/10/03/us-behavioral-therapies-work-weight-loss-idUSTRE7926NA20111003?feedType=RSS&feedName=healthNews&utm\\_source=twitterfeed&utm\\_medium=twitter&utm\\_campaign=Feed%3A+reuters%2FhealthNews+%28News+%2F+US+%2F+Health+News%29](http://www.reuters.com/article/2011/10/03/us-behavioral-therapies-work-weight-loss-idUSTRE7926NA20111003?feedType=RSS&feedName=healthNews&utm_source=twitterfeed&utm_medium=twitter&utm_campaign=Feed%3A+reuters%2FhealthNews+%28News+%2F+US+%2F+Health+News%29)



### **Technology Offers Safety Net for More Vulnerable People (UK)**

New technology to help keep older and disabled people safe at home is being extended to even more people in Nottinghamshire today. Nottinghamshire County Council's 'Telecare' service will be available countywide from 3 October as part of a new partnership with leading tele-healthcare provider Tunstall.

<http://www.ehealthnews.eu/tunstall/2767-technology-offers-safety-net-for-more-vulnerable-people>

### **Newport council plans cost-cutting social care reforms (Telecare reference)**

South Wales council hopes to shave £11m off its social care bill through a programme of better contracting and use of IT. The council will also making better use of IT, including through use of telecare which will be used to remind people to take their medicines, replacing the visits of carers.

<http://www.guardian.co.uk/social-care-network/2011/oct/03/newport-council-social-care-reforms?newsfeed=true>

### **Lifeline service for Bromsgrove residents is highly praised (UK)**

[http://www.bromsgroveadvertiser.co.uk/news/local/9284414.NEW\\_Lifeline\\_service\\_for\\_Bromsgrove\\_residents\\_is\\_highly\\_praised/](http://www.bromsgroveadvertiser.co.uk/news/local/9284414.NEW_Lifeline_service_for_Bromsgrove_residents_is_highly_praised/)

### **Eight out of 10 British workers overweight or have long-term illness**

<http://www.guardian.co.uk/society/2011/sep/29/british-workers-overweight-suffer-illness?newsfeed=true>

### **T-Mobile USA offers sleep tracker device**

<http://mobihealthnews.com/13538/t-mobile-usa-offers-sleep-tracker-device/>

### **What if? Consumer driven eHealth innovation**

<http://www.slideshare.net/RachelSain/what-if-consumer-driven-ehealth-innovation>

### **New NHS Social Media for health platform**

<http://www.inpharm.com/news/168508/digital-pharma-nhs-health-social-network>

### **How the #Healthcare System Slows Mobile Medical Technology**

<http://www.technologyreview.com/biomedicine/38727/>

### **Surgeons tout Twitter use at hospital for training purposes**

<http://j.mp/ooqELO>

### **Thieme Atlas of Anatomy iPad App is a great review tool but comes at a price**

<http://www.imedicalapps.com/2011/09/thieme-atlas-anatomy-ipad-app-decent-app-reviewing-anatomy-ipad/>

### **Dedicated Android Tablets in #Healthcare?**

<http://tabletproductive.com/dedicated-android-tablets-in-healthcare/>

### **Cardiac Echo: There Is an App for That (CME/CE)**

[http://www.medpagetoday.com/Cardiology/Arrhythmias/28698?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.medpagetoday.com/Cardiology/Arrhythmias/28698?utm_source=twitterfeed&utm_medium=twitter)

**Blogs, apps, and meds--patients go online, doctors stay in office - Newsworks.org**

<http://tikki.visibli.com/share/3RNx40>

**GP2U telehealth concept in bite sized videos**

<https://gp2u.com.au/static/video.html>

**CCGs will find it hard to integrate services without more support from policymakers**

<http://www.gponline.com/News/article/1094149/gp-commissioners-will-need-significant-support-integrate-services/>

**How Twitter will revolutionise academic research & teaching**

[http://www.guardian.co.uk/higher-education-network/blog/2011/sep/12/twitter-revolutionise-academia-research?CMP=tw\\_t\\_gu](http://www.guardian.co.uk/higher-education-network/blog/2011/sep/12/twitter-revolutionise-academia-research?CMP=tw_t_gu)

**Scrapping the National Programme for IT: a journey not a destination**

<http://www.guardian.co.uk/healthcare-network/2011/sep/22/npfit-ends-cfh-andrew-lansley-bt-csc>

**Exclusive: GPs 'anxious' about conflicts of interest in commissioning, says doctors regulator (requires subscription)**

<http://www.hsj.co.uk/story.aspx?storyCode=5035379>

**One in 10 NHS practices will be run by a private company by 2014 (subscription required)**

<http://www.hsj.co.uk/story.aspx?storyCode=5035379>

**New MHP Health report finds local councils not yet prepared for health responsibilities:**

<http://www.mhpc.com/blog/ready-health>

**Future of wellness - Using data for self-awareness, insight, motivation – but could it be used against us?**

<http://www.thinkimagine.com/2011/09/the-future-of-wellness/>

**Upcoming self tracking app**

<http://mymee.com/>

**2 New Ventures Simplify Consumer-Driven Healthcare**

<http://www.forbes.com/sites/aroy/2011/09/22/two-new-ventures-simplify-consumer-driven-health-care/>

**Depression tied to higher risk for stroke**

<http://t.co/qIOJhXOT>

**Smartphone to measure radiation**

<http://t.co/mmUnf6NY>

**NCDs: the scale of the problem needs to be matched by the response**

<http://t.co/aHEH7XwF>

**DiabetesUK: New Diabetes UK Tracker app now available to download from the Apple App store**

<http://t.co/razrJrrV>

**Comparing the telehealth market to the eCommerce boom, is it really a market or a feature of care delivered?**

<http://t.co/YGJ9MpD8>

**epSOS project**

Aims for interoperability between EHR systems in Europe.

<http://t.co/Hslydddh>

**International SOS launches medical and travel security mobile**

<http://ow.ly/6zE6U>

**Report: 13K iPhone consumer health apps in 2012**

This report claims there will be 13,000 health apps for the iPhone next summer, up from 9,000 now. Running apps are 16%.

<http://mobihealthnews.com/13368/report-13k-iphone-consumer-health-apps-in-2012/>

**Verizon's HD teleconferencing app for iPad aimed at health care community**

<http://www.imedicalapps.com/2011/09/hd-mobile-teleconferencing-verizon/>

**ACU study shows iPad equipped students outperform paper-based peers**

<http://www.imedicalapps.com/2011/09/acu-study-shows-ipad-equipped-students-outperform-paperbased-peers/>

**"Communicating the Experience of Chronic Illness thru Patient Blogs"**

Slides from #med2 are available on SlideShare.

<http://www.slideshare.net/pkressler/communicating-the-ressler-and-gualtieri-experience-of-illness-through-patient-blogs>

**Report: Telehealth market will explode to \$6B by 2020**

<http://www.medicitynews.com/2011/09/report-telehealth-market-will-explode-to-6b-by-2020-morning-read/>

**The King's Fund: Will NHS leaders rise to the challenge of integrated care?**

[http://www.kingsfund.org.uk/blog/nhs\\_integrated\\_care.html](http://www.kingsfund.org.uk/blog/nhs_integrated_care.html)

**Will the iPad change the practice of medicine?**

<http://www.ipadcmo.com/family-physician-adopts-the-ipad-for-his-practice/>

**Local NHS to get more say over IT**

[http://www.bbc.co.uk/news/health-15018291?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/health-15018291?utm_source=twitterfeed&utm_medium=twitter)

**"Patient Centred" should be replaced by "Patient Driven"**

<http://runningahospital.blogspot.com/2011/04/patient-driven-care-instead-of-patient.html>

**Lichfield and Staffordshire councils back social care app (UK)**

[http://www.guardian.co.uk/government-computing-network/2011/sep/22/lichfield-staffordshire-councils-social-care-app?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.guardian.co.uk/government-computing-network/2011/sep/22/lichfield-staffordshire-councils-social-care-app?utm_source=twitterfeed&utm_medium=twitter)

**Join in the Social Media Revolution With AAFP Leaders -American Academy of Family Physicians**

<http://www.aafp.org/online/en/home/publications/news/news-now/opinion/20110921edt/socialmedia.html#.TnsgpiMDCcg.twitter>

**Audit Commission: Improving coding, costing and commissioning**

<http://www.audit-commission.gov.uk/nationalstudies/health/pbr/pbr2011/Pages/pbr2011.aspx>

**Nuffield Trust: Commissioning integrated care in a liberated NHS (Chris Ham/Judith Smith)**

<http://www.nuffieldtrust.org.uk/publications/commissioning-integrated-care-liberated-nhs>

**Mind-reading technology reconstructs videos from brain**

<http://www.smh.com.au/technology/sci-tech/mindreading-technology-reconstructs-videos-from-brain-20110923-1ko5s.html>

**Diabetes - 20 million people in US \$200 billion annually - 5 semi finalists offer innovative solutions**

<http://cascadia.visibli.com/share/J8yhAd>

**Case Study: Mayo Clinic Supports Patients Via Social Media**

<http://www.emarketer.com/blog/index.php/case-study-mayo-clinic-supports-patients-social-media/>

**Digital Pharma: NHS-backed health social network launches**

<http://www.inpharm.com/news/168508/digital-pharma-nhs-health-social-network>

**New iPod nano offers easier Nike+ integration**

<http://mobihealthnews.com/13608/new-ipod-nano-offers-easier-nike-integration/>

**iPhone 4S camera, speed will appeal to healthcare**

<http://mobihealthnews.com/13606/iphone-4s-camera-speed-will-appeal-to-healthcare/>

**Why ‘Transitions’ In Health Care Are Dangerous And How To Avoid Them**

*“A new study released this week by Brown University and published in The New England Journal of Medicine, confirms what many of us have observed: health care transitions, such as moves in and out of the hospital from a nursing home, do not lead to positive outcomes. More common are frequent medical errors; poor care coordination, infections and additional medications. For patients with acute dementia, these transitions can exacerbate already present symptoms such as agitation, confusion and emotional distress”.*

<http://commonhealth.wbur.org/2011/10/transitions-in-health-care/>

**Veterans Affairs: Care Coordination/Home Telehealth**

<http://www.telehealth.va.gov/ccht/index.asp>

**FDA forms expert panel to speed up device approval**

[http://www.reuters.com/article/2011/10/04/us-fda-approval-idUSTRE79373F20111004?feedType=RSS&feedName=healthNews&utm\\_source=twitterfeed&utm\\_medium=twitter&utm\\_campaign=Feed%3A+reuters%2FhealthNews+%28News+%2F+US+%2F+Health+News%29](http://www.reuters.com/article/2011/10/04/us-fda-approval-idUSTRE79373F20111004?feedType=RSS&feedName=healthNews&utm_source=twitterfeed&utm_medium=twitter&utm_campaign=Feed%3A+reuters%2FhealthNews+%28News+%2F+US+%2F+Health+News%29)

**Cleveland Clinic Puts Charts to the Test**

Cleveland Clinic is running patient charts through a cycle of analytics during hospital stays to look for indicators of potential complications that could arise. The initiative is called DERT, for Documentation, Extraction, Reporting and Transformation.

[http://www.healthdatamanagement.com/news/Cleveland\\_Clinic\\_using\\_patient\\_chart\\_analytics\\_dai-ly-43338-1.html?zkPrintable=true](http://www.healthdatamanagement.com/news/Cleveland_Clinic_using_patient_chart_analytics_dai-ly-43338-1.html?zkPrintable=true)

**Aging at home the right way: Toronto Family Health Team's Virtual Ward Hospital News**

<http://tikki.visibli.com/share/tW1jWn>

**\*\*\*The Credible Threat Of Consumer Engagement**

A soon-to-be published survey commissioned this year by the California HealthCare Foundation (CHCF) found uncertainty about the relationship between the cost and quality of care.

<http://healthaffairs.org/blog/2011/10/04/the-credible-threat-of-consumer-engagement/>

**Hospital Readmission Rates on the Rise in Older Adults: Study (US)**

[http://old.news.yahoo.com/s/hsn/20111005/hl\\_hsn/hospitalreadmissionratesontheriseinolderadultsstudy](http://old.news.yahoo.com/s/hsn/20111005/hl_hsn/hospitalreadmissionratesontheriseinolderadultsstudy)

**The doctor will see you now - by video**

Lloyds Pharmacy is launching what it describes as the UK's first private doctor video consultation service.

<http://www.ehi.co.uk/news/primary-care/7217/the-doctor-will-see-you-now---by-video>

**Bloomberg catches up with smartphone-based mobile health**

<http://www.telecareaware.com/index.php/bloomberg-catches-up-with-smartphone-based-mobile-health.html>

**The Elusive Power of mHealth**

<http://blogs.cgdev.org/globalhealth/2011/10/the-elusive-power-of-mhealth.php>

**Nurses and Social Media: Regulatory Concerns and Guidelines**

<http://jnr.metapress.com/content/1453t82678315750/>

**NEJM: Patient-centered gov't institute sets to raise healthcare bar**

[http://www.cardiovascularbusiness.com/index.php?option=com\\_articles&view=article&id=29828](http://www.cardiovascularbusiness.com/index.php?option=com_articles&view=article&id=29828)

**Tech-Savvy Cancer Patients in Their 60s Prefer Using Internet for Quality Of Life Survey**

<http://www.medicalnewstoday.com/releases/235428.php>

**Improving motor function of ICU patients through gaming: Study**

[http://www.hopkinsmedicine.org/news/media/releases/practical\\_play\\_interactive\\_video\\_games\\_appear\\_valuable\\_for\\_icu\\_patients](http://www.hopkinsmedicine.org/news/media/releases/practical_play_interactive_video_games_appear_valuable_for_icu_patients)

**SystemOne is being used for 'virtual wards'**

<http://www.tpp-uk.com/wp-content/uploads/2011/03/Newslink-YorksHumb-September-2011-v1-3.pdf>

**The ECG guide by QxMD - the definitive ECG app for the BlackBerry?**

<http://www.imedicalapps.com/2011/09/ecg-guide-qxmd-definitive-ecg-app-blackberry/>

**Personal health budgets to be rolled out**

People receiving continuing healthcare support from the NHS will have the right to ask for a personal health budget by April 2014.

<http://www.in-control.org.uk/news/in-control-news/personal-health-budgets-to-be-rolled-out.aspx>

**Want help with weight control? The VA TeleMove program can provide support in the privacy of your own home.**

<http://www.telehealth.va.gov/ccht/index.asp>

**Engagement 3.0 – Gamification of Health**

<http://blog.iconecto.com/?p=37>

**The tough nut of health behavior change: it's about today, not next week**

<http://healthpopuli.com/2011/10/05/the-tough-nut-of-health-behavior-change-its-about-today-not-next-week/>

**Key slides from recent Nuffield Trust seminar to explore the role of commissioners in incentivising integrated care**

<http://www.nuffieldtrust.org.uk/talks/incentivising-integrated-care-what-role-commissioners>

**For seniors wanting to 'age gracefully at home,' there's Virtual Health (US)**

<http://healthcareitnews.com/news/seniors-wanting-age-gracefully-home-theres-virtual-health>

**Mobile health solutions need to look beyond technology**

<http://www.mobilehealthlive.org/videos/keynote-mobile-health-solutions-need-to-look-beyond-technology/17696/>

**5 most disruptive health IT innovations**

- In-house applications
- Lightweight tools
- Health communities
- Mobile content
- E-commerce

<http://healthcareitnews.com/news/5-most-disruptive-health-it-innovations>

**Summary of Conference: Healthcare Efficiency through Technology Expo 2011**

<http://salmapatel.com/healthcare/summary-healthcare-efficiency-through-technology-expo-2011>

**Study 'undeniably proves' telestroke care saves lives and money (Canada)**

*“Telestroke technology, which links remote community hospitals with stroke neurologists in large centers, can provide the same level of care as having all parties in the same room, according to a new study”.*

<http://healthcareitnews.com/news/study-undeniably-proves-telestroke-care-saves-lives-and-money>

**Wireless Pacemaker Programming Device Unveiled at USC Body Computing Conference:**

<http://medgadget.com/2011/09/wireless-pacemaker-programming-device-unveiled-at-usc-body-computing-conference.html>

**Centre for Body Computing**

[http://campaign.r20.constantcontact.com/render?llr=xq97kccab&v=001KOjYle\\_zlG9wxDpsxxCqYtk26otoFk3f9ikZb5U91SVgEB0igEsLMpvTw7xt7JmxEwEHF08k45M0MCZD2UcsN9gEO3em1h9Dk2N5CquBkac=](http://campaign.r20.constantcontact.com/render?llr=xq97kccab&v=001KOjYle_zlG9wxDpsxxCqYtk26otoFk3f9ikZb5U91SVgEB0igEsLMpvTw7xt7JmxEwEHF08k45M0MCZD2UcsN9gEO3em1h9Dk2N5CquBkac=)

## **Mobile Intervention Design in Diabetes: Review and Recommendations**

<http://www.springerlink.com/content/6t71j170l66l733j/>

## **T-Mobile USA offers sleep tracker device**

The system has three components: a SleepTrak card (which is a credit card-sized wireless device that is worn on the upper arm), a free app offered through Nokia's Ovi store, and T-Mobile's Astound smartphone, which is the only phone compatible with the SleepTrak device.

<http://mobihealthnews.com/13538/t-mobile-usa-offers-sleep-tracker-device/>

## **Pick Two — Healthcare Digital Marketing Challenge**

<http://www.doseofdigital.com/2011/09/pick-healthcare-digital-marketing-challenge/>

## **Mount St. Mary's dials up telehealth program**

Access (US) to online primary care services from hospital ER kiosk as well as talk, text, chronic care virtual visits

<http://www.bizjournals.com/buffalo/news/2011/09/13/mount-st-marys-dials-up-telehealth.html>

## **“Texting to track your calories may help peel off pounds”**

College students who used cellphones to monitor calories and physical activity and received personalized feedback about how they were doing dropped significantly more weight than those who didn't, new research shows.

<http://yourlife.usatoday.com/fitness-food/diet-nutrition/story/2011-10-09/Text-messages-help-with-weight-loss/50713886/1>

## **HSJ Patient gateways at Royal Bolton Hospital for respiratory pathway (requires subscription)**

Royal Bolton Hospital introduced “patient gateways” to improve its respiratory pathway, with great success.

[http://www.hsj.co.uk/resource-centre/best-practice/care-pathway-resources/breathing-space-how-one-trusts-approach-to-respiratory-pathways-is-improving-outcomes/5035371.article?referrer=RSS&utm\\_source=1%26WT.tsrc%3Dtwitter%26WT.mc\\_id%3Dtwitter\\_twitterfeed](http://www.hsj.co.uk/resource-centre/best-practice/care-pathway-resources/breathing-space-how-one-trusts-approach-to-respiratory-pathways-is-improving-outcomes/5035371.article?referrer=RSS&utm_source=1%26WT.tsrc%3Dtwitter%26WT.mc_id%3Dtwitter_twitterfeed) Resource

## **Digital Engagement: Citizens and Government**

<http://www.slideshare.net/tiffanystjames/digital-engagement-citizens-and-government-9615228>

## **Apps on tap**

<http://www.economist.com/node/21530920?fsrc=scn/tw/te/ar/appsontap>

## **Communicating with patients in the 21st century**

*“Recent improvements in technology have had a major impact on how we communicate with patients and deliver health information and care. The authors outline the ways in which telemedicine can lead to healthcare cost savings while improving patient care”.*

<http://onlinelibrary.wiley.com/doi/10.1002/tre.220/pdf>

## **How to use Facebook, Twitter, Google+, and Foursquare via SMS**

<http://www.howtogeek.com/76113/how-to-use-facebook-twitter-google-and-foursquare-via-sms/>

## **Patient-directed apps that change insulin regimens are poorly supported, raise concerns**

“Patients with diabetes are increasingly turning to their smartphones for help in managing this chronic disease. They now have more choices than ever in regards to apps that help maintain their blood glucose, provide ideas for meals, and help maintain a healthy weight and lifestyle. At quick glance, there are over 100 apps for patients with diabetes in the app store”.

<http://www.imedicalapps.com/2011/10/insulin-smart-simple-patients-record-adjust-insulin-regimen/>

#### **FDA sanctioned mobile health apps making an appearance**

The long process for obtaining FDA clearance means health-related apps and attachments are only now starting to appear in significant numbers.

<http://www.imedicalapps.com/2011/10/fda-sanctioned-mobile-health-apps-making-appearance/>

#### **Commissioning reforms mean NHS reliant on data, says BCS Health**

Matthew Swindells, the chair of the British Computer Society's health sector group, says that information will be key to success of NHS commissioners

<http://www.guardian.co.uk/healthcare-network/2011/oct/10/commissioning-reforms-nhs-reliant-data-bcs>

#### **DH: Oversight of the Social Care Market - Discussion Paper**

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_130438](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_130438)

**IAPT reduces A&E visits and sick notes** Referring patients with depression for talking therapies reduces A&E attendances, gets people back to work and improves adherence to antidepressant medication, say the authors of a major UK analysis.

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12849937/iapt-reduces-a-e-visits-and-sick-notes](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12849937/iapt-reduces-a-e-visits-and-sick-notes)

#### **Providing automated medication dose reminders to young children on chronic medication**

<http://jtt.rsmjournals.com/content/early/2011/09/26/jtt.2011.110314.abstract>

#### **Quantified Self Europe conference in Amsterdam is now open for registration:**

<http://quantifiedself.com/conference/Amsterdam-2011>

#### **Study Finds Variability in Standards for Social Media Sites on Diabetes**

There is significant variability in the standards used to ensure that diabetes-related social media websites provide high-quality health information, according to a survey published in the Archives of Internal Medicine, Healthcare IT News reports.

<http://www.ihealthbeat.org/articles/2011/9/29/study-finds-variability-in-standards-for-social-media-sites-on-diabetes.aspx#ixzz1aYnFCHt3>

#### **Report: Interoperability of Home Health Care Software Not Consistent**

Home health care software vendors are not consistently helping clients share data with hospitals and achieving interoperability, according to a report.

<http://www.ihealthbeat.org/articles/2011/9/29/report-interoperability-of-home-health-care-software-not-consistent.aspx#ixzz1aYnY2me6>



### **Data Take Center Stage at Health 2.0 Conference**

<http://www.ihealthbeat.org/features/2011/data-take-center-stage-at-health-2-0-conference.aspx#ixzz1aYnplegn>

### **ONC Announces Contest for Mobile Applications Targeting Heart Health**

<http://www.ihealthbeat.org/articles/2011/9/30/onc-announces-contest-for-mobile-applications-targeting-heart-health.aspx#ixzz1aYo31a1U>

### **Effects of intensive glucose lowering on brain structure and function in people with type 2 diabetes (ACCORD MIND): a randomised open-label substudy**

<http://www.thelancet.com/journals/laneur/article/PIIS1474-4422%2811%2970188-0/fulltext>

### **Thyroid problems and treatment tracked with app**

<http://goo.gl/FLLk4>

### **New Health search engine**

<http://healthdatasearch.com/>

### **Widnes mum receives emergency care at home (Widnes telehealth)**

Technology is monitoring patients with life threatening illnesses in their own homes. The pilot project, called Telehealth, has led to a dramatic drop in emergency hospital admissions, saving more than £48,000 in the first year.

[http://www.runcornandwidnesworld.co.uk/news/9291282.Cutting\\_edge\\_technology\\_cuts\\_down\\_hospital\\_admissions/?ref=twrtrec](http://www.runcornandwidnesworld.co.uk/news/9291282.Cutting_edge_technology_cuts_down_hospital_admissions/?ref=twrtrec)

### **Hospitals make almost no headway in cutting readmissions (US)**

*"About 1 in 6 Medicare patients was rehospitalized within 30 days in 2009 -- a rate that must improve by October 2012 to avoid penalties. Hospitals struggled to lower readmission rates among Medicare patients between 2003 and 2009, according to a September report from the Dartmouth Institute for Health Policy & Clinical Practice. The report comes as hospitals prepare for Medicare penalties for high readmission rates that start in October 2012".*

<http://www.ama-assn.org/amednews/2011/10/10/prsa1010.htm>

### **Guardian: Diabetes - the epidemic**

*"Diabetes is nearly four times as common as all types of cancer combined. It is fast becoming the 21st century's major public-health concern. The risk of diabetes soars as the pounds pile on: a rise in BMI from 21 (healthy) to 35 (obese) means you are 50 to 80 times more likely to develop type 2".*

<http://www.guardian.co.uk/society/2011/oct/10/diabetes-the-epidemic>

### **Department of Health survey shows patients want more choice**

<http://www.gponline.com/News/article/1097946/doh-survey-shows-patients-want-choice/>

### **All Birmingham patients to get MyHealth**

<http://www.ehi.co.uk/news/acute-care/7226/all-birmingham-patients-to-get-myhealth>

## **Section 6: News headlines for week commencing 17 October 2011**

### **eGovMonitor: Technology Aided Health Care Delivery At Home Can Save Costs And Improve Outcomes For Scottish NHS Says Auditors (Scotland)**

Scottish NHS should consider “telehealth” as part of its service design as it has the potential of improving outcomes as well as reduce costs at a time when public finances are tight, according to report published by Audit Scotland.

Since 2006, there have been around 70 telehealth initiatives but the average number of patients involved in each initiative was 34 which is too small a sample size to make conclusive judgements on the impact of telehealth on the health services.

Nicola Sturgeon, the Scottish Deputy First Minister and the Health Minister welcomed the report and said “telehealth” has a “pivotal role to play in delivering efficient and effective care to people of all ages across our country.” The opposition parties also welcomed the report but pointed out there are little incentives for the health boards to adopt telehealth and the use of technology in delivering remote care has been under exploited.

<http://www.egovmonitor.com/node/44193>

### **Audit Scotland: Telehealth could help the NHS treat patients in new ways and manage rising demands and costs**

<http://www.audit-scotland.gov.uk/media/article.php?id=178>

### **Pulse Today: Opportunities to use telehealth in NHS 'being missed'**

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12902744/opportunities-to-use-telehealth-in-nhs-being-missed](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12902744/opportunities-to-use-telehealth-in-nhs-being-missed)

### **Telemedical ECG Tests Would Save the NHS £120 Million Per Year**

Telemedical ECG testing in GP surgeries could cut hundreds of thousands of unnecessary emergency hospital admissions, A&E attendances and referrals to outpatient clinics, saving the NHS over £120 million each year, according to leading cardiac telemedical service provider Broomwell Healthwatch.

<http://www.ehealthnews.eu/industry/2782-telemedical-ecg-tests-would-save-the-nhs-p120-million-per-year>

### **Mobile phone stethoscope developed**

University of Oxford researchers have developed an easy to use mobile phone-connected stethoscope designed to help screen for heart disease in Africa.

<http://www.ehi.co.uk/news/EHI/7230/mobile-phone-stethoscope-developed>

### **All Birmingham patients to get MyHealth**

All long term condition patients at University Hospitals Birmingham NHS Foundation Trust are to be given the ability to access, share, and add to their health records. Director of informatics, Daniel Ray, told eHealth Insider the project was now going to be rolled out to include all patients with long term conditions being treated at the trust. “The potential for this is huge” Ray said. “Over the next few years we expect to have between 12-15,000 people accessing it.”

<http://www.ehi.co.uk/news/acute-care/7226/all-birmingham-patients-to-get-myhealth>

### **Department of Health announces 111 phone and web plans**

New non-emergency NHS care and advice service will extend across England by 2013, replacing NHS Direct.

<http://www.guardian.co.uk/healthcare-network/2011/oct/03/department-health-111-phone-web-plans%3Fnewsfeed%3Dtrue>

**Daily Express: “ELDERLY WOMAN WAS LEFT TO DIE ALONE DESPITE ALARM MESSAGES” (Scotland)**

<http://www.express.co.uk/posts/view/277554>

**Car Warns When Your Blood Sugar Is Low**

Ford uses wireless technology to connect a car's dashboard to medical devices and health-monitoring apps.

<http://www.technologyreview.com/biomedicine/38890/>

**5 ways telemedicine can boost care in rural communities (US)**

1. Web meetings and online video tools bring expert caregivers anywhere
2. Telemedical devices for remote monitoring of in-home care improve clinical observations.
3. Mobile imaging and lab specimen collections with remote reading and web-based report distribution improve diagnostics.
4. Behavioral health, mental health, and related care are made more accessible.
5. Online community-building tools allow populated city citizens to interact with their rural peers.

<http://www.healthcareitnews.com/news/5-ways-telemedicine-can-boost-care-rural-communities>

**Noida firm unveils Smart Vest to track your health parameters**

A Noida-based company, Shri Lakshmi Cotysn, has unveiled a Smart Vest that can help one keep a constant check on the health parameters. It will be available early next year.

<http://indiatoday.intoday.in/story/a-smart-vest-that-can-track-your-bp/1/155042.html>

**Smart-Phone App Tracks Heart Rate**

A new smart-phone app can take your pulse and measure your breathing simply by detecting subtle changes in skin color. When the researchers compared the app with more standard tools for measuring heart and respiratory rates, such as the electrocardiograph and the pulse oximeter, the readings were almost identical.

<http://www.technologyreview.com/biomedicine/38868/?mod=chfeatured>

**A dedicated social network and web portal for the chronically ill**

Wellaho supports chronically-ill patients with customized online resources and a dedicated social network.

[http://www.springwise.com/health\\_wellbeing/dedicated-social-network-web-portal-chronically-ill/](http://www.springwise.com/health_wellbeing/dedicated-social-network-web-portal-chronically-ill/)

**EU plan to spend billions on boosting broadband speeds**

The European Commission is set to propose investing almost €9.2bn (£8bn) in a massive rollout of super-fast broadband infrastructure and services across the European Union.

[http://www.bbc.co.uk/news/technology-15320628?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/technology-15320628?utm_source=twitterfeed&utm_medium=twitter)

**NHS Plymouth Introduces Tunstall’s Telehealth Solutions to Support Patients With Long-Term Conditions**

NHS Plymouth has partnered with Tunstall to implement a telehealth programme that will support the management of long-term conditions (LTCs) for patients in Plymouth. The programme will initially be available to 100 patients living chronic obstructive pulmonary disease (COPD), and/or chronic heart failure (CHF).

<http://tunstall-telehealthcare.blogspot.com/2011/10/nhs-plymouth-introduces-tunstalls.html>

### **The Quiet Health-Care Revolution (US)**

One company serving Medicare patients has discovered how to provide better care at lower cost—with wireless scales, free transportation, regular toenail trimmings, and doctors who put the patient first.

<http://www.theatlantic.com/magazine/archive/2011/11/the-quiet-health-care-revolution/8667/>

### **Weight loss programs may save Medicare \$15Bn**

Investing in weight loss programs to prevent diabetes or heart disease could save the U.S. government as much as \$15 billion in Medicare spending. A new study published in the journal *Health Affairs* proposes enrolling overweight and obese adults between the ages of 60 and 64 with prediabetes before they enter the Medicare program at age 65.

<http://www.futurity.org/health-medicine/weight-loss-programs-may-save-medicare-15b/>

### **On Twitter:**

**Innovative and important flu vaccination campaign using #socialmedia via @nhsemployers @NHSFluFighter #flufighter**

### **DH: Peter Hay – creating a more diverse and responsive care market**

<http://caringforourfuture.dh.gov.uk/2011/10/17/peter-hay-creating-a-more-diverse-and-responsive-care-market/>

### **Patients attend 'virtual' hospital clinic (Ireland)**

A new 'telemedicine' clinic at Roscommon County Hospital allows patients to see their consultant without the doctor actually having to be there.

<http://www.irishhealth.com/article.html?id=19893>

### **HSJ: Health inequalities scheme flagging as GPs shun 'charity work' (HSJ – subscription required)**

Between April and June this year only 2.7 per cent of eligible patients received an NHS health check, designed to assess people aged between 40 and 74 every five years for signs of heart disease, stroke, kidney disease and diabetes. This is well below the target of 18 per cent of eligible patients set out in the 2011-12 operating framework.

[http://www.hsj.co.uk/health-inequalities-scheme-flagging-as-gps-shun-charity-work/5036300.article?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.hsj.co.uk/health-inequalities-scheme-flagging-as-gps-shun-charity-work/5036300.article?utm_source=twitterfeed&utm_medium=twitter)

### **Telehealth simulation lab launches at UWS (Australia)**

The lab simulates a remote or stay-at-home patient environment with the aim of improving telehealth services.

[http://www.computerworld.com.au/article/402109/telehealth\\_simulation\\_lab\\_launches\\_uws/](http://www.computerworld.com.au/article/402109/telehealth_simulation_lab_launches_uws/)

### **Poor Methods Used to Develop Diabetes Risk Prediction models**

Methodological deficiencies and poor reporting of data are seen in studies which attempt to develop risk prediction models for type 2 diabetes, according to a review published online Sept. 8 in BMC Medicine.

<http://www.doctorslounge.com/index.php/news/pb/23697>

### **Informed Patient: High-Tech Help For People Who Don't Take Their Medicines**

At Kaiser Permanente Colorado, an electronic prescribing system linked to digitized pharmacy and medical records flags patients who don't pick up or refill needed drugs. In a recent study published in the *Journal of General Internal Medicine*, the large nonprofit health system reported that patients who get care in such integrated health care systems more often collect their new prescriptions for

diabetes, cholesterol and high blood pressure medications than do people who receive care in a non-integrated system.

<http://blogs.wsj.com/health/2011/10/11/informed-patient-high-tech-help-for-people-who-dont-take-their-medicine/>

#### **From Twitter**

Phil O'Connell (@NHSSimple)

80% diabetes meds compliance improvement in self-management pilot. <http://bit.ly/qjar39> #QIPP

#### **ONC Announces “Million Hearts Challenge” (US)**

On Tuesday, September 27, the Office of the National Coordinator for Health Information Technology, as part of the Million Hearts Initiative, launched a developer's challenge to create an application engaging consumers in improving their own cardiovascular health. The challenge is part of the Investing in Innovation Initiative (i2), and is designed to spark the creation of new consumer-focused applications. Challenges are created in conjunction with Health 2.0 and often in partnership with various other HHS agencies and initiatives.

<http://www.healthit.gov/buzz-blog/health-innovation/million-hearts-challenge/>

#### **Reuters: Behavioral therapies work for weight loss: review**

*“(Reuters Health) - Diet changes, exercise and other behavioral tactics do help obese adults shed some pounds -- with or without the help of medication, according to a study published Monday. In the new review, of 58 clinical trials, researchers found that behavioral programs helped obese people lose an average of 7 pounds more over 12 to 18 months, versus people who received no special therapy -- most of whom lost little to no weight. On average, people who had 12 to 26 sessions in a comprehensive weight-loss program over one year lost 9 to 15 pounds”.*

<http://www.reuters.com/article/2011/10/03/us-behavioral-therapies-work-weight-loss-idUSTRE7926NA20111003>

#### **OFT uncovers 'unfair' mobility aid sales practices**

More than 4,000 complaints about unfair sales practices have been made in each of the past three years

<http://www.guardian.co.uk/money/2011/sep/29/oft-unfair-mobility-aid-sales-practices>

#### **Intensive glycemic control has no impact on the risk of heart failure in type 2 diabetic patients: Evidence from a 37,229 patient meta-analysis**

More intensive glycemic control in patients with type 2 diabetes mellitus did not reduce the occurrence of HF events.

<http://www.ahjonline.com/article/PIIS000287031100634X/abstract?rss=yes>

#### **An evaluation of Birmingham Own Health® telephone care management service among patients with poorly controlled diabetes. a retrospective comparison with the General Practice Research Database**

<http://www.biomedcentral.com/1471-2458/11/707>

#### **Weight loss—there is an app for that! But does it adhere to evidence-informed practices?**

The aim of this study was to review and summarize the content of available weight control apps. Apps ( $n = 204$ ) were coded for adherence to 13 evidence-informed practices for weight control. Only a small percentage of apps had five or more of the 13 practices (15%). Many apps have insufficient evidence-informed content. Research is needed that seeks to develop, improve, and

evaluate these apps.

<http://www.springerlink.com/content/7417534271725407/fulltext.html>

**Gerotechnology: A new kind of care for aging? An analysis of the relationship between older people and technology**

<http://onlinelibrary.wiley.com/doi/10.1111/j.1442->

[2018.2011.00634.x/abstract;jsessionid=80C4247EFDDBAF4FEC6AD7935B9EA3DF.d01t03](http://onlinelibrary.wiley.com/doi/10.1111/j.1442-2018.2011.00634.x/abstract;jsessionid=80C4247EFDDBAF4FEC6AD7935B9EA3DF.d01t03)

**Scheduled Telephone Intervention for Traumatic Brain Injury: A Multicenter Randomized Controlled Trial**

<http://www.archives-pmr.org/article/PIIS0003999311003510/abstract?rss=yes>

**Telemedicine for multiple sclerosis patients: assessment using Health Value Compass**

Patients in the telemed group demonstrated improved clinical outcome measured by symptoms severity. There was a decrease of at least 35% in the medical costs for 67% of the telemed group patients.

<http://msj.sagepub.com/content/early/2011/09/28/1352458511421918.abstract>

**BBC article on COPD**

[http://www.bbc.co.uk/news/health-15305211?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.bbc.co.uk/news/health-15305211?utm_source=twitterfeed&utm_medium=twitter)

**DH: Summary Care Record: giving patients a stronger voice**

This is a relatively new national, electronic record containing basic information about medications, allergies and bad reactions to drugs. It is mainly being used by out of hours GPs to provide safer care where no other information is available. So far, just under a fifth of patients in England, where the record is gradually being introduced, have had a record created for them.

<http://www.dh.gov.uk/health/2011/10/summary-care-record-giving-patients-a-stronger-voice/>

**31 commissioning groups sign landmark deal with private firms to provide 'organisational support'**

Clinical commissioning groups representing several thousand GPs across London have signed a multi-million pound deal with private consultants handpicked by NHS bosses to help support the rollout of GP commissioning.

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12893858/31-commissioning-groups-sign-landmark-deal-with-private-firms-to-provide-organisational-support](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12893858/31-commissioning-groups-sign-landmark-deal-with-private-firms-to-provide-organisational-support)

**DH: Oversight of the Social Care Market Discussion Paper (DH, Oct 2011)**

[http://kingsfund.chtah.com/a/hBOIFVCB7R\\$KDB8d5gdDG4\\$Nfju/link20](http://kingsfund.chtah.com/a/hBOIFVCB7R$KDB8d5gdDG4$Nfju/link20)

**Tablet app brings new touch to Braille**

Software developed during a summer course at Stanford University could one day radically shift the way the visually impaired use modern tablets, potentially removing the need for a wireless Braille display. The eight keys (similar to a standard Braille keyboard) in the software do not have a predefined position, but rather work with the location of the fingers. A user simply presses eight fingers anywhere on the screen and the keys are automatically oriented to that location.

[http://news.cnet.com/8301-17938\\_105-20118728-1/tablet-app-brings-new-touch-to-braille/](http://news.cnet.com/8301-17938_105-20118728-1/tablet-app-brings-new-touch-to-braille/)

**Diabetes education can help improve blood sugar levels, says report**

A number of new studies published in the journal Archives of Internal Medicine have claimed that diabetics can reduce their blood sugar levels through education about the metabolic condition, as well as through strategies that use cognitive behaviour.

<http://www.diabetes.co.uk/news/2011/Oct/diabetes-education-can-help-improve-blood-sugar-levels,-says-report-94049683.html>

### **Computer science gives a boost to heart health**

New technique searches for subtle indicators of risk hidden in a patient's ECG.

<http://www.mit.edu/newsoffice/2011/csail-heart-health-1013.html>

### **Labor's e-health program overbudget (Australia)**

<http://www.theaustralian.com.au/australian-it/government/labors-e-health-program-overbudget/story-fn4htb9o-1226166245492>

### **Wales sets deadline for healthcare improvements -**

Telehealth and evening/weekend access to GPs implemented by 2015

<http://www.dispensingdoctor.org/content.php?id=1821>

### **Goole Courier: Healthcare looking rosy-cheeked (Goole, East Riding)**

*"The Council's telecare lifeline service is a well known and much valued service across the East Riding. We were shown how the service works and the range of technology available to residents," said Andrew Percy (local MP).*

*"The service provides 24 hour monitoring and alarms, it can also provide fall monitors and even bogus call buttons. There are different levels of service available and although there is a cost, the service is popular. My Grandma was one of those who used the lifeline service and found it very reassuring."*

*"We heard from a Community Matron and a heart patient how the (telehealth) service works. Monitoring equipment is put in the patient's home. at no cost, which automatically downloads information such as heart rate, blood pressure etc to health professionals. We hear how this allows NHS staff to notice very quickly if there has been a change in a patient's health and so helps both the patient and NHS staff to better manage their care," said Andrew.*

*"One thing I wanted to know was whether or not this sort of monitoring removes human contact but both the Matron and the patient and carer we met with explained this was not the case. In fact, it can ensure that a patient gets access to much needed health care much earlier as often problems can be picked up earlier".*

[http://www.goolecourier.co.uk/news/health/healthcare\\_looking\\_rosy\\_cheeked\\_1\\_3861710](http://www.goolecourier.co.uk/news/health/healthcare_looking_rosy_cheeked_1_3861710)

### **£5m Telehealth System Ignored (Scotland)**

<http://frenchtribune.com/teneur/117698-5m-telehealth-system-ignored>

### **47% - How People Use Mobile, Social Networks and Apps to Get and Share Local News**

<http://pewresearch.org/databank/dailynumber/?NumberID=1330&src=prc-twitter>

### **5 ways telemedicine can boost care in rural communities**

<http://www.healthcareitnews.com/news/5-ways-telemedicine-can-boost-care-rural-communities>

### **6 P's Of Social Health**

<http://socialmediaclub.org/blogs/from-the-clubhouse/6-ps-health>

### **8 Current Technologies That Will Shape Our Future: Are you ready?**



<http://mashable.com/2011/09/18/future-technology/>

**A dedicated social network and web portal for the chronically ill**

[http://www.springwise.com/health\\_wellbeing/dedicated-social-network-web-portal-chronically-ill/](http://www.springwise.com/health_wellbeing/dedicated-social-network-web-portal-chronically-ill/)

**Adastra is up in the cloud (Scotland)**

<http://www.ehi.co.uk/news/industry/7228/adastra-is-up-in-the-cloud>

**Adoption of Wearable Systems in Modern Patient Telemonitoring Systems**

<http://www.igi-global.com/chapter/adoption-wearable-systems-modern-patient/58828>

**amednews: Hospitals make almost no headway in cutting readmissions (US)**

[http://www.ama-assn.org/amednews/2011/10/10/prsa1010.htm?utm\\_source=twitterfeed&utm\\_medium=twitter](http://www.ama-assn.org/amednews/2011/10/10/prsa1010.htm?utm_source=twitterfeed&utm_medium=twitter)

**Announcing the StartUp 'Mobile' Health Pavilion at mHealth Summit - A Launchpad for Mobile Health StartUps - OrganizedWisdom Health Blog**

<http://blog.organizedwisdom.com/health/2011/10/announcing-the-startup-mobile-health-pavilion-at-mhealth-summit-a-launchpad-for-mobile-health-startu.html>

**Apple changes mHealth game with HIPAA security claims**

[http://www.fiercemobilehealthcare.com/story/apple-changes-mhealth-game-hipaa-security-claims/2011-10-03?utm\\_medium=rss&utm\\_source=rss](http://www.fiercemobilehealthcare.com/story/apple-changes-mhealth-game-hipaa-security-claims/2011-10-03?utm_medium=rss&utm_source=rss)

**Apple's top 50 iPad apps for doctors**

<http://mobihealthnews.com/13638/apples-top-50-ipad-apps-for-doctors/>

**Assistive Technology (AT) House**

[http://www.sau.edu/News\\_and\\_Events/MOT\\_News/N111013\\_AT\\_House\\_Dedication.html](http://www.sau.edu/News_and_Events/MOT_News/N111013_AT_House_Dedication.html)

**Auditors call for greater use of telehealth systems in Scotland**

<http://www.publicfinance.co.uk/news/2011/10/auditors-call-for-greater-use-of-telehealth-systems-in-scotland/>

**BBC - Democracy Live - The digested House of Lords Health Bill debate**

[http://news.bbc.co.uk/democracylive/hi/comment/newsid\\_9614000/9614440.stm](http://news.bbc.co.uk/democracylive/hi/comment/newsid_9614000/9614440.stm)

**BBC News - Better hospital computer system 'could prevent deaths'**

<http://www.bbc.co.uk/news/health-15347460>

**BBC News - Power from the people**

<http://www.bbc.co.uk/news/technology-15305579>

**BBC News Telehealth could save NHS money and help treat patients**

<http://www.bbc.co.uk/news/uk-scotland-15278383>

**Benefits of a long-term e-health strategy (Andalusia, Spain)**

<http://www.slideshare.net/joselurro/udapest-ehealth-week-lhits3-r>

**Benefits of Telemedicine Detailed in New UTMB Health Report**



<http://www.mobilehealthcaredtoday.com/news/2011/10/benefits-of-telemedicine-detailed-in-new-utmb-health-report.aspx>

**BioMed Central | Full text | Who Participates in Internet-Based Worksite Weight Loss Programs?**  
<http://www.biomedcentral.com/1471-2458/11/709>

**Birmingham City Council Invests in City-wide Telecare Service**  
<http://www.ehealthnews.eu/tunstall/2771-birmingham-city-council-invests-in-city-wide-telecare-service>

**Bloomberg catches up with smartphone-based mobile health**  
<http://www.telecareaware.com/index.php/bloomberg-catches-up-with-smartphone-based-mobile-health.html>

**Blue Button use blows away VA expectations - Healthcare business news and research | Modern Healthcare**  
<http://www.modernhealthcare.com/article/20111011/NEWS/310119988?AllowView=VW8xUmo5Q21TcWJOb1gzb0tNN3RLZ0h0MWg5SVgra3NZRzROR3lOWWRMZmFWUHdBRWxiNUtpQzMyWmFyNW4wWUUpiU3A=>

**BMI iPhone app**  
<http://www.nhs.uk/Tools/Pages/BMI-iPhone-app.aspx>

**Bosch Healthcare chief bullish on telehealth -enabled care mgmt**  
<http://mobihealthnews.com/13245/bosch-healthcare-chief-is-bullish-on-telehealth-enabled-care-management/>

**Bridging the Transitional Care Chasms with Telemedicine | Innotech**  
<http://www.innotechconferences.com/okc/tracks/bridging-the-transitional-care-chasms-with-telemedicine/>

**Cambridge Healthcare asks UK: How Are You? | Cambridge technology news**  
<http://www.cabume.co.uk/medtech/cambridge-healthcare-asks-uk-how-are-you.html>

**Campaign for Cancer Prevention Connects 6 Million+ Members on Facebook Causes to Groundbreaking Research at Brigham and Women's Hospital**  
<http://www.prnewswire.com/news-releases/campaign-for-cancer-prevention-connects-6-million-members-on-facebook-causes-to-groundbreaking-research-at-brigham-and-womens-hospital-130980403.html>

**Car Warns When Your Blood Sugar Is Low**  
<http://www.technologyreview.com/biomedicine/38890/>

**Cardiac abnormalities detection from compressed ECG in wireless**  
<http://researchbank.rmit.edu.au/view/rmit:12139>

**Cell Phone Medicine Saves Tanzanian Lives**  
<http://amazingnews.org/cell-phone-medicine-saves-tanzanian-lives/562968/>

**CFP-AAAI Spring Symposium (Personal Wellness)**  
<http://mednlp.jp/AAAI2012/>

**Chichester Careline Enhances Personal Alarm Service with Call Monitoring System from Tunstall**  
[http://tunstall-telehealthcare.blogspot.com/2011/09/chichester-careline-enhances-personal.html?utm\\_source=twitterfeed&utm\\_medium=twitter](http://tunstall-telehealthcare.blogspot.com/2011/09/chichester-careline-enhances-personal.html?utm_source=twitterfeed&utm_medium=twitter)

**Chronic disease to cost \$47 trillion by 2030: WEF**  
<http://www.reuters.com/article/2011/09/18/us-disease-chronic-costs-idUSTRE78H2IY20110918>

**Clothing that monitors vital health parameters sans wires straps**  
[http://www.fibre2fashion.com/news/apparel-news/newsdetails.aspx?news\\_id=104024](http://www.fibre2fashion.com/news/apparel-news/newsdetails.aspx?news_id=104024)

**CMS Study Links Remote Patient Monitoring to Reduced Costs, Mortality**  
<http://www.dicardiology.com/article/cms-study-links-remote-patient-monitoring-reduced-costs-mortality>

**Cognitive and memory training in adults at risk of dementia: A Systematic Review**  
<http://www.biomedcentral.com/1471-2318/11/55>

**computer games for health**  
<http://artemia.com/archives/tag/computer-games-for-health>

**CTeL Making Moves: Get - Center for Telehealth and e-Health Law**  
<http://www.ctel.org/2011/10/ctel-making-moves-get-our-new-contact-information-here/>

**CTIA: 96 million smartphones in US**  
<http://mobihealthnews.com/13796/ctia-96-million-smartphones-in-us/>

**Culturally sensitive telehealth helps put hesitant patients at ease**  
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[http://www.computerworld.com.au/article/402109/telehealth\\_simulation\\_lab\\_launches\\_uws/](http://www.computerworld.com.au/article/402109/telehealth_simulation_lab_launches_uws/)

**Telehealth: Getting Help over the Phone**

<http://www.ihs.gov/healthcommunications/pe/documents/Telehealth.doc>

**Telemedical ECG Tests Would Save the NHS Â£120 Million Per Year**

<http://www.ehealthnews.eu/industry/2782-telemedical-ecg-tests-would-save-the-nhs-p120-million-per-year>

**Telemedicine centre offers Dubai patients virtual consultations - The National**

<http://www.thenational.ae/news/uae-news/health/telemedicine-centre-offers-dubai-patients-virtual-consultations>

**Telemedicine Could Provide Psychiatric Consults for Pediatric ED Patients**

<http://blog.globalmed.com/?p=3006>

**Telemedicine Shop Talk - demonstrations from Austria, Denmark and Sweden**

[http://ec.europa.eu/information\\_society/newsroom/cf/itemdetail.cfm?item\\_id=7332&utm\\_campaign=eu\\_ehealthweek&utm\\_medium=twitter&utm\\_source=dlvr.it&utm\\_content=tpa-23](http://ec.europa.eu/information_society/newsroom/cf/itemdetail.cfm?item_id=7332&utm_campaign=eu_ehealthweek&utm_medium=twitter&utm_source=dlvr.it&utm_content=tpa-23)

**Telemedicine to be in area schools, living facilities (US)**

[http://www.wonapost.com/stock/functions/VDG\\_Pub/detail.php?choice=44339&home\\_page=1&archives](http://www.wonapost.com/stock/functions/VDG_Pub/detail.php?choice=44339&home_page=1&archives)

**Telemedicine: A Checklist for Health Care Providers .**

[http://www.healthcarelawyerblog.com/2011/10/telemedicine\\_a\\_checklist\\_for\\_h.html](http://www.healthcarelawyerblog.com/2011/10/telemedicine_a_checklist_for_h.html)

**Telemedicine: Call First Policy on Vimeo**

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<http://vimeo.com/30138360>

**Telemedicine: Remote Patient Monitoring : NTCA;s The New Edge**

<http://www.ntca.org/new-edge/epapers/telemedicine-remote-patient-monitoring>

**The Elusive Power of mHealth**

<http://healthworkscollective.com/amanda-glassman/25279/elusive-power-mhealth>

**The Health and Social Care Bill: 10 things for the Lords to consider -- Davies 343 -- bmj.com**

<http://www.bmj.com/content/343/bmj.d6082.full>

**The King's Fund: The NHS health check: Our quarterly monitoring report**

[http://www.kingsfund.org.uk/current\\_projects/quarterly\\_monitoring\\_report/nhs\\_health\\_check\\_oct.html](http://www.kingsfund.org.uk/current_projects/quarterly_monitoring_report/nhs_health_check_oct.html)

**The medical category within the Mac App Store and implications for physicians**

[http://www.imedicalapps.com/2011/10/medical-category-mac-app-store-implications-physicians/?utm\\_campaign=The%20medical%20category%20within%20the%20Mac%20App%20Store%20and%20implications%20for%20physicians&utm\\_medium=twitter&utm\\_source=twitter](http://www.imedicalapps.com/2011/10/medical-category-mac-app-store-implications-physicians/?utm_campaign=The%20medical%20category%20within%20the%20Mac%20App%20Store%20and%20implications%20for%20physicians&utm_medium=twitter&utm_source=twitter)

**The Press Association: £5m telehealth system 'ignored'**

[http://www.google.com/hostednews/ukpress/article/ALeqM5iVMCQ\\_N0iNlk8FRzVbc8bvedXDXg?dclid=N0037961318433826669A](http://www.google.com/hostednews/ukpress/article/ALeqM5iVMCQ_N0iNlk8FRzVbc8bvedXDXg?dclid=N0037961318433826669A)

**The Quantified Doctor: Personal Self-tracking Presentation at #quantifiedself Silicon Valley**

<http://quantdoctor.com/2011/10/14/the-quantified-doctor-personal-self-tracking-presentation-at-quantifiedself-silicon-valley/>

**The Quiet Health-Care Revolution - Magazine - The Atlantic**

<http://www.theatlantic.com/magazine/archive/2011/11/the-quiet-health-care-revolution/8667/>

**The Smart Home Is Here, Making Life Easier for Consumers**

<http://www.prnewswire.com/news-releases/the-smart-home-is-here-making-life-easier-for-consumers---thanks-to-new-verizon-service-131584653.html>

**The Speed of Telemedicine on Vimeo**

<http://vimeo.com/30017206>

**The technology of a medical monitor, now on your smartphone**

<http://www.imedicalapps.com/2011/10/peripheral-mhealth-devices-researchers-smartphone-vital-signs/>

**thefonecast.com - News Blog - Number of mobile connected devices will double in the next ten years**

<http://thefonecast.com/News/tabid/62/EntryId/4679/Number-of-mobile-connected-devices-will-double-in-the-next-ten-years.aspx>

**Three notable recent mobile health investments**

<http://mobihealthnews.com/13834/three-notable-recent-mobile-health-investments/>

**T-Mobile USA offers sleep tracker device**

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<http://mobihealthnews.com/13538/t-mobile-usa-offers-sleep-tracker-device/>

**Tough Times Tough Choices - Telecare charging (Orkney)**

<http://www.orkney.gov.uk/Council/C/tough-times-tough-choices---telecare-charging.htm>

**Tracking Swine Flu Vaccination Rates And Attitudes Via Twitter**

<http://feedproxy.google.com/~r/mnt/healthnews/~3/RljUoNKPWc0/236000.php>

**Tunstall Telehealthcare Blog: NHS Plymouth Introduces Tunstall**

<http://tunstall-telehealthcare.blogspot.com/2011/10/nhs-plymouth-introduces-tunstalls.html>

**Twitter / Accenture: e-Health practitioners**

<http://twitter.com/Accenture/status/119406070874640384>

**Twitter / DoD TAP: VA to hire 800 Telehealth technicians**

<http://twitter.com/DODTAP/status/119146497039286272>

**Twitter / eHealthWeek: EC- Telemedicine Shop Talk**

[http://twitter.com/EU\\_eHealthWeek/status/118958632728670208](http://twitter.com/EU_eHealthWeek/status/118958632728670208)

**Twitter Doctors**

<http://www.twitterdoctors.net/>

**University of Western Australia opens THRIL**

<http://www.telecareaware.com/index.php/university-of-western-australia-opens-thril.html>

**Use of mHealth technologies to treat and prevent disease urged by UN**

<http://www.imedicalapps.com/2011/10/mhealth-technologies-treat-prevent-disease-urged/>

**VA to hire 800 Telehealth Clinician Technicians**

<http://twitter.com/DODTAP/status/119146497039286272>

**Verizon, Duke partner for health IT R&D**

<http://mobihealthnews.com/13640/verizon-duke-partner-for-health-it-rd/>

**Video Heart Institute telemonitoring program**

<http://www.ottawacitizen.com/entertainment/Video%2BHeart%2BInstitute%2Btelemonitoring%2Bprogram/5180621/story.html%3Fid%3D5180621>

**VIDEO: 'Smart home' monitors hygiene habits**

<http://www.bbc.co.uk/go/rss/int/news/-/news/health-15313085>

**Virtual Clinical Trials? Interview With Pfizer Chief**

<http://theclinicaltrials.com/blog1/2011/07/virtual-clinical-trials-interview-with-pfizer-chief/>

**Virtual healthcare system to slash waiting times - Herald Scotland | News | Health**

<http://www.heraldscotland.com/news/health/virtual-healthcare-system-to-slash-waiting-times-1.1128867?localLinksEnabled=false>

**Visiting Nurse Services of Connecticut Selects Cardiocom as Its new telehealth vendor**

<http://www.abc12.com/story/15556976/visiting-nurse-services-of-connecticut-selects-cardiocom-as-its-new-telehealth-vendor>

**Vodafone opens entries for Wireless Innovation Project - Telecompaper**

<http://www.telecompaper.com/news/vodafone-opens-entries-for-wireless-innovation-project>

**Vodafone Partners With NantWorks on Mobile Healthcare R&D, Remote Monitoring Tech**

<http://mhealthwatch.com/vodafone-partners-with-nantworks-on-mobile-healthcare-rd-remote-monitoring-tech-17561/>

**Waiting targets being missed by one in three PCTs (HSJ - requires subscription)**

[http://www.hsj.co.uk/news/acute-care/waiting-targets-being-missed-by-one-in-three-pcts/5036518.article?referrer=RSS&utm\\_source=1%26WT.tsrc%3Dtwitter%26WT.mc\\_id%3Dtwitter\\_twitterfeed\\_news](http://www.hsj.co.uk/news/acute-care/waiting-targets-being-missed-by-one-in-three-pcts/5036518.article?referrer=RSS&utm_source=1%26WT.tsrc%3Dtwitter%26WT.mc_id%3Dtwitter_twitterfeed_news)

**Walgreens: 25pc of online prescriptions filled via mobile app - Mobile Commerce Daily**

<http://www.mobilemarketer.com/cms/sectors/healthcare/11175.html>

**Webinar Presents Market Opportunity for Remote Home Healthcare Devices**

<http://embedded-m2m-solutions.tmcnet.com/topics/embedded-m2m-solutions/articles/226072-webinar-presents-market-opportunity-remote-home-healthcare-devices.htm>

**Welcome to Rite Aid, The Virtual Doctors Will See You Now**

<http://singularityhub.com/2011/10/16/welcome-to-rite-aid-the-virtual-doctors-will-see-you-now/>

**What is a Connected Device, and Why Does it Matter?**

<http://m2m.tmcnet.com/topics/m2mevolution/articles/229487-what-a-connected-device-why-does-it-matter.htm>

**What's the aim of the NHS? - Nigel Crisp**

[http://www.publicservice.co.uk/feature\\_story.asp%3Fid%3D17454](http://www.publicservice.co.uk/feature_story.asp%3Fid%3D17454)

**Why we need to reinvent healthcare with technology**

<http://www.wired.co.uk/news/archive/2011-10/13/massive-health>

**Wireless Health, Genomic Sequencing, and Consumers = Personalized Medicine – October 10, 2011**

<http://wirelesshealth.wordpress.com/2011/10/15/wireless-health-genomic-sequencing-personalized-medicine/>

**Wireless Opportunities in Healthcare 2011 (The Market for Bluetooth, RFID, Zigbee, UWB WWAN, WMAN, WLAN and other technologies)**

<http://www.techzone360.com/news/2011/10/10/5840524.htm>

**Withings Blood Pressure Monitor - A Review from the Heart**

<http://igrowdigital.com/2011/10/withings-blood-pressure-monitor-a-review-from-the-heart/>

## **Section 7: News headlines for week commencing 24 October 2011**

### **DH: Personal health budgets pilot – the story so far**

*“In a new DVD, people in the Department of Health’s personal health budgets pilot programme share their experiences so far. They describe in their own words what the process is like, what they spend their money on and how they decided on this. The stories also include the perspectives of family carers and health care professionals. The stories illustrate the kind of choices people can make if they have a personal health budget, and the positive impact it can have on their health and lives. The DVD contains eight films, and includes an introduction by Minister of State for Care Services Paul Burstow. The launch of the DVD coincided with 4th interim evaluation report on personal health budgets”.*

<http://www.dh.gov.uk/health/2011/10/personal-health-budgets-pilot-the-story-so-far/>

### **Good Governance Institute: Telecare-supported re-ablement**

This briefing is targeted at Local Authority councillors with an interest in Adult Social Care, Local Authority Directors of Adult Social Services, NHS Clinical Commissioning Groups (CCGs), Members of Health and Wellbeing Boards (HWBs) and others involved in planning, commissioning and delivering re-ablement services.

<http://good-governance.org.uk/Downloads/2011%20Oct%20Telehealth%20reablement%20BAP.pdf>

### **Personal budget holders need more information, says DH report (HSJ – subscription required)**

[http://www.hsj.co.uk/topics/personal-health-budgets/personal-budget-holders-need-more-information-says-dh-report/5036851.article?referrer=RSS&utm\\_source=1%26WT.tsrc%3Dtwitter%26WT.mc\\_id%3Dtwitter\\_twitterfeed\\_news](http://www.hsj.co.uk/topics/personal-health-budgets/personal-budget-holders-need-more-information-says-dh-report/5036851.article?referrer=RSS&utm_source=1%26WT.tsrc%3Dtwitter%26WT.mc_id%3Dtwitter_twitterfeed_news)

### **Yorkshire and Humber Health Innovation Education Cluster telehealth update now available**

<http://yhhi.ec.createandsend.com/t/ViewEmail/r/4872A337B95B1A58/35BE231411F230BCDBC23BD704D2542D>

### **Yorkshire and Humber Telehealth Hub – website launched**

<http://www.telehealthhub.com/>

### **Health and Social Care Bill**

Committee Stage starts in the House of Lords on 25 October 2011.

2011 <http://services.parliament.uk/bills/2010-11/healthandsocialcare.html>

### **DH: Draft mental health PbR guidance for 2012-13 and update on other PbR issues**

David Flory, Deputy NHS Chief Executive, has written to the Health Service, and Directors of Adult Social Services, about publication of an early draft of the PbR guidance for 2012-13 for working age adults and older people. A final version of the guidance will be issued at the end of the year.

<http://www.dh.gov.uk/health/2011/10/draft-mental-health-pbr/>

### **NHS reforms: Audit areas to be extended, Lansley says**

Andrew Lansley told GPs in Liverpool that auditing would be extended to 11 new clinical areas including COPD from next April.

<http://www.bbc.co.uk/news/health-15416115>

### **Text Messages Improve User Mood and Weight Loss Success**

A pilot study with Blue Cross and Blue Shield of North Carolina collected data that demonstrated a correlation between weight loss success and motivating text messages. HEALTHeME, an mHealth weight management program, released the results of a 300 person, 12 week study, which demonstrated that recipients felt more energetic and happy after getting a motivational text from the weight management program. Additionally, 91 percent of the surveyed participants said that the tailored text messages made it easier for them to follow the program, leading to successful weight loss of up to 20 lbs.

[http://mhealthwatch.com/text-messages-improve-user-mood-and-weight-loss-success-17915/?utm\\_source=feedburner&utm\\_medium=twitter&utm\\_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29](http://mhealthwatch.com/text-messages-improve-user-mood-and-weight-loss-success-17915/?utm_source=feedburner&utm_medium=twitter&utm_campaign=Feed%3A+mHealthWatch+%28mHealthWatch%29)

### **Study: 26 percent are mobile health users (US)**

26 percent of US adults used their mobile phones to access health information in the past year. The number has nearly doubled from the 12 percent reported in 2010. According to the study, looking up health information or reading health-related news remains the most popular mobile health activity. 8 percent of consumers used prescription drug refill or reminder services on their mobile phones, up from 3 percent in 2011.

<http://mobihealthnews.com/13966/study-26-percent-are-mobile-health-users/>

### **Cold homes will kill up to 200 older people a day, warns Age UK**

<http://www.guardian.co.uk/society/2011/oct/22/older-people-cold-energy-bills>

### **Facial monitoring - The all-telling eye**

“In fact, webcams that monitor a person’s heart rate are soon to appear. Instead of sticking sensors onto the skin, Philips has developed a vital-signs camera system which the Dutch company says can measure heart and respiration rates extremely accurately. To calculate the heart rate the camera detects tiny changes in the colour of the skin. These changes, imperceptible to the human eye, occur as the heart pumps blood through the body. The person’s breathing rate is measured by detecting the rise and fall of his chest. The firm will soon launch an app for Apple’s iPad 2 which will allow people to measure their own heart and breathing rates using the two webcams in that device”.

<http://www.economist.com/node/21533362>

### **Patient compliance with telephone triage recommendations: A meta-analytic review**

Overall patient compliance was 62% across 13 studies.

<http://www.pec-journal.com/article/PIIS0738399111004708/abstract?rss=yes>

### **Six hospitals deploy AT&T’s emergency care video app (US)**

Cardiologists can use the app to assess a patient’s physical condition via video link, talk with the patient’s first responder, review test results (eg ECG), and prepare for the patient’s arrival to the emergency room. Videos will be archived for later review.

<http://mobihealthnews.com/13949/six-hospitals-deploy-atts-emergency-care-video-app/>

### **Community Care: Lansley: Councils have stabilised eligibility thresholds with NHS cash**

Councils have stabilised eligibility thresholds and put in place services to cut hospital admissions with money transferred from the NHS this year, health secretary Andrew Lansley said at the national



social care conference. He said the bulk of the £648m due to transfer this year had gone into developing services that promoted independence and quality of life, and in keeping people at home.

- £128m has gone into developing early intervention and prevention measures
- £50m on reablement
- £115m has been spent to help councils from feeling forced to increase eligibility criteria

<http://www.communitycare.co.uk/Articles/21/10/2011/117644/lansley-nhs-cash-has-stabilised-care-eligibility-thresholds.htm>

### **How a weather forecasting service can reduce COPD hospital admissions (HSJ requires subscription)**

Trial results are provided on the Met Office's Healthy Outlook forecast alert service for people with COPD.

<http://www.hsj.co.uk/how-a-weather-forecasting-service-can-reduce-copd-hospital-admissions/5036583.article?referrer=RSS>

### **Telehealth Faces Challenges Worldwide**

Developing countries without the communications and clinical infrastructure may have faster telehealth development.

<http://www.informationweek.com/news/healthcare/mobile-wireless/231901345>

### **Specialist support for critically ill babies (Scotland)**

Staff in Western Isles Hospital have instant access to specialist neonatal advice and support 24/7, as a result of new technology which could ultimately help save the lives of critically ill babies. A live videolink in the neonatal area of the Maternity Unit of Western Isles Hospital has been set up to provide direct access to consultant neonatologists at Yorkhill Royal Hospital for Sick Children, Glasgow.

<http://www.stornowaygazette.co.uk/news/local-headlines/specialist-support-for-critically-ill-babies-1-1923750>

### **We Care Line – telecare provider (UK)**

We Care Line is owned and managed by Care Harmony Solutions (CHS) Limited, a specialist company in Telecare and Telehealth. It is provided in partnership with Tynetec Limited and Southern Telecare Limited. The 24/7 call centre is provided through Kent-based Invicta Telecare Limited.

<http://www.wecareline.com/about-us>

### **Telecare Soapbox: Clients who need, but decline, telecare**

<http://www.telecareaware.com/index.php/telecare-soapbox-clients-who-need-but-decline-telecare.html#comments>

### **Telemedicine in heart failure: Pre-specified and exploratory subgroup analyses from the TIM-HF trial**

This work picks up the issue where two recent trials on heart failure did not align with meta-analyses indicating better clinical outcomes from telemedicine in heart failure. The aim is to look at a trial

sub-group and try to define a patient profile likely to benefit.

[http://www.internationaljournalofcardiology.com/article/S0167-5273\(11\)01718-9/abstract](http://www.internationaljournalofcardiology.com/article/S0167-5273(11)01718-9/abstract)

### **Continua releases connected devices guideline**

The focus of the guidelines is on three areas:

- disease management - especially for monitoring in homes and at rehabilitation facilities
- independent living
- health and wellness enhancements

Typical devices include weighing scales, thermometers, blood pressure monitoring.

The latest release includes: the addition of the Wide Area Network (WAN) interface, which takes data from an aggregation or hub device, such as a PC, mobile phone or health appliance, and sends it on through a standardized model for remote monitoring servers or electronic health records.

Support for two new Personal Area Network (PAN) and Sensor-LAN device types: Peak Flow Meters and Adherence Monitors for use in medication monitoring.

The guidelines include requirements for descriptions of the device's functions and user interfaces must have provisions for physically impaired users; large button(s), high visibility and simple icons.

<http://mandetech.com/2011/10/17/continua-releases-connected-device-guidelines/>

### **Nursing Times: Playing 'catch-up' with technology in patient care**

Interesting Nursing Times article on Israel visit:

*"Family nurses were giving breastfeeding advice via webcam; wound care given by specialist teams using high-definition cameras - the patients and specialist teams in different locations; CHD services delivered using remote monitoring equipment and telephone follow-up; and medication dispensing devices which set off an alarm in a call centre if patients didn't open that day's medication".*

<http://www.nursingtimes.net/nursing-practice/clinical-specialisms/management/playing-catch-up-with-technology-in-patient-care/5036596.article>

### **Demos Report Tailor Made**

*"Through in-depth interviews and focus groups with care users and staff, this pamphlet explores how person-centred services can be achieved for those who need it most – those with multiple and complex needs, and in settings where personalisation is most challenging such as residential care homes and palliative care centres. It considers the importance of co-production and democratic structures to collectively empower residents of care homes, staff cultures and risk, and the integration of health, care and housing".*

<http://www.demos.co.uk/publications/tailormade>

### **In Control – new papers from TLAP**

-Making it Real - marking progress towards personalised community-based support

-Personal budgets: taking stock moving forward summarises research to date on personal budget delivery, identifying the most common barriers and providing advice on how to address them.

-Adult Social Care Minimum Process Framework

- Re-thinking Support Planning
- Improving Direct Payment Delivery

<http://www.in-control.org.uk/news/in-control-news/new-papers-launched-by-think-local,-act-personal.aspx>

#### **Think Local Act Personal website**

<http://www.thinklocalactpersonal.org.uk/>

#### **Leading Consumer Healthcare App iTriage Launches Symptom-to-Provider Capability in the United Kingdom**

iTriage has announced the addition of UK A&E department listings within its free consumer mobile healthcare application. This addition enables iTriage users in the UK to use the app's Symptom-to-Provider pathway to access nearby A&Es (presently labeled "Emergency Departments").

<http://www.bioportfolio.com/news/article/827201/Leading-Consumer-Healthcare-App-Itrriage-Launches-Symptom-to-provider-Capability-In-The.html>

#### **"TeleHealth: Skyrocketing Statewide" by Paula Guy, RN - YouTube**

<http://www.youtube.com/watch?v=918r9X7RnTg&feature=youtu.be>

#### **12 Elements to Support a Viable Health IT and Telehealth Infrastructure**

<http://www.beckershospitalreview.com/healthcare-information-technology/12-elements-to-support-a-viable-health-it-and-telehealth-infrastructure.html>

#### **13 Ways to Get in Shape With Digital Fitness Tools**

<http://mashable.com/2011/10/18/apps-gadgets-fitness/>

#### **4 Reasons You're Still Blocking Social Media in health and Why You Should Reconsider**

<http://www.hl7standards.com/blog/2011/10/21/4-reasons-you%E2%80%99re-still-blocking-social-media-and-why-you-should-reconsider-part-4/>

#### **80% Of Doctors Use Mobile Devices At Work**

<http://www.informationweek.com/news/healthcare/mobile-wireless/231901412>

#### **A Shoe for Wanderers - NYTimes.com**

<http://newoldage.blogs.nytimes.com/2011/10/14/a-shoe-for-wanderers/?src=tp>

#### **Add health to games or games to health?**

<http://mobihealthnews.com/13977/add-health-to-games-or-games-to-health/>

#### **AirStrip Technologies**

[http://www.airstriptech.com/Portals/\\_default/Skins/AirstripSkin/tabid/133/Default.aspx](http://www.airstriptech.com/Portals/_default/Skins/AirstripSkin/tabid/133/Default.aspx)

#### **All Media Will Be Social Media**

<http://b2bdigital.net/2011/10/18/all-media-will-be-social-media/>

#### **App to help physicians screen for domestic abuse**

<http://mobihealthnews.com/13989/app-to-help-physicians-screen-for-domestic-abuse/>

**At least 2,700 a year die in freezing homes (Telegraph)**

<http://www.telegraph.co.uk/earth/energy/8837091/At-least-2700-a-year-die-in-freezing-homes.html>

**ATandT, Washington Hospital Develop App for Remote Cardiac Treatment - Health Care IT - News & Reviews - eWeek.com**

<http://www.eweek.com/c/a/Health-Care-IT/ATandT-Washington-Hospital-Develop-App-for-Remote-Cardiac-Treatment-675737/>

**Australian rural health alliance implements virtualisation infrastructure**

<http://www.futuregov.asia/articles/2011/oct/20/aus-rural-health-alliance-implements-virtualisatio/>

**BBC News - Appsense: Harry Labana looks for 'disruptive' innovation**

<http://www.bbc.co.uk/news/business-15261918>

**BBC News - Internet 'may be changing brains'**

<http://www.bbc.co.uk/news/health-15353397>

**BBC News - NHS reforms: Audit areas to be extended, Lansley says**

<http://www.bbc.co.uk/news/health-15416115>

**California Telehealth Law Could Cut Costs by \$1B, Report Concludes - California Healthline**

<http://www.californiahealthline.org/articles/2011/10/20/california-telehealth-law-could-cut-costs-by-1b-report-concludes.aspx>

**Can Social Media End Malaria?**

<http://www.impatientoptimists.org/Posts/2011/10/Can-Social-Media-End-Malaria-Can-You>

**Center For Total Health | Kaiser Permanente**

<http://centerfortotalhealth.org/>

**Cohealth announces social health game pilot opportunity**

<http://www.freerangecomm.com/2011/09/cohealth-announces-social-health-game-pilot/>

**Companies & Markets: Strategic Analysis of the European Telemedicine Market - MarketWatch**

<http://www.marketwatch.com/story/companies-markets-strategic-analysis-of-the-european-telemedicine-market-2011-10-20>

**Company developing mobile clinical trials, including Pfizer's REMOTE project, receives millions in funding**

[http://www.imedicalapps.com/2011/10/company-developing-mobile-clinical-trials-receives-millions-funding/?utm\\_campaign=Company%20developing%20mobile%20clinical%20trials,%20including%20Pfizer's%20REMOTE%20project,%20receives%20millions%20in%20funding&utm\\_medium=twitter](http://www.imedicalapps.com/2011/10/company-developing-mobile-clinical-trials-receives-millions-funding/?utm_campaign=Company%20developing%20mobile%20clinical%20trials,%20including%20Pfizer's%20REMOTE%20project,%20receives%20millions%20in%20funding&utm_medium=twitter)

**Connected Health 2011: Sending Your Avatar to the Doctor Instead of You**

<http://blogs.perficient.com/healthcare/blog/2011/10/20/connected-health-2011-sending-your-avatar-to-the-doctor-instead-of-you/>

**Continua Health Alliance and NFC Forum co-operate to simplify data exchange in healthcare**

<http://tikki.visibli.com/share/Gek6dC>

**Continua Releases Connected Device Guidelines : Media & Entertainment Technology**  
<http://mandetech.com/2011/10/17/continua-releases-connected-device-guidelines/>

**Deutsche Telekom prepares launch of telemedicine service, Articles**  
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<http://www.healthcareitnews.com/news/diabetes-texting-program-gets-boost>

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<http://www.massdevice.com/news/diabetes-remote-monitoring-diabetes-management-system-wins-fda-clearance-regulatory-roundup>

**DOH introduces tele-health to bring services to remote areas (Philippines)**  
<http://www.pia.gov.ph/%3Fm%3D1%26t%3D1%26id%3D60467>

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<http://medicineandtechnology.hcplive.com/posts/2011/10/Dr-Kvedar-speaking-about-Self-Quantification-as-a-Driver-of-Behavior-Change-CHS11>

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<http://www.dh.gov.uk/health/2011/10/draft-mental-health-pbr/>

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<http://www.edmontonjournal.com/health/Electronic%2Bmonitoring%2Bhelps%2Bdiabetics%2Bsave%2Bsystem%2Bmoney/5584621/story.html>

**Facebook for Physicians: A Primer from Mayo Clinic's Lee Aase**  
<https://blog.doximity.com/issues-in-medicine/facebook-and-physicians-a-primer-from-lee-aase/>

**Family communication as strategy in diabetes prevention: An observational study in families with Dutch and Surinamese South-Asian ancestry**  
<http://www.pec-journal.com/article/PIIS0738399111004174/abstract?rss=yes>

**Feature video: Is the mobile health ecosystem moving fast enough?**

<http://www.mobilehealthlive.org/articles/feature-video-is-the-mobile-health-ecosystem-moving-fast-enough/18302/>

**Final Programme for Health 2.0 Europe 2011 is Online Now**

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**Five questions with Mayo Clinic social media chief Lee Aase**

<http://www.medicitynews.com/2011/10/five-questions-with-mayo-clinic-social-media-chief-lee-aase/?edition=hospitals>

**Gaming for health and wellness (#chs11)**

<http://medicineandtechnology.hcplive.com/posts/2011/10/Gaming-for-health-and-wellness-CHS11>

**Gartner Identifies the Top 10 Strategic Technologies for 2012**

<http://www.gartner.com/it/page.jsp?id=1826214>

**Gartner Says Companies Will Generate 50 Percent of Web Sales Via Their Social Presence and Mobile Applications by 2015**

<http://www.gartner.com/it/page.jsp?id=1826814>

**Government publishes ICT Strategy implementation plan**

<http://puffbox.com/2011/10/21/government-publishes-ict-strategy-implementation-plan/>

**GPs risk being 'overwhelmed' by commissioning workload - Pulse**

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12935641/gps-risk-being-overwhelmed-by-commissioning-workload](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12935641/gps-risk-being-overwhelmed-by-commissioning-workload)

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**GreatCall launches dedicated personal emergency device**

<http://mobihealthnews.com/13934/greatcall-launches-dedicated-personal-emergency-device/>

**Heartlands Hospital is first UK health organisation to give advice via social media | NHS Local**

<http://nhslocal.nhs.uk/story/heartlands-hospital-first-uk-health-organisation-give-advice-social-media>

**HHS: EHR data to be used in Text4Baby study**

<http://mobihealthnews.com/13940/hhs-ehr-data-to-be-used-in-text4baby-study/>

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<http://www.ravnah.org/telehealth.html>

**Hospital Impact - Can mobile apps boost patient satisfaction?**

<http://htl.li/73qID>

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<http://online.wsj.com/article/SB10001424052970203658804576639360226103584.html>

**How a weather forecasting service can reduce COPD hospital admissions (HSJ - requires subscription)**

<http://www.hsj.co.uk/how-a-weather-forecasting-service-can-reduce-copd-hospital-admissions/5036583.article?referrer=RSS>

**How to personalise social and health care by integrating services | Society | The Guardian**

<http://www.guardian.co.uk/society/2011/oct/19/personalise-health-care-integrating-services>

**How Twitter Tracks the Spread of Disease in Real Time**

<http://mashable.com/2011/10/19/twitter-track-h1n1/>

**iHealth Bluetooth scale now on sale**

<http://mobihealthnews.com/13895/ihealth-bluetooth-scale-now-on-sale/>

**iHealth Lab's Digital Scale Provides Tools to Manage Health and Fitness Goals**

<http://www.marketwatch.com/story/ihealth-labs-digital-scale-provides-tools-to-manage-health-and-fitness-goals-2011-10-18>

**Implementation and adoption of nationwide electronic health records in secondary care in England: final qualitative results from prospective national evaluation in "early adopter" hospitals -- Sheikh et al. 343 -- bmj.com**

<http://www.bmj.com/content/343/bmj.d6054.full>

**Improved prosthetics services for military veterans | Department of Health**

<http://www.dh.gov.uk/health/2011/10/improved-prosthetics-services-for-military-veterans/>

**Innovation in the use of decision technologies in health**

<http://decision-technologies-seminar-2.eventbrite.com/>

**Innovative companies at Connected Health 2011 (#CHS11)**

<http://medicineandtechnology.hcplive.com/posts/2011/10/15-innovative-companies-here-at-Connected-Health-2011-CHS11>

**Insurance News - Research and Markets: Telemedicine Markets in Sub-Saharan Africa, A Comprehensive Research Out Now**

<http://insurancenewsnet.com/article.aspx?id=289852#.TqKrtw4wam8.twitter>

**iPhone 4S, Bluetooth 4.0 poised to advance health IT - Health IT Pulse**

<http://searchhealthit.techtarget.com/healthitexchange/healthitpulse/iphone-4s-bluetooth-4.0-poised-to-advance-health-it/>

**Jackson & Coker Industry Report**

<http://www.jacksoncoker.com/physician-career-resources/newsletters/monthlymain/des/Apps.aspx>

**John Appleby: Health spending in the EU - how does the UK compare? - The King's Fund**

[http://www.kingsfund.org.uk/multimedia/john\\_appleby.html](http://www.kingsfund.org.uk/multimedia/john_appleby.html)

**Lansley: NHS cash has stabilised care eligibility thresholds (Community Care)**

<http://www.communitycare.co.uk/Articles/21/10/2011/117644/lansley-nhs-cash-has-stabilised-care-eligibility-thresholds.htm>

**Leveraging location in consumer health apps**

<http://mobihealthnews.com/13755/leveraging-location-in-consumer-health-apps/>

**Liverpool to launch local authority-led model for digital inclusion**

<http://www.ukauthority.com/NewsArticle/tabid/64/Default.aspx?id=3380>

**Managing health reform through an economic downturn**

<http://www.nuffieldtrust.org.uk/publications/canadian-health-reform>

**Meaningful use of Social Media by Physicians - Slides from Medicine**

<http://www.slideshare.net/cmeadvocate/medicine-2pt0-meaningful-use-of-so-me-by-physicians-final>

**Medical Apps to Assist With Diagnoses Cleared by F.D.A.**

[http://www.nytimes.com/2011/10/16/business/medical-apps-to-assist-with-diagnoses-cleared-by-fda.html?\\_r=1&partner=rss&emc=rss](http://www.nytimes.com/2011/10/16/business/medical-apps-to-assist-with-diagnoses-cleared-by-fda.html?_r=1&partner=rss&emc=rss)

**Medical Device Alert: Implantable pacemakers manufactured by Medtronic (MDA/2011/097)**

<http://www.mhra.gov.uk/Publications/Safetywarnings/MedicalDeviceAlerts/CON129223>

**Medical Phone Apps Now Available for Doctors and Patients [VIDEO]**

<http://tv.ibtimes.com/medical-phone-apps-now-available-for-doctors-and-patients/2234.html>

**Medical technology: Safe and sound**

<http://www.economist.com/blogs/babbage/2011/10/medical-technology?fsrc=scn/tw/te/bl/safeandsound>

**Medtech Business - A wheelchair for the future**

<http://www.medtechbusiness.com/news/2011/10/A-wheelchair-for-the-future>

**mHealth Targeting Healthcare Professionals**

<http://www.hl7standards.com/blog/2011/10/20/mhealth-targeting-healthcare-professionals/>

**Mid year review: the state of DH digital**

<http://hale.dh.gov.uk/2011/10/18/mid-year-review-the-state-of-dh-digital/>

**Mobile health revolution could save lives**

<http://www.healthcarecommunication.com/Main/Articles/48fe5a71-8fa4-43dd-b3da-e324a56b6ba8.aspx>

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<http://www.endocrinetoday.com/view.aspx?rid=88618>

**New citizen-led approach for councils, organisations and people to check progress with personalisation and community-based support - News - Think Local Act Personal**

<http://www.thinklocalactpersonal.org.uk/News/PersonalisationNewsItem/?cid=9092>

**NHS Constitution changes to enshrine whistle-blowing in law | Department of Health**

<http://www.dh.gov.uk/health/2011/10/whistleblowing/>



**NHS Information Governance: Effective management of records during a period of transition or organisational change | Department of Health**

<http://www.dh.gov.uk/health/2011/10/management-of-records/>

**NHS Plymouth Introduces Tunstall's Telehealth Solutions**

<http://www.ehealthnews.eu/tunstall/2785-nhs-plymouth-introduces-tunstalls-telehealth-solutions>

**Nothing but radical technology changes will save NHS - Julia Manning's blog**

<http://manningblog.dailymail.co.uk/2011/10/nothing-but-radical-technology-changes-will-save-nhs.html>

**Nursing in Practice - Innovation 'key to chronic disease treatment'**

[http://www.nursinginpractice.com/article/27181/Innovation\\_key\\_to\\_chronic\\_disease\\_treatment](http://www.nursinginpractice.com/article/27181/Innovation_key_to_chronic_disease_treatment)

**Opinion Article: Cardiac Diagnostics in Practice Puts Patients' Best Interests at Heart**

<http://www.ehealthnews.eu/industry/2789-opinion-article-cardiac-diagnostics-in-practice-puts-patients-best-interests-at-heart>

**Parents turn to the Internet before going to the ER**

<http://www.reuters.com/article/2011/10/20/us-parents-er-idUSTRE79J7VF20111020?feedType=RSS&feedName=healthNews>

**Patient behavior tracking startup Ginger.io nabs \$1.7 million**

<http://mobihealthnews.com/13905/patient-behavior-tracking-startup-ginger-io-nabs-1-7-million/>

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<http://www.hsj.co.uk/topics/personal-health-budgets/personal-budget-holders-need-more-information-says-dh-report/5036851.article?referrer=RSS>

**Personal health budgets pilots - the story so far | Department of Health**

<http://www.dh.gov.uk/health/2011/10/personal-health-budgets-pilot-the-story-so-far/>

**Pulse: DH to transfer new powers to NHS Commissioning Board**

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12904170/dh-to-transfer-new-powers-to-nhs-commissioning-board](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12904170/dh-to-transfer-new-powers-to-nhs-commissioning-board)

**Pulse: PCTs falling behind on vascular screening**

[http://www.pulsetoday.co.uk/newsarticle-content/-/article\\_display\\_list/12905725/pcts-falling-behind-on-vascular-screening](http://www.pulsetoday.co.uk/newsarticle-content/-/article_display_list/12905725/pcts-falling-behind-on-vascular-screening)

**Real-Time Physiological Patient Data Provider Isansys Lifecare Opens Indian Company**

[http://www.neondrum.com/public/public\\_release.php?id=960](http://www.neondrum.com/public/public_release.php?id=960)

**Report: 26% of Adults Use Mobile Phones To Access Health Data**

<http://www.ihealthbeat.org/articles/2011/10/21/report-26-of-adults-use-mobile-phones-to-access-health-data.aspx>

**Report: California could realize big savings from expanded telehealth**

[http://www.cmio.net/index.php?option=com\\_articles&view=article&id=30037](http://www.cmio.net/index.php?option=com_articles&view=article&id=30037)

**Research and Markets: Telemedicine Markets in Sub-Saharan Africa**

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<http://tikki.visibli.com/share/hjbrhD>

**RxmindMe for iPhone is the ideal app to help you take your pills**

[http://thenextweb.com/apps/2011/10/18/rxmindme-for-iphone-is-the-ideal-app-to-help-you-take-your-pills-on-time/?awesm=tnw.to\\_1BQV7&utm\\_campaign=&utm\\_medium=tnw.to-other](http://thenextweb.com/apps/2011/10/18/rxmindme-for-iphone-is-the-ideal-app-to-help-you-take-your-pills-on-time/?awesm=tnw.to_1BQV7&utm_campaign=&utm_medium=tnw.to-other)

**Scale helps monitor your weight by beaming pounds to Apple devices**

<http://www.tecca.com/news/2011/10/20/ihealth-scale-iphone-ipad-ipod-touch/>

**Siri: iPhone's new personal health assistant?**

<http://mobihealthnews.com/13860/siri-iphones-new-personal-health-assistant/>

**Six hospitals deploy AT&T's emergency care video app**

<http://mobihealthnews.com/13949/six-hospitals-deploy-atts-emergency-care-video-app/>

**Smartmeters fuel poverty and preventative spend**

<http://richyreason.wordpress.com/2011/10/06/smartmeters-fuel-poverty-and-preventative-spend/>

**Smartphone Sensors: Potential for Good and Evil quantifiedself**

<http://quantdoctor.com/2011/10/18/smartphone-sensors-potential-for-good-and-evil-quantifiedself/>

**Social Media ROI presentation for the Mayo Clinic conference**

<http://www.slideshare.net/ChrisBoyer/social-media-roi-presentation-for-the-mayo-clinic-conference>

**Social media usage in the UK**

<http://wearesocial.net/blog/2011/10/social-media-usage-uk/>

**Specialist support for critically ill babies - Stornoway Gazette**

[http://www.stornowaygazette.co.uk/news/local-headlines/specialist\\_support\\_for\\_critically\\_ill\\_babies\\_1\\_1923750](http://www.stornowaygazette.co.uk/news/local-headlines/specialist_support_for_critically_ill_babies_1_1923750)

**Study: 26 percent are mobile health users**

<http://mobihealthnews.com/13966/study-26-percent-are-mobile-health-users/>

**Summary Care Record: giving patients a stronger voice | Department of Health**

<http://www.dh.gov.uk/health/2011/10/summary-care-record-giving-patients-a-stronger-voice/>

**Summary of Findings: Pew Internet & American Life Project**

<http://www.pewinternet.org/Reports/2011/Cell-Phone-Texting-2011/Summary-of-Findings.aspx?src=prc-quiz>

**Supporting public services that create real social value | Service Delivery | Communities and Local Government**

<http://www.govtoday.co.uk/index.php/Service-Delivery/supporting-public-services-that-create-real-social-value.html>

**Switch2Health**

<http://s2h.com/step>

**Technology: Smartphone apps to help keep you healthy**

[http://www.sj-r.com/springfieldsown\\_columns/x888169607/Technology-Smartphone-apps-to-help-keep-you-healthy](http://www.sj-r.com/springfieldsown_columns/x888169607/Technology-Smartphone-apps-to-help-keep-you-healthy)

**Telehealth Can Save Time, Money on Executive Insight**

<http://healthcare-executive-insight.advanceweb.com/Features/Articles/Telehealth-Can-Save-Time-Money.aspx>

**Telehealth Faces Challenges Worldwide**

<http://www.informationweek.com/news/healthcare/mobile-wireless/231901345>

**Tele-Health Monitoring: Market Shares, Strategies, and Forecasts, Worldwide, 2011 to 2017**

<http://www.prnewswire.com/news-releases/tele-health-monitoring-market-shares-strategies-and-forecasts-worldwide-2011-to-2017-132126738.html>

**Telehealth: Separating fact from fiction**

<http://www.healthmgttech.com/index.php/online-only-features/online-only-features/telehealth-separating-fact-from-fiction.html>

**Telemedicine becoming a key tool for Charlotte health-care providers**

<http://www.bizjournals.com/charlotte/print-edition/2011/10/21/telemedicine-becoming-a-key-tool-in.html>

**Telemedicine in heart failure: Pre-specified and exploratory subgroup analyses from the TIM-HF trial**

[http://www.internationaljournalofcardiology.com/article/S0167-5273\(11\)01718-9/abstract](http://www.internationaljournalofcardiology.com/article/S0167-5273(11)01718-9/abstract)

**Text Messages Remind Grandpa To Take His Meds**

<http://www.informationweek.com/news/healthcare/mobile-wireless/231901021>

**Text messaging alerts remind women to do breast self-exams**

[http://www.imedicalapps.com/2011/10/text-messaging-alerts-remind-women-breast-selfexams/?utm\\_campaign=Text%20messaging%20alerts%20remind%20women%20to%20do%20br east%20self-exams&utm\\_medium=twitter](http://www.imedicalapps.com/2011/10/text-messaging-alerts-remind-women-breast-selfexams/?utm_campaign=Text%20messaging%20alerts%20remind%20women%20to%20do%20br east%20self-exams&utm_medium=twitter)

**Texting Can Help Keep Your Dieting on Track**

[http://www.newsfactor.com/news/Texting--New-Unlikely-Dieting-Helper/story.xhtml?story\\_id=10100BGN4NN&full\\_skip=1](http://www.newsfactor.com/news/Texting--New-Unlikely-Dieting-Helper/story.xhtml?story_id=10100BGN4NN&full_skip=1)

**The Philippines to implement nationwide TeleHealth initiative**

<http://www.futuregov.asia/articles/2011/oct/18/philippines-implement-nationwide-telehealth-initia/>

**The Social Media Assessment - The Next Web**

[http://thenextweb.com/socialmedia/2011/10/19/the-social-media-assessment/?awesm=tnw.to\\_1BSNx&utm\\_campaign=&utm\\_medium=tnw.to-other](http://thenextweb.com/socialmedia/2011/10/19/the-social-media-assessment/?awesm=tnw.to_1BSNx&utm_campaign=&utm_medium=tnw.to-other)

**Ubiqi Health**

<http://ubiqihealth.com/>

**Virtual health center expands hospital's reach to patients - FierceMobileHealthcare**

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<http://www.fiercemobilehealthcare.com/story/virtual-health-center-allows-hospital-expands-its-reach/2011-10-17>

**Websites of the future will look like newspapers and magazines**

<http://www.telegraph.co.uk/technology/social-media/8839300/Websites-of-the-future-will-look-like-newspapers-and-magazines-says-Flipboard-founder.html>

**Week in research: Videoconferencing revenues rise;**

<http://www.fiercetelecom.com/story/week-research-videoconferencing-revenues-rise-docsis-3-touches-77-us-homes/2011-10-21>

**West's launch \$100 million health investment fund**

<http://mobihealthnews.com/13960/wests-launch-100-million-health-investment-fund/>

**What the Falklands health service can teach the NHS**

[http://www.guardian.co.uk/healthcare-network/2011/oct/19/falklands-health-service-teach-nhs?CMP=tw\\_t\\_gu](http://www.guardian.co.uk/healthcare-network/2011/oct/19/falklands-health-service-teach-nhs?CMP=tw_t_gu)

## **Section 8: Conferences and events**

Dublin Web Summit 27-28 October 2011

<http://www.dublinwebsummit.com/>

Smart Device and Global User Experience Summit London 1-2 November 2011

<http://www.deviceanduserexperience.com/>

Apps World North America New York 1-2 November 2011

<http://www.apps-world.net/northamerica/>

Ageing Globally – Ageing Locally Dublin 2-3 November

<http://www.cardi.ie/conference2011>

BlogWorld & New Media Expo Los Angeles Nov. 3–5, 2011

<http://www.blogworldexpo.com/>

EHI Live 7-8 November 2011, NEC in Birmingham 7-8 November 2011

<http://www.ehi.co.uk/events/ehi-live/>

Scottish Centre for Telehealth and Telecare - Telehealth and Telecare. Supporting transition, integration and innovation 9 November 2011 Heriot Watt University, Edinburgh

[http://www.socialcareideasfactory.com/Uploads/1316527442\\_TelehealthTelecare9Nov111.pdf](http://www.socialcareideasfactory.com/Uploads/1316527442_TelehealthTelecare9Nov111.pdf)

A Digital Future: Tackling Social Exclusion Through Technology London 9 November 2011

<http://www.insidegovernment.co.uk/other/digital-participation/>

Technology Strategy Board – DALLAS, next session – 10 November 2011, Manchester

The international Telemedicine Congress Mumbai 11-13 November 2011

<http://www.telemedicon11.com/>

AgeTech 2011 Annual Conference and Technology Expo Pasadena 15 November 2011  
<http://www.leadingage.org/event.aspx?id=1902>

The International Telecare & Telehealth Conference 2011, London, 14-16 November 2011  
(@teleconf\_2011, #teleconf\_2011)  
<http://www.telecare-and-telehealth-conference.com/>

Digital Innovation and Technology for Patient Benefit Institute of Digital Healthcare University of Warwick 17th November 2011  
<https://digital.warwick.ac.uk/IDH/conference.html>

Quantified Self Europe conference 26-27 November Amsterdam  
<http://quantifiedself.com/conference/Amsterdam-2011/>

RSM conference includes WSD Results, London 28-29 November 2011  
<http://www.rsm.ac.uk/academ/06tec01.php>

Apps World Europe London 30 November 2011  
<http://plancast.com/p/3e9m/apps-world-europe>

mHealthcon 1 December 2011, New Brunswick  
<http://mhealthcon.com/> (@mhealthcon #mhealthcon)

Mobile Strategy for pharma London 1-2 December 2011  
<http://www.eyeforpharma.com/mobile/>

2011 mHealth Summit December 5–7, 2011—National Harbor, MD  
<http://www.mhealthsummit.org/>

TAHI Forum 2011 6 December 2011 - This Forum is all about the Smart Home and ensuring that all its systems and devices can work together interoperably.  
<http://www.theapplicationhome.com/NewFiles/Forum%20Flyer%202011v2.pdf>

Le Web Paris 7-9 December 2011  
<http://www.leweb.net/>

CES 2012 Las Vegas 10-13 January 2012  
<http://www.cesweb.org/>

The First Workshop on Telemedicine on Obesity, Overweight and Eating Disorders TELEMEDOB 2012 January 30 - February 4, 2012 - Valencia, Spain  
<http://www.iaaria.org/conferences2012/TELEMEDOB.html#RegistrationForm>

Fifth International Conference on Telehealth, Innsbruck, Austria 15-17 February 2012  
<http://www.iasted.org/conferences/home-765.html>

GSMA Mobile World Congress 2012 Fira Barcelona · February 27 - March 1, 2012  
<http://www.mobileworldcongress.com/>

The Kings' Fund - International Congress on Telehealth and Telecare 6-8 March 2012 (early booking announced)

<http://www.kingsfund.org.uk/events/international.html>

SXSW interactive Austin 9-13 March 2012

<http://sxsw.com/interactive>

AAAI 2012 Spring Symposia 27 March 2012 Stanford University

<http://www.aaai.org/Symposia/Spring/sss12.php>

Medetel/THE INTERNATIONAL eHEALTH, TELEMEDICINE AND HEALTH ICT FORUM Luxembourg 18-20 April 2012

<http://www.medetel.lu/index.php>

Global Health & Innovation Conference 2012: New Haven, CT, USA: 21-22 Apr 2012

<http://www.cochrane.org/news/tags/cochrane-contributors/global-health-innovation-conference-2012-new-haven-ct-usa>

ATA 2012 29 April – 1 May 2012 San Jose

<http://www.americantelemed.org/i4a/pages/index.cfm?pageID=3863>

## **Section 9: Links**

### **Dallas partnership pool**

<https://ktn.innovateuk.org/web/dallas/articles/-/blogs/dallas-partnership-pool>

### **DALLAS \_Connect Sub Group**

Join the Sub Group at:

<https://ktn.innovateuk.org/web/dallas>

### **Whole System Demonstrator Action Network**

[www.wsdacionnetwork.org.uk](http://www.wsdacionnetwork.org.uk)

### **Telecare Learning and Improvement Network**

[www.telecarelin.org.uk](http://www.telecarelin.org.uk)

*Newsletter prepared by Mike Clark and brought to you by the Telecare LIN*

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